

Legends Golf & CC Fitness Center

PRIVATE YOGA

**Fix Your Form,
Build Confidence
for Classes!**

Private yoga classes offer custom instruction tailored to your body, schedule, and goals. You get one-on-one attention to fix your form, work around injuries, and build confidence faster than in a crowded group class.

BENEFITS:

- Customized plans
- Safe alignment
- Total privacy
- Flexible timing
- Faster progress



CALL B POWERFUL TODAY 941-504-4767



FOR MORE INFORMATION ABOUT
B POWERFUL FITNESS CENTER
PRIVATE YOGA, 1X1 SERVICES,
EVENTS, & STAFF BIOS SCAN QR
CODE WITH CELLPHONE



B Powerful

Helping you achieve your best!