

DANGER SIGNS IN PREGNANCY

Are you experiencing the following symptoms?

- severe headaches?
- stiff hands?
- swollen feet?
- your rings are feeling tight?

You may have PRE-ECLAMPSIA

- constant worry?
- hopelessness?
- sadness?
- thoughts about hurting yourself?

You may have DEPRESSION

- baby has stopped kicking?

This is called NO FETAL MOVEMENTS

- tiredness?
- weakness?
- no energy?

You may have ANAEMIA

- pains in the stomach and back before baby's due date?

You may be going through PREMATURE LABOUR

- water has broken before baby's due date?

You may be having a PREMATURE RUPTURE OF MEMBRANES

- constantly needing to pass urine and it burns?

You may have a URINARY TRACT INFECTION

- vaginal discharge that itches or smells foul?

You may have a VAGINAL INFECTION

- bleeding from the vagina?

You may have an ANTEPARTUM HAEMORRHAGE



Please contact us immediately or go to the nearest hospital if you have any of these problems | 010 447 1073 | info@motherandchildhealth.co.za | www.motherandchildhealth.co.za

DANGER SIGNS AFTER DELIVERY

Are you experiencing the following symptoms?

- severe pain and swelling in calf?
- calf is red?

You may have DEEP VEIN THROMBOSIS

- severe headaches?
- blurry vision?

You may have PRE-ECLAMPSIA

- crying all the time?
- thoughts about hurting yourself or the baby?

You may have POST-PARTUM DEPRESSION

- shortness of breath?
- breathing very fast?

You may have a PULMONARY EDEMA

- fever or chills?
- stomach hurts?
- foul smelling vaginal discharge?

You may have POST-PARTUM SEPSIS

- baby is unusually cold?

Your baby may have HYPOTHERMIA

- incision not healing?

You may have a WOUND INFECTION

- vaginal bleeding that soaks pads?

You may have POST-PARTUM HAEMORRHAGE



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