

# TIPS FOR VIRTUAL CARE

## Using the 4Ms



### Ask What **M**atters Most

What does the patient and caregiver need from the visit?



### **M**edications

Review current medications  
– refill, discontinue



### **M**entation

Delirium screening: Ask current day of the week/months of the year backward.  
Use MOCA or Mini-Cog tools



### **M**obility

“Get-up and Go” screening

abouthealth

**IPMA**  
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