

WSRec

WEST SHORE RECREATION
COMMISSION

www.westshorerec.org

REGISTRATION
BEGINS MAY 1

NON-RESIDENT MAY 8

Soar
Into
Summer
2024



Greetings and Welcome to the summer of 2024!


Embrace the sunny days and the opportunity to deviate from your regular schedule, inviting fresh experiences into your life. Revel in the satisfaction, wellness, and ensuing joy that awaits you!

SUMMER SEASON HIGHLIGHTS:

- **Aquatics** – Private Swim Lessons are back with a variety of sessions and times to choose from. We also have our parent & child swim program called Whee Swim and some aquatic fitness options.
- **PlayZone** – Full-day summer camp may still have openings available - call the Rec office for more information.
- **Summer Blast** – Half-day summer camp program from 9 am-12 pm at Roof Park in Fairview Township
- **Enrichment** – Youth Art Camps as well as numerous STEAM Camps from Snapology and Challenge Island await your child's creative mind. We even have Bonsai and Painting workshops for the adults!
- **Active Wellness** – Various Kinderdance programs are offered all summer long for ages 2-5 and ages 8-13 should check out our Just Dance Camp! Adults can enjoy options such as: Bring on the eXtreme, Yoga, Tai Chi, Salsatone and more!

Summer registration kicks off on Wednesday, May 1



West Shore Rec offers registration on the Internet for selected programs (designated throughout the brochure with a  symbol). There is a convenience fee to use this registration option.

Visit <https://apm.activecommunities.com/westshorerec>

 **Register Online go!**

FIRST DAY OF REGISTRATION: MAY 1ST

So that everyone has a chance to receive this brochure and time to make activity selections, the first day registrations will be accepted is **Wednesday, May 1st 8:30 a.m.** for residents of participating communities in West Shore Rec.

Non-residents may register May 8th or the day before the program begins (whichever is sooner).

PROGRAM REGISTRATION

Participants must pre-register for all programs. No one will be allowed to sign up at the program site. Contact the recreation office at 717-920-9515 if you have any questions.

*** Sorry, we cannot accept registrations or cancellations by e-mail or fax.**

TWO PRICES?

Residents of participating municipalities (Fairview & Lower Allen Townships, New Cumberland, Lemoyne, Goldsboro and Lewisberry Boroughs) receive a discount on programs. The first price listed is for all others. Please note some programs have an additional WSSD Facility Use Fee.

MAKE-UP DATES

West Shore Rec makes every attempt to reschedule classes canceled due to inclement weather and other circumstances outside of its control. The make-up is usually rescheduled just after the original ending date. No refunds will be given for unattended make-up classes.

CONTACT WEST SHORE REC

717-920-9515 wsrec@wsrec.org westshorerec.org

OFFICE HOURS

Monday through Friday, 8:30 am to 4:30 pm. Closed on holidays: May 27 & July 4. The Recreation Office is located inside the WSSD Administration Building (507 Fishing Creek Rd). Rec Office entrance is near the flag pole.

ACTIVITY CANCELLATIONS

Call 717-920-9515 and press 3 to check on activity status.

In the case of inclement weather, any activity updates will be posted on the automated phone system unless otherwise specified. We ask that you call our office to check on weather related activity cancellations by dialing 717-920-9515 and pressing the number 3 on the main menu.

AUTOMATED PHONE SYSTEM DIRECTORY

Here is what is available to you when you call our number 717-920-9515.

Press 1	Register or inquire about a program
Press 2	Office location information
Press 3	Activity cancellations
Press *	Staff directory

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MISSION STATEMENT

West Shore Recreation Commission, based on an agreement of inter-governmental cooperation, is dedicated to enriching lives by providing quality recreational and leisure-time opportunities for all residents.

Camps



SUMMER BLAST

Children entering grades 1-6 (who have completed kindergarten) are invited to come enjoy fun games, activities and crafts in an outdoor setting. Play all-time favorite playground games such as kickball, wiffleball, nok-hockey, capture the flag, and more! Sign up on a weekly basis or for the entire seven week program at a discount. Instructors: WSRec Staff

Time: Monday thru Friday, 9 am – 12 noon

Dates:
Week 1: June 17 – 21
Week 2: June 24 – 28
Week 3: July 1 – 5 (no 7/4)
Week 4: July 8 – 12
Week 5: July 15 – 19
Week 6: July 22 – 26
Week 7: July 29 – August 2

Location: Roof Park, Fairview Twp. – pavilion w/green roof

Cost:
Per Week: \$88; *discounted resident rate: \$68*
Week 3: \$73; *discounted resident rate: \$56*
All 7 Weeks: \$479; *discounted resident rate: \$369*

Register in advance: no later than the Thursday before the desired week.

Program Cancellation: West Shore Rec will make every attempt to conduct the activity but reserves the right to cancel any week due to insufficient enrollment. The minimum number of participants is 15.

Program Refunds: Refund requests for weekly registrations will be granted in accordance with our normal refund policy. However, refunds for the “All 7 Weeks” will only be granted until June 21 which is the end of week 1.

Rain Policy:

Summer Blast will be held in light rain. In case of heavy rain, the program may be canceled. You may call the Rec Commission office after 8:30 am on questionable days. If the program is canceled due to weather the following applies:

- > 1 day of canceled program – no credit given
- > 2-4 days canceled in one week – a West Shore Rec credit will be given in the appropriate amount that can be used toward any recreation program offered. No credit will be given to individuals who choose not to send their children when the location is open.

SUMMER BLAST JUNIOR

Children ages 4-6 (must have turned age 4 by 12/31/23) will have fun learning weekly themes through stories, playground games, and a variety of craft and science projects. Class space is limited so register early. Children should bring water, a snack and wear sunscreen.

Instructor: Maura Brittingham

Tuesdays and Thursdays; 9:00 am – 12 noon
June 11, 13, 18, 20, 25, 27
July 2, 9, 11

Roof Park, Fairview Twp. – pavilion with blue roof
Cost: \$233; *discounted resident rate: \$179*

PLAYZONE SUMMER DAY CAMP – New 2024 Location!

PlayZone is a structured DAY CAMP experience that will be held at Highland Elementary this summer. It will keep your child engaged and active this summer with organized activities and games, special events, arts & crafts, sports, special visitors, educational activities, plus recreational swimming & field trips. Limited enrollment opportunities may still exist in our **Primary Zone** group for ages K-8 (completed kindergarten) and **Secondary Zone** for ages 9-12. Check out the “PlayZone Day Camp” page on our website for additional info. Call 717-920-9515 to check on availability.

SUMMER JOBS

More information can be found on the Job Opportunities page at www.westshorerec.org. Look for the link on the homepage.

LIFEGUARDS

Outdoors at Lemoyne Municipal Pool: Lifeguards are needed for the summer season (May 25 - September 2). American Red Cross certification required for guards ages 15 and older. Lifeguard hourly rate: \$11-15/hr.

Indoors at West Shore Natatorium: Lifeguards for weekdays and evenings in the summer. Flexible schedule. Hourly Rate: \$10-12.



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I'll be a helping hand for your Insurance Needs

REGISTRATION BEGINS MAY 1ST

Aquatics



UNLESS STATED OTHERWISE, ALL AQUATIC PROGRAMS ARE HELD AT THE WEST SHORE NATATORIUM LOCATED AT RED LAND HIGH SCHOOL ON FISHING CREEK ROAD, FAIRVIEW TOWNSHIP.

FAMILY AND MULTI-AGE ACTIVITIES

WHEE SWIM

Enjoy special one-on-one time with your child! Our instructor will help you and your child feel comfortable and safe in the water while practicing movements to prepare him or her for swimming strokes. One parent/guardian in the water is necessary, two are welcome.

Instructor: Sarah Canulli.

Tuesdays & Thursdays, June 11 – July 2 (no 6/27)

A. 6-18 months: 6:00-6:30 pm

B. Age 1: 6:30-7:00 pm

C. Age 2: 7:00-7:30 pm

D. Age 3-4: 7:30-8:00 pm

Cost: \$70; *discounted resident rate: \$54*

ACTIVITIES FOR ADULTS 18+

AQUAFIT OUTDOORS - At the Lemoyne Pool!

Bring a friend and share some pumping good times in the shallow water as we challenge our fitness levels with running intervals, strength training, and exercises to slim you down for summertime fun!

Instructor: Nichole Ryan.

Tuesdays & Thursdays, 7:15-8:15 pm

June 11 – July 25 (no 7/4)

Lemoyne Borough Outdoor Pool

Cost: \$98; *discounted resident rate: \$76*

AQUACISE

Challenge your cardio fitness, tone your muscles and increase your core strength with this shallow water class through exercises and resistance equipment. Tell a friend to sign up and enjoy this exercise experience together! Instructor: Nancy Fink.

Mondays & Wednesdays, 7:00-8:00 pm

June 3 – August 7 (no 6/26)

Cost: \$129; *discounted resident rate: \$99*

YOUTH ACTIVITIES

WATER OTTERS

A class for 4 year olds! Designed for children to explore their water readiness prior to enrolling in Level 1 at age 5. Children must have some water experience and be able to engage in a small group without parental assistance. Instructed by a certified water safety instructor, but no certification given.

Monday-Thursday

A. June 10-13 & June 17-20 9:45-10:25 am

Mon-Fri & Mon-Thur

B. July 1-5 (no 7/4) & July 8-11 10:30-11:10 am

Mon-Fri & Mon-Wed

C. July 29-Aug. 2 & Aug. 5-7 5:00-5:40 pm

Cost: \$74; *discounted resident rate: \$57*

YOUTH SWIM LESSONS (MORNING)

Youth 5-15 years are encouraged to enhance their water enjoyment, progressing from level 1 through 6 in the American Red Cross water safety program. Students must successfully complete a level before enrolling in the next higher level. Students will receive a certificate after successful completion of all skills in a particular level. Instructed by certified Water Safety Instructors.

Session I (Monday-Thursday)

June 10-13 and June 17-20

9:45-10:25 am Level 1

10:30-11:10 am Levels 1, 2

11:15-11:55 am Levels 3, 4

Cost: \$74; *discounted resident rate: \$57*

Session II (Monday-Friday & Monday-Thursday)

July 1-5 (no 7/4) and July 8-11

9:45-10:25 am Levels 4, 5, 6

10:30-11:10 am Level 1

11:15-11:55 am Levels 2, 3

Cost: \$74; *discounted resident rate: \$57*

YOUTH SWIM LESSONS (AFTERNOON)

Youth 5-15 years are encouraged to enhance their water enjoyment, progressing from level 1 through 6 in the American Red Cross water safety program. Students must successfully complete a level before enrolling in the next higher level. Students will receive a certificate after successful completion of all skills in a particular level. Instructed by certified water safety instructors.

Mon-Fri & Mon-Wed, July 29, 30, 31, Aug 1, 2, 5, 6, 7

A. Level 1 5:00-5:40 pm

B. Levels 1, 2 5:40-6:20 pm

C. Levels 2, 3 6:20-7:00 pm

Cost: \$74; *discounted resident rate: \$57*

American Red Cross Swim Level Descriptions

Level 1 – Introduction to Water Skills: Includes floating, kicking, and arm action.

Level 2 – Fundamental Aquatic Skills: Expand on fundamental aquatic locomotion including combined strokes on front and back and rhythmic breathing.

Level 3 – Stroke Development: Increase swimming skills including elementary backstroke and deep water skills.

Level 4 – Stroke Improvement: Develop confidence and competency beyond proceeding levels, including breaststroke, sidestroke, and diving.

Level 5 – Stroke Refinement: Coordinate and refine key strokes; introduce butterfly stroke, open turns, and feet-first surface dive.

Level 6 – Swimming and Skill Proficiency: Polish strokes to swim with more ease, efficiency, power, and smoothness over greater distances.

PRIVATE SWIM LESSONS

Anyone age 4.5 (must have turned 4 on or before 1/1/24) and older will get 1 on 1 swimming instruction from a certified Red Cross Water Safety Instructor. An American Red Cross completion card will be given if the swimmer successfully demonstrates all the skills necessary to pass a particular level. Please indicate the swimmer's ability/level at the time of registration. **No Refunds 7 days prior to class start date unless a replacement is secured.**



Session 1: Mon & Wed June 10, 12, 17, 19

01: 3:30-4:00 pm
02: 4:00-4:30 pm
03: 4:30-5:00 pm

Session 2: Tue & Thur June 11, 13, 18, 20

04: 1:00-1:30 pm
05: 1:30-2:00 pm
06: 2:00-2:30 pm
07: 2:30-3:00 pm
08: 3:00-3:30 pm
09: 3:30-4:00 pm
10: 4:00-4:30 pm

Session 3: Mon & Wed July 1, 3, 8, 10

11: 3:30-4:00 pm
12: 4:00-4:30 pm
13: 4:30-5:00 pm

Session 4: Tue, Fri, Thur July 2, 5, 9, 11

14: 1:00-1:30 pm
15: 1:30-2:00 pm
16: 2:00-2:30 pm
17: 2:30-3:00 pm
18: 3:00-3:30 pm
19: 3:30-4:00 pm
20: 4:00-4:30 pm

Session 5: Mon - Thur July 15, 16, 17, 18

21: 9:00-9:30 am
22: 9:30-10:00 am
23: 10:00-10:30 am
24: 10:30-11:00 am
25: 11:00-11:30 am

Session 6: Mon & Wed July 17, 22, 24, 29

26: 3:30-4:00 pm
27: 4:00-4:30 pm
28: 4:30-5:00 pm

Session 7: Mon - Thur July 22, 23, 24, 25

29: 9:00-9:30 am
30: 9:30-10:00 am
31: 10:00-10:30 am
32: 10:30-11:00 am
33: 11:00-11:30 am
34: 11:30 am-12:00 noon

Session 8: Tue & Thur July 23, 25, 30, Aug 1

35: 1:00-1:30 pm
36: 1:30-2:00 pm
37: 2:00-2:30 pm
38: 2:30-3:00 pm
39: 3:00-3:30 pm
40: 3:30-4:00 pm

Session 9: Mon - Thur August 5, 6, 7, 8

41: 9:00-9:30 am
42: 9:30-10:00 am
43: 10:00-10:30 am
44: 10:30-11:00 am
45: 11:00-11:30 am

Session 10: Mon - Thur August 12, 13, 14, 15

46: 9:00-9:30 am
47: 9:30-10:00 am
48: 10:00-10:30 am
49: 10:30-11:00 am
50: 11:00-11:30 am
51: 11:30 am-12:00 noon

Session 11: Mon - Thur August 12, 13, 14, 15

52: 1:00-1:30 pm
53: 1:30-2:00 pm
54: 2:00-2:30 pm
55: 2:30-3:00 pm
56: 3:00-3:30 pm
57: 3:30-4:00 pm

Cost: \$91; discounted resident rate: \$70

Sports



YOUTH ACTIVITIES

SUMMER YOUTH TENNIS

Get in the game! Come out and learn basic tennis skills and have fun playing tennis related games. Bring a racquet and water. All lessons instructed by Central Penn Tennis Instructors. *New procedure for tennis weather cancellations, participants should check our phone system (see page 2).* Locations: Cedar Cliff H.S (B,F,I,M,P,T), Red Land H.S. (C,G,J,N,Q,U), Negley Park in Lemoyne (E,L,S), Roof Park (A,D,H,K,O,R,V,W,X).

Ages 5-7:

Mon thru Thu, 8:45-9:30 am
A. June 10 - 13
B. June 17 - 20
C. July 1 - 4
D. July 8 - 11
E. July 22 - 25
F. July 29 - Aug 1
G. Aug 5 - 8
Cost: \$32; resident rate: \$25

Ages 8-12 (Beginners):

Mon thru Thu, 9:30-10:30 am
H. June 10 - 13
I. June 17 - 20
J. July 1 - 4
K. July 8 - 11
L. July 22 - 25
M. July 29 - Aug 1
N. Aug 5 - 8
Cost: \$41; resident rate: \$32

Ages 9-16 (Adv. Beg.):

Mon thru Thu, 10:30-11:30 am
O. June 10 - 13
P. June 17 - 20
Q. July 1 - 4
R. July 8 - 11
S. July 22 - 25
T. July 29 - Aug 1
U. Aug 5 - 8
Cost: \$41; resident rate: \$32



Saturdays, June 15 - July 6

V. Ages 5-7:
Cost: \$32; resident rate: \$25
W. Ages 8-12 (Beginners):
X. Ages 9-16 (Adv. Beg.):
Cost: \$41; resident rate: \$32

9:15-10:00 am

10:00-11:00 am

11:00 am-12:00 pm

Forecast: Sunny Days Ahead!



Lemoyne Outdoor Pool

Anyone can buy a season pass - get yours now!

LemoynePA.com or 717-737-6843

Sports



SOCCER SHOTS

Soccer Shots is an engaging children's soccer program for children ages 2-8 with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, curriculum, and communication. Our coaches are the best-trained in the business and love working with children. Our expert-approved and theme-based curriculum aligns with early childhood education standards, and we provide an exceptional customer experience.

Register directly with Soccer Shots at the website below or call/email with any questions: (717) 350-8804 or harrisburg@soccershots.com.

Tuesdays, June 25 – August 13
Highland Elem. School – grass area near playground
Register at <https://soccershots.com/harrisburgork> and choose "Enroll Now"

NEW SOFTBALL FUNDAMENTALS

Introduce your child ages 5-7 to the fundamentals of the game of softball with a college athlete and student coach. Focusing on proper technique in the field as well as batting, we will start from the beginning and break it down to help kids understand and enjoy the sport. **Participants will need to bring their own glove.** Instructor: Cailey Shimko.

Tuesdays & Thursdays, June 11-20, 5:45-6:30 pm
Highland Elem. School – grass area near playground
Cost: \$39; *discounted resident rate: \$30*

Caring For Families Our Tradition For Three Generations

We've been taking care of our community for over fifty years by helping to make things better, even at a time when they seem to be at their worst. For three generations, it has been our honor to carry on this Family Tradition Of Caring. Talk with us today about how we can help your family.



717-774-7721 www.Parthemore.com
Gilbert A. Parthemore, Supervisor 1303 Bridge Street, New Cumberland

ACTIVITIES FOR ADULTS 18+

HIGH SCHOOL & ADULT TENNIS

Dust off your racquet and get moving! Beginner players can learn and develop the strokes, strategies, and rules of this fun lifetime sport. Ages 15 & up. Bring a racquet and water. Instructor: Central Penn Tennis. *New procedure for tennis weather cancellations, participants should check our phone system (see page 2).*

Mon thru Thu, 7:30-8:30 am
July 1 – 4
Red Land High School – lower courts
Cost: \$43; *discounted resident rate: \$33*

PICKLEBALL CLINIC

It is spreading like wildfire across the country, so get in on the fun! Pickleball combines elements of tennis, badminton and ping pong into a paddle sport that is easy to learn and appropriate for all skill levels. Simple rules and minimal equipment (paddle and plastic ball) will get you playing quickly. Ages 15 & up. Bring a paddle and water. Instructor: Tony Cooper. *New procedure for pickleball weather cancellations, participants should check our phone system (see page 2).*

A. Saturdays, June 15 – July 6, 8-9 am
Roof Park – new pickleball courts
B. Mon-Thur, July 8-11, 7:30-8:30 am
Roof Park – new pickleball courts
C. Mon-Thur, July 22-25, 7:30-8:30 am
Negley Park – tennis/pickleball courts
Cost: \$41; *discounted resident rate: \$32*

ADULT GOLF LESSONS

Whether you're a beginner or intermediate, there is always a lot to learn with the game of golf. Receive professional instruction on putting, chipping and the full-swing. No clubs...no problem! VGGC has some you can borrow for use during the lessons. Indicate appropriately during registration, right or left handed. Instructor: Brian Crawford, USGTF Pro.

Wednesdays, 6-7 pm
July 3 - 31
Valley Green Golf Course - 1227 Valley Green Rd, Etters, PA
Cost: \$123; *discounted resident rate: \$95*

REGISTER ONLINE!

You're first in line when you register online! Create your ActiveNet account and register at your leisure for most activities. It's quick and easy and available 24 hours a day.

Is Online Registration For Me? Online registration may be the ideal method for you if:

- you cannot call during office hours.
- the desired program fills quickly.
- you're out of town during the busy registration time.
- you would like an instant confirmation of your registration.
- you don't mind paying a convenience fee (7.91% plus \$0.54)
- or you just enjoy using your computer.

Go to <https://apm.activecommunities.com/westshorerec/Home> for more details. **There is no additional fee to register by telephone, in person or by mail.**

Active Wellness



CONSULT YOUR PHYSICIAN BEFORE STARTING ANY EXERCISE PROGRAM.

YOUTH ACTIVITIES

KINDER TOTS – New Daytime Option!

Designed especially for two year olds. Includes movement, music, fitness and fun! Blending of color, numbers and shape learning right into the class. Child must be 2 years of age prior to class. Parental assistance may be needed. Instructor: Kinderdance.

Thursdays, 5:30-6:00 pm

A. May 30 – June 27

B. July 18 – August 15

Tuesdays, 5:00-5:30 pm

C. June 4 – July 2

D. July 23 – August 20

West Shore Senior Center – 122 Geary Ave, New Cumberland
Cost: \$53; *discounted resident rate: \$41*

Wednesdays, 10:00-10:30 am

E. June 12 – July 17

Lemoyne Borough - community room – 510 Herman Ave
Cost: \$64; *discounted resident rate: \$49*

KINDER GYM

Boys and girls 3-5 years will be introduced to tumbling and the pre-apparatus skills of gymnastics. Emphasis is on coordination and exercise. Child must be minimum age prior to the class. Instructor: Kinderdance.

Thursdays, 6:10-6:55 pm

A. May 30 – June 27

B. July 18 – August 15

Tuesdays, 5:45-6:30 pm

C. June 4 – July 2

D. July 23 – August 20

West Shore Senior Center – 122 Geary Ave, New Cumberland
Cost: \$75; *discounted resident rate: \$58*

KINDERDANCE – New Daytime Option!

Start your preschooler off on the right foot. The focus is on coordination, movement, and exercise to music for 3-5 year old children. This class includes an introduction to ballet, tap, and acrobatics. Ballet shoes are optional; tap shoes are recommended or dress shoes that make sound. Child must be 3 years of age prior to the first class. Parental assistance is not needed. Instructor: Kinderdance.

Thursdays, 7:05-7:50 pm

A. May 30 – June 27

B. July 18 – August 15

West Shore Senior Center – 122 Geary Ave, New Cumberland
Cost: \$75; *discounted resident rate: \$58*

Wednesdays, 10:45-11:30 am

C. June 12 – July 17

Lemoyne Borough - community room - 510 Herman Ave
Cost: \$91; *discounted resident rate: \$70*

NEW JUST DANCE CAMP

Camp is designed for kids ages 8-13 who want to learn beginner ballet, jazz, hip hop, and contemporary...and have fun while doing it! We'll even learn a dance together to share with family and friends at the end of the week. No dance experience is required. Come with a positive attitude and desire to learn! This camp is hosted by a local dance group, EncounteredHeart, and will be taught by experienced teachers who love to share their passion of dance with kids.

Mon-Thurs, 6:00-7:30 pm

June 24 - 27

Highland Elementary School – cafeteria

Cost: \$85; *discounted resident rate: \$65*

YOUTH HORSEMANSHIP CAMP

For ages 7-13 to learn the basics of horsemanship, riding technique and safety. Participate in grooming and tacking activities. Riding helmet & long pants required. Held at Total Equine Learning Center: 1206 S. Market St in Mechanicsburg, PA. Instructor: Joanne Hocker.

Monday-Friday, 1:00-3:30 pm

A. June 17 - 21

B. June 24 – 28

C. July 8 – 12

D. August 5 - 9

Cost: \$494; *discounted resident rate: \$380*

ACTIVITIES FOR ADULTS 18+

AEROBIC DANCE*

Everything old is new again. If you missed it the first go-around (or just plain *miss it*), there are plenty of reasons to try again. Join Marisa in low-impact aerobic dance to oldies and new music. Aerobic dancing is an incredibly effective (and enjoyable) form of movement. Feel free to dance your heart out with guided movements while burning fat and increasing heart rate. Abdominals and stretching included. Bring a mat. Instructor: Marisa Stipe. **see note below*

Lemoyne Borough - community room – 510 Herman Ave

Saturdays, 9:00-9:45 am

June 1 – August 31 (no 7/20, 8/17)

Cost: \$78; *discounted resident rate: \$60*

good
for you.
PENNSYLVANIA PARKS & RECREATION

**All activities instructed by Marisa Stipe will move to an online streaming format if any reason comes up that the class can't be held "in-person". Marisa uses Facebook LIVE.*

Active Wellness



🌀 BOOTY BARRE*

Barre encompasses adding pilates and dance movements to your workout to lift your body. This is done using a chair and a mat. Small weights are also added for muscle strength and endurance. The movements can be slow and controlled or fast and energetic. This workout will align your body and lift your muscles. Emphasis will be on your gluteal muscles. The workout will change weekly. Please bring a mat and light weights to class. Instructor: Marisa Stipe. **see note below*

Traditional With Dance Moves:

Saturdays, 8:25-8:55 am

A. June 1 – August 31 (no 7/20, 8/17)

Cost: \$71; *discounted resident rate: \$55*

Retro Conditioning: Includes working in reverse direction, aiding in balance and injury prevention.

Tuesdays, 7:15-7:45 pm

B. June 4 – August 27 (no 7/16, 8/13)

Cost: \$65; *discounted resident rate: \$50*

🌀 BOX (Bring On the eXtreme)*

Session includes EXTREME workouts from all over the world with compound movements that engage all muscles in one go. The core movements will be intense, and your fitness journey will broaden each week. Optional personal training measurements are included. Bring a mat and 3-8 lb. hand weights. Instructor: Marisa Stipe.

Lemoyne Borough - community room – 510 Herman Ave

Wednesdays, 6:45-7:45 pm

June 5 – August 28 (no 7/17, 8/14)

Cost: \$78; *discounted resident rate: \$60*

🌀 CARDIO STEP

A Bench aerobic activity with movements ranging from simple to advanced. The class will start with a warm up, followed by choreographed routines on a step incorporating multiple levels of cardio, then finishing with conditioning and toning of your core, abdominals, and upper body. Please bring a mat, water and light/medium hand held weights. Instructor: Melanie Bryant.

Fairview Twp Fire Station #1 – 340 Lewisberry Rd,

New Cumberland

Mondays, 5:30-6:30 pm

June 3 – August 19 (no 7/8, 8/12)

Cost: \$72; *discounted resident rate: \$55*

**REGISTRATION BEGINS
MAY 1ST**

**All activities instructed by Marisa Stipe will move to an online streaming format if any reason comes up that the class can't be held "in-person". Marisa uses Facebook LIVE.*

🌀 HATHA FLOW YOGA & BALANCE*

A balanced combination of sustained poses (Hatha) as well as poses flowing in a mindful progression from one to another. Attention is always given to basic alignment & therapeutic principles. Mindfulness; observing breath and body (triputi) are an integral part of class. Classes are balanced with energy.

Bring a mat. Instructor: Marisa Stipe. **see note bottom left*

Fairview Twp Fire Station #1 – 340 Lewisberry Rd,
New Cumberland

Wednesdays, 11:00-11:45 am

A. June 5 – August 28 (no 7/17, 8/14)

Cost: \$73; *discounted resident rate: \$56*

Sundays, 6:45-7:30 pm

B. June 2 – August 25 (no 7/14, 8/11)

Cost: \$73; *discounted resident rate: \$56*

🌀 KICKBOXING & ABS*

Cardio Kickboxing is a combination of aerobic & boxing and is one of the most popular fitness trends in recent years. Program provides an intense, total body workout which aims to improve strength, aerobic fitness, speed, flexibility, coordination and balance. Proper punching and kicking techniques will be taught followed by fabulous abdominal routines. Start your week out right! Bring a mat. Instructor: Marisa Stipe. **see note bottom left*

Lemoyne Borough - community room – 510 Herman Ave

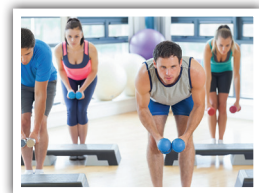
Tuesdays, 5:15-6:00 pm

June 4 – August 27 (no 7/16, 8/13)

Cost: \$73; *discounted resident rate: \$56*

🌀 MUSCLE PUMP*

Muscle Pump contains movements working eight separate muscle groups performed to music using free weights and an aerobic step. Participants choose their weights based on the exercise and personal goals.



Major muscle groups are worked via series of compound and isolation-based exercises including squats, presses, and dead lifts. The focus is towards muscle endurance using several repetitions and includes an abdominal portion with the most innovative core movements in the industry. Class incorporates elements of P90X and Insanity. Please bring challenging weights to class (light and heavier) and a mat. Instructor: Marisa Stipe. **see note bottom left*

Fairview Twp Fire Station #1 – 340 Lewisberry Rd,
New Cumberland

Senior Pump:

Wednesdays, 10:00-10:45 am

A. June 5 – August 28 (no 7/17, 8/14)

Cost: \$73; *discounted resident rate: \$56*

Cardio Pumping & Abs: Each class will include aerobic and anaerobic dynamic movements

Sundays, 5:45-6:30 pm

B. June 2 – August 25 (no 7/14, 8/11)

Cost: \$73; *discounted resident rate: \$56*

Active Wellness



PIYO FUN

For the intermediate participant, PiYo is a combination of Pilates and yoga-inspired moves that have little to NO impact. PiYo is set at a faster pace for serious fat burn, flexibility/strength training and most importantly - FUN! With upbeat music and dynamic movements, you'll experience hardcore results from this FUN, low-impact, high-octane workout! Bring a mat. Instructor: Andrea Toner.



Lemoyne Borough - community room – 510 Herman Ave
Wednesdays, 5:30-6:30 pm
June 5 – August 21 (no 7/24)
Cost: \$78; *discounted resident rate: \$60*

SALSATONE

SalsaTone is a fitness program for all levels incorporating basic aerobic movements and various styles of Latin American dance. If you prefer a little extra toning, bring a set of light weights to include. Instructor: Melanie Bryant.

Fairview Twp Fire Station #1 – 340 Lewisberry Rd,
New Cumberland
Fridays, 5:30-6:30 pm
June 14 – August 23 (no 7/5, 8/9)
Cost: \$65; *discounted resident rate: \$50*

TAI CHI SPEAR

It's summer! That means vacations, heat waves, and weapons study. This summer MAI is offering 16 posture spear form - because we can, it's fun, and we haven't in a while. Spear teaches us to extend our energy past the ends of our arms. It strengthens shoulders and upper back, and as an extra bonus it scares your neighbors. Prior Tai Chi experience is not required. Adventurous beginners are welcome. You will need a spear. Spears can be 5 foot long 3/4" piece of PVC available at home improvement stores or a waxwood spear or staff. Most wood martial arts spears or staffs will work. If you wish to order a spear you must order it before class starts. Contact MAI through their website TC4ALL.com. This class is great for all ages.

Tuesdays, 7-8 pm
June 4 – August 27 (no 7/2, 7/30)
West Shore Senior Center – 122 Geary Ave, New Cumberland
Cost: \$140; *discounted resident rate: \$108*

ZUMBA STEP* *Zumba Re-invented!*

Step Aerobics performed in a Zumba style, choreographed routine by stepping up onto and down from a portable platform. Bring some Latin flavor to your step routine. Bring a mat and light to medium hand weights for Zumba Strong (step provided). Instructor: Marisa Stipe.

**see note on page 8*

Fairview Twp Fire Station #1 – 340 Lewisberry Rd,
New Cumberland
Mondays, 7:35-8:35 pm
June 3 – August 26 (no 7/15, 8/12)
Cost: \$79; *discounted resident rate: \$61*

PILATES*

Pilates is a body conditioning system that works your core muscles including the abdominals, back and buttocks. Pilates' theory is that if your middle is strong, the rest of your body will become stronger as well. The exercises lengthen your muscles and help you develop balance, proper alignment, and flexibility. *Includes mat pilates, standing pilates, circular pilates, magic circle, marble work and gyrotonics.* Bring a mat. Instructor: Marisa Stipe. **see note on page 8*

All-Levels: Lemoyne Borough - community room – 510 Herman Ave
Saturdays, 7:30-8:15 am
A. June 1 – August 31 (no 7/20, 8/17)
Cost: \$84; *discounted resident rate: \$65*

All-Levels: Fairview Twp Fire Station #1 – 340 Lewisberry Rd,
New Cumberland
Mondays, 6:45-7:30 pm
B. June 3 – August 26 (no 7/15, 8/12)
Cost: \$78; *discounted resident rate: \$60*

Int/Adv: Lemoyne Borough - community room – 510 Herman Ave
Tuesdays, 6:15-7:00 pm
C. June 4 – August 27 (no 7/16, 8/13)
Cost: \$78; *discounted resident rate: \$60*

ZUMBA TONING & ABS*

Zumba Toning incorporates weighted toning sticks to the Zumba workout that participants use almost like maracas. The toning sticks function like dumbbells to act as resistance weights. You get toned while doing cardio. Bring a mat, but toning sticks are provided. Instructor: Marisa Stipe. **see note on page 8*

Fairview Twp Fire Station #1 – 340 Lewisberry Rd,
New Cumberland
Thursdays, 5-6 pm
June 6 – August 29 (no 7/4, 7/18, 8/15)
Cost: \$70; *discounted resident rate: \$54*

BALLROOM DANCING FUN

Dance with your partner to your favorite music! Learn some of the popular dances for a lifetime of enjoyment. Partners are preferred, but not required. *"Dancing is the ultimate exercise . . . cleverly disguised as fun."* Instructed by and held at Ballroom Break (100A Catherine Ct, Lewisberry).

Mondays, 6:30-7:30 pm
A. June 3 – July 8
B. July 15 – August 19
Cost: \$127; *discounted resident rate: \$98 per person*

BELLY DANCE – Level 2

For intermediate level students with belly dance experience. Performance opportunities included in this class. Work on different styles of choreography including Folkloric, Traditional, Classical, and Fusion. Instructor: June Minaya.

Mondays, 6:15-7:15 pm
July 29 – August 26
West Shore Senior Center – 122 Geary Ave, New Cumberland
Cost: \$47; *discounted resident rate: \$36*

Enrichment



FAMILY AND MULTI-AGE ACTIVITIES

PUPPY/DOG TRAINING 101

Co-sponsored by Harrisburg Beagle Club

Learn how to train your dog (10 weeks and older) to respond to basic commands such as sit, down, drop, etc. Topics such as walking on a loose leash, biting, chewing, dog/human body language, games and many others will also be covered. The handler must be at least 10 years old, but the entire family is encouraged to attend the session to observe. Bring a 6 ft. nylon or leather leash, a well-fitting collar, treats or toy, water, patience and a positive attitude. Instructor: Doug Parson, Gut Hunds Dog Training.

Saturdays, 9:00-10:00 am

September 14 – October 26 (no 10/12)

Lower Allen Community Park – Fernlawn Pavilion

Cost: \$81; *discounted resident rate: \$62*

NEW BEGINNER BONSAI WORKSHOP

Explore the Japanese art form known as bonsai. Join us for a beginner experience and learn the principles to create and care for a bonsai tree. Following a brief discussion of styles, design and care, you will select your tree, prune and then shape your very own masterpiece. Class includes tree, pot, wire, chopstick, care sheet, and a small pair of pruners. Instructor: Fat Cat Bonsai.

Sunday, 8:30-11:30 am

June 23

Lower Allen Community Park – Fernlawn Pavilion

Cost: \$116; *discounted resident rate: \$89*

FAMILY NIGHT – May the 4th STEAM with you!

Take home your family's game after you participate in the Galaxy Wizard Way Challenge! May the 4th be with you! Calling all family members! Our multi-generational STEAM Battle events are a perfect Family Night Out activity! You will work as a team on an out-of-this-world evening of engineering your game to outsmart the other forces! Please indicate number of family members (up to 5) at time of registration. Instructor: Challenge Island Staff.

Saturday, 4:00-5:30 pm, May 4

Highland Elementary School - cafeteria

Cost: \$46; *discounted resident rate: \$35 per family*

ACTIVITIES FOR ADULTS 18+

PAINTING WORKSHOPS

Join local artist, June Minaya for painting fun! No painting experience necessary and all supplies are included. Students will learn to use acrylic paint to create deep shadows and bold highlights in their paintings, as well as paint brush usage and techniques to create the desired effect. Each painting will begin with a light charcoal sketch. We will be working on 11" x 14" stretched canvas (or canvas board if you wish to frame your painting). Please bring a reference picture to paint from (calendar picture, brochure, printed picture, or digital image from an electronic device).

A. Mondays, June 3 - 17, 6:30-8:00 pm

B. Fridays, July 5 - 19, 3:30-5:00 pm

West Shore Senior Center (122 Geary Ave, New Cumberland)

Cost: \$81; *discounted resident rate: \$62*

MEDICARE 101 EDUCATIONAL SEMINAR *Co-sponsored by Parthemore Funeral Home*

Whether you are new to Medicare, or have been on Medicare for years, understanding Medicare can be overwhelming! If you're seeking information for yourself or helping a family member navigate Medicare's complexities, we are here to help. Instructor: Liz Heath, Heath Insurance Solutions, LLC.

A. Wednesday, June 26, 3-5 pm B. Monday, July 22, 6-8 pm
West Shore Senior Center (122 Geary Ave, New Cumberland)
Cost: FREE (pre-registration is required and also limited)

YOUTH ACTIVITIES

YOUTH ART FUN CAMPS

Join local artist and instructor Allison Juliana for one of our fun and creative camps this summer! All supplies are included.

Rossmoyne Elementary

Monday-Friday, June 17 - 21

A. Ages 4-6, 10:00-10:45 am

Cost: \$61; *discounted resident rate: \$47*

B. Ages 6-10, 11:00 am-12:00 pm

Cost: \$104; *discounted resident rate: \$80*

Monday-Friday, July 8 - 12

C. Ages 4-6, 10:00-10:45 am

Cost: \$61; *discounted resident rate: \$47*

D. Ages 6-10, 11:00 am-12:00 pm

Cost: \$104; *discounted resident rate: \$80*

Hillside Elementary

Monday-Friday, June 24 - 28

E. Ages 4-6, 10:00-10:45 am

Cost: \$61; *discounted resident rate: \$47*

F. Ages 6-10, 11:00 am-12:00 pm

Cost: \$104; *discounted resident rate: \$80*

Highland Elementary

Monday-Friday, July 29 – August 2

G. Ages 4-6, 10:00-10:45 am

Cost: \$61; *discounted resident rate: \$47*

H. Ages 6-10, 11:00 am-12:00 pm

Cost: \$104; *discounted resident rate: \$80*

Crossroads Middle School – art room

Monday-Friday, August 5-9

I. Ages 11-15, 9:30-10:30 am

Cost: \$104; *discounted resident rate: \$80*

J. Ages 6-10, 10:45-11:45 am

Cost: \$104; *discounted resident rate: \$80*

BABYSITTING CERTIFICATION

Girls and boys ages 11-15 can become certified through this American Red Cross program, which provides the knowledge and skills necessary to safely and responsibly give care for children and infants. Learn about leadership skills, how to develop a babysitting business, keep yourself and others safe, help children behave, and learn about basic childcare and first aid. Sitters each receive an informative handbook for reference and a course completion card. Bring a packed lunch and a baby doll if you have one. Instructor: Cathy Wagaman.

Thursday, June 13, 8:30 am – 2:30 pm

Fairview Township Fire Station #1 – 340 Lewisberry Rd,
New Cumberland

Cost: \$96; *discounted resident rate: \$74*

Enrichment



CHALLENGE ISLAND SUMMER STEAM CAMPS

NEW SLIMETOPIA 3: SLIME CHEFS ON DECK

Prepare to stir up the most delicious-looking slime recipes on the Seven Seas! You and your STEAM Team ages 6-12 have been chosen to be slime sous chefs on the S.S. Slimetopia cruise ship and it's up to you to "feed" the slime hungry cruisers morning, noon and night! You'll mix up Ramen Noodle Slime, Kawaii Bento Box Slime, Italian Ice Slime, Unicorn Mac and Cheese Slime and Flamin' Hot Cheeto Slime (just to name a few!).

Monday thru Thursday, June 10-13, 9 am-12 pm
Rossmoyne Elementary School – art room
Cost: \$273; *discounted resident rate: \$210*

NEW PETS PALOOZA FOR JUNIORS

Wag on over to the most PAWSOME camp in town! You and your STEAM Team ages 4-5 will engineer a world created just for pets: From Pets Palooza Hotel Day to Having a Ball Day to Give a Dog a Bone Day to Salty Sea Dog Day to a very special Rescue Pets Day. You'll even get to adopt adorable pretend pets of your own and create habitats to match their needs and personalities! During the last class students create their own floam. One responsible parent/caregiver must remain on site to assist their child with the bathroom etc. but does not participate with them.

Fridays, June 14 – July 19, 9:00-10:30 am
Fairview Twp Fire Station #1 – 340 Lewisberry Rd,
New Cumberland
Cost: \$161; *discounted resident rate: \$124*

SLIMETOPIA

Welcome to Slimetopia - an ooey, gooey, squishy, squashy, slippery, stretchy slime-drenched camp extravaganza! Ages 6-12 will learn the science behind the slime while opening their own Slimetopia Theme Park. Make at least 10 different kinds of the addictively playful polymer: From butter to bubble; from crunchy to munchy; from fluffy to foamy from unicorn to color-changing we've got you and your STEAM Team covered (in slime, that is!).

Monday thru Thursday, June 17-20, 9 am-12 pm
Crossroads Middle School – art room (G06)
Cost: \$273; *discounted resident rate: \$210*

STEAMWARTS

Pack your wizarding gear and join us for a magical week of spellbinding adventure for ages 6-12! You and your housemates will take a full load of Wizarding Classes from Transfiguration to Flying Broomsticks to Charms and Potions to Magical Beasts. This STEAMtastic camp will culminate with an enchanted graduation ceremony. A must for every wizard fan! Includes SLIME!

Monday thru Friday, June 24-28, 1:00-4:00 pm
Rossmoyne Elementary School – art room
Cost: \$312; *discounted resident rate: \$240*

SLIMETOPIA 2: TOTAL SLIME MAKEOVER

By colossally popular demand comes this squishy, squashy, stretchy sequel to our bestselling Slimetopia camp for ages 6-12. This time, the world is being taken over by slime! You and your STEAM Team will ooze with excitement as you visit countries across the globe making a different kind of slime at each destination. From Italian pizza slime to Antarctic penguin slime to Hawaiian lava slime to tons of other slippy, drippy, gooey, global slimes in between.

Monday thru Wednesday, July 1-3, 9 am-12 pm
Rossmoyne Elementary School – art room
Cost: \$211; *discounted resident rate: \$162*

STEAMTANK ENTREPRENEUR

Calling all innovative and inventive kids ages 6-12 to an adventure in STEAM and entrepreneurship! You and your STEAM Team will design, create and open new businesses every day: From PIZZAprenur to SWEETreprenur to SLIMEpreneur (Slime is sure to be the favorite day) to PETpreneur Day. Can you convince the island sharks that your team's business belongs in the new Challenge Island Mall? Imagine... your child just might start their own business after this camp!

Monday thru Thursday, July 8-11, 9 am-12 pm
Crossroads Middle School – art room
Cost: \$253; *discounted resident rate: \$195*

NEW ISLAND DOLL

Rollerblade on down to the dreamiest, STEAMiest camp in town for ages 6-12. You and a STEAM Team of friends will help design and deck out our Island Doll Land complete with cool convertibles, pink waterslides and seriously stylin' Island Doll STEAM houses! You'll bring Downtown to life with your own doll-inspired businesses, spend a day in the sun at the Island Doll Beach and Boardwalk, camp out under the stars in your own Island Doll Treehouse, and take to slopes at Island Doll Ski Resort. Bring an eye for design, a taste for adventure, and your favorite 11.5-inch fashionable friend to this blockbuster camp. Includes Slime!

Monday thru Thursday, July 22-25, 9 am-12 pm
Rossmoyne Elementary School – art room
Cost: \$253; *discounted resident rate: \$195*

NEW RACE ACROSS THE RAINFOREST

Ages 6-12 will race into an unforgettable journey through the amazing Amazon Rainforest with Challenge Island book characters Daniel, Joy, Kimani and DaVinci. You and your STEAM Team will zip through the jungle's action-packed layers, taking on challenges inspired by the rainforest's awesome animal inhabitants - from the playful monkeys to the hungry jaguars to the slithering anacondas on the dark and creepy forest floor. This magical camp is a must for all kids who love animals, books, and endless adventure! Includes slime and the new Challenge Island STEAM series book!

Monday thru Thursday, July 29-Aug. 1, 9 am-12 pm
Crossroads Middle School – art room
Cost: \$257; *discounted resident rate: \$198*

Enrichment



ISLAND TUBE FEVER

Tune into imagination and creativity where you and your STEAM Team will build your very own studio and take part in a whole haul of super tuber activities: From slime to squishies to science experiments; from taste tests to mystery wheels to Secret Island Surprise Balls! One of our most “liked” camps for ages 6-12, this Kids’ Choice adventure gets thumbs up all around!

Monday thru Thursday, August 5-8, 1:00-4:00 pm
Rossmoyne Elementary School – art room
Cost: \$253; *discounted resident rate: \$195*



NEW STEAM FOR JUNIORS: FROSTBITTEN

Ages 4-6 should glide on over to the coolest camp in town where you’ll take a STEAMtastic journey through Challenge Island’s Winter Wonderland, which looks a lot like Arendale! Your icy adventure will include designing and decking out your very own ice palace (where you and your STEAM Team can chillax) and using cool science to make frosty slime and frozen treats! This cool-as-ice camp is a not-to-be missed adventure for every frostbitten fan! One responsible parent/caregiver must remain on site to assist their child with the bathroom etc. but does not participate with them.

Tuesday thru Thursday, August 20-22, 9:00-10:30 am
Highland Elementary School – art/music room
Cost: \$104; *discounted resident rate: \$80*

SNAPOLOGY SUMMER STEAM CAMPS

Snapology AM/PM Discount – sign up for both the morning and afternoon programs in the same week and receive a \$79 discount (\$29 for Snapology Junior). Please call the Rec office to receive this discount, it cannot be completed online. Students who register for both AM and PM sessions can bring a packed lunch for supervised free time from 12-1 pm.

AMUSEMENT PARK ADVENTURES

Ages 7-14 will embark on a hands-on adventure of engineering design, robotics and special layout using LEGO® bricks and robotics kits to create your very own functioning amusement park! Campers will collaborate and determine which parks meet the SNAP engineering/safety criteria checklist. Sign up for Attack Bots Battle Robotics too and receive a discount!

Monday thru Friday, June 10-14, 9 am-12 pm
Highland Elementary School – art/music room
Cost: \$259; *discounted resident rate: \$199*

ATTACK BOTS BATTLE ROBOTICS

In this exciting class for ages 7-14, students will build a variety of military inspired robotic models. Children will learn about sensors, gears, pulleys, and programming as they create robotic catapults, crossbows, tanks, bomber planes and much more! Sign up for Amusement Park Adventures too and receive a discount!

Monday thru Friday, June 10-14, 1:00-4:00 pm
Highland Elementary School – art/music room
Cost: \$259; *discounted resident rate: \$199*

WONDERFUL WIZARDS (HARRY POTTER)

Enter into the world of wizards, witches, squibs and muggles with Snapology’s Wizarding program for ages 5-12. Students will study at Hogwarts before building castles, wands and creating spells to protect themselves from the Death Eaters and defeat Lord Voldemort. During the final battle our new wizards will dress in their provided Slytherin robes, Hufflepuff robes, Ravenclaw robes and Gryffindor robes to defend their castles. The wand chooses the wizard... Wizards will receive a wand of their own as a token of their training in the realm of wizardry. Which wand will you get? Sign up for Ninja Adventures too and receive a discount!



Monday thru Friday, June 17-21, 9 am-12 pm
Highland Elementary School – art/music room
Cost: \$259; *discounted resident rate: \$199*

NINJA ADVENTURES (NINJAGO) & GRUMPY BIRDS

Your sensei will guide children ages 5-12 through your LEGO brick dojo and martial arts character team build. Train your team for battle and may the best one win! This creative fantasy martial arts competition will teach discipline, respect, and character to our young learners. Those left standing after the first few days will explore the popular Angry Birds game creating their own characters and scenes. Students will explore the physics behind the game as they learn about forces using slingshots and catapults in the world of Angry Birds. Sign up for Wonderful Wizards too and receive a discount!

Monday thru Friday, June 17-21, 1:00-4:00 pm
Highland Elementary School – art/music room
Cost: \$259; *discounted resident rate: \$199*

SNAPOLOGY SCHOLARSHIPS
Visit bit.ly/snapologyscholarships
for more information and to apply.



Enrichment



SPACE WARS ROBOTICS

Students ages 5-12 will embark on a hands-on adventure of creativity and critical thinking using LEGO bricks and robotics. Come prepared to create robotic models of your favorite Star Wars characters and space ships to embark on an intergalactic battle! Sign up for Jedi Masters too and receive a discount!

Monday thru Friday, June 24-28, 9 am-12 pm
Highland Elementary School – art/music room
Cost: \$259; discounted resident rate: \$199

JEDI MASTERS (STAR WARS)

Students ages 5-12 will explore the galaxy with their master building skills and our intergalactically focused curriculum. Motivated to become Jedi like the heroes in the movie, students will learn to concentrate on mastering the Force, appreciating the use of teamwork to build battle drones and AT walkers, and make their very own lightsaber for use in battle. Sign up for Space Wars Robotics too and receive a discount!

Monday thru Friday, June 24-28, 1:00-4:00 pm
Highland Elementary School – art/music room
Cost: \$259; discounted resident rate: \$199

NEW LEGO BUILD COMPETITION: FREESTYLE

Creators ages 5-14 will have one week to build the biggest, baddest creation they can conjure up. With access to thousands of LEGO bricks and related building components, students will work in randomly selected teams competing to win the grand prize. Teams will be broken into age-appropriate brackets for fairness and a specific theme will be disclosed each day. Four build days are given to create their masterpieces. On day five we finalize our projects and builders will present their creation to the SNAP jury panel sharing their thoughts and visions. A winning build will be selected in each age bracket. Winners will receive a free all access Snapology 2025 summer camp pass valid anywhere, anytime! Pizza party lunch provided on Friday! Drop off is 7:30-8 am and pick-up is 5-5:30 pm.

Monday thru Friday, 8 am-5 pm
A. July 15-19
B. August 5-9
Highland Elementary School – art/music room
Cost: \$376; discounted resident rate: \$289



NEW LEGO BUILD COMPETITION: TOWN DESIGN

Showcase your artistic skills in Snapology's creative build series. Students ages 5-14 will work in randomly selected teams competing to win the grand prize. Teams will be broken into age-appropriate brackets for fairness where they will study their local surroundings utilizing Google Earth. Following the theme of the day, each team will create their ideas using LEGO bricks and various other art supplies. On the final day, teams will combine each day's work into one larger project, creating a new and improved version of their futuristic town. Teams will work with their Snapologist to develop a presentation of their concept to the SNAP Zoning Board. Those awarded building permits will earn a free fall STEAM Club pass. Pizza party lunch provided on Friday! Drop off is 7:30-8 am and pick-up is 5-5:30 pm.

Monday thru Friday, July 22-26, 8 am-5 pm
Highland Elementary School – art/music room
Cost: \$376; discounted resident rate: \$289

SNAPOLOGY JUNIOR: ANIMAL EXPLORERS

Explorers ages 4-6 will learn where animals live and why their habitats are important for survival. Through stories, games, and building animals using DUPLO blocks, your child will be busy discovering biomes of the world while gaining critical social and developmental skills without even realizing it! Parents may stay but are encouraged to allow their child to learn in an independent environment. Sign up for Junior Kinder Bots too and receive a discount!

Monday thru Friday, August 12-16, 9 am-12 pm
Highland Elementary School – art/music room
Cost: \$207; discounted resident rate: \$159

SNAPOLOGY JUNIOR: KINDER BOTS & ROBO PETS

Children ages 4-6 will be introduced to the world of robotics as they build simple models that teach the fundamentals of robotic design. They will have fun learning about sensors, gears and pulleys while building magic wands, helicopters, robotic dogs and more! Parents may stay but are encouraged to allow their child to learn in an independent environment. Sign up for Junior Animal Explorers too and receive a discount!

Monday thru Friday, August 12-16, 1:00-4:00 pm
Highland Elementary School – art/music room
Cost: \$207; discounted resident rate: \$159

CANCELLED ACTIVITIES? Too often quality activities and trips are cancelled because too many people wait until the last minute to register. Almost every activity has a minimum number of enrollees needed to cover the expenses or to make it enjoyable (think team sports). If you see an activity you like, don't hesitate to sign up to recreate!

Trips



STATUE OF LIBERTY & ELLIS ISLAND

Arrive in Jersey City, NJ at Liberty State Park to begin a look back at our country's heritage and history. A ferry will take you to Ellis Island where you can discover what our ancestors encountered when first arriving in the Port of New York at the Immigration Museum. Hop the ferry again to visit Liberty Island for great views of the Statue of Liberty and explore the Statue of Liberty Museum.

A. Sunday, July 14

B. Sunday, September 15

Sportsman's Warehouse – depart 7:00 am, return 10:00 pm

Ages 13 & up cost: \$128 Ages 12 & under cost: \$117

NEW CHOPTANK RIVERBOAT & CRAB FEAST

Travel with Wolf's to Maryland's Eastern Shore to enjoy an all-you-can-eat hardshell crab feast at Suicide Bridge Restaurant also including clam strips, Maryland Crab Soup, fried chicken and more. Afterwards, sit back and let your food digest as you take a 1 1/2 hour leisurely cruise on the Choptank River aboard a reproduction late 1800's steamboat similar to those that traveled the Mississippi and western rivers.

Thursday, July 18

Sportsman's Warehouse – depart 7:30 am, return 8:45 pm

Four Points Sheraton – depart 8:15 am, return 8:00 pm

Cost: \$189

NEW SCENIC MOUNTAINS OF MAINE & NH

With the crisp autumn air comes the chance to experience the lush green forests and warm fall colors that welcome you with open arms to New England. Tour highlights include a tour of Portland and photo stop at Portland Head Light, Maine Wildlife Park, gemstone sluicing, Cafe Lafayette Dinner Train, gondola skyride to Loon Mountain Summit and more.

Monday – Friday, September 16 – 20

Sportsman's Warehouse – depart 7:00 am, return 8:00 pm

Four Points Sheraton – depart 6:45 am, return 8:15 pm

Cost: \$1,944 single; \$1,546 double

FALL FOLIAGE IN VERMONT

Discover the autumn beauty and scenic charm of Vermont with a stay at Lake Morey Resort and visit Quechee Gorge, the Friesians of Majesty Horses, Morse Maple Farm, Vermont Institute of Natural Science, Rock of Ages Museum, enjoy a scenic cruise on Lake Champlain, stop at the Vermont Country Store, Vermont cider sampling, some free time at the resort and more.

Monday – Friday, September 30 – October 4

Sportsman's Warehouse – depart 7:00 am, return 8:00 pm

Four Points Sheraton – depart 6:45 am, return 8:15 pm

Cost: \$2,334 single; \$1,799 double

POTOMAC EAGLE TRAIN - WV

Board the Potomac Eagle Train for a three-hour narrated excursion including a 3-course late lunch/early dinner in the Premium Dining Car. The train offers a leisurely ride through the tranquil & lush forests and pristine mountain valley known as "The Trough".

Sunday, October 6

Sportsman's Warehouse – depart 9:15 am, return 10:00 pm

Four Points Sheraton – depart 8:30 am, return 10:45 pm

Cost: \$234

MOUNT VERNON ESTATE & GRISTMILL

Today, our travels take us to the magnificent Mount Vernon Estate for a guided tour of the mansion that George and Martha Washington lived in for almost 45 years. After time to explore the estate including the Gardens, Pioneer Farm, Washington's Tomb and Slave Memorial & Cemetery, you will visit Washington's Gristmill for a guided tour of both the gristmill and distillery.

Sunday, October 20

Sportsman's Warehouse – depart 6:30 am, return 9:15 pm

Cost: \$102

NEW YORK CITY ON YOUR OWN

There is so much to see and do in New York City, the biggest decision you will have is where to start! New York offers a wide variety of world-class sightseeing, dining and shopping opportunities for you to experience and explore.

B. Saturday, December 21

Sportsman's Warehouse – depart 7:00 am, return 10:15 pm

C. Saturday, November 23

Sportsman's Warehouse – depart 7:00 am, return 10:15 pm

Four Points Sheraton – depart 7:15 am, return 10:00 pm

Cost: \$99

Please visit our website (westshorerec.org) for additional details on any of the trips listed above. Also check out our other 2024 tours such as: Fall Longwood Gardens/Winery, Newport Christmas, Gaylord Christmas, and Longwood Gardens Christmas Tour. Check our website for details as they become available.

TRIP INFORMATION

- ◆ Additional trip details are available on our website (westshorerec.org).
- ◆ West Shore Recreation Commission continues its partnership with Wolf's Bus Lines to offer more trip destinations without needing to fill an entire bus. Our group will be combined with other passengers from several other pick up locations. **Pick up and drop off will be at the Sportsman's Warehouse parking lot (Capital City Mall, 3500 Capital City Mall Drive, Camp Hill, PA) and/or the Four Points Sheraton (1650 Toronita St, York, PA).** Additional alternate pre-determined pick-up/drop off locations may be available, so please inquire by calling the Rec Office 717-920-9515. All tours will be escorted by staff from Wolf's Bus Lines.
- ◆ West Shore Rec Commission uses modern Wolf's motor coaches equipped with restrooms and air conditioning. In consideration of others, smoking and alcoholic beverages are not permitted. The gratuity for the bus driver/escort is not included in the price listed. Please note the right front seats are reserved for the trip escort.
- ◆ **Help us out!** Please register early for bus trips! We must reach a minimum of participants at least 30 days prior to departure. Should we have to cancel, you will receive a full refund.
- ◆ Price is per person. Payment in full is required for all single-day trips. All multi-day trips require a \$50 deposit per person with the remaining balance due 45 days prior to the trip departure date. Without payment in full by due date, deposits will be forfeited and reservation cancelled.
- ◆ If you must cancel from a single-day or multi-day trip, notify West Shore Rec at least 45 days before a trip to receive a refund (unless stated otherwise). After that, refunds will only be available if a replacement can be found. All trip refunds are subject to a \$10 per person administrative fee.
- ◆ If you are interested in trip insurance, please let us know and we will put you in contact with a Wolf's representative.

PLEASE REGISTER EARLY!

Residents of participating municipalities may register May 1st
Members of non-participating communities may sign up beginning May 8th. If a class does not have a sufficient number of participants registered one day prior to the beginning of the class, it will be cancelled, unless stated otherwise.

EASY WAYS TO REGISTER

ONLINE

www.westshorerec.org or
<http://apm.activecommunities.com/westshorerec>

WALK IN

Office Hours: Monday – Friday, 8:30 am – 4:30 pm

DROP BOX

WSSD ACE Building – front right pillar

PHONE

717-920-9515 with MasterCard, Visa, Discover or AmEx

MAIL IN

West Shore Recreation, P.O. Box 413, Lewisberry, PA 17339

TO MAIL IN OR DROP OFF

1. Complete The Registration Form

Be sure all information is correct and all telephone numbers are included in the event we need to contact you about the activity. Include additional persons for the same activity from the same household on one form.

2. Enclose Payment

A personal check may be used for the activity and made payable to West Shore Recreation. If using a credit card, provide the number, CSV code (on back of card), expiration date and a signature. Cash is accepted at the office.

3. Mail In or Drop Off

Use the mailing address above. Service for after hours: A drop box is located outside the front entrance of the WSSD ACE building, behind the right pillar.

CONFIRMATIONS

Once you sign up it is your responsibility to attend the activity. No confirmations will be sent unless you wish to provide a self-addressed, stamped envelope or an e-mail address.

PROGRAM INFORMATION

- All program dates are subject to change.
- Age – A participant must be the proper age by the start or by the end of the program. All age requirements are set to benefit the participant and make instruction more consistent for the program leader. In some instances, the requirements have been set for the participant's safety.
- Participants must provide their own medical insurance.
- The discounted price listed in the brochure is for residents of participating communities. The first price is for all others.
- Any person with a disability needing special accommodations to participate should contact the rec office two weeks prior to the activity.

CREATE YOUR OWN ACCOUNT AND REGISTER ONLINE!

Don't forget, ActiveNet gives more options to you! This web-based software allows you to:

- view activities with real-time information such as spaces available and other details,
- create and update your own account,
- view your (and your family's) participation calendar and history,
- access a custom listing of the dates of your activity,
- enroll online, including adding your name to a waiting list.

Please be aware that a convenience fee (7.91% + \$0.54) is added to online enrollments, except for additions to a waiting list.

Find out how easy it is to create your account and register online. Get started at www.westshorerec.org.

Remember, Registration begins May 1st. Enroll Early!

SECTIONS = A, B, C, D, E, etc. • LEVELS = 1, 2, 3, I, II, etc.

REGISTRATION FORM

Activity _____ Section or Level _____ Fee _____
Time _____ Location _____
Activity Starting Date _____
1) Participant Name _____ gender * _____
2) Additional Name _____ gender * _____
Street Address _____
City _____ Zip _____
Borough or township* _____
Phone: Home* _____ Work _____ Cell _____
E-Mail Address _____
Date(s) of Birth* 1) _____ 2) _____
Parent or Guardian _____
Parent Birthdate (to create account) _____
Credit Card No. _____
Exp. Date _____ CSV Code (on back of card) _____
Signature _____

(* - required information) • **please write legibly!**



OTHER INFORMATION

REFUND POLICY

A refund for any multi-session program will gladly be issued for any reason as long as you contact the office prior to the second class unless stated otherwise. After the second class, no refund will be given. A \$5 administrative fee will be deducted from the refund. Refunds for one-day activities are not possible after the event has taken place. Call during office hours; e-mail requests will not be accepted. All trip refunds are subject to a \$10 per person administrative fee.

CANCELLATIONS

- West Shore Rec reserves the right to cancel any program due to insufficient registration. A full refund will be given. Online convenience fees will be refunded as a credit on account for future enrollments.
- Cancellations for trips have different requirements, please refer to Trip Information Box on the Trips page.
- Inclement weather cancellations may prompt the rec office to cancel a program. If possible the session will be made up at another date. If in doubt call the office after 4:00 pm.

RETURNED CHECKS

Any checks returned for insufficient funds will be assessed an additional amount of \$20 for each check.

PARTICIPATION LIABILITY

By voluntarily enrolling in any activity offered by the Commission, each individual (or the parent/guardian) agrees that West Shore Recreation Commission and its partners assume no responsibility for accident or injury sustained while participating in the activity. Each participant agrees to provide his own medical coverage and take responsibility for participating only in those activities appropriate for his personal health status. A complete statement of liability is available at www.westshorerec.org on the Information page.



West Shore Recreation Commission

P.O. Box 413
Lewisberry, PA 17339

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BOARD OF REPRESENTATIVES

- John Minito • Fairview Township
- Brian Hannon • Goldsboro Borough
- John Leverentz • Lemoyne Borough
- Wayne Branyan • Lewisberry Borough
- Joseph S. Swartz • Lower Allen Township
- Fred Miles • New Cumberland Borough

ADMINISTRATIVE STAFF

- Eric Stauffer, CPRP • Recreation Manager
- Todd Miller, CPRP • Senior Program Coordinator
- Janell Winebrenner • Customer Service Representative
- Sandra Farcht • Customer Service Representative

FOLLOW WEST SHORE REC ON FACEBOOK AND TWITTER!



facebook.com/WestShoreRec
twitter.com/WestShoreRec

WEST SHORE REC ON THE WEB

Visit www.westshorerec.org for youth sports organization contacts, online registration, directions to program facilities, helpful links, and additional information on the programs in this brochure.

The opinions expressed here are those of West Shore Recreation Commission and do not necessarily reflect the views of the West Shore School District. Distribution of information and/or display of material does not constitute endorsement of any product, service, organization, company, information provider, or content by the District.

Check out these **NEW** programs for summer!

Just Dance Camp

Softball Fundamentals

Beginner Bonsai Workshop

Pets Palooza for Juniors

Slimetopia 3: Slime Chefs on Deck

LEGO Build Competition: Freestyle

**LEGO Build Competition:
Town Design**

**Choptank Riverboat &
Crab Feast Bus Trip**

**Scenic Mountains of Maine &
NH Bus Trip**

Proud Supporter of the West Shore Recreation Commission 



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