

OAK HILL REIKI AND YOGA CENTER MEMBERSHIP AGREEMENT, CODE OF CONDUCT & POLICIES

Membership Agreement

These policies apply to all members utilizing our facility and to all services. These services include Yoga, Reiki, Energy Healing, Pilates, Meditation, Painting Meditation, Pop-up workshops, Retreats, Massages, Facials, and all types of Therapies provided. The Oak Hill Reiki and Yoga Center is a safe and welcoming environment for all members and guests. To promote safety and comfort for all. All individuals are asked to always act appropriately when in our facility or participating in our programs. We expect persons using the Center to act maturely, to behave responsibly, and to respect the rights and dignity of others. Our Member's Code of Conduct outlines prohibited behavior, but the actions listed below are not an all-inclusive list of behaviors considered inappropriate in our facilities or programs.

- Using or possessing alcohol or illegal chemicals on Oak Hill property.
- Smoking in the Oak Hill Center or on our property.
- Carrying or concealing a weapon or any device or object that may be used as a weapon. Use of cell phones in the Oak Hill Center, please be respectful of the classes.
- Use of any video/picture-taking equipment, including camera phones, in the Oak Hill Center.
- Harassment or intimidation by words, gestures, body language, or any type of menacing behavior.
- Physical contact with another person in an angry, aggressive, or threatening way.
- Verbally abusive behavior, including angry or vulgar language, swearing, name-calling, or shouting.
- Sexually explicit conversation or behavior: any sexual contact with another person.
- Inappropriate, immodest, or sexually revealing attire.
- Theft or behavior that results in the destruction or loss of property.
- Loitering within or on the grounds of the Oak Hill Center.

In addition, the Oak Hill Reiki and Yoga Center reserves the right to deny access or membership to all individuals. Inappropriate behaviors will not be tolerated. If a member or guest feels uncomfortable, they should report the behavior to staff immediately.

Oak Hill Age Use Guidelines

The following rules are designed to ensure the safety of all members: Children ages 7-14 are allowed at the Oak Hill Center, under the supervision of a parent or guardian.

Oak Hill Injuries

Please notify a representative immediately if there is an accident, injury, or unusual incident. We are here to assist you. Please be advised that you are participating in all activities at your own risk and are fully responsible for yourself, your children, and your guests. The Oak Hill Reiki and Yoga Center is not liable for any injuries that occur during classes or on the premises.

Lost and Found

The Oak Hill Reiki and Yoga Center is not responsible for lost or stolen property.

Suggestions/Comments

Your suggestions and concerns are always welcome. Please feel free to contact us on our page or provide a phone number for any questions as well as make suggestions. Smoking Policy Smoke free campus.

Cell Phones & Other Electronics

The use of cell phones will not be permitted in the Oak Hill Center. Please be respectful during classes and do not take pictures or videos inside the center.

Individuals with Special Needs

The Oak Hill Reiki and Yoga Center provides opportunities for people with physical and mental disabilities to participate in our programs. Please contact us about any accommodations needed for participation.

Attire

Appropriate clothing for Yoga, Reiki, Meditation, or any other services we are offering. If you have questions about clothing attire please do not hesitate to ask the instructors.

Facial Policies

- **Health Considerations:** Please inform your esthetician of any skin conditions, allergies, sensitivities, or health concerns prior to your facial treatment. This will help ensure the treatment is appropriate for your skin and that any potential reactions are avoided.
- **Arrival Time:** We recommend arriving at least 10 minutes before your scheduled appointment. This will allow time for a pre-treatment consultation and help the session begin on time.
- **Cancellations:** We require at least 24 hours' notice for cancellations of facial appointments. Late cancellations or no-shows will incur a fee to cover the scheduled time.
- **Product Use:** The products used during facials are high-quality, professional-grade items. If you have any concerns or preferences regarding product ingredients, please let your esthetician know before your session begins.
- **Aftercare:** To ensure optimal results from your facial, please follow the aftercare instructions provided by your esthetician. Proper aftercare is crucial to avoiding irritation and ensuring the lasting benefits of your treatment.

Dance Lessons/Classes Policies

- **Class Participation:** Dance lessons at Oak Hill are open to students of all levels. Whether you're a beginner or more advanced, please follow the instructor's guidance for your safety. Modifications can be provided for specific needs, so feel free to ask for help during

the class.

- **Footwear and Attire:** Wear comfortable clothing that allows for freedom of movement. Appropriate footwear is required for safety reasons. For some dance styles, you may need bare feet, socks, or specific dance shoes—please consult with the instructor to know what is best for your class.
- **Physical Limitations:** If you have any physical limitations, injuries, or medical conditions, please inform the instructor prior to the class so that we can adjust movements to suit your needs and ensure your safety.
- **Etiquette:** Respectful behavior toward both the instructor and fellow students is essential. This includes arriving on time, being present during the class, and following instructions attentively. Talking should be kept to a minimum while the class is in progress.
- **Class Etiquette:** Please refrain from using your phone or taking pictures/videos during class. This helps maintain focus and respect in the studio environment.
- **Cancellation Policy:** Dance lessons require a minimum of 24 hours' notice for cancellations. If a class is canceled less than 24 hours before the scheduled time or if you are a no-show, a fee may apply for the missed session.

By signing below, I acknowledge that I have read and understood the Oak Hill Reiki and Yoga Center Membership Agreement, Code of Conduct, Policies, and the additional policies for facials and dance lessons/classes.

Signature: _____

Date: _____