

# 2019 Mat-Su Bike Map

for utility cyclists



<http://akbikeandped.org/>  
Download this map to your phone!

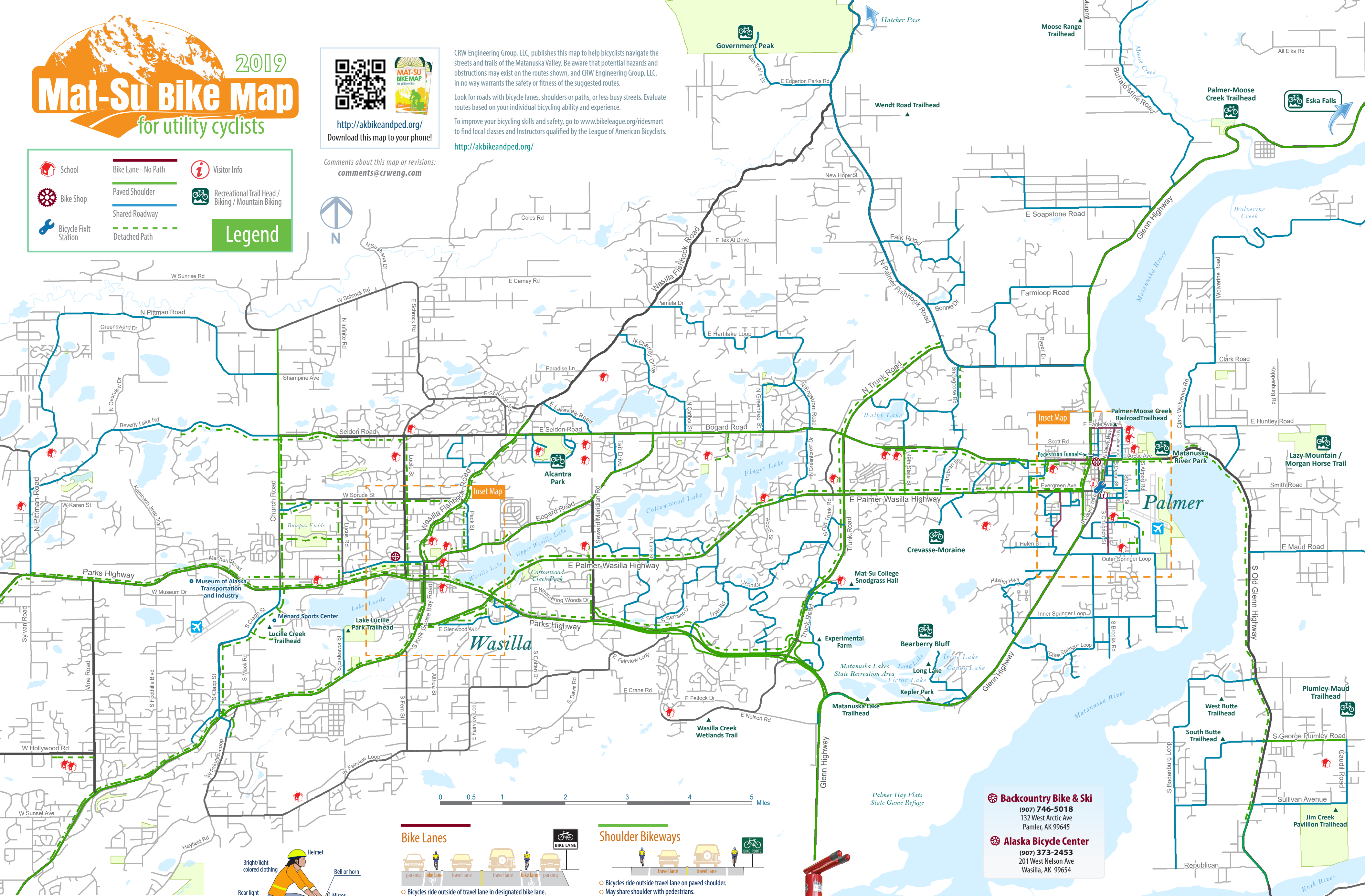
Comments about this map or revisions:  
[comments@crweng.com](mailto:comments@crweng.com)

CRW Engineering Group, LLC, publishes this map to help bicyclists navigate the streets and trails of the Matanuska Valley. Be aware that potential hazards and obstructions may exist on the routes shown, and CRW Engineering Group, LLC, in no way warrants the safety or fitness of the suggested routes.

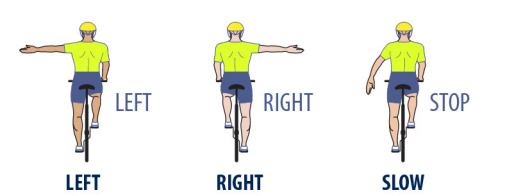
Look for roads with bicycle lanes, shoulders or paths, or less busy streets. Evaluate routes based on your individual bicycling ability and experience.

To improve your bicycling skills and safety, go to [www.bikeleague.org/ridersmart](http://www.bikeleague.org/ridersmart) to find local classes and instructors qualified by the League of American Bicyclists.  
<http://akbikeandped.org/>

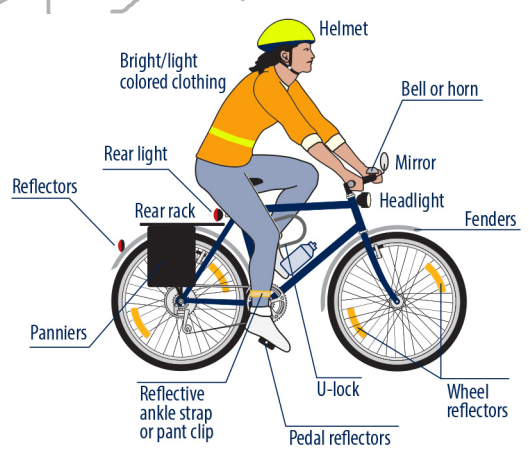

## Legend



## Communicate

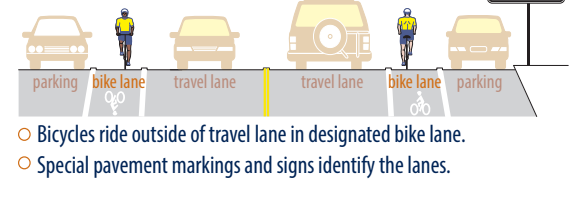


Use hand signals so that drivers know where you're going. Signal all your turns and stops ahead of time. Also, before turning, look over your shoulder for any traffic. Check and only move when it's safe.

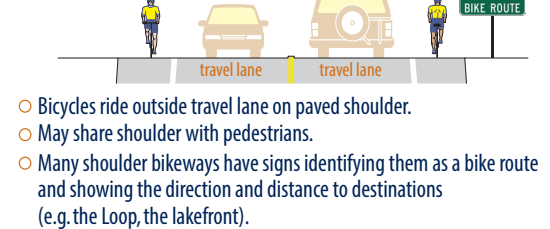


**Make eye contact.**  
Confirming eye contact with motorists helps them know that you're on the road.

### Bike Lanes



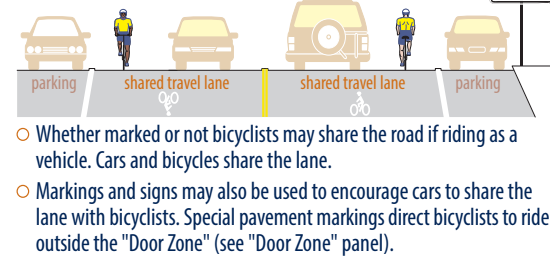
### Shoulder Bikeways



### Multi-use Trails



### Shared Lanes / Bicycle Boulevards



**Backcountry Bike & Ski**  
(907) 746-5018  
132 West Arctic Ave  
Palmer, AK 99645

**Alaska Bicycle Center**  
(907) 373-2453  
201 West Nelson Ave  
Wasilla, AK 99654

### Bicycle Fixt Stations

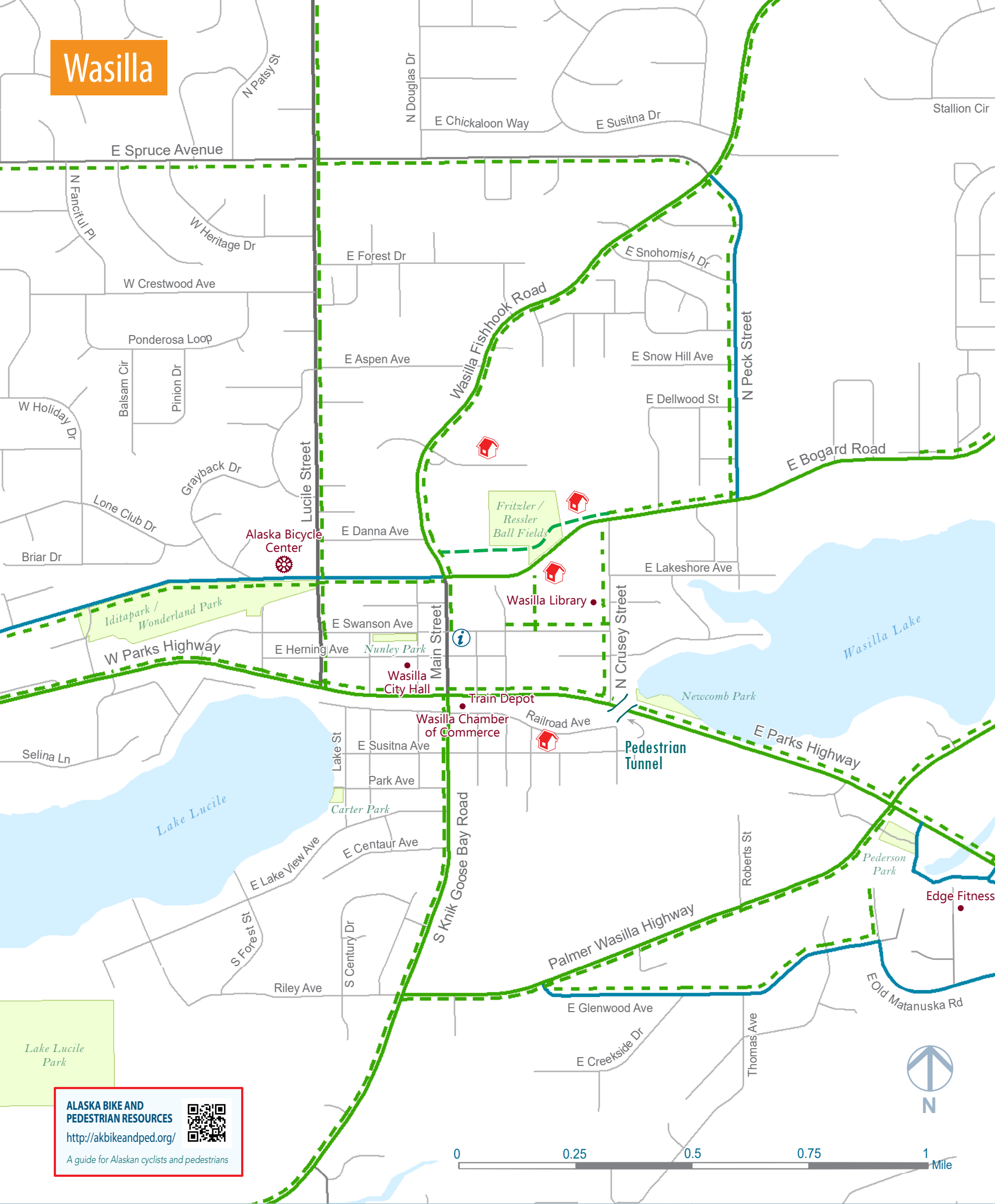
All the tools necessary to perform basic bike repairs and maintenance.

- Change flat tires
- Adjust brakes and derailleurs
- Air pump

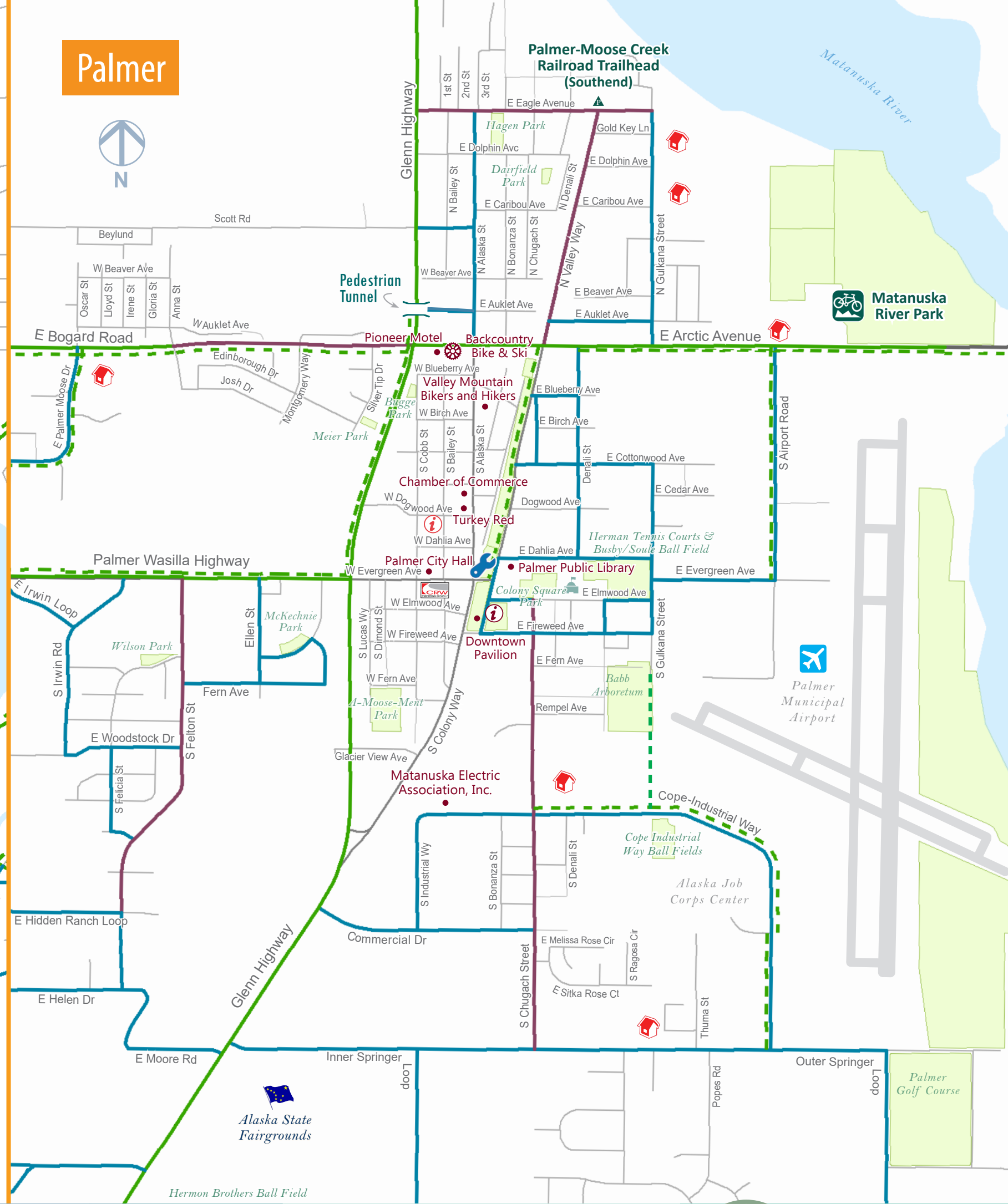
## THANK YOU

for the generous sponsors of this map!





**ALASKA BIKE AND PEDESTRIAN RESOURCES**  
<http://akbikeandped.org/>  
 A guide for Alaskan cyclists and pedestrians



**Bicycle Fixt Stations**

All the tools necessary to perform basic bike repairs and maintenance.

- Change flat tires
- Adjust brakes and derailleurs
- Air pump

- Government Peak Recreation Area Trails**  
 TRAILHEAD: Mountain Trails Drive  
 USE: Mountain biking, hiking, running  
 LEVEL: Easy to Difficult
- Crevasse-Moraine**  
 TRAILHEAD: Loma Prieta Drive  
 USE: Hiking, running, mountain biking  
 LEVEL: Easy to Moderate
- Alcantra Park Trail**  
 TRAILHEAD: Alcantra Baseball Field  
 USE: Running, walking, biking, disc golf  
 LEVEL: Easy

- Palmer-Moose Creek Railroad Trail**  
 TRAILHEAD: Eagle Avenue, Palmer  
 USE: Hiking, running, biking  
 LEVEL: Easy
- Bearberry Bluff**  
 TRAILHEAD: Long Lake  
 USE: Biking, walking, running, Horses allowed (After June 1)  
 LEVEL: Easy to Moderate
- Matanuska River Park Trail**  
 TRAILHEAD: Matanuska River Park Campground  
 USE: Hiking, biking, camping  
 LEVEL: Easy

### Sharing the Trail

Off-street Biking

**Keep to the right.**  
Yield to pedestrians and slower moving traffic except when passing. Slow down when there are lots of users on the trail.

**Be careful at crossings.**  
Look both ways. Cyclists: yield to through traffic at intersections. Remember, pedestrians have the right of way. Pedestrians: exercise caution. Be aware that cyclists and skaters require lots of room to stop.

**Advise others when passing.**  
Sound your bell or horn or call out when approaching pedestrians or slower cyclists. Then pass safely on the left.

### Theft Prevention

**See. Be seen. Be heard.**  
Use lights at night or when visibility is poor. A white headlight and rear red reflector are required by law. Flashing lights are especially effective.  
Use bike reflectors, reflective clothing and a bell.

**Never use earphones** because you won't be able to hear what's going on around you. Using earphones is not only dangerous, it's illegal.

- Never leave your bike unlocked—not even for a second.
- Always use a high-quality U-lock or chain. For added security, use both.

### Inset Map Legend

	School		Bike Lane - No Path
	Bicycle Shop		Paved Shoulder
	Bicycle Fixt Station		Shared Roadway
	Wasilla Museum & Visitor Center		Detached Path
	Palmer Visitor Information Center & Museum		Recreational Trail Head / Biking
	Mat-Su Borough Headquarters		Mat-Su Convention & Visitors Bureau

### Wildlife Safety Stay Alert. Stay Aware.

Alaska Fish & Game advises that you NEVER approach, feed or surprise our local wildlife. If an encounter is unavoidable, follow the safety tips below.

#### BROWN BEAR

- Travel in groups; make noise to avoid surprising a bear.
- Never approach cubs. Mother bears will aggressively protect them.
- Put your bike between you and the bear.
- NEVER turn and run from a bear; it may chase.
- Avoid bad-smelling areas. Move closer to friends.
- A bear may get close, circle around, or investigate.
- Talk calmly then leave slowly. If it follows, stop moving and call for help.
- If it attacks, play dead until it leaves. It is trying to 'remove the threat.'

#### MOOSE

- Never feed or touch a moose.
- Never get between a cow and her calf.
- Give moose at least 50 feet of clearance & never chase them away. Be patient.
- Wheels and heels always yield to hooves.
- If a moose lays its ears back, it may charge.
- If a moose charges, get behind a tree or something solid.
- Moose kick with their front and hind feet.
- If you are knocked down, curl into a ball, protect your head, and remain still until the moose is a safe distance away.

#### BLACK BEAR

- Travel in groups; make noise to avoid surprising a bear.
- Never approach cubs. Mothers will aggressively protect them.
- Avoid bad-smelling areas.
- Put your bike between you and the bear.
- NEVER turn and run from a bear; it may chase.
- BEARS can travel 30mph. Can YOU move that fast?
- Make yourself as big and loud as possible.
- If it attacks, fight back.

### Matanuska Lakes State Recreation Area

The Greenbelt are loops of trails across Wasilla and Palmer. 100s of posts with maps and directions help you get around this undulating, looping, and curving trail network.

Here's a link to the Matanuska Greenbelt trails.  
<http://www.matanuska-greenbelt.org/trail-maps>

### Information & Resources

**The League of American Bicyclists**  
[www.bikeleague.org/ridesmart](http://www.bikeleague.org/ridesmart)  
 Instructional videos, class listings

**MatSu State Recreation Area Bike Trails**  
<http://dnr.alaska.gov/parks/aspunits/matsu/matlakesbike.htm>