

FITNESS CENTER TOUR

SARASOTA YACHT CLUB PREFERRED
PERSONAL TRAINING PROVIDER



**MONDAY JANUARY 12 2026
2-3 PM**

**B POWERFUL PERSONAL TRAINER &
FITNESS CLASS MANAGER BETHANY REUL
WILL SHOW MEMBERS HOW TO USE THE
EQUIPMENT IN THE SYC FITNESS CENTER
FOR SAFE AND EFFECTIVE WORKOUTS.
NO PRE-SIGN-UP REQUIRED.**

**CALL B POWERFUL TODAY
941-504-4767 TO GET MATCHED
WITH A PERSONAL TRAINER PER
YOUR GOALS AND SCHEDULE.**

