

WSRec

WEST SHORE RECREATION
COMMISSION

www.westshorerec.org

**REGISTRATION
BEGINS JANUARY 6**

NON-RESIDENT JANUARY 13

2025

WINTER SPRING

WINTER/SPRING 2025

❄️ **Happy New Year!**

❄️ Regular readers of our Winter/Spring 2025 Rec Guide may notice a change—we've shortened the printed program descriptions.

❄️ Full details are available online.

❄️ Go to WSRec.org and click on the link to visit our ActiveNet program registration website.

FIRST DAY OF REGISTRATION: JANUARY 6TH

So that everyone has a chance to receive this brochure and time to make activity selections, the first day registrations will be accepted is **Monday, January 6th 8:30 a.m.** for residents of participating communities in West Shore Rec.

Non-residents may register January 13th or the day before the program begins (whichever is sooner).

PROGRAM REGISTRATION

Participants must pre-register for all programs. No one will be allowed to sign up at the program site. Contact the recreation office at 717-920-9515 if you have any questions.

***Sorry, we cannot accept registrations or cancellations by e-mail or fax.**

TWO PRICES?

Residents of participating municipalities (Fairview & Lower Allen Townships, New Cumberland, Lemoyne, Goldsboro and Lewisberry Boroughs) receive a discount on programs. The first price listed is for all others. Please note some programs have an additional WSSD Facility Use Fee.

MAKE-UP DATES

West Shore Rec makes every attempt to reschedule classes canceled due to inclement weather and other circumstances outside of its control. The make-up is usually rescheduled just after the original ending date. No refunds will be given for unattended make-up classes.

CONTACT WEST SHORE REC

717-920-9515 wsrec@wsrec.org westshorerec.org

MISSION STATEMENT

West Shore Recreation Commission, based on an agreement of inter-governmental cooperation, is dedicated to enriching lives by providing quality recreational and leisure-time opportunities for all residents.

OFFICE HOURS

Monday through Friday, 8:30 am to 4:30 pm. Closed on holidays: January 1 & 20, February 17, April 18 & 21. The Recreation Office is located inside the WSSD Administration Building (507 Fishing Creek Rd). Rec Office entrance is near the flag pole.

ACTIVITY CANCELLATIONS

Call 717-920-9515 and press 3 to check on activity status.

In the case of inclement weather, any activity updates will be posted on the automated phone system unless otherwise specified. We ask that you call our office to check on weather related activity cancellations by dialing 717-920-9515 and pressing the number 3 on the main menu.

AUTOMATED PHONE SYSTEM DIRECTORY


Here is what is available to you when you call our number 717-920-9515.

Press 1	Register or inquire about a program
Press 2	Office location information
Press 3	Activity cancellations
Press *	Staff directory

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West Shore Rec offers registration on the Internet for selected programs (designated throughout the brochure with a  symbol). There is a convenience fee to use this registration option. Visit <https://apm.activecommunities.com/westshorerec>

 **Register Online** **go!**

ACTIVE WELLNESS

CONSULT YOUR PHYSICIAN BEFORE STARTING ANY EXERCISE PROGRAM.

Please visit our website at WSRec.org and click on the ActiveNet link for more information on each activity.

YOUTH ACTIVITIES

KINDER TOTS

Includes movement, music, fitness and fun! Blending of color, numbers and shape learning right into the class. Designed for two year olds (must be 2 prior to class). Parental assistance may be needed. Instructor: Kinderdance.

Tue, 6:15-6:45 pm, Fishing Creek ES – bldg. I cafe

A. Jan 21 – Feb 25

Thur, 5:30-6:00 pm, West Shore Senior Center

B. Jan 30 – Mar 6 C. Mar 27 – May 1

Cost: \$64; *discounted resident rate: \$49*

KINDER GYM

Boys and girls 3-5 years will be introduced to tumbling and the pre-apparatus skills of gymnastics. Emphasis is on coordination and exercise. Child must be minimum age prior to the class. Instructor: Kinderdance.

Tue, Fishing Creek ES – bldg. I cafeteria

A. Jan 21 – Feb 25, 6:55-7:40 pm

B. Mar 18 – Apr 22, 7:10-7:55 pm

Thur, 6:10-6:55 pm, West Shore Senior Center

C. Jan 30 – Mar 6 D. Mar 27 – May 1

Cost: \$91; *discounted resident rate: \$70*



KINDERDANCE

The focus is on coordination, movement, and exercise to music for 3-5 year old children. Includes an introduction to ballet, tap, and acrobatics. Ballet shoes are optional; tap shoes are recommended or dress shoes that make sound. Child must be 3 years of age prior to the first class. Parental assistance is not needed. Instructor: Kinderdance.

Thur, 7:05-7:50 pm, West Shore Senior Center

A. Jan 30 – Mar 6 B. Mar 27 – May 1

Tue, 6:15-7:00 pm, Fishing Creek ES – bldg. I cafe

C. Mar 18 – Apr 22

Cost: \$91; *discounted resident rate: \$70*

YOUTH EQUINE ACTIVITIES

All equine activities will be held at Total Equine Learning Center: 1206 S. Market St in Mechanicsburg, PA. Farm has an indoor & outdoor riding ring, so come rain or shine Long pants required. Instructor: Joanne Hocker.

Mini Horsemanship - Enjoy pony rides and receive grooming instruction for some fun at the barn! Ages 6-12.

A. Sun, Mar 23, 1:30-3:00 pm

Cost: \$75; *discounted resident rate: \$58*

Pony Rides - Enjoy led pony rides (no instruction). For ages 4-12

B. Sun, Apr 27, 1:30-3:00 pm

Cost: \$70; *discounted resident rate: \$54*

Youth Horsemanship - For ages 7-14. Learn the basics of horsemanship, riding technique and safety. Participate in grooming and tacking activities Equestrian helmets also required.

C. Sat & Sun, Mar 29 & 30 and April 5 & 6, 1:30-3:30 pm

Cost: \$448; *discounted resident rate: \$345*

TIGER CUBS MARTIAL ARTS

Children 4-5 years of age will benefit from the specialized curriculum which develops both sides of the body with symmetrical movements. Our Cubs learn to focus their attention, increase their confidence, and improve their coordination. Instructor: Tiger Rock Martial Arts of Central PA.

Tue, Feb 11 – Apr 1, 5:30-5:55 pm

Tiger Rock Martial Arts – 3300 Hartzdale Dr, Camp Hill

Cost: \$77; *discounted resident rate: \$59*

JUNIOR MARTIAL ARTS

Nobody sits on the bench in this junior Taekwondo program for ages 6-11. Students will learn self-esteem, confidence, discipline, self-control, self-defense skills and much more! Our atmosphere, though challenging, is one of accomplishment through individual development. Instructor: Tiger Rock Martial Arts of Central PA.

Wed, Feb 12 – Apr 2, 5:30-6:15 pm

Tiger Rock Martial Arts – 3300 Hartzdale Dr, Camp Hill

Cost: \$89; *discounted resident rate: \$69*

YOUTH MARTIAL ARTS

Our training surrounds early teens ages 12-15 with good influences of like-minded peers and positive reinforcement. Students learn the benefits of functional fitness including improved flexibility, coordination, strength, endurance, focus and effective self-defense skills. Instructor: Tiger Rock Martial Arts.

Tue, Feb 11 – Apr 1, 6:45-7:30 pm

Tiger Rock Martial Arts – 3300 Hartzdale Dr, Camp Hill

Cost: \$89; *discounted resident rate: \$69*

ACTIVITIES FOR ADULTS 18+

ADULT MARTIAL ARTS

Improve flexibility and coordination, gain more strength and better endurance, lose weight, learn effective self-defense skills and more. Beginners welcome! We will help improve your quality of life and provide positive experiences in a non-intimidating atmosphere. Instructor: Tiger Rock Martial Arts.

Tuesdays, February 11 – April 1, 7:30-8:15 pm

Tiger Rock Martial Arts – 3300 Hartzdale Dr, Camp Hill

Cost: \$89; *discounted resident rate: \$69*

AEROBIC DANCE *

Aerobic dancing is an incredibly effective low impact form of movement. Dance your heart out to oldies and new music with guided movements while burning fat and increasing heart rate. Abdominals and stretching included. Bring a mat. Instructor: Marisa Stipe. *see note page 5

Sat, 9:00-9:45 am, Lemoyne Borough - community rm

A. Jan 11 – Mar 15

Cost: \$66; *discounted resident rate: \$51*

B. Mar 22 – May 24 (no 4/19)

Cost: \$60; *discounted resident rate: \$46*

BODY TONING

An overall workout designed to target major and minor muscle groups. A creative, fun way to work on muscular endurance and strength training with a quick warm up followed by concentration on arms, legs, and abs. Please bring a towel, mat, water and handheld weights. Instructor: Renae Calhoun.

Tue, 5:30-6:30 pm, West Shore Senior Center

A. Jan 28 – Mar 18

B. Apr 1 – May 20

Cost: \$59; *discounted resident rate: \$45*

CANCELLED ACTIVITIES?

Too often quality activities and trips are cancelled because too many people wait until the last minute to register. Almost every activity has a minimum number of enrollees needed to cover the expenses or to make it enjoyable (think team sports). If you see an activity you like, don't hesitate to sign up to recreate!

BOOTY BARRE*

Barre encompasses adding pilates and dance movements to your workout to lift your body. This is done using a chair and a mat. Small weights are also added for muscle strength and endurance. Please bring a mat and light weights. Instructor: Marisa Stipe. **see note page 5*

Traditional With Dance Moves:

Sat, 8:25-8:55 am, Lemoyne Borough - community rm

A. Jan 11 – Mar 15

Cost: \$61; *discounted resident rate: \$47*

B. Mar 22 – May 24 (no 4/19)

Cost: \$55; *discounted resident rate: \$42*

Retro Conditioning: Includes working in reverse direction.

Tue, 7:15-7:45 pm, Lemoyne Borough - community rm

C. Jan 14 – Mar 11

Cost: \$55; *discounted resident rate: \$42*

D. Mar 18 – May 13 (no 4/15)

Cost: \$49; *discounted resident rate: \$38*

BOX (Bring On the eXtreme)

Session includes EXTREME workouts from all over the world with compound movements that engage all muscles in one go. The core movements will be intense, and your fitness journey will broaden each week. Bring a mat and 3-8 lb. hand weights. Instructor: Marisa Stipe.

Wed, 6:45-7:45 pm, Lemoyne Borough - community rm

A. Jan 15 – Mar 12

B. Mar 19 – May 21 (no 4/16)

Cost: \$66; *discounted resident rate: \$51*

CARDIO STEP

Simple to advanced aerobic choreographed routines on a Step incorporating multiple levels of cardio, then finishing with conditioning and toning of your core, abdominals, and upper body. Please bring a mat, water and light/medium hand weights. Instructor: Melanie Bryant & Renae Calhoun.

Mon, 5:30-6:30 pm, Fairview Twp Fire Station #1

A. Jan 13 – Mar 10

Cost: \$66; *discounted resident rate: \$51*

B. Mar 24 – May 12

Cost: \$59; *discounted resident rate: \$45*

HAPPIEST HOUR YOGA *

A New year, a new you with gentle yoga designed to stretch and strengthen the body and relieve stress. Emphasis on building awareness of breath and body in a safe, non-competitive, welcoming environment. For beginner through intermediate. Bring a mat/towel, cover up & water bottle. Instructor: Angela Sheaffer. **see note on page 5*

Mon, 7:00-8:15 pm, Lemoyne Borough

Jan 13 – Feb 17

Cost: \$67; *discounted resident rate: \$52*

HATHA FLOW YOGA & BALANCE *

A balance of sustained poses (Hatha) and poses flowing in a mindful progression. Attention given to basic alignment & therapeutic principles. Observing breath and body (triputi) are an integral part of class. Bring a mat. Instructor: Marisa Stipe. **see note on page 5*

Sun, 6:45-7:30 pm, Fairview Twp Fire Station #1

A. Jan 12 – Mar 9

Cost: \$61; *discounted resident rate: \$47*

B. Mar 16 – May 18 (no 4/13, 4/20)

Cost: \$55; *discounted resident rate: \$42*

Wed, 11:00-11:45 am, Fairview Twp Fire Station #1

C. Jan 15 – Mar 12

D. Mar 19 – May 21 (no 4/16)

Cost: \$61; *discounted resident rate: \$47*

KICKBOXING & ABS *

Cardio Kickboxing is a combination of aerobic & boxing. Program provides an intense, total body workout which aims to improve strength, aerobic fitness, speed, flexibility, coordination and balance. Bring a mat for fabulous abdominal routines. Instructor: Marisa Stipe. **see note page 5*

Tue, 5:15-6:00 pm, Lemoyne Borough - community rm

A. Jan 14 – Mar 11

Cost: \$62; *discounted resident rate: \$48*

B. Mar 18 – May 13 (no 4/15)

Cost: \$56; *discounted resident rate: \$43*

MUSCLE PUMP *

Contains movements to music, working eight separate muscle groups using free weights and an aerobic step. Participants choose weights based on the exercise and personal goals. Please bring challenging weights to class (light and heavier) and a mat. Instructor: Marisa Stipe. **see note on page 5*

Cardio Pumping & Abs:

Sun, 5:45-6:30 pm, Fairview Twp Fire Station #1

A. Jan 12 – Mar 9

Cost: \$61; *discounted resident rate: \$47*

B. Mar 16 – May 18 (no 4/13, 4/20)

Cost: \$55; *discounted resident rate: \$42*

Senior Pump:

Wed, 10:00-10:45 am, Fairview Twp Fire Station #1

C. Jan 15 – Mar 12

D. Mar 19 – May 21 (no 4/16)

Cost: \$61; *discounted resident rate: \$47*

PILATES *

Pilates works core muscles including the abdominals, back and buttocks. Exercises lengthen your muscles and help you develop balance, proper alignment, and flexibility. *Includes mat pilates, standing pilates, circular pilates, magic circle, marble work and gyrotonics.* Bring a mat. Instructor: Marisa Stipe. **see note page 5*

All-Levels:

Sat, 7:30-8:15 am, Lemoyne Borough - community rm

A. Jan 11 – Mar 15

Cost: \$73; *discounted resident rate: \$56*

B. Mar 22 – May 24 (no 4/19)

Cost: \$65; *discounted resident rate: \$50*

All-Levels:

Mon, 6:45-7:30 pm, Fairview Twp Fire Station #1

C. Jan 13 – Mar 10

Cost: \$65; *discounted resident rate: \$50*

D. Mar 17 – May 12 (no 4/14)

Cost: \$59; *discounted resident rate: \$45*

Int/Adv:

Tue, 6:15-7:00 pm, Lemoyne Borough - community rm

E. Jan 14 – Mar 11

Cost: \$65; *discounted resident rate: \$50*

F. Mar 18 – May 13 (no 4/15)

Cost: \$59; *discounted resident rate: \$45*

SALSATONE

SalsaTone is for all levels incorporating basic aerobic movements and various styles of Latin American dance. If you prefer a little extra toning, bring a set of light weights. Instructor: Melanie Bryant.

Wed, 5:30-6:30 pm, Lemoyne Borough - community rm

A. Jan 15 – Mar 19

Cost: \$71; *discounted resident rate: \$55*

Fri, 5:30-6:30 pm, Fairview Twp Fire Station #1

B. Apr 4 – May 23

Cost: \$57; *discounted resident rate: \$44*

Please visit our website at WSRec.org and click on the ActiveNet link for more information on each activity.

NEW SENIOR CARDIO DANCE & ABS *

Designed to improve the health and well-being of older adults 50+ through aerobic exercise, strength training, and balance activities. A different form of cardio will be introduced weekly, each low impact & easy to follow. Includes dance, Zumba & traditional aerobics with low intensity ab workouts. Bring a mat. Instructor: Marisa Stipe. **see note below*

Mon, 9:30-10:30 am, Fairview Twp Fire Station #1

A. Jan 13 – Mar 10

Cost: \$65; *discounted resident rate: \$50*

B. Mar 17 – May 12 (no 4/14)

Cost: \$59; *discounted resident rate: \$45*

TAI CHI

Tai Chi is *that* martial art - practice slow, do fast. Slow speed allows practice by practically anyone, but high precision means a challenge for nearly everyone. Reduces stress & tension and increases strength, focus & balance. This class is great for all ages. Class size is limited to five new registrants per session. For more info on MAI & Tai Chi, go to www.TC4ALL.com

Tue, 7-8 pm, West Shore Senior Center

Jan 28 – May 20 (no 3/18)

Cost: \$199; *discounted resident rate: \$155*

ZUMBA STEP * - Zumba Re-invented!

Step Aerobics performed Zumba style with a choreographed routine using an aerobic step. Bring a mat and light to medium hand weights for Zumba Strong. Instructor: Marisa Stipe. **see note below*

Mon, 7:35-8:35 pm, Fairview Twp Fire Station #1

A. Jan 13 – Mar 10

Cost: \$68; *discounted resident rate: \$52*

B. Mar 17 – May 12 (no 4/14)

Cost: \$60; *discounted resident rate: \$46*

ZUMBA TONING & ABS *

Incorporates weighted toning sticks to the Zumba workout used almost like maracas. Toning sticks function like dumbbells to act as resistance. Bring a mat, but toning sticks are provided. Instructor: Marisa Stipe. **see note below*

Thur, 5-6 pm, Fairview Twp Fire Station #1

A. Jan 16 – Mar 13

B. Mar 20 – May 22 (no 4/17)

Cost: \$65; *discounted resident rate: \$50*

BALLROOM DANCING FUN

Learn some of the popular dances for a lifetime of enjoyment.

Partners are preferred, but not required. *“Dancing is the ultimate exercise . . . cleverly disguised as fun.”* Instructed by and held at Ballroom Break (100A Catherine Ct, Lewisberry).

Beg: Mon, 6:30-7:30 pm

A. Jan 20 – Feb 24

B. Mar 10 – Apr 14

Int: Thurs, 7:00-8:00 pm

C. Jan 23 – Feb 27

Cost: \$138; *discounted resident rate: \$106 per person*



BELLY DANCE

Level 1 – Beginners. Belly dance is a low impact, core strengthening work out that dates back thousands of years. No experience is needed, just wear comfy shoes, and bring a coin hip scarf, if you have one.

Mon, 5-6 pm, West Shore Senior Center

A. Mar 17 – Apr 14

B. Apr 21 – May 19

Level 2 – Intermediate. For students with belly dance experience.

Performance opportunities included in this class. Work on different styles of choreography including Folkloric, Traditional, Classical, and Fusion. Instructor: June Minaya.

Mon, 6:15-7:15 pm, West Shore Senior Center

C. Mar 17 – Apr 14

Cost: \$47; *discounted resident rate: \$36*

LOCATIONS

Lemoyne Borough – community room – 510 Herman Ave

West Shore Senior Center – 122 Geary Ave, New Cumberland

Fairview Twp Fire Station #1 – 340 Lewisberry Rd, New Cumberland

Ballroom Break – 100A Catherine Ct, Lewisberry

Tiger Rock Martial Arts – 3300 Hartzdale Dr, Camp Hill

Fishing Creek Elementary School – 510 Fishing Creek Rd, Lewisberry

Total Equine Learning Center – 1206 S. Market St in Mechanicsburg

**All activities instructed by Marisa Stipe and Angela Sheaffer will move to an online streaming format if any reason comes up that the class can't be held "in-person". Marisa uses Facebook LIVE while Angela will use Zoom.*

REGISTER ONLINE

You're first in line when you register online! Create your ActiveNet account and register at your leisure for most activities. It's quick and easy and available 24 hours a day.

Is Online Registration For Me?

Online registration may be the ideal method for you if:

- you cannot call during office hours.
- the desired program fills quickly.
- you're out of town during the busy registration time.
- you would like an instant confirmation of your registration.
- you don't mind paying a convenience fee (8.5% plus \$0.58)
- or you just enjoy using your computer.

Go to www.activenet.active.com/westshorerec for more details. There is no additional fee to register by telephone, in person or by mail.

**REGISTRATION BEGINS
JANUARY 6TH**

ENRICHMENT

Please visit our website at WSRec.org and click on the ActiveNet link for more information on each activity.

FAMILY AND MULTI-AGE ACTIVITIES

PUPPY/DOG TRAINING 101

Co-sponsored by Harrisburg Beagle Club

Learn how to train your dog (10 weeks and older) to respond to basic commands such as sit, down, drop, etc. Topics such as walking on a loose leash, biting, chewing, dog/human body language, games and many others will also be covered. The handler must be at least 10 years old, but the entire family is encouraged to attend the session to observe. Bring a 6 ft. nylon or leather leash, a well-fitting collar, treats or toy, water, patience and a positive attitude. Instructor: Doug Parson, Gut Hunds Dog Training.

Tue, Mar 18 – Apr 22, 6:00-7:00 pm

Lower Allen Community Park – Fernlawn Pavilion

Cost: \$81; *discounted resident rate: \$62*

BEGINNER BONSAI WORKSHOP

Explore the Japanese art form known as bonsai. Join us for a beginner experience and learn the principles to create and care for a bonsai tree. Following a brief discussion of styles, design and care, you will select your tree, prune and then shape your very own masterpiece. Class includes tree, pot, wire, chopstick, care sheet, and a small pair of pruners. Instructor: Fat Cat Bonsai.

Sun, May 11, 8:30-11:30 am

Lower Allen Community Park – Fernlawn Pavilion

Cost: \$116; *discounted resident rate: \$89*

PINCHOT PARK EXPERIENCES

Discover the gem in your own backyard! Pinchot Park's Beth Kepley-McNutt (EES) will instruct all activities. All enrolled children must be accompanied by a registered adult. Dress appropriately for the weather.

Vernal Pool Discovery – Learn about the ecology and after a short walk, explore and discover the different types of critters that call these forest ponds home. A family-friendly program for ages 3 & up. Please wear sturdy shoes that you don't mind getting a little wet and muddy and bring a flashlight.

Fri, Apr 11, 7:00-8:00 pm

Meet at Campground office lot (East Camping Area Rd)

Cost: \$13; *discounted resident rate: \$10*

Woodpecker Wander – Join us for a family-friendly walk looking and listening for some of our favorite birds found at Pinchot. Wear sturdy shoes and bring water. A family-friendly program.

Sat, Apr 12, 11:00 am, -12:00 pm, Conewago Day Use Area

Cost: \$13; *discounted resident rate: \$10*

Beginner Kayak – Learn the basics of kayaking and take a short paddle on Pinchot Lake! Life vests will be provided and must be worn. Dress appropriately for the weather, and wear shoes you don't mind getting wet.

Sun, May 18, Boat mooring area #2, near Park Office.

A. 10:30 am-12:00 pm B. 1:30-3:00 pm

Cost: \$13; *discounted resident rate: \$10*

NEW FAMILY NIGHT OUT – STEAM BATTLES

Take on our Space Race Challenge and learn how to defy gravity too! May the 4th be with you! Your family will work as a team on an out of this world evening of engineering your game to outsmart the other forces! Instructor: Challenge Island Staff.

Sunday, May 4, 3:30-5:00 pm

Highland Elementary School – cafeteria

Cost: \$47; *discounted resident rate: \$48 per family up to 5*

ACTIVITIES FOR ADULTS 18+

ADULT CPR/AED RED CROSS CERTIFICATION

Adult CPR/AED certification for ages 14-up. Be prepared to help provide assistance when someone is faced with a cardiac or breathing emergency. Learn to recognize and care for breathing and cardiac emergencies involving adults. This certification is **NOT** for those in the healthcare profession.

Instructor: Kathy Wulfers.

Wed, Apr 16, 6:00-9:00 pm

West Shore Rec Office – inside WSSD Admin Bldg.

Cost: \$83; *discounted resident rate: \$64*

NEW INTRO TO BEEKEEPING

Do you have a vegetable garden, orchard, or do you enjoy planting? Raising your own honeybees can increase your yield 10-fold! Join Cornell Master Beekeeper, Tiffany Ayres, to learn the principles of honeybee biology, safety, nutrition and communication. Become a successful “newbee” beekeeper!

Thur, Apr 3-May 1, 6:30-8:30 pm

Fairview Twp Fire Station #1 – 340 Lewisberry Rd, New Cumberland

Cost: \$225; *discounted resident rate: \$173*

PAINTING WORKSHOPS

Join artist, June Minaya for painting fun! No experience necessary and supplies included. Use acrylic paint to create deep shadows and bold highlights in paintings, learn paint brush usage and techniques to create the desired effect. Each painting begins with a light charcoal sketch on 11' x 14" stretched canvas (or canvas board). Bring a reference picture to paint from (calendar picture, brochure, printed picture, or digital image from an electronic device). Held at West Shore Senior Center.

A. Wed, Feb 5 - 19, 6:30-8:00 pm

B. Fri, Feb 7 - 21, 3:30-5:00 pm

C. Fri, Mar 14 - 28, 3:30-5:00 pm

D. Fri, Apr 11 - 25, 6:30-8:00 pm

E. Fri, May 9 -23, 3:30-5:00 pm

Cost: \$82; *discounted resident rate: \$63*

MEDICARE 101 EDUCATIONAL SEMINAR

Whether you are new to Medicare, or have been on Medicare for years, understanding Medicare can be overwhelming! If you're seeking information for yourself or helping a family member navigate Medicare's complexities, we are here to help. Instructor: Liz Heath, Heath Insurance Solutions, LLC.

A. Mon, Feb 3, 6-8 pm

B. Wed, Mar 5, 3-5 pm

West Shore Senior Center

Cost: FREE (pre-registration is required and is also limited)

YOUTH ACTIVITIES

YOUTH ART FUN - Intermediate Schools added!

Join local artist and instructor Allison Juliana for one of our fun and creative classes! All supplies are included.

Ages 4-6: 5:15-6:00 pm

A. Wed, Jan 15 – Feb 12, Rossmoyne ES – art rm

B. Wed, Mar 5 – Apr 2, Red Mill ES – art rm

C. Wed, Apr 23 – May 21, Hillside ES – art rm

Cost: \$64; *discounted resident rate: \$49*

Grades 2-4: 3:30-4:45 pm

D. Tues, Jan 14 – Feb 11, Washington Heights ES – art rm

E. Wed, Jan 15 – Feb 12, Rossmoyne ES – art rm

F. Wed, Mar 5 – Apr 2, Red Mill ES – art rm

G. Wed, Apr 23 – May 21, Hillside ES – art rm

Cost: \$104; *discounted resident rate: \$80*

Ages 6-10: 9:30-10:30 am

H. Sat, Jan 18 – Feb 8, Fishing Creek ES – art rm

I. Sat, Mar 8 – 29, Rossmoyne ES – art rm

J. Sat, Apr 26 – May 17, Highland ES – art rm

Cost: \$79; *discounted resident rate: \$61*

Grades 5-6: 3:10-4:25 pm

K. Tue, Mar 4 – Apr 1, Old Trail IM – art rm

L. Tue, Apr 22 – May 20, Fairview IM – art rm

Cost: \$104; *discounted resident rate: \$80*

REGISTRATION BEGINS JANUARY 6

ENRICHMENT

Please visit our website at WSRec.org and click on the ActiveNet link for more information on each activity.

BABYSITTING CERTIFICATION

Girls and boys ages 11-15 can become certified through this American Red Cross program, which provides the knowledge and skills necessary to safely and responsibly give care for children and infants. Learn about leadership skills, how to develop a babysitting business, keep yourself and others safe, help children behave, and learn about basic childcare and first aid. Bring a packed lunch. Instructor: Cathy Wagaman.

Saturday, March 29, 9:00 am – 3:00 pm

Fairview Twp Fire Station #1 – 340 Lewisberry Rd, New Cumberland

Cost: \$97; *discounted resident rate: \$75*

SNAPOLOGY STEAM CLUBS (After School)

Our club blends social development, academic enrichment and FUN while your K-4 child learns engineering concepts, builds and programs robots, produces stop motion animation movies, drives RC vehicles and constructs themed LEGO projects. Activity difficulty is scaled appropriately per child.

Fishing Creek Elementary School - library

Mondays, 3:30-5:00 pm

A. Feb. 10 – March 24 (no 3/17)

B. April 7 – May 12 (no 4/21)

Highland Elementary School – library

Tuesdays, 3:30-5:00 pm

C. Feb. 11 – March 11

D. March 25 – April 22

Red Mill Elementary School – library

Wednesdays, 3:30-5:00 pm

E. Feb. 12 – March 12

F. March 26 – April 23

Hillside Elementary School – library

Thursdays, 3:30-5:00 pm

G. Feb. 13 – March 13

H. March 27 – May 1 (no 4/17)

Rossmoyne Elementary School – art room

Thursdays, 3:30-5:00 pm

I. Feb. 13 – March 13

J. March 27 – May 1 (no 4/17)

Cost: \$156; *discounted resident rate: \$120*

SNAPOLOGY FIRST® LEGO® LEAGUE

Join our FLL Explore team #31149 for the SUBMERGED season. Students ages 6-10 work together focusing on the fundamentals of engineering while exploring real world problems. Create, test and apply solutions using LEGO Spike Essential Technology and LEGO bricks.

Wed, 6-8 pm; Feb 5, 19, Mar 5, 19, Apr 2

Rossmoyne Elementary School – cafeteria

Cost: \$156; *discounted resident rate: \$120*



CHALLENGE ISLAND KID'S NIGHT OUT

Plan a special night out while your kids ages 6 and older gain some scientific knowledge! We take kids on a unique “island” adventure where they work in collaborative teams to take on various STEAM challenges using only the materials in their treasure chest and their creativity. Pizza, a bottled water, and all supplies included.

Saturdays, 4:30-7:30 pm

A. Jan 25 – Snowy Slime

B. Feb 15 – Cupid's Challenge

C. Mar 15 – STEAMPatrick's Day

D. Apr 12 – Bubbles

E. May 17 – Amusement Park

Highland Elementary School – cafeteria

Cost: \$86; *discounted resident rate: \$66*

CHALLENGE ISLAND STEAM ENRICHMENT

Buckle your seatbelts for this thrill-filled, action-packed island where our STEAM teams design an entire theme park of their own. *Roller Coaster Cliff*®, *Zipline Zone*®, *Rocket Heights*® and *Spinning Waters*® are just a few of the exciting destinations on Amusement Park Island®. For students in grades 1-4.

Tuesdays, March 11 – April 15, 3:30-4:30 pm

Rossmoyne Elementary School – art room

Cost: \$156; *discounted resident rate: \$120*

NEW MOM & ME MAKER'S WORKSHOP

Join Challenge Island for a great bonding workshop (and Mother's Day gift) for Mom and kids to make and take your own flowers and pollinator home (no real insects!). Learn what it takes for Mother Nature and the Queen Bees to make honey in those flower fields!

Saturday, May 17, 9:30-11:00 am

Rossmoyne Elementary School - cafeteria

Cost: \$39; *discounted resident rate: \$30 per family*

CAMPS

PLAYZONE SUMMER DAY CAMP

We anticipate PlayZone being held June 9 – Aug. 1 at Highland ES. Registration will begin mid to late March. If enrolled in PlayZone during the past three summers, you'll automatically receive the registration info e-mail. Otherwise, please sign up to receive the 2025 info via e-mail by giving us a call or going online to sign up for the “*PlayZone Interest List 2025*”. Visit our website to view additional PlayZone info and past info from 2024 on the Camps page. Staffing levels & enrollment will determine the structure: **Primary Zone** for ages K-8 (completed kindergarten) and **Secondary Zone** for ages 9-12.

SUMMER BLAST

Children **entering** grades 1-6 (completed kindergarten) are invited to enjoy fun games and activities in an outdoor setting. Play dodgeball, kick the can, nok-hockey, capture the flag and some games you probably never heard of before! Enroll on a weekly basis or the entire seven week program at a discount. **Registration will be available in the summer brochure.**

Mon - Fri, 9 am-12 pm, June 16 – August 1

Roof Park – Fairview Township

SUMMER JOBS

See opportunities listed on page 9.

AQUATICS

Please visit our website at WSRec.org and click on the ActiveNet link for more information on each activity.

FAMILY AND MULTI-AGE ACTIVITIES

REC SWIM

Pay at the door or save 23% with a Rec Swim Punch Card. Punch Cards never expire and can be used for the whole family.

Win/Spr Rec Swim: Sundays, February 2 – May 18*, 2-5 pm

Lap Swim Only: Mon & Wed, March 3 - May 21, 7-8 pm

Admission Options:

A. Pay As You Go: Weekend - \$5; Weeknight - \$2

B. Punch Card: \$26; *discounted resident rate: \$20*

***Please note** - No Rec Swim on April 20. Other dates are subject to change for reasons outside our control. If Rec Swim is cancelled, a message will be recorded on our phone system up to 1 hour before the program.

Call 717-920-9515 and press 3 before traveling to the pool.

WHEE SWIM

Our instructor will help you and your child feel comfortable and safe in the water while practicing movements to prepare him or her for swimming strokes. One parent/guardian in the water is necessary...two are welcome! Swim diapers are **required**.

Sundays, Feb 2 – Mar 16 (no 3/2)

A. 6-18 mths: 5:00-5:30 pm

B. Age 1: 5:30-6:00 pm

C. Age 2: 6:00-6:30 pm

D. Age 3-4: 6:30-7:00 pm

E. Age 3-4: 7:00-7:30 pm

Cost: \$72; *discounted resident rate: \$55*

YOUTH ACTIVITIES

WATER OTTERS

Designed for children 4 years old to explore their water readiness prior to enrolling in Level 1 at age 5. Children must be able to engage in a small group without parental assistance.

Tue & Thur, 6:00-6:35 pm

A. March 4-27

B. April 1-24

C. May 1-27

Cost: \$75; *discounted resident rate: \$58*

YOUTH SWIM LESSONS

Ages 5-15 years will learn water safety and enhance their water enjoyment, progressing from level 1 thru 6 in the Red Cross water safety program. *Enroll in one section only until March 28. Child must pass the current level before enrolling in the next.*

Tue & Thur, March 4-27

A. Lev. 1 6:00-6:35 pm

B. Lev. 1, 2 6:40-7:15 pm

C. Lev. 2, 3 7:20-7:55 pm

Tue & Thur, May 1-27

G. Lev. 1 6:00-6:35 pm

H. Lev. 1, 2 6:40-7:15 pm

I. Lev. 3, 5, 6 7:20-7:55 pm

Tue & Thur, April 1-24

D. Lev. 1 6:00-6:35 pm

E. Lev. 1, 2 6:40-7:15 pm

F. Lev. 3, 4 7:20-7:55 pm

Cost: \$75; *discounted resident rate: \$58*

ACTIVITIES FOR ADULTS 16+

ADULT SWIM LESSONS

Join this small group setting with other adults where you will learn to become comfortable in the water. For those ready for the next level, we will introduce floating techniques and basic strokes.

Tue & Thur, May 1-15, 8:00-8:45 pm

Cost: \$103; *discounted resident rate: \$79*

LIFEGUARD CERTIFICATION

Become an American Red Cross certified pool lifeguard. You must be at least 15 years old and pass the mandatory pre-requisite swim test on the first day of class. More information listed on our website at wsrec.org/aquatics. Anyone who fails the swim test will receive a 50% refund.

Fri, 5-9 pm; Sat, 9 am- 6 pm; Sun, 9 am-2 pm; April 4, 5, 6

Cost: \$337; *discounted resident rate: \$259*

LIFEGUARD REVIEW

Only individuals with a Lifeguarding certificate 30 days or less beyond the expiration date may participate in a review course. You must pass the mandatory pre-requisite swim test on the first day of class. More information listed on our website at wsrec.org/aquatics. Anyone who fails the swim test will receive a 50% refund.

Saturday, April 26, 9:00 am-7:00 pm

Cost: \$156; *discounted resident rate: \$120*

AQUAFIT

Start in the deep and end in the shallow. Get a full body workout with intervals, circuit training (stations), core strengthening and everything in between. You must be comfortable in the deep water and wear a flotation belt. Instructor: Nancy Fink.

Sundays, 1-2 pm, January 12 – May 18 (no 4/20)

Cost: \$122; *discounted resident rate: \$94*

AQUACISE

Try this shallow water exercise as you test your core strength, build your cardio fitness and improve muscle tone. Great for the beginner and those who enjoy a challenge. Resistance equipment is used and you don't have to know how to swim. Instructor: Nancy Fink.

A. Mon & Wed, March 3 – April 9, 7-8 pm

B. Mon & Wed, April 14 – May 21, 7-8 pm

Cost: \$83; *discounted resident rate: \$64*

HYDRO HIKE

Toning, flexibility, strength building, cardio challenging all done in the deep water while wearing a flotation belt. All participants must be comfortable in the deep water. Instructor Nancy Fink

A. Mon & Wed, March 3 – April 9, 8-9 pm

B. Mon & Wed, April 14 – May 21, 8-9 pm

Cost: \$83; *discounted resident rate: \$64*

H2O CARDIO

Instructor Nichole Ryan will lead participants through an upbeat cardio workout in both shallow and deep water, using noodles and water barbells. Flotation belts will be used in the deep water.

A. Tue & Thur, March 4-27, 8-9 pm

B. Tue & Thur, April 1-24, 8-9 pm

Cost: \$55; *discounted resident rate: \$42*

DO YOU HAVE A NEW ACTIVITY IDEA?

If you have an idea for a new program you would like to see offered or would like to teach, call West Shore Rec at 920-9515.

Instructors interested in teaching will receive a course description form.



**good
for you.**
PENNSYLVANIA PARKS & RECREATION

Please visit our website at WSRec.org and click on the ActiveNet link for more information on each activity.

YOUTH ACTIVITIES

SPRING YOUTH TENNIS

Learn basic tennis skills and have fun playing tennis related games. Bring a racquet and water. All lessons instructed by Central Penn Tennis Instructors. *Instructor will contact you directly via telephone in the event of weather related cancellations.*



Sat, Apr 5 - 26, Roof Park (FV Twp)

A. Ages 5-7: 9:15-10:00 am

Cost: \$34; *discounted resident rate: \$26*

B. Ages 8-12 (Beg): 10:00-11:00 am

C. Ages 9-16 (Adv. Beg): 11:00 am-12:00 pm

Cost: \$43; *discounted resident rate: \$33*

Sun, Apr 6 – May 4 (no 4/20), Red Land HS

D. Ages 5-7: 1:15-2:00 pm

Cost: \$34; *discounted resident rate: \$26*

E. Ages 8-12 (Beg): 2:00-3:00 pm

F. Ages 9-16 (Adv. Beg): 3:00-4:00 pm

Cost: \$43; *discounted resident rate: \$33*

SOCCER SHOTS

The Soccer Shots Winter League is designed specifically for K-2nd graders (ages 5-8) who are looking for an age-appropriate introduction to league-style play! Our Winter League includes 10 minutes of instruction and warm-up followed by a 40-minute guided game. Register at <https://harrisburgyork.soccershots.com>

Indoor Winter League (Ages 5-8/K-2nd):

Wednesday evenings, January 15 – March 5

Highland Elem. School – gymnasium

Spring clinics are high-energy and focus on basic soccer skills like dribbling, passing, and shooting for the younger groups (age 2-4). Older participants (age 5-8) will focus on tactical skill development and competitive team play.

Outdoor Spring Clinics (Ages 2-8):

Tuesday evenings, March 25 – May 13

Highland Elem. School – grass area near playground

ACTIVITIES FOR ADULTS 18+

HIGH SCHOOL & ADULT TENNIS

Beginner players can learn and develop the strokes, strategies, and rules of this fun lifetime sport. Ages 15 & up. Bring a racquet and water. Instructor: Central Penn Tennis. *Instructor will contact you directly via telephone in the event of weather related cancellations.*

Sun, Apr 6 – May 4 (no 4/20), 12-1 pm

Red Land HS – tennis courts

Cost: \$43; *discounted resident rate: \$33*

PICKLEBALL CLINIC

Get in on the fun! Pickleball combines elements of tennis, badminton and ping pong into a paddle sport. It is easy to learn, and for all skill levels with simple rules and minimal equipment. Ages 15 & up. Bring a paddle and water. Instructor: Tony Cooper. *Instructor will contact you directly via telephone in the event of weather related cancellations.*

A. Sat, Apr 5 - 26, 8-9 am, Roof Park

B. Wed, May 7 - 28, 9-10 am, Roof Park

C. Wed, May 7-28, 6:30-7:30 pm, Roof Park

Cost: \$43; *discounted resident rate: \$33*

MEN'S BASKETBALL

Enjoy evenings of informal competition for fun and exercise. Teams formed on a weekly basis.

New Cumberland Middle School

A. Wed, Jan 15 – Apr 2, 7:30-9:30 pm (12 weeks)

Cost: \$66; *discounted resident rate: \$51*

Plus WSSD facility use fee: \$33/person

B. Wed, Apr 23 – May 21 (5 weeks)

Cost: \$29; *discounted resident rate: \$22*

Plus WSSD facility use fee: \$16/person

ADULT GOLF LESSONS

Whether you're a beginner or intermediate, there is always a lot to learn with golf. Receive professional instruction on putting, chipping and the full-swing. No clubs...no problem! VGGC has some you can borrow for use during the lessons. Indicate appropriately during registration, right or left handed. Instructor: York Indoor Golf Pros.

Wed, 6:00-7:00 pm, Valley Green Golf Course

A. Mar 19 – Apr 16

B. Apr 30 – May 28

Cost: \$123; *discounted resident rate: \$95*

PLAYZONE DAY CAMP COUNSELORS

- Monday thru Friday, June 9 – August 1
- 7:30 am-5:15 pm (8-8.5 hr shift), \$13-\$14/hr
- Camper age groups 6-8 and 9-12
- Games, field trips, swimming, crafts & more
- Very beneficial for education, phys ed and recreation college majors and grads
- Send application or for more details contact Eric Stauffer at estauffer@wsrec.org

SUMMER BLAST COUNSELORS

- 9:00 am-12:00 noon, Monday thru Friday, June 16 – August 1
- Organize and lead games for children entering grades 1-6
 - Prior experience working with children required
 - \$10-\$12+ /hr. depending on experience
- Send application or for more details contact Todd Miller at tmiller@wsrec.org

LEMOYNE POOL STAFF

- Manager and Lifeguard positions
- 2025 Summer season: May 24 - September 1
- Red Cross certification required for lifeguards
- Manager position candidates may be considered without lifeguard certification
- Managers (\$14-20/hr); Lifeguards (\$11-13/hr)
- Send application to Todd Miller at tmiller@wsrec.org

WEST SHORE NATATORIUM STAFF

- Year-round lifeguard and swim lesson instructor positions
- Red Cross certifications required for lifeguards and swim instructors
 - Lifeguards (\$10-12/hr)
 - Swim Instructors (\$12-\$20/hr)
- Send application to Todd Miller at tmiller@wsrec.org

**SUMMER
JOB
OPPORTUNITIES**

Please visit our website at WSRec.org and click on the ActiveNet link for more information on each activity.

PHILADELPHIA FLOWER SHOW



Usher in the spring flower season with a glimpse into the “Gardens of Tomorrow” at the 2025 Show!

- A. Sun, March 2 – depart 8:30 am (CH), Cost: \$133
- B. Wed, March 5 – depart 8:30 am (CH), Cost \$130

CHERRY BLOSSOM CRUISE

Board the Odyssey to observe the stunning pale pink and white cherry blossoms. Relax and enjoy a tantalizing meal coupled with entertainment. Following your cruise, board the motorcoach for a narrated D.C. monument tour. Cost: \$212

- A. Thur, March 27 - depart 6:30 am (CH) or 7:45 am (Y)
- B. Tue, April 1 – depart 6:30 am (CH)
- C. Thur, April 3 - depart 6:30 am (CH) or 7:45 am (Y)

NEW BEACHES, BOARDWALK & BRAVADO

Experience the Virginia International Tattoo military performance with bands and drill teams, tour the Military Aviation Museum, see the Mermaid Beach Bash with the Original Rhondels, take a dolphin cruise and enjoy free time strolling the VA Beach boardwalk. (less than 65 days – no refund)



- Sun-Tue, Apr 27-29, depart 5:30 am (CH) or 5:00 am (Y)
- Cost: \$1,375 (S), \$1,161 (D), \$1,099 (T), \$1,055 (Q)

NEW YORK CITY ON YOUR OWN

New York City... the biggest decision you will have is where to start! NYC offers a wide variety of world-class sightseeing, dining and shopping opportunities for you to experience and explore.

- A. Sat, Apr 19, Depart 7:00 am (CH) Cost: \$99
- B. Sat, Aug 9, Depart 7:00 am (CH) Cost: \$99
- C. Sat, Oct 18, Depart 7:00 am (CH) Cost: \$99
- D. Sat, Nov 29, Depart 7:00 am (CH) Cost: \$99
- E. Sat, Dec 20, Depart 7:00 am (CH) Cost: \$99



BLUE ANGELS AIR SHOW - Annapolis

Two-Hour Boat Cruise While Viewing the Blue Angels Air Show. Free-time in Annapolis.
Wed, May 21, Depart 9 am (Y)
Cost: \$202

NEW YORK CITY OVERNIGHT

Witness the Macy’s 4th of July Fireworks show. Details at wsrec.org.
Fri-Sat, July 4-5, Depart 7:00 am (CH) Cost: TBD

Other 2025 tours include:

- Washington Zoo/Smithsonian
- Kent Island Crab & Cruise
- Statue of Liberty & Ellis Island
- Summer in Boston with Fenway
- Eastern State Penitentiary & Ghost Tour
- Jack O’Lantern Spectacular with Salem
- Smoky Mountain Christmas & Biltmore at Christmas
- Christmas at Longwood Gardens
- Williamsburg, VA Grand Illumination

Check our website for details as they become available.

TRIP INFORMATION

- ◆ West Shore Recreation partners with Wolf’s Bus Lines to offer more trip destinations without needing to fill an entire bus. Group will be combined with other passengers from several other pick up locations. **Pick up and drop off will be at the Sportsman’s Warehouse parking lot (Capital City Mall, 3500 Capital City Mall Drive, Camp Hill, PA) and/or the Four Points Sheraton (1650 Toronita St, York, PA).** All tours will be escorted by staff from Wolf’s Bus Lines.
- ◆ Wolf’s uses modern motor coaches equipped with restrooms and air conditioning. In consideration of others, smoking and alcoholic beverages are not permitted. The gratuity for the bus driver/escort is not included in the price listed. Please note the right front seats are reserved for the trip escort.
- ◆ **Help us out!** Please register early for bus trips! We must reach a minimum of participants at least 30 days prior to departure. Should we have to cancel, you will receive a full refund.
- ◆ Price is per person. Payment in full is required for all single-day trips. All multi-day trips require a \$50 deposit per person with the remaining balance due 45 days prior to the trip departure date. Without payment in full by due date, deposits will be forfeited and reservation cancelled.
- ◆ If you must cancel from a single-day or multi-day trip, notify West Shore Rec at least 45 days before a trip to receive a refund (unless stated otherwise). All trip refunds are subject to a \$10 per person administrative fee.
- ◆ If you are interested in trip insurance or Wolf’s “Pack Plan”, please let us know and we will put you in contact with a Wolf’s representative.

PLEASE REGISTER EARLY!

Residents of participating municipalities may register January 6th
Members of non-participating communities may sign up beginning January 13th. If a class does not have a sufficient number of participants registered one day prior to the beginning of the class, it will be cancelled, unless stated otherwise.

EASY WAYS TO REGISTER

ONLINE

www.westshorerec.org or
<http://apm.activecommunities.com/westshorerec>

WALK IN

Office Hours: Monday – Friday, 8:30 am – 4:30 pm

DROP BOX

WSSD ACE Building – front right pillar

PHONE

717-920-9515 with MasterCard, Visa, Discover or AmEx

MAIL IN

West Shore Recreation, P.O. Box 413, Lewisberry, PA 17339

TO MAIL IN OR DROP OFF

1. Complete The Registration Form

Be sure all information is correct and all telephone numbers are included in the event we need to contact you about the activity. Include additional persons for the same activity from the same household on one form.

2. Enclose Payment

A personal check may be used for the activity and made payable to West Shore Recreation. If using a credit card, provide the number, CSV code (on back of card), expiration date and a signature. Cash is accepted at the office.

3. Mail In or Drop Off

Use the mailing address above. Service for after hours: A drop box is located outside the front entrance of the WSSD ACE building, behind the right pillar.

CONFIRMATIONS

Once you sign up it is your responsibility to attend the activity. No confirmations will be sent unless you wish to provide a self-addressed, stamped envelope or an e-mail address.

PROGRAM INFORMATION

- All program dates are subject to change.
- Age – A participant must be the proper age by the start or by the end of the program. All age requirements are set to benefit the participant and make instruction more consistent for the program leader. In some instances, the requirements have been set for the participant's safety.
- Participants must provide their own medical insurance.
- The discounted price listed in the brochure is for residents of participating communities. The first price is for all others.
- Any person with a disability needing special accommodations to participate should contact the rec office two weeks prior to the activity.

CREATE YOUR OWN ACCOUNT AND REGISTER ONLINE!

Don't forget, ActiveNet gives more options to you! This web-based software allows you to:

- view activities with real-time information such as spaces available and other details,
- create and update your own account,
- view your (and your family's) participation calendar and history,
- access a custom listing of the dates of your activity,
- enroll online, including adding your name to a waiting list.

Please be aware that a convenience fee (8.5% + \$0.58) is added to online enrollments, except for additions to a waiting list.

Find out how easy it is to create your account and register online. Get started at www.westshorerec.org.

Remember, Registration begins January 6th. Enroll Early!

SECTIONS = A, B, C, D, E, etc. • LEVELS = 1, 2, 3, I, II, etc.

REGISTRATION FORM

Activity _____ Section or Level _____ Fee _____
Time _____ Location _____
Activity Starting Date _____
1) Participant Name _____ gender * _____
2) Additional Name _____ gender * _____
Street Address _____
City _____ Zip _____
Borough or township* _____
Phone: Home* _____ Work _____ Cell _____
E-Mail Address _____
Date(s) of Birth* 1) _____ 2) _____
Parent or Guardian _____
Parent Birthdate (to create account) _____
Credit Card No. _____
Exp. Date _____ CSV Code (on back of card) _____
Signature _____

(* - required information) • please write legibly!



OTHER INFORMATION

REFUND POLICY

A refund for any multi-session program will gladly be issued for any reason as long as you contact the office prior to the second class unless stated otherwise. After the second class, no refund will be given. A \$5 administrative fee will be deducted from the refund. Refunds for one-day activities are not possible after the event has taken place. Call during office hours; e-mail requests will not be accepted. All trip refunds are subject to a \$10 per person administrative fee.

CANCELLATIONS

- West Shore Rec reserves the right to cancel any program due to insufficient registration. A full refund will be given. Online convenience fees will be refunded as a credit on account for future enrollments.
- Cancellations for trips have different requirements, please refer to Trip Information Box on the Trips page.
- Inclement weather cancellations may prompt the rec office to cancel a program. If possible the session will be made up at another date. If in doubt call the office after 4:00 pm.

RETURNED CHECKS

Any checks returned for insufficient funds will be assessed an additional amount of \$20 for each check.

PARTICIPATION LIABILITY

By voluntarily enrolling in any activity offered by the Commission, each individual (or the parent/guardian) agrees that West Shore Recreation Commission and its partners assume no responsibility for accident or injury sustained while participating in the activity. Each participant agrees to provide his own medical coverage and take responsibility for participating only in those activities appropriate for his personal health status. A complete statement of liability is available at www.westshorerec.org on the Information page.



West Shore Recreation Commission

P.O. Box 413
Lewisberry, PA 17339

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- TBD • Goldsboro Borough
- John Leverentz • Lemoyne Borough
- Wayne Branyan • Lewisberry Borough
- Joseph S. Swartz • Lower Allen Township
- Fred Miles • New Cumberland Borough

****ECRWSEDDM****
Postal Customer

ADMINISTRATIVE STAFF

- Eric Stauffer, CPRP • Recreation Manager
- Todd Miller, CPRP • Senior Program Coordinator
- Janell Winebrenner • Customer Service Representative
- Sandra Farcht • Customer Service Representative

FOLLOW WEST SHORE REC ON FACEBOOK AND TWITTER!



facebook.com/WestShoreRec
twitter.com/WestShoreRec

WEST SHORE REC ON THE WEB

Visit www.westshorerec.org for youth sports organization contacts, online registration, directions to program facilities, helpful links, and additional information on the programs in this brochure.

The opinions expressed here are those of West Shore Recreation Commission and do not necessarily reflect the views of the West Shore School District. Distribution of information and/or display of material does not constitute endorsement of any product, service, organization, company, information provider, or content by the District.

Coming in 2025

Here's a sampling of some new program additions and on-going favorites for Winter/Spring...!

- Snapology STEAM Clubs After School
- Challenge Island Kid's Night Out Series
- Snapology FIRST® LEGO® League
- Kinder Gym
- Youth Art Fun
- Youth Swim Lessons
- Booty Barre
- Tai Chi
- Salsatone

- New!** Senior Cardio Dance & Abs
- Blue Angels Air Show in Annapolis**
- New!** Beaches, Boardwalk & Bravado
- Philadelphia Flower Show**

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