

# Completing the Objective Portion of a Virtual Visit



## Vital Signs

Utilize what the patient has at home: phone, blood pressure cuff, pulse oximeter, thermometer, scale. Develop workflow to encourage patient to obtain data prior to visit.



## Observation

Observe environment and overall well-being. Use common items like a quarter or pencil to determine size. Coach patient to help with changing their position, lighting, or breathing.



## Palpation

Coach patient to be your hands. Demonstrate what should be done, watch for involuntary tensing muscles and facial expressions.



## Auscultation

Listen to patient's breathing, joints creaking, and bowel sounds. Have patient move closer to microphone so you can hear.



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