

What is Functional Medicine?



The Functional Medicine Difference



Personalized

Individualized approach based on patient's detailed history and lifestyle



Patient-Centered

Providers partner with patients to help them achieve optimal health

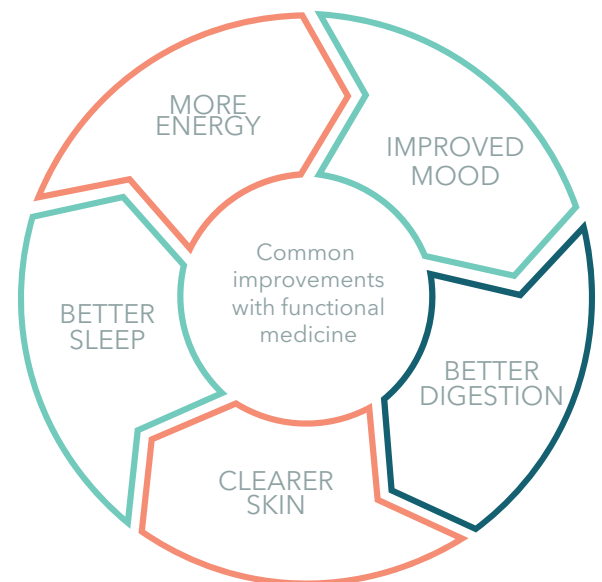


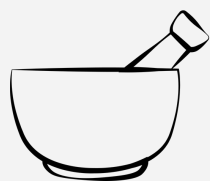
Disease Prevention

Aims to prevent or reverse disease rather than just suppress symptoms

How it works

- ✓ Patients are given a detailed intake form to fill out before appointments in order for the provider to get a full picture of current and past health.
- ✓ Providers listen to your story, take note of important events/stressors, and factor in environmental, social and personal habits that may be contributing to your symptoms.
- ✓ Dietary and lifestyle modifications are the core of our care plans, often in addition to supplements and herbals. Then only if necessary, prescription medications can be recommended. We can also work with your provider to "deprescribe" and help you get off medications if appropriate.





P H A R M — t o — T A B L E

COMMON CONDITIONS & SYMPTOMS WE SEE

- Thyroid dysfunction
- PMS/Irregular periods
- Infertility
- Bloating, constipation, diarrhea
- Depression & anxiety
- Fatigue
- Skin conditions
- Diabetes
- and more!

DISCOVERY CLASS

Interested in Functional Medicine, but still have questions? We get it. We want to make sure our team is a good fit for you. Watch our PharmToTable discovery online class. You'll get a preview of your journey to thriving!

