

Week 1

Weeks commencing: 22nd April, 13th May, 10th June, 1st July, 2nd September, 23rd September, 14th October

The Golden Thread Alliance Summer Menu

1
Choice of main course

2
Side dishes

3
Dessert

Choose from a tasty selection of puddings

Monday

1
Cheese and Tomato French Bread Pizza (V) (G,M, So, Se)

Sweet potato and corn enchiladas (V) (G,M)

2
New potatoes
Red cabbage
Greens beans

3
Fresh fruit platter
Cheese and biscuits (M,G,E,Se)
Fruit Jelly
Yoghurt (M)

Daily fresh pasta and jacket potatoes available with assorted toppings and fillings

Tuesday

1
Coconut Chicken Korma
Vegetable Samosa (Ve)(G)

2
Steamed rice
Peas
Roasted mixed vegetables

3
Homemade carrot cake (G,E)
Fresh Fruit Platter
Cheese and biscuits (M,G,E,Se)
Fruit Jelly
Yoghurt (M)

Daily fresh pasta and jacket potatoes available with assorted toppings and fillings

Wednesday

1
Roasted Chicken with sage and onion stuffing (G) and gravy

Vegetable tortilla cheese stack (V) (G,M)

2
Roasted potatoes
Carrots
Cabbage

3
Fresh Fruit Platter
Cheese and biscuits (M,G,E,Se)
Fruit Jelly
Yoghurt (M)

Daily fresh pasta and jacket potatoes available with assorted toppings and fillings

Thursday

1
Beef cottage pie
Vegetable shepherd's pie (Ve) (So,Ce)

2
Broccoli
Sweetcorn

3
Lemon cheesecake (G,So,M,E)
Fresh Fruit Platter
Cheese and biscuits (M,G,E,Se)
Fruit Jelly
Yoghurt (M)

Daily fresh pasta and jacket potatoes available with assorted toppings and fillings

Friday

1
Breaded chicken goujons (G)
Quorn Nuggets (Ve) (G)
Baguette with cheddar cheese (G,M,So) or tuna mayo (G,So,F,E)
Nachos
Fresh fruit

2
Chips
Baked Beans
Peas

3
Fruit Ice Lolly
Fresh Fruit Platter
Cheese and biscuits (M,G,E,Se)
Fruit Jelly
Yoghurt (M)

Daily fresh pasta and jacket potatoes available with assorted toppings and fillings

Menu Meets School Food Plan Nutritional Standards

(V) Suitable for Vegetarians, (Ve) Suitable for Vegans • Allergen key- Cereals containing Gluten (G), Molluscs (Mo), Peanuts (P), Eggs (E), Milk (M), Mustard (Mu), Sesame (Se), Crustaceans (Cr), Fish (F), Nuts (N), Soya, (So), Celery (Ce), Lupin(Lu), Sulphur dioxide (Su) Jacket Potatoes and Freshly cooked pasta available daily • Jacket potato fillings- Grated cheddar cheese (M), Tuna Mayonnaise (F,E), Baked Beans • Pasta toppings- Tomato and vegetable sauce, Grated cheese (M) • Fresh bread available daily (G,So) may also contain eggs and milk • Fresh salads available daily which will always be allergen free

Week 2

Weeks commencing: 29th April, 20th May, 17th June, 8th July, 9th September, 30th September, 21st October

The Golden Thread Alliance Summer Menu

1
Choice of main course

2
Side dishes

3
Dessert
Choose from a tasty selection of puddings

Monday

1
Chicken sausage in a roll (G, Su, Se, So)

Quorn sausage in a roll (Ve) (G, Se, So)

2
Baked potato wedges
Green Beans
Roasted vegetables

3
Fresh fruit platter
Cheese and biscuits (M,G,E,Se)
Fruit Jelly
Yoghurt (M)

Daily fresh pasta and jacket potatoes available with assorted toppings and fillings

Tuesday

1
Beef Bolognese

Veggie Bolognese (Ve) (So)

2
Steamed Pasta (G)
Peas
Carrots

3
Jam Sponge (G,E, Su)
Fresh Fruit Platter
Cheese and biscuits (M,G,E,Se)
Fruit Jelly
Yoghurt (M)

Daily fresh pasta and jacket potatoes available with assorted toppings and fillings

Wednesday

1
Roast pork
Cheese and tomato pinwheel (V) (M,G)

2
Roast potatoes
Broccoli
Sweetcorn

3
Fresh Fruit Platter
Cheese and biscuits (M,G,E,Se)
Fruit Jelly
Yoghurt (M)

Daily fresh pasta and jacket potatoes available with assorted toppings and fillings

Thursday

1
Baked chicken wrap (G)

Sweet potato frittata (V) (E,M)

2
Herby steamed rice
Cauliflower
Braised leek and peas

3
Fruit meringues (E,M)
Fresh Fruit Platter
Cheese and biscuits (M,G,E,Se)
Fruit Jelly
Yoghurt (M)

Daily fresh pasta and jacket potatoes available with assorted toppings and fillings

Friday

1
Fish Fingers (G,F)
Tomato and Basil quiche (V) (E,G,M)

Baguette with cheddar cheese (G,M,So) or tuna mayo (G,So,F,E)
Nachos
Fresh fruit

2
Chips
Peas
Baked beans

3
Vanilla ice cream (M)
Fresh Fruit Platter
Cheese and biscuits (M,G,E,Se)
Fruit Jelly
Yoghurt (M)

Daily fresh pasta and jacket potatoes available with assorted toppings and fillings

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Week 3

Weeks commencing: May 6th, June 3rd, June 24th, July 15th, September 16th, October 7th

The Golden Thread Alliance Summer Menu

Monday

1

Macaroni Cheese (V)
(G,M,Mu)

Butternut Squash
quesadilla (G,M) (V)

2

Roasted new potatoes
Garlic bread (G,So,E,M)
Peas
Cabbage

3

Fresh fruit platter
Cheese and biscuits
(M,G,E,Se)
Fruit Jelly
Yoghurt (M)

*Daily fresh pasta
and jacket potatoes
available with assorted
toppings and fillings*

Tuesday

1

Stir fried chicken and
vegetable noodles
(G,E,Mo)

Homemade vegetable
spring roll (Ve) (G,Lu)

2

Rice
Broccoli
Sweetcorn

3

Apple Flapjack (G)
Fresh Fruit Platter
Cheese and biscuits
(M,G,E,Se)
Fruit Jelly
Yoghurt (M)

*Daily fresh pasta
and jacket potatoes
available with assorted
toppings and fillings*

Wednesday

1

Roasted chicken with
Stuffing (G)

Leek Squash and
tomato bake (V) (G,M)

2

Roast Potatoes
Carrots
Cauliflower

3

Fresh Fruit Platter
Cheese and biscuits
(M,G,E,Se)
Fruit Jelly
Yoghurt (M)

*Daily fresh pasta
and jacket potatoes
available with assorted
toppings and fillings*

Thursday

1

Beef Lasagne
(G,E,So,M,Ce)

Roasted vegetable
lasagna (V) (E,Mu,So,G)

2

Green beans
Cabbage
Baked potato wedges

3

Lemon Drizzle cake
(G,E,M)
Fresh Fruit Platter
Cheese and biscuits
(M,G,E,Se)
Fruit Jelly
Yoghurt (M)

*Daily fresh pasta
and jacket potatoes
available with assorted
toppings and fillings*

Friday

1

Breaded chicken burger
(G,Se)

Crispy veggie burger (V)
(G,Se)

Baguette with cheddar
cheese (G,M,So) or tuna
mayo (G,So,F,E)

Nachos
Fresh fruit

2

Chips
Baked beans
Sweetcorn

3

Cherry shortbread biscuit
(G,Su)
Fresh Fruit Platter
Cheese and biscuits
(M,G,E,Se)
Fruit Jelly
Yoghurt (M)

*Daily fresh pasta and jacket
potatoes available with
assorted toppings and
fillings*

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Choice of main
course

2
Side dishes

3
Dessert

Choose from a tasty
selection of puddings

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