

POST-REHAB TRAINING

Your Comeback
Starts Here!

Our services bridge the gap between clinical physical therapy and regular fitness. We help clients safely rebuild strength, improve mobility, restore balance, and regain exercise confidence after being discharged from medical care.

BENEFITS:

- Gradual progression
- Targeted strengthening
- Movement education
- Customized programming



CALL B POWERFUL TODAY 941-504-4767

POST-REHAB TRAINING &
1X1 SERVICES PROVIDED BY
B POWERFUL

