

Sharing the Trail

Off-street Biking

Keep to the right.
Yield to pedestrians and slower moving traffic except when passing. Slow down when there are lots of users on the trail.

Be careful at crossings.
Look both ways. Cyclists: yield to through traffic at intersections. Remember, pedestrians have the right of way. Pedestrians: exercise caution. Be aware that cyclists and skaters require lots of room to stop.

Advise others when passing.
Sound your bell or horn or call out when approaching pedestrians or slower cyclists. Then pass safely on the left.

A ANCHORAGE

School	Bike Lane	Bike Friendly On-Street Route	Unpaved Route
Bike Shop	Paved Shoulder	Bike Friendly Pathway	Multi-use Trail
Visitor Info	Bicycle Boulevard/Shared Road	Area with Increased Bear Activity/Encounters	
Bicycle Fixt Station			

Legend



Sharing the Road

Biking on Streets

Ride in a straight line.
Avoid weaving between parked cars. Ride in a straight line at least 4 feet away from parked cars to avoid the Door Zone (see below).

NEVER Ride Against Traffic!

Never ride against traffic.
Riding against traffic is dangerous and illegal. Motorists and pedestrians are not looking for cyclists riding the wrong way down a street or sidewalk.

Watch for the 'Right Hook'!
Where drivers are turning right but looking left! ALWAYS make eye-contact & yield if you're unsure that you have been seen.

ALWAYS Watch for the 'Right Hook'!

To cross an intersection, use the lane farthest to the right that points to where you are going.
Follow lane markings to cross an intersection. If you can't change lanes to turn left, ride across the street to the other side and align your bike with traffic.

The Door Zone is the 4-foot area along the side of a parked car where an opening door can hit and seriously injure a cyclist. When riding in a bike lane, ride on the left side of the lane - at least 4 feet from any parked cars.

Obey all traffic regulations.
Riding predictably and following the law are the keys to safe bicycling. Knowing and following the rules help all road users properly anticipate and react to each other.

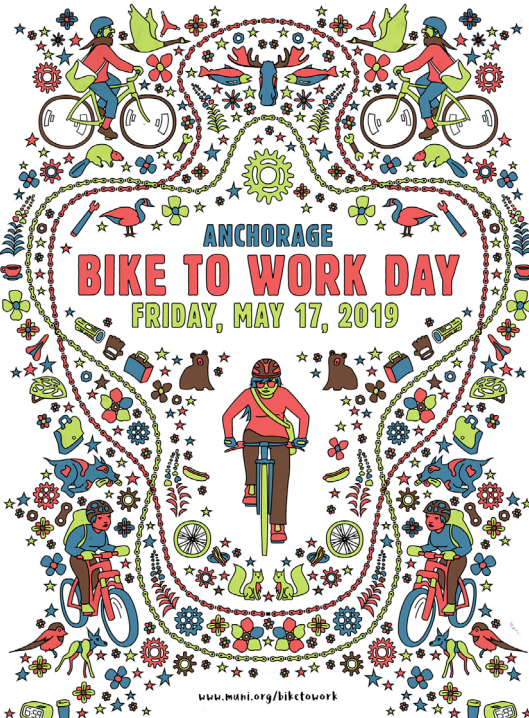
Don't ride on the sidewalks downtown.
Anchorage law prohibits riding sidewalks in the Central Business District. Remember: Wheels yield to heels.

When necessary, use entire travel lane.
Move toward the center when the lane is too narrow for motorists to pass safely or when you're moving at the same speed as traffic.

Exercise caution when merging with vehicles and use hand signals to indicate your direction.

SHARE THE ROAD
This sign indicates a break in the bike lane where cyclists share the road with vehicles.

Be Aware of traffic pulling out as well as behind you, so you'll know whether you have enough room if you must swerve suddenly out of the Door Zone.
A mirror is a great aid to help see traffic behind you.



ALASKA BIKE AND PEDESTRIAN RESOURCES
<http://akbikeandped.org/>
A guide for Alaskan cyclists and pedestrians

Types of Bikeways

Shoulder Bikeways

- Cyclists ride outside travel lane on paved shoulder.
- May share shoulder with pedestrians.
- Many shoulder bikeways have signs identifying them as a bike route and showing the direction and distance to destinations (e.g. the Loop, the lakefront).

Bike Lanes

- Cyclists ride outside of travel lane in designated bike lane.
- Special pavement markings and signs identify the lanes.

Shared Lanes / Bicycle Boulevards

- Whether marked or not cyclists may share the road if riding as a vehicle. Cars and bicycles share the lane.
- Markings and signs may also be used to encourage cars to share the lane with bicyclists. Special pavement markings direct bicyclists to ride outside the "Door Zone" (see "Door Zone" panel).

Multi-use Trails

- Paved paths separated from the road for bicyclists, walkers, runners, and in-line skaters.
- All users stay on right side.

PEOPLE MOVER Bike-to-Bus

All People Mover buses can hold three bikes. Bicycle racks are available on a first come first served basis.

- Always approach the bike rack from the curb side.
- Be ready before the bus arrives
- Remove packs, accessories and water bottles from your bike before loading your bike. (If you're concerned about the safety of your bicycle, lock your bicycle's front wheel to your frame before the bus arrives.)

- Alert the bus operator. Lower the rack by squeezing the center handle.
- Load bicycle and secure front tire with support arm. Board the bus and pay fare (no cost for the bicycle).
- When exiting, alert the bus operator that you'll be removing your bicycle. Unload your bicycle. If no other bicycles remain, stow the rack against the bus in the upright position.

PeopleMover@muni.org

Bicycle Fixt Stations

All the tools necessary to perform basic bike repairs and maintenance.

- Change flat tires
- Adjust brakes and derailleurs
- Air pump

Bike Shops (with corresponding map numbers)

1 Alaska Pablo's Bicycle Rental (907) 272-1600 415 L Street	7 The Bicycle Shop (907) 272-5219 1035 W Northern Lights Blvd.	13 The Bicycle Shop (907) 222-9953 1801 W Dimond Blvd.	18 Powder Hound Ski Shop (907) 783-2525 210 Arlberg Avenue Girdwood
2 Lifetime Adventures (907) 232-9219 440 L Street	8 Off the Chain (907) 258-6822 1406 W 33rd Avenue	14 Play It Again Sports (907) 272-7529 8840 Old Seward Hwy.	19 Daylodge Mountain Bike Hub (907) 754-2283 Daylodge Girdwood
3 Downtown Bicycle Rental (907) 279-5293 333 W 4th Avenue #206	9 Trek Store of Anchorage (907) 743-6000 530 E. Benson Blvd. Suite 9C	15 Chain Reaction Cycles (907) 336-0383 1148 Huffman Road	20 Hotel Alyeska (907) 754-1111 1000 Arlberg Dr. Girdwood
4 Speedway Cycles (907) 222-1967 1231 W Northern Lights Blvd	10 Alaska eBike Store (907) 232-1246 2229 Spenard Road	16 Paramount Cycles (907) 336-2453 1320 Huffman Park Drive	
5 Play It Again Sports (907) 278-7529 2636 Spenard Road	11 RTR Cycles (907) 563-2054 3110 E 42nd Avenue	17 Arctic Cycles (October - March) (907) 351-8545 South Anchorage	
6 REI (907) 272-4565 1200 W Northern Lights Blvd.	12 Webike Bicycle Repair (907) 245-3669 8160 Fairwood Circle		



The Municipality of Anchorage publishes this map to help bicyclists navigate the streets and trails of Anchorage, Eagle River and Girdwood. Be aware that potential hazards and obstructions may exist on the routes shown, and the Municipality of Anchorage in no way warrants the safety or fitness of the suggested routes.

Look for roads with bicycle lanes, shoulders or paths, or less busy streets. Evaluate routes based on your individual bicycling ability and experience.

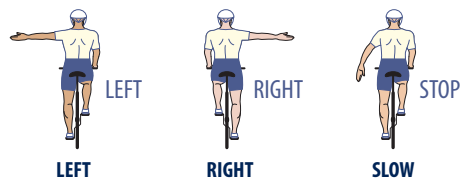
To improve your bicycling skills and safety, go to www.bikeleague.org/ridesmart to find local classes and instructors qualified by the League of American Bicyclists.

Anchorage BIKE to WORK Day

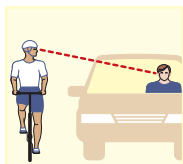
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www.muni.org/biketowork
Download this map to your phone!

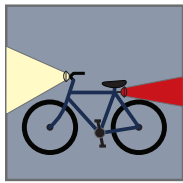
Communicate



Use hand signals so that drivers know where you're going. Signal all your turns and stops ahead of time. Also, before turning, look over your shoulder for any traffic. Check and only move when it's safe.



Make eye contact.
Confirming eye contact with motorists helps them know that you're on the road.



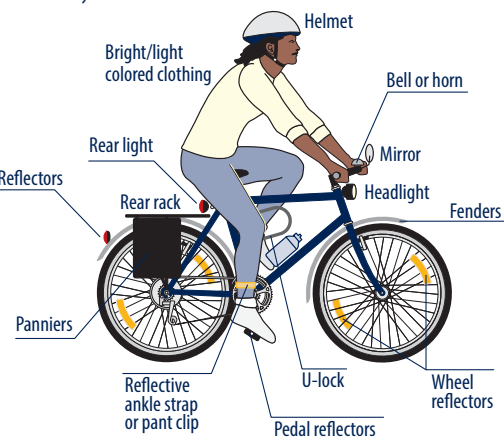
See. Be seen. Be heard.
Use lights at night or when visibility is poor. A white headlight and rear red reflector are required by law. Flashing lights are especially effective.
Use bike reflectors, reflective clothing and a bell.



Never use earphones because you won't be able to hear what's going on around you. Using earphones is not only dangerous, it's illegal.

Street-Smart Cyclist

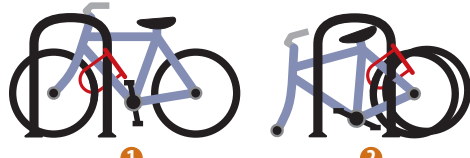
- Always wear a bicycle helmet to reduce the risk of permanent injury or death from a crash.
- To make sure your helmet fits correctly, put it on and use the "eyes, ears, mouth" test. **Eyes:** When you look up, you should see the front rim. If not, your helmet won't protect your forehead. **Ears:** The side straps should come to a "V" just below each ear. **Mouth:** When you open your mouth wide, you should feel the helmet push down on your head. If your helmet doesn't pass the test, adjust its buckles.
- Wear bright clothing and use lights, reflectors, a bell and a mirror to see, be seen and be heard.
- Consider using the other equipment illustrated below to make your ride safer and more comfortable.



Theft Prevention

Most bike thefts are due to unlocked or improperly locked bikes. Following these tips will help prevent your bike from being stolen.

- Never leave your bike unlocked—not even for a second.
- Always use a high-quality U-lock or chain. For added security, use both.



- Always lock the frame and front wheel to either a rack or pole (see illustration 1).
- For extra security, remove the front wheel and lock it with the frame and rear wheel (see illustration 2).
- Note Some bike locks with cylindrical keys may be opened with a pen or similar object. Check with your local bike shop to determine the need to upgrade or replace your lock.

THANK YOU...

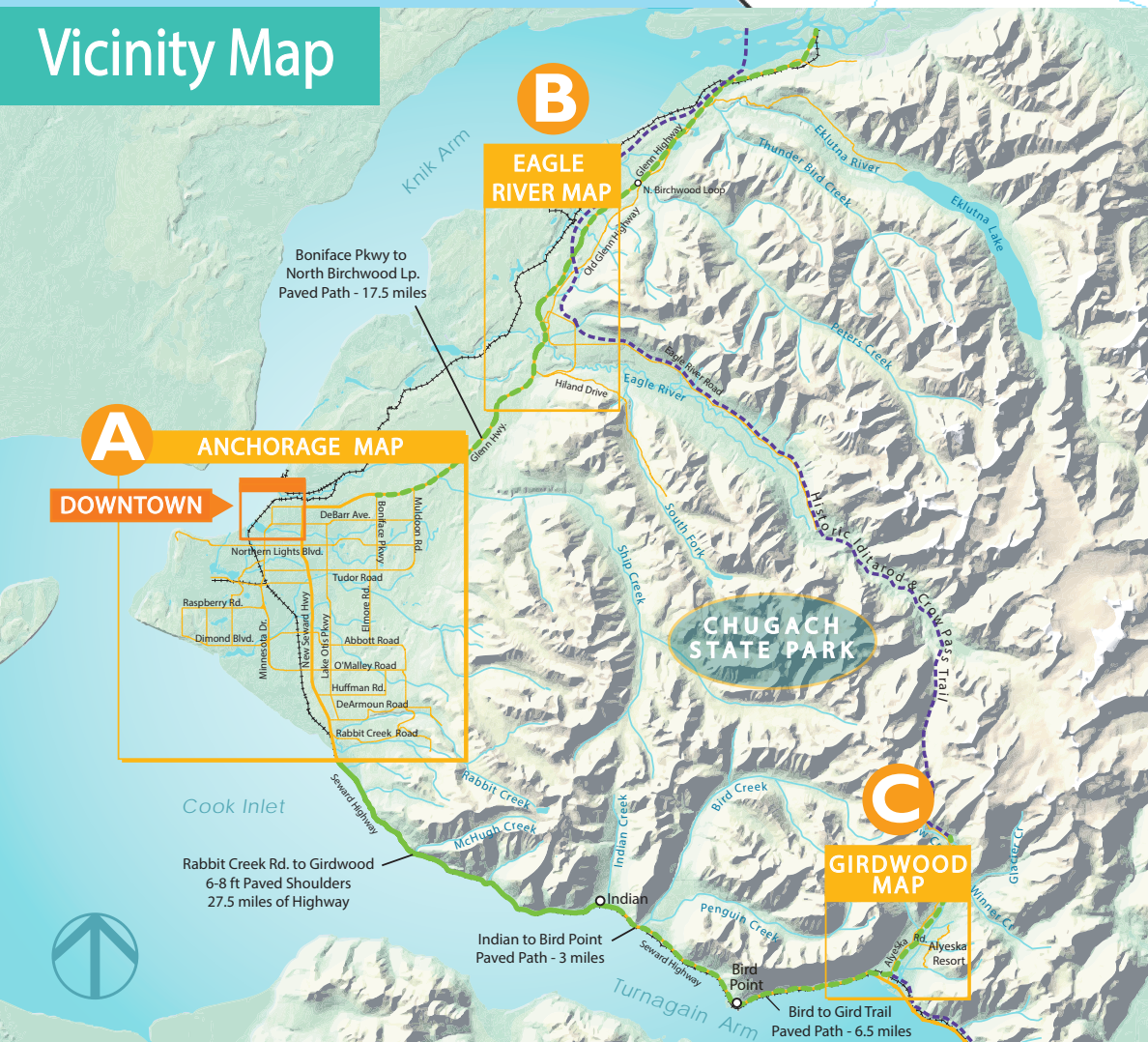
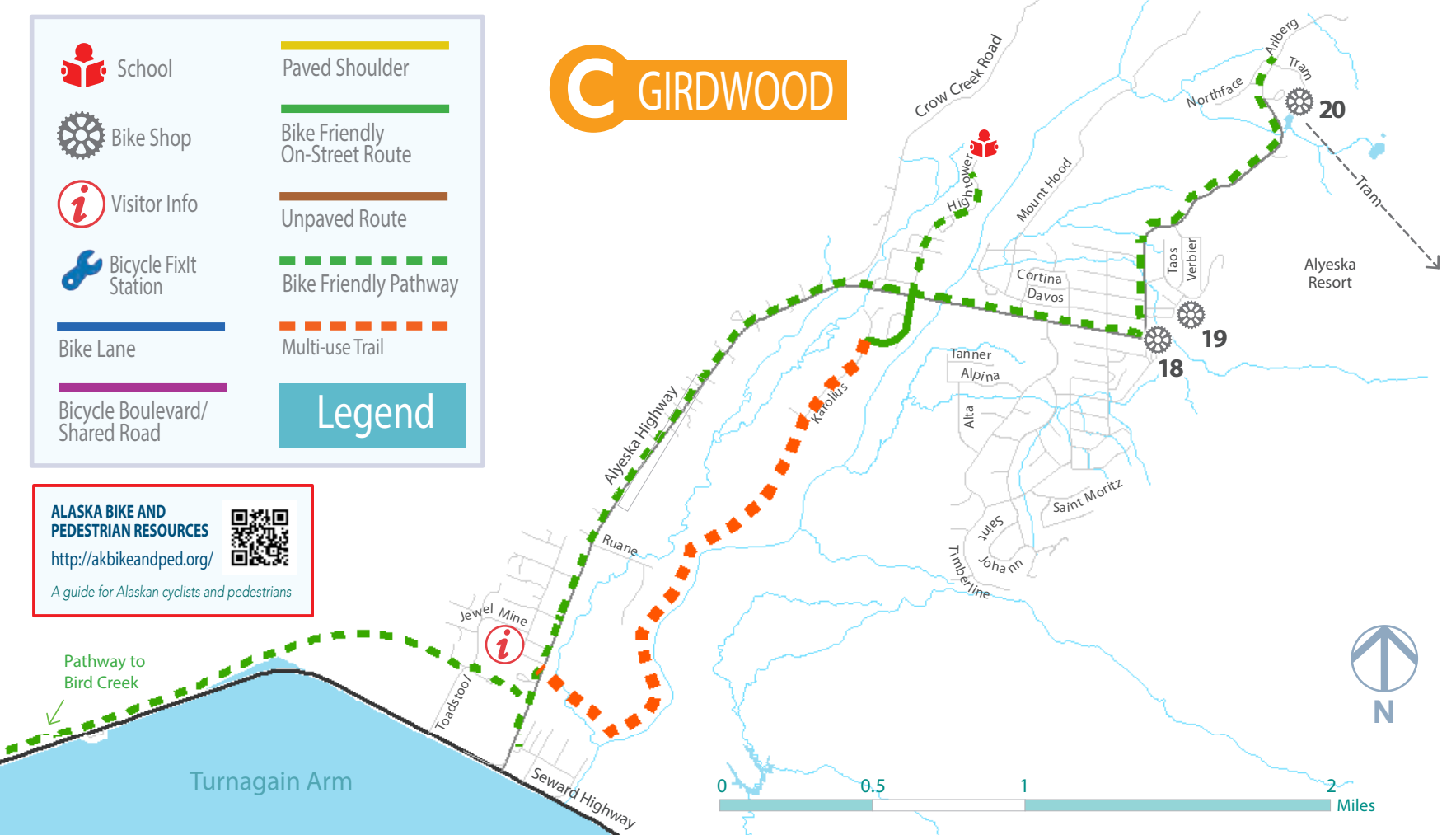
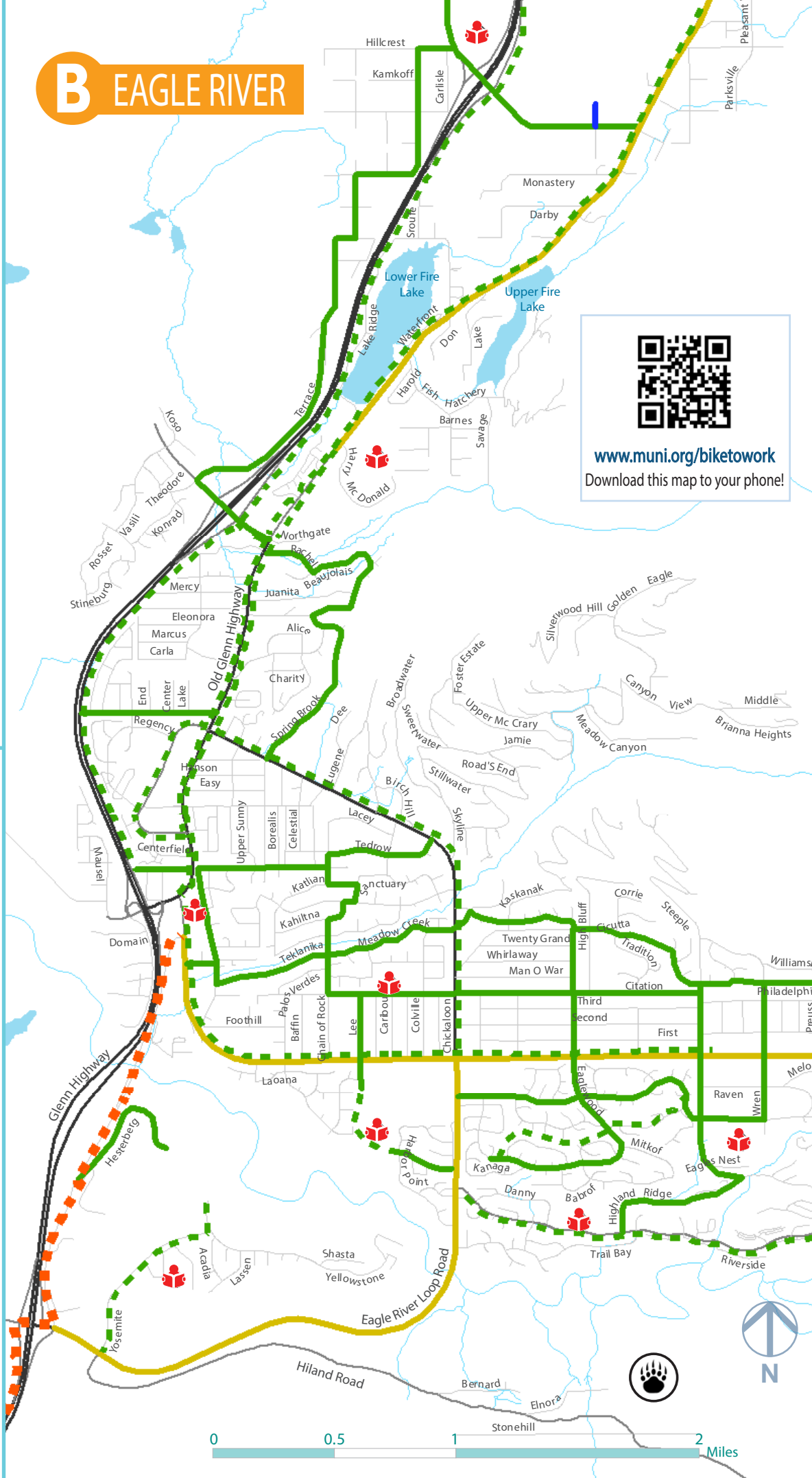
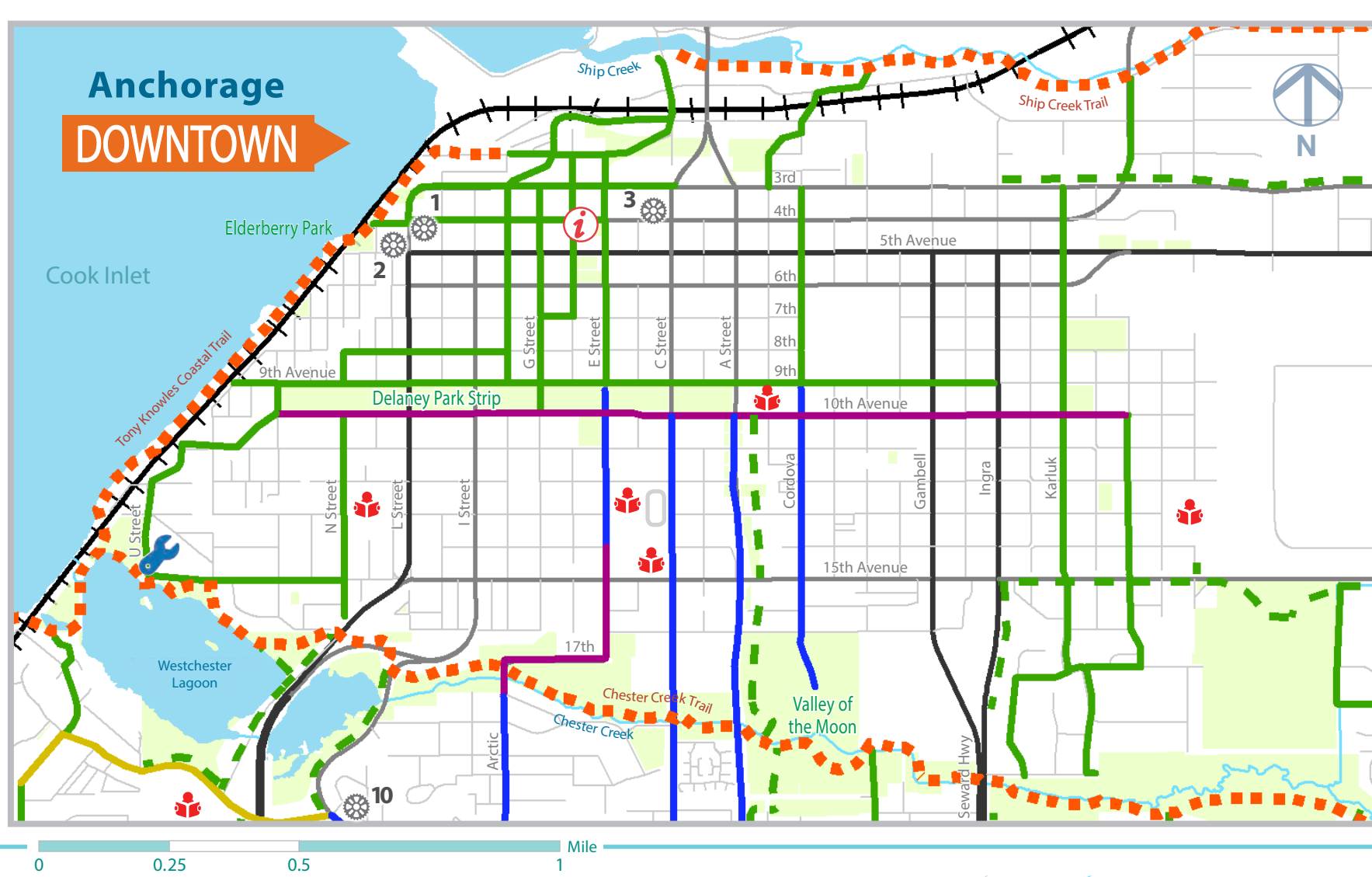
to all those who contributed to the Anchorage Bike Map Project!

- To CRW Engineering Group for graphic updates to this map in 2018!
- To the City of Chicago for use of their bike safety diagrams!

Comments about this map or revisions: biketowork@muni.org



These maps were printed at a cost of approximately \$0.20 each using Federal Hwy. funds programmed by Anchorage Metropolitan Transportation Solutions (AMATS) to reduce air pollution and congestion from motor vehicles.



B EAGLE RIVER

C GIRLWOOD

	School		Paved Shoulder
	Bike Shop		Bike Friendly On-Street Route
	Visitor Info		Unpaved Route
	Bicycle Fixit Station		Bike Friendly Pathway
	Bike Lane		Multi-use Trail
	Bicycle Boulevard/Shared Road		

ALASKA BIKE AND PEDESTRIAN RESOURCES
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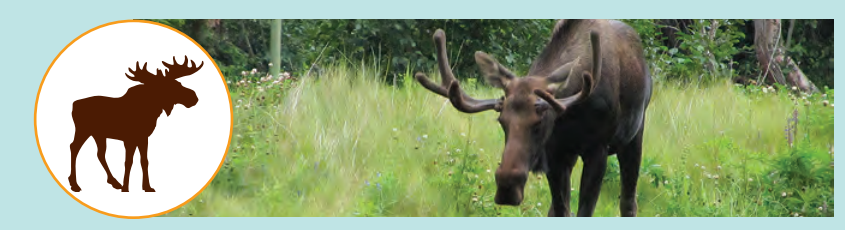
A guide for Alaskan cyclists and pedestrians

Wildlife Safety Stay Alert. Stay Aware.

Alaska Fish & Game advises that you NEVER approach, feed or surprise our local wildlife. If an encounter is unavoidable, follow the safety tips below.



- BROWN BEAR**
- Travel in groups; make noise to avoid surprising a bear.
 - Never approach cubs. Mother bears will aggressively protect them.
 - Put your bike between you and the bear.
 - NEVER turn and run from a bear; it may chase.
 - Avoid bad-smelling areas.
 - Move closer to friends. A bear may get close, circle around, or investigate.
 - Talk calmly then leave slowly.
 - If it follows, stop moving and call for help.
 - If it attacks, play dead until it leaves. It is trying to 'remove the threat.'



- MOOSE**
- Never feed or touch a moose.
 - Never get between a cow and her calf.
 - Give moose at least 50 feet of clearance & never chase them away. Be patient.
 - Wheels and heels always yield to hooves.
 - If a moose lays its ears back, it's angry or afraid and may charge.
 - If a moose charges, get behind a tree or something solid.
 - Moose kick with their front and hind feet.
 - If you are knocked down, curl into a ball, protect your head, and remain still until the moose is a safe distance away.



- BLACK BEAR**
- Travel in groups; make noise to avoid surprising a bear.
 - Never approach cubs. Mother bears will aggressively protect them.
 - Put your bike between you and the bear.
 - NEVER turn and run from a bear; it may chase.
 - Avoid bad-smelling areas.
 - Make yourself as big and loud/scary as possible.
 - If it attacks, fight back.

2017
for utility cyclists
ANCHORAGE BIKE MAP

www.muni.org/biketowork
Download this map to your phone!

Message from the Mayor

Dear Friends,
Whether you're commuting downtown in the summer or taking your fat bike onto the Coastal Trail in February, biking is a year-round activity in Anchorage. That's why we're making Anchorage's bike routes safer, more functional, and connected. With the Vision Zero initiative, we've set the goal of preventing future deaths and major injuries on Anchorage roadways. We are updating our roads and intersections using a 'complete streets' approach to accommodate everyone who uses them. You can take a ride along the Park Strip on the new 10th Ave. bike boulevard, bike to shops on Spenard Road bike lanes, make it to class on time on the new UAA Drive, or fill a flat at the new fix-it station on 100th Ave. We've upgraded many of our pathways and trails with new surfacing, LED lighting, and signs. New single track trails are coming to the Chester Creek Corridor.

We've also launched a new mobile app called Link AK and need your help. The more people that create an account and track their commutes, the more data we will have to inform policy decisions around biking infrastructure. It's an exciting time to be a part of Anchorage's growing bike community. Please contact me with suggestions for more improvements at mayor@muni.org or (907) 343-7100.



Mayor Ethan Berkowitz

Anchorage: Silver-Level Bicycle Friendly Community

In 2009 the League of American Bicyclists designated Anchorage a Bicycle Friendly Community at the Bronze Level. A 2013 application resulted in a Silver Level award for Anchorage's commitment to encouraging bike use for transportation and recreation. A third application was submitted in February for the 2017-2021 period.

Information & Resources

- The League of American Bicyclists** (www.bikeleague.org/ridesmart) Instructional videos, class listings
- Bike Anchorage** (www.bikeanchorage.org) Advocacy, education and encouragement to make Anchorage more bike-friendly
- Vision Zero** (www.muni.org/Departments/OC/P/Planning/AMATS/Pages/visionzero.aspx) Initiative to stop traffic deaths and serious injuries in Anchorage
- People Mover Bus System** (www.muni.org/Departments/transit/PeopleMover/Pages/Tools.aspx) Tools for planning rides, tracking buses, receiving timely notifications, loading bikes and bike-to-bus trips
- LinkAK** (<https://linkak.org/#/>) Planning and tracking trips for all travel modes; includes event listings