

X: PROGRAM REQUIREMENTS

PROGRAM RULES

All NEWVTC participants are required to abide by the rules outlined in the participant contract, including, but not limited to, the following:

1. Totally abstain from the use of illegal drugs, alcohol and substances not intended for human consumption. Do not misuse prescription or over-the-counter medications, taking these medications only as prescribed.
2. Inform the NEWVTC of all medications, including prescribed and over-the-counter medications. If applicable, inform treating physicians that he/she is a recovering addict and may not take narcotic or addictive medications.
3. Do not consume poppy seeds, mouthwash containing alcohol, or non-alcoholic beer and/or wine.
4. Do not enter establishments where alcohol is primarily sold or sold for consumption on premises (i.e. taverns, bars, casinos and events with beer stands/tents).
5. Attend and be on time for all court, supervision and treatment sessions as scheduled.
6. Submit to random alcohol and drug testing for the NEWVTC, Department of Community Corrections and treatment providers.
7. Behave in a law abiding manner.
8. Do not associate with people who use and/or possess drugs or substances not intended for human consumption, abuse alcohol or violate the law.
9. Do not possess any weapons (as determined by a Deferred Judgment Agreement, the Department of Community Corrections or the NEWVTC Team).
10. Keep the NEWVTC Team, treatment provider, case manager/probation agent informed of his/her current address and phone number at all times.
11. Inform the NEWVTC Team and his/her probation agent if aware of another NEWVTC participant violating rules of the program or supervision.
12. Abide by his/her individualized time management plan.
13. Abide by all other rules and regulations imposed by the NEWVTC Team, the Department of Community Corrections, the sentencing court and/or Deferred Judgment Agreements

** NEWVTC participants are required to document that they have followed their assigned time management plan each week. This includes a combination of the following activities: support group meeting attendance, contact with NEWVTC mentor, contact with a recovery sponsor/mentor, treatment services, alcohol/drug screens, employment, job searches (30 minutes per job application), school, community service work, NEWVTC appointments and Court attendance.*

SANCTIONS AND VIOLATIONS

Any violations of the rules of the NEWVTC may result in the immediate imposition of sanctions, as determined by the NEWVTC Judge. Sanction may include, but are not limited to, the following:

- Jail
- Electronic monitoring
- Community service work
- Increased supervision
- Day reporting
- Curfew/check-in time
- Increased drug testing
- Increased court appearances
- Increased support group attendance
- Formal warnings
- Team intervention/round table
- Day in the jury box (observe court for a day and write a report on the experience)
- Verbal and/or written apologies to the Judge, Team and/or the other participants
- Forfeited clean time
- Increased time in phase/return to lower phase

ACHIEVEMENTS & INCENTIVES

The NEWVTC Judge and Team will acknowledge and reinforce compliance by participants by providing a variety of motivational incentives. Incentives can include, but are not limited to, the following: recognition, modification to phase requirements, financial gift cards, praise from the bench, medallion or coin, and bus or gas card.

SUPERVISION & TESTING

A critical component of successful NEWVTC participation involves intensive supervision to determine compliance with the rules of the NEWVTC program. Supervision is provided by various members of the NEWVTC Team. The minimum schedule of supervision is outlined in each phase of the program.

Each client is subject to random types of testing for the purpose of detecting the unauthorized use of alcohol, controlled substances or substances not intended for human consumption. Any participant is subject to testing at any time. Upon request, the participant shall immediately deliver the requested sample. If a sample is not produced, is not of sufficient quantity, or is adulterated in any way, it will be treated as a positive sample for the presence of unauthorized alcohol/drugs/substances.

TREATMENT & OTHER SERVICES

Each NEWVTC candidate shall be clinically screened and assessed prior to acceptance into the NEWVTC. This screening and assessment will be conducted by the candidate's current VA treatment provider(s), the Veteran's Justice Outreach Coordinator, a provider covered by the candidate's private insurance or a provider identified through the candidate's county Human Services Department. The purpose of the screening and assessment process is to identify substance use and mental health disorders and to obtain treatment recommendations. In addition, referrals to ancillary services may be made. Participants are required to comply with all recommendations of the NEWVTC Team.

PROGRAM PHASES

Phases are the steps identified by the NEWVTC Team through which participants must progress in order to complete the program. The expected length of the program is approximately 18 months. The NEWVTC program consists of four phases with the final phase being a Continuing Care Phase.

In order for a participant to advance to the next phase, an application is to be completed by the participant and submitted to the Team for approval. The Team shall determine when promotion to a higher phase is appropriate, taking into consideration completion of the requirements to advance to the next phase, the participant's readiness to decrease frequency of NEWVTC supervision/involvement and compliance with NEWVTC rules and requirements, including but not limited to: remaining crime-free, no substance use, attending all appointments, mentor contacts and supervision sessions.

PHASE I

Objective:	Program orientation, identification of needs and goals, stabilization and treatment
Duration:	Approximately three (3) to four (4) months
Pro-Social Behavior Requirements	<ul style="list-style-type: none"> • Maintain total abstinence • Avoid individuals who use or possess drugs and/or abuse alcohol • Do not enter establishments where alcohol is primarily sold and avoid any premises where alcohol is sold for consumption on the premises (taverns, bars, events with beer tents/stands, casinos) unless prior team approval is obtained • Comply with all conditions of the NEWVTC program plan • Abide by individualized time management plan • Attend and be on time for all required appointments and appearances • Follow the rules and conditions set forth in the Participant Contract • Follow the rules set forth by the probation/parole agent and/or case manager
Supervision Requirements	<ul style="list-style-type: none"> • Make weekly, or as ordered, appearances before the Veteran's Court Judge • Office and home visits as directed by your probation rules/agent or case manager • Electronic monitoring as needed and as ordered by the Veteran's Court
Drug & Alcohol Testing Requirements	<ul style="list-style-type: none"> • Drug and/or alcohol testing/monitoring as ordered by the NEWVTC • Probation and Parole: drug and/or alcohol test/monitoring as directed by agent • Treatment providers: drug and/or alcohol testing as requested by provider(s)
Treatment & Other Services Requirements	<ul style="list-style-type: none"> • Participate in all recommended treatment programming, as determined by the NEWVTC Team • Participate in required educational components, such as job training or life skills
Support Requirements	<ul style="list-style-type: none"> • Obtain a sponsor and/or mentor and maintain contact at least once a week • Participate in support groups, as directed by the NEWVTC Team
Requirements to Advance to the Next Phase	<ul style="list-style-type: none"> • Develop a NEWVTC program plan (identifying areas of need and goals) • Obtain stable housing • Obtain sponsor and/or mentor • Complete the employment/educational planning sheet • Complete the budget summary sheet • Meet with the CVSO (County Veterans Service Officer) to explore and determine benefit eligibility • Complete all other conditions, as determined by the NEWVTC Team • Complete application for advancement to Phase II

PHASE II

Objective:	Continued stabilization and treatment, utilize coping skills, implement plans for change and life skills development
Duration:	Approximately four (4) to five (5) months
Pro-Social Behavior Requirements	<ul style="list-style-type: none"> • Maintain total abstinence • Avoid individuals who use or possess drugs and/or abuse alcohol • Do not enter establishments where alcohol is primarily sold and avoid any premises where alcohol is sold for consumption on the premises (taverns, bars, events with beer tents/stands, casinos) unless prior team approval is obtained • Comply with all conditions of the NEWVTC program plan • Abide by individualized time management plan • Attend and be on time for all required appointments and appearances • Follow the rules and conditions set forth in the Participant Contract • Follow the rules set forth by the probation/parole agent and/or case manager
Supervision Requirements	<ul style="list-style-type: none"> • Make biweekly, or as ordered, appearances before the Veteran's Court Judge • Office and home visits as directed by your probation rules/agent or case manager • Electronic monitoring as needed and as ordered by the Veteran's Court
Drug & Alcohol Testing Requirements	<ul style="list-style-type: none"> • Drug and/or alcohol testing/monitoring as ordered by the NEWVTC • Probation and Parole: drug and/or alcohol test/monitoring as directed by agent • Treatment providers: drug and/or alcohol testing as requested by provider(s)
Treatment & Other Services Requirements	<ul style="list-style-type: none"> • Participate in all recommended treatment programming, as determined by the NEWVTC Team • Participate in required educational components, such as job training or life skills
Support Requirements	<ul style="list-style-type: none"> • Obtain a sponsor and/or mentor and maintain contact at least once a week • Participate in support groups, as directed by the NEWVTC Team
Requirements to Advance to the Next Phase	<ul style="list-style-type: none"> • Develop a plan for time management • Implement employment/educational plan • Obtain budget counseling/maintain a realistic budget • Identify healthy social and support networks • Complete the leisure planning sheet • Develop a payment plan for restitution, fines and court costs • Follow the NEWVTC program plan • Maintain stable housing • Maintain sponsor and/or mentor contacts • Complete all other conditions, as determined by the NEWVTC Team • Complete application for advancement to Phase III

PHASE III

Objective:	Continued treatment, mastery of coping skills, maintain plans for change and implementation of life skills
Duration:	Approximately five (5) to six (6) months
Pro-Social Behavior Requirements	<ul style="list-style-type: none"> • Maintain total abstinence • Avoid individuals who use or possess drugs and/or abuse alcohol • Do not enter establishments where alcohol is primarily sold and avoid any premises where alcohol is sold for consumption on the premises (taverns, bars, events with beer tents/stands, casinos) unless prior team approval is obtained • Comply with all conditions of the NEWVTC program plan • Abide by individualized time management plan • Attend and be on time for all required appointments and appearances • Follow the rules and conditions set forth in the Participant Contract • Follow the rules set forth by the probation/parole agent and/or case manager
Supervision Requirements	<ul style="list-style-type: none"> • Appear before the Veteran's Court Judge every three weeks, or as directed • Office and home visits as directed by your probation rules/agent or case manager • Electronic monitoring as needed and as ordered by the Veteran's Court
Drug & Alcohol Testing Requirements	<ul style="list-style-type: none"> • Drug and/or alcohol testing/monitoring as ordered by the NEWVTC • Probation and Parole: drug and/or alcohol test/monitoring as directed by agent • Treatment providers: drug and/or alcohol testing as requested by provider(s)
Treatment & Other Services Requirements	<ul style="list-style-type: none"> • Participate in all recommended treatment programming, as determined by the NEWVTC Team • Participate in required educational components, such as job training or life skills
Support Requirements	<ul style="list-style-type: none"> • Obtain a sponsor and/or mentor and maintain contact at least once a week • Participate in support groups, as directed by the NEWVTC Team
Requirements to Advance to the Next Phase	<ul style="list-style-type: none"> • Follow the NEWVTC program plan, including the time management plan and leisure plan • Continue in employment, education program and/or service work • Maintain a realistic budget • Follow payment plan for restitution, fines and court costs • Maintain stable housing • Maintain sponsor and/or mentor contacts • Complete all other conditions, as determined by the NEWVTC Team • Complete application for advancement to Phase IV

PHASE IV: Continuing Care

Objective:	Maintenance of positive changes and graduation planning
Duration:	Approximately six (6) to seven(7) months
Pro-Social Behavior Requirements	<ul style="list-style-type: none"> • Maintain total abstinence • Avoid individuals who use or possess drugs and/or abuse alcohol • Do not enter establishments where alcohol is primarily sold and avoid any premises where alcohol is sold for consumption on the premises(taverns, bars, events with beer tents/stands, casinos) unless prior team approval is obtained • Comply with all conditions of the NEWVTC program plan • Abide by individualized time management plan • Attend and be on time for all required appointments and appearances • Follow the rules and conditions set forth in the Participant Contract • Follow the rules set forth by the probation/parole agent and/or case manager
Supervision Requirements	<ul style="list-style-type: none"> • Appear before the Veteran’s Court Judge every four weeks, or as directed • Office and home visits as directed by your probation rules/agent or case manager • Electronic monitoring as needed and as ordered by the Veteran’s Court
Drug & Alcohol Testing Requirements	<ul style="list-style-type: none"> • Drug and/or alcohol testing/monitoring as ordered by the NEWVTC • Probation and Parole: drug and/or alcohol test/monitoring as directed by agent • Treatment providers: drug and/or alcohol testing as requested by provider(s)
Treatment & Other Services Requirements	<ul style="list-style-type: none"> • Participate in all recommended treatment programming, as determined by the NEWVTC Team • Participate in required educational components, such as job training or life skills
Support Requirements	<ul style="list-style-type: none"> • Obtain a sponsor and/or mentor and maintain contact at least once a week • Participate in support groups, as directed by the NEWVTC Team
Requirements to Graduate	<ul style="list-style-type: none"> • Develop approved aftercare and relapse prevention plan (including on-going treatment for mental and physical health, relapse prevention, financial stability, support system and leisure structure) • Follow the NEWVTC program plan, including the time management plan and leisure plan • Continue in employment, education program and/or service work • Maintain a realistic budget • Restitution, fines and court costs paid in full • Maintain stable housing • Maintain sponsor and/or mentor contacts • Complete all other conditions, as determined by the NEWVTC Team • Complete application for graduation