

Ripple Coaching & Consulting

While taking a course one day, we did an exercise that involved looking directly at our coaching partner and not expressing any words. Thinking about something specific and “sending” it to them through only our eyes. Fascinating!

I do believe that our eyes are the windows to our souls, so when you have the chance to look into/through someone’s “windows” do so with great care and great curiosity. You may see or feel something that you weren’t aware of or didn’t expect and they may “share” something special with you that was not visible by just a chance encounter. Be curious, be interested, let it happen... it’s part of The Papa Perspective!

