



Community Fall Prevention Toolkit

Welcome to the Falls Prevention Coalition Community Toolkit, developed to meet the needs of local communities within the Southeast Regional Trauma Advisory Council (SERTAC) footprint. The resources provided in this toolkit were compiled from national experts to help you and your family members address your risks of falls.

Falls are NOT a normal part of aging. Falls can lead to loss of function, independence, and accelerate death. While you or your family member may be at an increased risk for falls, many factors are modifiable, and falls can be prevented. The Centers for Disease Control (CDC) and the American Geriatrics Society (AGS) recommend that adults over the age of 65 receive a fall risk screening at least annually. In addition to the resources included within this folder, please reach out to your local community contact for additional information:

SERTAC County	Name	Email	Phone Number
Fond du Lac	ADRC	adrc@fdlco.wi.gov	920-929-3466
Kenosha	ADRC/Kenosha Falls Prevention Coalition	adrc@kenoshacounty.org	262-605-6646
Milwaukee	ADRC	dsd@milwaukeecountywi.gov	414-289-6660
	Milwaukee County Falls Prevention Coalition (MCFPC)	ASMC-MCFPC@aah.org	
Ozaukee	ADRC	adrc@co.ozaukee.wi.us	262-284-8120
Racine	ADRC	adrc@racinecounty.com	262-833-8777
Sheboygan	ADRC	adrc@sheboygancounty.com	920-467-4100
Walworth	ADRC	walcoadrc@co.walworth.wi.us	262-741-3255
Washington	ADRC	adrc@co.washington.wi.us	262-335-4497
Waukesha	ADRC	adrc@waukeshacounty.gov	262-548-7848

For additional contact information for local aging resources in your community please visit: <https://eldercare.acl.gov/> or call 1-800-677-1116