

PRIVATE YOGA

Fix Your Form,
Build Confidence
for Classes!

Private yoga classes offer custom instruction tailored to your body, schedule, and goals. You get one-on-one attention to fix your form, work around injuries, and build confidence faster than in a crowded group class.

BENEFITS:

- Customized plans
- Safe alignment
- Total privacy
- Flexible timing
- Faster progress



CALL B POWERFUL TODAY 941-504-4767

PRIVATE YOGA &
1X1 SERVICES PROVIDED BY
B POWERFUL



B Powerful

Helping you achieve your best!