



PRP Facial

To ensure optimal results and a smooth recovery, please follow the aftercare instructions below. If you have any concerns, do not hesitate to contact us.

Immediate Aftercare (First 24 Hours):

- Avoid touching or rubbing your face to prevent irritation or infection.
- Do not apply makeup, skincare products, or SPF for at least 24 hours post-treatment.
- Avoid washing your face for the first 12 hours to allow PRP to fully absorb into the skin.
- Expect mild redness, tightness, or slight swelling, which should subside within 24-48 hours.

First 48-72 Hours:

- Use only a gentle cleanser and lukewarm water when washing your face. Pat dry with a clean towel.
- Keep skin hydrated with a mild, non-irritating moisturizer.
- Avoid direct sunlight and wear a broad-spectrum SPF 30+ once your skin allows.
- Do not use exfoliants, retinol, acids (AHA/BHA), or any active skincare ingredients.
- Avoid excessive sweating, including saunas, steam rooms, and vigorous exercise.

First Week:

- Continue using gentle skincare products with hydrating ingredients.
- Avoid facials, chemical peels, or laser treatments for at least 2 weeks post-treatment.
- Drink plenty of water to assist with healing and maintain skin hydration.
- Avoid alcohol and smoking, as they can slow the healing process.

Expected Healing Process:

- You may experience mild dryness, peeling, or flaking as the skin regenerates.
- Visible improvements in skin texture and tone can be seen within 2-4 weeks as collagen production increases.
- A series of treatments may be recommended for best results.

When to Contact Us:

- If you experience persistent redness, swelling, pain, or signs of infection (such as pus or fever), or if you have any unusual reactions or concerns about the healing process.