

**Step 1** Choose a delicious main course

**Step 2** Choose from a variety of side dishes

**Step 3** Choose from a tasty selection of puddings



## Spring/Summer

w/c 20/04, 11/05,  
08/06/29/06/20/07



Monday

Tuesday

Wednesday

Thursday

Friday

Meat/Fish

Pork Sausage Roll (3,6,16)

Homemade Potato Wedges

Baked Beans

Beef Bolognaise

50/50 Pasta (3 MC: 7,13)

Sweetcorn

Roast Chicken

Roast Potatoes

Carrots, Peas Gravy

Chicken Paella

Homemade Garlic Bread  
(3,13, MC:6,7)

Broccoli

Fish Fingers (3,11)

Chips

Baked Beans or Peas

Vegetarian

Cheese & Tomato Pizza (3,13,7  
MC: 6)

Homemade Potato Wedges

Baked Beans

Vegetarian Bolognaise (13)

50/50 Pasta (3 MC: 7,13)

Sweetcorn

Quorn Fillet (3)

Roast Potatoes

Carrots, Cauliflower, Gravy

Spanish Omelette (6)

Homemade Garlic Bread  
(3,13, MC:6,7)

Broccoli

Crispy Vegetable Nuggets  
(3)

Chips

Baked Beans or Peas

Combo

Jacket Potato with Baked Beans, Cheese & Beans (7), Grated Cheese (7), Tuna Mayo (6,11), Vegan Cheese

Pasta (3,MC: 8,13)

Toppings: Grated Cheese (7), Tomato & basil Sauce, Pesto Sauce, No Topping

Jacket Potato with Baked Beans, Cheese & Beans (7), Grated Cheese (7), Tuna Mayo (6,11), Vegan Cheese

Wrap (3)

Toppings: Grated Cheese (7), Ham, Tuna Mayo (6,11)

Jacket Potato with Baked Beans, Cheese & Beans (7), Grated Cheese (7), Tuna Mayo (6,11), Vegan Cheese

Pasta (3,MC: 8,13)

Toppings: Grated Cheese (7), Tomato & basil Sauce, Pesto Sauce, No Topping

Jacket Potato with Baked Beans, Cheese & Beans (7), Grated Cheese (7), Tuna Mayo (6,11), Vegan Cheese

Wrap (3)

Toppings: Grated Cheese (7), Ham, Tuna Mayo (6,11)

Jacket Potato with Baked Beans, Cheese & Beans (7), Grated Cheese (7), Tuna Mayo (6,11), Vegan Cheese

Pasta (3,MC: 8,13)

Toppings: Grated Cheese (7), Tomato & basil Sauce, Pesto Sauce, No Topping

Pudding

Chocolate Cornflake Cake  
(3)

Fresh Fruit, Yoghurt (7), Cheese & Biscuits(7,3), Jelly

Fruit Pancake & Chocolate Sauce (3,6,7)

Fresh Fruit, Yoghurt (7), Cheese & Biscuits(7,3), Jelly

Fruit Yoghurt Sundae  
(6,7,13)

Fresh Fruit, Yoghurt (7), Cheese & Biscuits(7,3), Jelly

Apple Sponge & Custard  
(3, 6, 7)

Fresh Fruit, Yoghurt (7), Cheese & Biscuits(7,3), Jelly

Chocolate Ice Cream (7)

Fresh Fruit, Yoghurt (7), Cheese & Biscuits(7,3), Jelly

**Please note this menu may change through the term. For the most up to date information, please visit: [relishschoolfood.co.uk/parents](http://relishschoolfood.co.uk/parents)**

**Menu meets school food plan nutritional standards.** (V) Suitable for Vegetarians, (Ve) Suitable for Vegans. Allergen key - Cereals containing Gluten (3), Molluscs (4), Peanuts (5), Eggs (6), Milk (7), Mustard (8), Sesame (9), Crustaceans (10), Fish (11), Nuts (12), Soya (13), Celery (14), Lupin (15), Sulphur dioxide (16) Jacket Potatoes and Freshly cooked pasta available daily Jacket potato fillings - Grated cheddar cheese (7), Tuna Mayonnaise (11,6), Baked Beans Pasta toppings - Tomato and vegetable sauce, Grated cheese (7) Fresh bread available daily (3,13) may also contain eggs and milk Fresh salads available daily which will always be allergen free.

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## Spring/Summer

WEEK TWO

w/c 27/04, 18/05, 15/06,  
06/07



Monday

Tuesday

Wednesday

Thursday

Friday

Meat/Fish

Cheeseburger (3,7)

Homemade Herby Diced Potatoes

Sweetcorn

Chicken & Broccoli Pasta Bake (3,7 MC: 13,8)

Mixed Veg

Roast Gammon

Roast Potatoes

Carrots, Broccoli, Gravy

Beef Chilli Tacos (MC: 3)

Wholegrain Rice

Coleslaw (6)

Fish Fingers (3,11)

Chips

Baked Beans or Peas

Vegetarian

Vegetable Burger (3,7)

Homemade Herby Diced Potatoes

Sweetcorn

Mac "N" Cheese (3,7)

Mixed Veg

Roasted Veg Cheese Stack (3/7)

Roast Potatoes

Carrots, Broccoli, Gravy

Falafels in Pitta (3, 6,7,13,16)

Wholegrain Rice

Coleslaw (6)

Cheese & Tomato Pinwheels (3/7)

Chips

Baked Beans or Peas

Combo

Jacket Potato with Baked Beans, Cheese & Beans (7), Grated Cheese (7), Tuna Mayo (6,11), Vegan Cheese

Pasta (3,MC: 8,13)

Toppings: Grated Cheese (7), Tomato & basil Sauce, Pesto Sauce, No Topping

Jacket Potato with Baked Beans, Cheese & Beans (7), Grated Cheese (7), Tuna Mayo (6,11), Vegan Cheese

Baguette (3,13, MC 9)

Toppings: Grated Cheese (7), Ham, Tuna Mayo (6,11)

Jacket Potato with Baked Beans, Cheese & Beans (7), Grated Cheese (7), Tuna Mayo (6,11), Vegan Cheese

Pasta (3,MC: 8,13)

Toppings: Grated Cheese (7), Tomato & basil Sauce, Pesto Sauce, No Topping

Jacket Potato with Baked Beans, Cheese & Beans (7), Grated Cheese (7), Tuna Mayo (6,11), Vegan Cheese

Baguette (3,13, MC 9)

Toppings: Grated Cheese (7), Ham, Tuna Mayo (6,11)

Jacket Potato with Baked Beans, Cheese & Beans (7), Grated Cheese (7), Tuna Mayo (6,11), Vegan Cheese

Baguette (3,13, MC 9)

Toppings: Grated Cheese (7), Ham, Tuna Mayo (6,11)

Pudding

Chocolate Angel Delight (7)

Fresh Fruit, Yoghurt (7), Cheese & Biscuits(7,3), Jelly

Cocoa Brownie (3,6)

Fresh Fruit, Yoghurt (7), Cheese & Biscuits(7,3), Jelly

Fruit Jelly & Ice Cream (7)

Fresh Fruit, Yoghurt (7), Cheese & Biscuits(7,3), Jelly

Pineapple Upside Down Cake (3,6,16)

Fresh Fruit, Yoghurt (7), Cheese & Biscuits(7,3), Jelly

Orange & Mango Ice Smoothie

Fresh Fruit, Yoghurt (7), Cheese & Biscuits(7,3), Jelly

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## Spring/Summer

WEEK THREE

w/c 04/05, 01/06,  
22/06/13/07



Monday

Tuesday

Wednesday

Thursday

Friday

Meat/Fish

Chicken Wrap (3)

Homemade Potato Wedges

Baked Beans

Creamy Chicken Pie (3,6,7)

Mashed Potato (16)

Sweetcorn

Roast Chicken

Roast Potatoes

Carrots, Cabbage, Gravy

All Day Breakfast (3,6,7,16)

Baked Beans

Homemade 50/50 Bread (3)

Chicken Nuggets (3,6)

Chips

Baked Beans or Peas

Vegetarian

Cheese & Tomato Pizza (3,13,7  
MC: 6)

Homemade Potato Wedges

Baked Beans

Singapore Noodles (3,6,13)

Sweetcorn

Roast Vegetable Tart (3,6,7,  
MC: 13,8,15)

Roast Potatoes

Mixed Veg Gravy

All Day Breakfast (3,6,7)

Baked Beans

Homemade 50/50 Bread (3)

Quorn Sausages (3)

Chips

Baked Beans or Peas

Combo

Jacket Potato with Baked Beans, Cheese & Beans (7), Grated Cheese (7), Tuna Mayo (6,11), Vegan Cheese

Wrap (3)

Toppings: Grated Cheese (7), Ham, Tuna Mayo (6,11)

Jacket Potato with Baked Beans, Cheese & Beans (7), Grated Cheese (7), Tuna Mayo (6,11), Vegan Cheese

Pasta (3,MC: 8,13)

Toppings: Grated Cheese (7), Tomato & basil Sauce, Pesto Sauce, No Topping

Jacket Potato with Baked Beans, Cheese & Beans (7), Grated Cheese (7), Tuna Mayo (6,11), Vegan Cheese

Wrap (3)

Toppings: Grated Cheese (7), Ham, Tuna Mayo (6,11)

Jacket Potato with Baked Beans, Cheese & Beans (7), Grated Cheese (7), Tuna Mayo (6,11), Vegan Cheese

Wrap (3)

Toppings: Grated Cheese (7), Ham, Tuna Mayo (6,11)

Jacket Potato with Baked Beans, Cheese & Beans (7), Grated Cheese (7), Tuna Mayo (6,11), Vegan Cheese

Pasta (3,MC: 8,13)

Toppings: Grated Cheese (7), Tomato & basil Sauce, Pesto Sauce, No Topping

Pudding

Flapjack (3)

Fresh Fruit, Yoghurt (7), Cheese & Biscuits(7,3), Jelly

Chocolate Cake & Chocolate Sauce (3,6,7  
MC:13)

Fresh Fruit, Yoghurt (7), Cheese & Biscuits(7,3), Jelly

Fresh Fruit Salad

Fresh Fruit, Yoghurt (7), Cheese & Biscuits(7,3), Jelly

Marble Sponge (3, 6, 7)

Fresh Fruit, Yoghurt (7), Cheese & Biscuits(7,3), Jelly

Fruit Rocket Lolly

Fresh Fruit, Yoghurt (7), Cheese & Biscuits(7,3), Jelly

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