HOW DO I SIGN-UP FOR GROUP EXERCISE CLASSES?

STEP 1: Click ROSEDALE CC WEBSITE MEMBER LOG-IN PAGE link below:

https://www.rosedalecountryclub.com/login.aspx



STEP 2: Enter your Member Username & Password

STEP 3: Click left-hand toolbar (drop-down menu) and click Class Scheduling



STEP 4 Click on the class you want to register from the class schedule. Note: If it has a red crossed out circle next to class time, the class is full.

🛗 month 🖹	week 🔳 list	< F	ebruary 202	22 >		current month
Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31 9am \$10-Beginner Mat 4:30pm Sunset Yog	1 9am 20/20/20 Class (9/ 10am Water Aerobics (4:30pm \$10-Tai Chi (6/ 6pm \$10-Gentle Yoga (2 9am \$10-Lifting with R Ø 9am Gentle Yoga (1	3 9am \$10-Beginner Mat 2pm Chair Yoga (10/13 5:30pm HIIT 101 (12/1	4 9am \$10-Lifting with R 9am \$10-Tai Chi (1/10) 10am Water Aerobics (5 7:30am Saturday Walk Sam Total Body Tone (
6	7 9am \$10-Beginner Mat Ø 4:30pm Sunset Yog	8 9am 20/20/20 Class (1 10am Water Aerobics (© 4:30pm \$10-Tai Chi ✓ 6pm \$10-Gentle Yo	9 9am \$10-Lifting with R Ø 9am Gentle Yoga (1	10 9am \$10-Beginner Mat © 2pm Chair Yoga (13 5:30pm HIIT 101 (9/15	11	12 9am Total Body Tone (
13	14 9am \$10-Beginner Mat Ø 4:30pm Sunset Yog	15 9am 20/20/20 Class (1 10am Water Aerobics (4:30pm \$10-Tai Chi (9/ 6pm \$10-Gentle Yoga (16 9am \$10-Lifting with R Ø 9am Gentle Yoga (1	17 9am \$10-Beginner Mat 2pm Chair Yoga (8/13) 5:30pm HIIT 101 (8/15	18 9am \$10-Lifting with R 9am \$10-Tai Chi (3/10) 10am Water Aerobics (19 7:30am Saturday Walk 9am Total Body Tone (4
20 5pm Tour Rosedale Fit	21 9am \$10-Beginner Mat Ø 4:30pm Sunset Yog	22 9am 20/20/20 Class (5/ 10am Water Aerobics (4:30pm \$10-Tai Chi (3/ 6pm \$10-Gentle Yoga (23 9am \$10-Lifting with R Ø 9am Gentle Yoga (1	24 9am \$10-Beginner Mat 2pm Chair Yoga (0/13)	25 9am \$10-Tai Chi (0/10) 10am Water Aerobics (26 9am Total Body Tone (
27	28 4:30pm Sunset Yoga (1 9am 20/20/20 Class (0/ 10am Water Aerobics (4:30pm \$10-Tai Chi (0/ 6pm \$10-Gentle Yoga (2 9am S10-Lifting with R 9am Gentle Yoga (0/16	3 2pm Chair Yoga (0/13) 5:30pm HIIT 101 (0/15	4 9am \$10-Lifting with R 9am \$10-Tai Chi (0/10) 10am Water Aerobics (5 9am Total Body Tone (

STEP 5 After clicking on your designated class, click the Register Class in right hand corner to sign-up.

Class Scheduling My Bookings	Mar	nage Buddies and Groups	Help	
÷				REGISTER CLASS
Total Body Tone Time 9:00 AM - 10:00 AM Date Sat Feb 19, 2022 Available Date(s) Sat Feb 19, 2022		Personal Trainer Mike		
Unavailable Date(s)	~			
More Info	~			
Others Attending	~			
				Powered by Jonas Club S

STEP 6: Be sure to click COMPLETE REGISTRATION to save your spot in class.

×	ROSEDALE	
Class Scheduling My Bookings	Manage Buddies and Groups Help	
<		COMPLETE Total Cost: \$0.00
Total Body Tone Time 9:00 AM - 10:00 AM Available Date(s) Sat Feb 19, 2022	Booking Registrants - 1 of 15	×
Unavailable Date(s)		ADD BUDDIES & GROUPS COMPLETE REGISTRATION
More Info Others Attending	• •	

STEP 7: To cancel class, click MY BOOKINGS Please cancel <u>48 hrs. before class</u> so another member can be moved (manually) in time to take your spot.

class Scho	edule My Bookings Manage Buddies	and Groups	
Ŧ	Booking Types Court, Dining, Event,	~	€ <u>sync</u>
ŝ	Total Body Tone	Attendees No other attendees	X CANCEL CLASS
	Saturday, February 19, 2022 9:00 AM		
	5228		
	Location Movement Studio OR Pool Deck		
	Instructor		

STEP 8: Some classes (like the free yoga classes) fill up right away with 16 people maximum. To have more of an opportunity to get into our popular classes, click on the class, and refer to the right-hand corner for when class registration opens up.

REGISTRATION OPENS ON OCT 05, 2022 AT 04:30 PM UNSet Yoga Time 4:30 PM - 5:30 PM Date	REGISTRATION OPENS ON OCT 05, 2022 AT 04:30 PM Sunset Yoga Time 2 4:30 PM - 5:30 PM Date Mon Oct 10, 2022 Available Date(s) Mon Oct 3, 2022 (Wait List)	Class Scheduling My Bookings	Mar	age Buddies and Groups	Help	
UNSET YOGA Yogi Sarit Time 4:30 PM - 5:30 PM Date	Sunset Yoga Yogi Sarit Time 4:30 PM - 5:30 PM Date Mon Oct 10, 2022 Available Date(s) Mon Oct 3, 2022 (Wait List)	÷				REGISTRATION OPENS ON OCT 05, 2022 AT 04:30 PM
	Mon Oct 10, 2022 Available Date(s) Mon Oct 3, 2022 (Wait List)	Sunset Yoga Time 4:30 PM - 5:30 PM Date		Yogi Sarit		
navailable Date(s)		More Info	~			

STEP 9: If class is full, you will be asked to sign-up for the waiting list. When a member cancels, the member who signed up earliest on the waiting list will be moved over to class attendance and emailed notification you have been enrolled in the class.

Class Scheduling My Booking	gs Manage Buddies and Groups He	lp
÷		ADD TO CLASS WAIT LIST
Sunset Yoga Time 4:30 PM - 5:30 PM Date Mon Oct 3, 2022 Available Date(s) Mon Oct 3, 2022 (Wait List)	Yogi Sarit	
navailable Date(s)	~	
Nore Info	~	
	••	

Keep on top of all the the Rosedale Fitness Center Happenings:

B Powerful-Rosedale CC Webpage: <u>https://bpowerfulnow.com/rosedale-golf-cc</u> B Powerful-Rosedale CC Facebook: <u>https://www.facebook.com/rosedalelwrwellness</u> B Powerful-Rosedale CC Instagram: <u>https://www.instagram.com/rosedalelwrwellness/</u>