



Dive Deeper & Receive All He Has for You

VICTORY—Tips to obliterate enemy setbacks

Defeating a spirit of lack/fear:

What if I get stuck?

- 1) Read the passage again, and in another translation (AMP, NIV, NLT, TPT, The Message, etc.).
- 2) Consider 1 or 2 of the following:
 - What did I learn about God/His character?
 - What did I learn about humanity/myself?
 - How is God leading me to apply His words in a practical way throughout this week?
 - Make one SMART (Specific, Measurable, Achievable, Relevant, Time-bound) goal to apply this passage throughout the week and ask a trusted confidant to hold you accountable.
- 3) Connect and discuss with a respected girlfriend, who is further in her journey with Him, what you liked/disliked or found interesting/confusing in the passage.

"We want to behold the God we love. We want to become like Him in both our character & our understanding of the supernatural realm...and declare revelation out of that healthy foundation."

- Micah Turnbo

How does God speak? I've never heard His voice before. What if He doesn't speak to me?

Welcome! You're in perfect company. Throughout different phases of our journey with Him, we've all experienced times that we didn't know His voice, felt we didn't hear Him clearly...or at all, believed that "He doesn't speak to me specifically because (fill in the blank!)", and/or wondered how to hear Him speak. The more we practice making time to listen to Him, the more we'll naturally recognize His voice.

Since the Bible encourages us to have child-like faith, one would naturally ask a child how God's voice sounds. Below is a 9-year old's response, given without any hesitation.

"Soothing, but loud enough for anyone to hear it."

When asked why God would speak to her, she again without hesitation, answered,

"Because He made me for that. To be His best friend."

There's no doubt the same is true for you. God has made you—designed you to recognize and hear His voice. He wired your brain (Psalm 139:13 & 14), thus He knows how your brain functions best in hearing Him. And He will not hold back (1 John 5:15), as He greatly desires for you to recognize and hear His voice—just as easily as you would recognize your best friend's voice!

"Having a rock-solid foundation of our identity in Christ is so critical..."

- Putty Putman



How God “Speaks”

While reading the passage, take a mental note of:

1. **The word(s) or phrase(s) that caught your attention.**

God is likely wanting to show you more about that particular word or phrase as it relates to who He is (His character) and/or who you are in Him (your identity).

Respond by thanking Him:

- Ask for more revelation and return to the word(s)/phrase(s) that He highlighted for you throughout the week, or what’s termed “meditating” on His word.
- Meditating could also include writing the word/phrase down where you can reflect on it often (screenshot, by the toilet, in the car, or on the fridge!), looking up definitions and synonyms, repeating, memorizing, or summarizing in your own words.
- If you’re artistically inclined and love to create (because you’re made in the image of our Creator! Gen. 1:26) you could draw a picture, sculpt, dance, sing a song, or write a poem about what you heard. There are no limitations, nor right or wrong way to meditate on His word—simply do what works best for you!

“We give significance in authority to whatever we meditate or focus on.”

- Wendy Backlund

2. **A personal situation or circumstance that popped into your mind.**

God is likely wanting to reassure or reveal how He is working in that situation, even if it doesn’t look or feel like He’s moving on your behalf. Or perhaps He’s gently encouraging you to release the situation to Him by praying over it and ceasing to worry.

Respond by thanking Him:

- Ask for more revelation.
- Does He want you to take action, renew your mind, or simply rest/trust Him with it?
- Pray for breakthrough and invite His will to be done in that situation.
- Then rest as you watch Him work in you, and possibly through you, to transform the situation or your perception and response over it.

3. **A person (friend, relative, co-worker, etc.) was highlighted in your mind.**

God is likely extending an invitation for them through you—maybe intercession (pray for them), share with them what you heard/felt through the passage, do an act of service from an overflow of your heart’s compassion for them, or invite them to join you in this journey of reading a passage a week, uniting in His heart with women all around!

Your anointing on life will lead to an encounter with the heart of God...By being a present friend to do life with, long-term fruit & transformation will occur.

- Wilson Cochrane



Respond by thanking Him:

- Ask for more revelation.
- Does He want you to take action, and if so, how?
- Ask for open doors to do so. And when the opportunity comes, do what He's placed on your heart—what's called obedience.
- Know that regardless of the outcome or the person's response, you've trusted and obeyed Him. That alone will not return void (Isaiah 55:11).
- God is moving and all of heaven celebrates your step of faith in obedience to Him!

What God "Sounds" Like

Chances are good that you will not hear an audible voice, although some may. Oftentimes He "speaks" through subtle nudges, impressions, and invitations within your mind. And His voice sounds like yours because He lives in you (Rom. 8:10)! As long as the words heard aren't condemning and shaming (Romans 8:1), rather "soothing" or edifying and life-giving (John 10:10), and most importantly, are Biblically sound (in alignment with His Word), they can be trusted as His.

Defeating a spirit of legalism:

What if I miss a passage or if I'm starting late in the game?

God is not bound by time or your/other's expectations. He simply desires to connect His heart with yours and He will gladly oblige each time you invite Him to do so. There are no badges for meditating on every passage, as well as no penalties for missing one. The passages do not necessarily build upon each other, although what you receive from Him may as you intentionally set aside time to hear Him speak. So, feel full freedom to dive in wherever you are!

"Religion celebrates perfection, family celebrates progress."

- Wendy Backlund

Defeating a spirit of pride/religion:

I've already read/studied/heard this passage before.

That's awesome! If you've been following Him for years, chances are good you'll encounter passages you may have already heard or know very well through years of study. Why miss an opportunity to go deeper with Him and His word, or receive a new and different revelation while connecting your heart with His and women in your community? Take a moment to open your heart to Holy Spirit and allow Him to reveal all He desires for you in your particular circumstances, on this very day.

"As we intentionally think and speak (renew our minds) with God's promises and our biblical identity, we will transform our future into those things. Speaking faith declarations is a major part of this positive mind renewal. We build new strongholds in our lives because faith comes by hearing (Romans 10:17)."

- Steve Backlund

I'm already involved in a Bible study, completing a Bible plan, course, book, or podcast series.

Excellent! Don't stop and keep pursuing and connecting with Him in whatever way He's stirring your heart and leading you. If you desire to connect to other women (especially if you've felt division with another via comparison or any other heart issue the enemy throws at us), then be encouraged to add



these 2-5 minutes as part of your time connecting with His heart, and automatically, with the heart of women around you. This journey is designed to be realistic and attainable for women leading busy lives (and who isn't these days?!), so it can simply be added without necessarily deleting another God-driven activity or quiet time for those of us who love full plates!

This is way too simple—I like to go deeper.

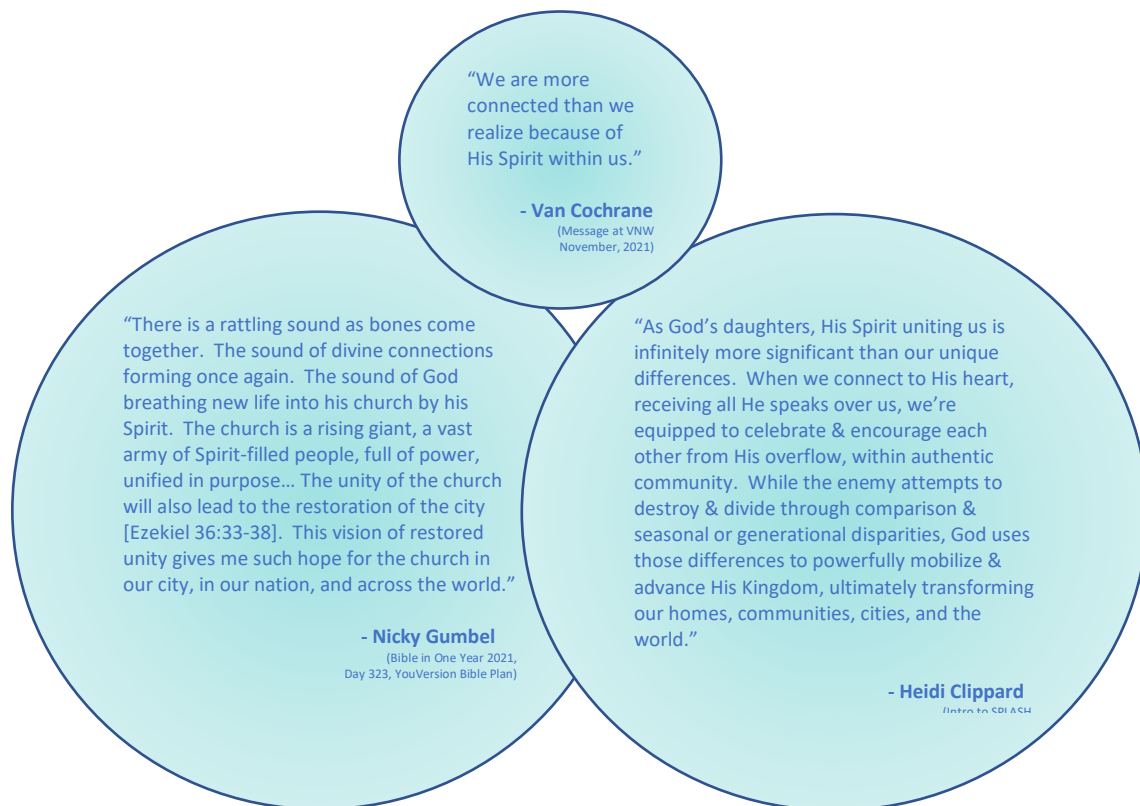
Exceptional! Please do so. Marinate in Him and His word however you typically do, as there are no rules. The method presented is simply a way to unite with all other women on the same passage, no matter where she may find herself on the journey with Him—just beginning, or decades of experience. Until we find ourselves on the other side of heaven, there's always more to receive, learn, and release in partnership with Him and through His word. Feel free to adjust the following accordingly:

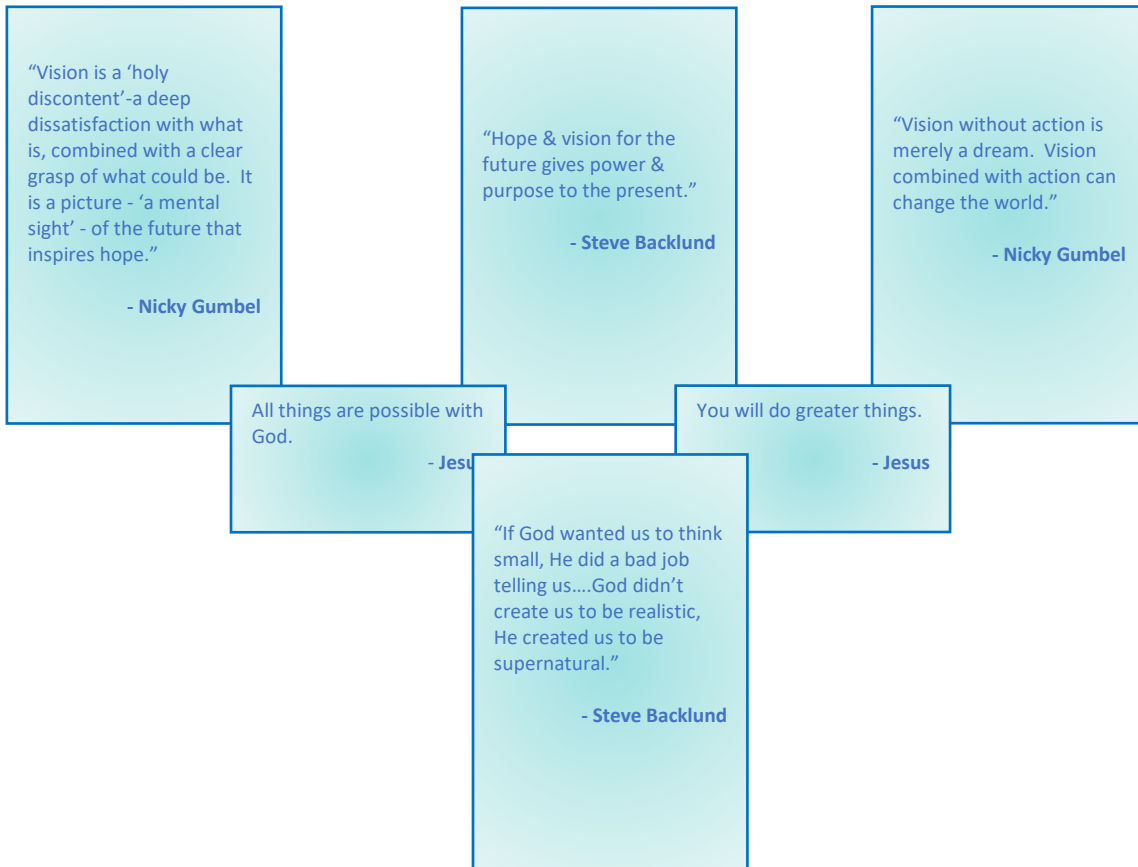
- **intensity** (i.e. reading additional or related passages, creating personal declarations related to the passage, adding worship songs you feel led to sing, dance to, etc.),
- **frequency** (i.e.: how often you return to His word/this passage within the week), and
- **duration** (i.e.: length of time you spend connecting with Him and in His word).

Ensure the adjustment doesn't overwhelm your commitment to meditate on the weekly passage alongside women in your sphere of influence, and then go for it!

"Life is in the power of the tongue, Prov. 18:21. Through declarations (intentionally speaking God's truth aloud over ourselves, circumstances, people we love, etc.), God has given us a powerful, practical tool to renew our minds and direct the course of our lives with our words. Declarations have the power to increase our level of faith to propel us to experience all that Jesus has won for us."

- Steve Backlund







References

- Backlund, S. (2021). Empowering Our Future with Mind Renewal, Part 1. Igniting Hope Ministries Blog & Declarations.
- Backlund, W. (2017). Victorious Emotions & Feasting on the Spirit. Igniting Hope Ministries.
- Campbell, S. (2021). Quotes from Kingdom Pursuit Conference & Sunday Service at Vineyard Northwest, Cincinnati, OH.
- Campbell, W & S. (2016). Praying the Bible, Revised Edition. Chosen Books: Bloomington, MN.
- Clippard, C. (2021). Quotes from Cali after school & following participation in exercise, Nov. 15, 2021.
- Clippard, H. (2021). Quote from SPLASH Introduction, April 16, 2021.
- Cochrane, V. (2021). Quote from message, 11:30 service, Nov. 28, 2021.
- Cochrane, W. (2021). From Kingdom Pursuit Conference Session 6, Oct. 9, 2021.
- Gumbel, N. (2021). Bible in One Year 2021 with Nicky Gumbel, Day 323. Plan in YouVersion Bible App.
- Putman, P. (2021). From "Our Identity Treasure" on puttyputman.com, Jan. 29, 2021.
- Turnbo, M. (2021). From Behold, Become, Declare & School of Prophetic Ministry, Spt. 2021.

Additional Resources

Girlfriends:

- Relatives - sisters, aunts, grandmothers, mothers, cousins, in-laws, trusted spiritual mothers
- Mentor - Any personally trusted and respected woman further along in her faith journey
- Mentee - Any person of peace (open to you, God, His mission) just beginning/newer in her faith journey
- Peer - Any personally trusted and respected woman walking in same season as you in her faith journey

Apps:

- [YouVersion Bible](#)
- Blue Letter Bible

Books:

- Backlund, W. (2017) Victorious Emotions. Igniting Hope Ministries. (Specifically for Feelers!)
- Campbell, W & S. (2016). Praying the Bible, Revised Edition. Chosen Books: Bloomington, MN.
- Hazlett, B. (2015). Think Like Heaven. Whitaker House: New Kensington, PA. (Change your thinking!)
- Johnson, B. (2018). Raising Giant Killers. Chosen Books: Bloomington, MN. (Specifically for Moms!)
- Watson, D. & P. (2014). Contagious Disciple Making. Leading Others on a Journey of Discovery. Thomas Nelson: Nashville, TN.

On-line:

- Igniting Hope Ministries (Steve & Wendy Backlund's Blogs, books, & courses such as Feasting on the Spirit)
- The Chosen Series by Dallas Jenkins & Video Angel on YouTube (exceptional in bringing well-known Bible stories of Jesus to relatable, real-life scenarios; depicts the awe-striking connection between Jesus' divinity, humanness, compassion, depth, & yes, even joyful fun in personal relationships).
- School of Prophetic Ministry by Micah Turnbo & School of Kingdom Ministry by Putty Putman (for more in-depth courses on understanding identity as a child of God & friend of Jesus, Kingdom principles, & the natural, supernatural overflow into your life & those around you as a result of resting & soaking in His presence).

