#### SPIRITUAL ADVICE FOR LENT

For any other reason, some people cannot fast (food intake) So, are you looking for a different way of fasting? Please consider this:

Fasting from hurtful words: Entertain instead words of blessings.

Fasting from gossip and unnecessary criticism: Cultivate kindness in our soul.

Fasting from bitterness: Learn to know who or what hurts you.

Fasting from selfishness: Sacrifice your OWN need once in a while.

Fasting from dissatisfaction: Stop comparing yourself to others (you are unique).

Fasting from anxiety and worry: Trust that God knows the number of your hairs.

"Lord, to whom shall we go, You have the words of everlasting life"

#### COMMUNAL DAILY LENTEN PRAYER

The prayer is from Peter in the gospel of John:

"Lord, to whom shall we go, You have the words of everlasting life."

#### LENT AND LENTEN REGULATIONS

**ASH WEDNESDAY & GOOD FRIDAY:** These are days of Fast and Abstinence from meat (or one full meal between the age of 18 and 59 inclusive).

**DAYS OF ABSTINENCE:** All Fridays of Lent (from age

**WEEKDAYS OF LENT:** There is no obligation to fast. However, voluntary works or acts of charity and self-denial are highly recommended.

# LENTEN STATIONS OF THE CROSS SOUP & SCRIPTURE (THE PASSION ACCORDING TO MATTHEW) SCHEDULE

March 1 at St Patrick March 8 at St Mary of the Lake March 15 at Our Lady of the Abingtons March 22 at St Patrick

#### **CONFESSION DURING LENT**

Our Lenten Penance Service is the highest point of Confession for our Parishes.

Deanery Lenten Penance Service schedule:

Monday, March 18 - 7:00 PM at St. Gregory, Clarks Green Wednesday, March 20 - 7:00 PM at Our Lady of the

Abingtons, Dalton

Thursday, March 21 -7:00PM at Corpus Christi Church, Scott Township.

Confessions at our parishes are heard on Saturdays before Mass at OLA, 3:15 pm or Sunday mornings at SML at 8:30 am, and at St Pat on Sunday mornings at 10:30 am.

#### SML EASTER CANDY SALE

Now that Lent is here the SML handmade Easter Candy is being sold at SML church after Masses. Order forms are available at OLA & St Pat's. If you have any questions, please call Patti at (570) 280-6168

#### LENTEN HOLY HOUR

The bishop is to celebrate a Holy Hour in all deaneries in the Diocese. In our deanery, the Clarks Summit Deanery, The Holy Hour will be on Thursday, February 29 at 6:30 pm, at the Nativity of The Blessed Virgin Mary church in Tunkhannock.

#### HOLY WEEK

-Holy Thursday: Mass of the Last Supper at OLA, 6pm Washing of the feet. Repository-Night Prayer

-Good Friday: at SP, 1pm

Celebration of the Passion Reading of The Passion. Veneration of The Cross. General Intercessions.

at SML, 8pm

-Holy Saturday: Lighting of the fire. Easter Paschal Candle Individual candle.

Exultet

Glory to God (finally). Alleluia song (finally). Renewal of our baptism....

Confirmation-RCIA.

Reception into the Church. First Holy Communion. lte Missa Est, Alleluia...

# **EASTER SUNDAY Mass of Resurrection**

8am Mass at OLA 9:30am Mass at SML 11am Mass at St. Patrick

#### LITURGICAL MINISTERS / LECTORS SCHEDULE

#### March 2 & 3

### **Eucharistic Ministers**

4 pm (OLA) Len Peters, Barbara Williamson 9:00am (SML) Ellen Wengen

11 am (SP) Mary Ann Mulfino

## **Musicians**

4 pm (OLA) Maria Fay

9:00am (SML) Danny Williams

11 am (SP) Maria Fay

#### Lectors

4 pm (OLA) Becky Mozeleski

9:00am (SML) Seb Naro

11 am (SP) Third Grade Mass

#### **UPCOMING MEETINGS & EVENTS**

Feb 27 – Legion of Mary at OLA, 9am

Feb 28 – Choir Practice at SML, 6:30pm

Mar 1 – Stations, Soup & Scripture at SP, 6pm

#### ST PAT/OLA CCD SCHEDULE

We are accepting candy for our annual Easter egg hunt for the parish children. Please feel free to leave at Saint Pat's or OLA for Julie or send with your student to class.

3/3/2024 - CCD -3rd Sunday of Lent  $-\,3^{rd}$  grade Mass  $3/10/2024-CCD-4^{th}$  Sunday of Lent

### SML CCD SCHEDULE

3/3/2024 - CCD - Third Sunday of Lent 3/10/2024-CCD - Fourth Sunday of Lent

Please attend mass every weekend with your child. Sunday Mass at SML is at 9am followed by CCD until 11:15am.

If you have any questions, please contact Kerry Pieretti redlightgreen343@gmail.com

#### SPRING SACRAMENT SCHEDULE

First Penance Sat. April 6, 2024, 3pm at OLA First Holy Communion Sat May 4,2024,11am at SML Confirmation Sun. May 19, 2024, 3pm at SML

## SPRING SACRAMENT RETREAT SCHEDULE Communion Class

Thu. March 14, 2024, at St Pat's, 5 to 7:30pm **Confirmation Class** 

Thur. March 21, 2024, at St. Pat's 5 to 7:30pm **LENTEN SLEEPING BAG PROJECT** 

Come join us on Saturday, March 23. We will be making sleeping bags for our homeless neighbors. We will need blankets, fleece & fabric, comforters, men's ties & toiletries. You can leave them in the blue barrel in front of St. Pat's Parish Hall. Any questions please call Joan @ 570-468-6903.

#### **MASS INTENTIONS**

# Tuesday (February 27) St. Gregory of Narek, Abbot & Doctor of the Church

8:00 am (OLA) Zora Velicky

By The Kashuba Family

# Wednesday (February 28) Lenten Weekday

8:00 am (SP) Marrazzo & Riccardo Families

By John & Pat Abbiate Marrazzo

# Thursday (February 29) Lenten Weekday

8:00 am (SML) Bill Waters

By Bill Water's Estate

# Saturday (March 2) The Vigil of The Third Sunday of Lent

4:00 pm (OLA) Deceased Members of the Walsh Family

By Bob & Andrea Walsh

# Sunday (March 3) The Third Sunday of Lent

9:00 am (SML) Rose Tulaney

By Theresa Zdaniewicz

11:00 am (SP) Deceased Members of the Rutkowski & Polansky Families

By Joan Kupetsky

SP Weekly \$ 1,508.00 Loose \$ 127.00

OLA Weekly \$ 1,756.00 Loose \$ 18.00

SML Weekly \$ 2,335.00 Loose \$ 302.00

May the Lord reward your generosity.

# SML FEBRUARY RAFFLE

Last week's winners of the Fabulous February Raffle:

- 2/13 Elizabeth Garvey \$25 Bath & Body Works
- 2/14. Karen Rolka \$100 Wegmans gift card
- 2/14. AnnMarie Gorky \$25. Cash
- 2/15. Chris Schweitzer \$25 Catalonia gift card
- 2/16. Laura Goble \$25 Texas Roadhouse
- 2/16. Rebecca Schwartz \$25 cash
- 2/17. Marybeth Booth \$30 Bluebird Diner
- 2/18. Allen Wall \$25 cash
- 2/19. Karen Sallavanti \$25 Gerrity's gift card

# ST. PATRICK DAY HAM & CABBAGE CELEBRATION AT ST PAT'S HALL

On Sunday March 17<sup>th</sup> we will once again celebrate St. Patrick after the 11am Mass. There are sign-up sheets at all churches. Please sign up by March 3<sup>rd</sup>.

#### ST. PAT'S CLOTHES CLOSET CHALLENGE

**40 Days...40 Items**. Each day during Lent consider removing one item from your house that is no longer needed and place in a bag to be donated to the Clothes Closet at St. Pat's. The donations can be left at any time under cover at the lower level of the Church Hall.