



Barbara Guillen

Inspirational Speaker,
Facilitator & Podcast Host

Passionate about helping others discover their purpose, potential, and power, Barbara ignites audiences with her warm and authentic approach. In 2021, in a wild leap of faith, Barbara left her career in teaching to pursue a higher calling. Today, she uses her words and her voice to inspire and encourage others through her top rated podcast, *Something to Bless*, as well as through various written content.

Sharing her adverse life experiences and fierce determination to overcome them all, she is able to connect, compel, and transform hearts and minds through humor, wisdom, and a sincere belief in the potential of every person she speaks to.

SIGNATURE TOPICS

- ✓ **Be, Then Do**
- ✓ **Expanding by Believing Bigger**
- ✓ **From Courage to Confidence**
- ✓ **Gratitude Changes Everything**



When it comes to authenticity and vulnerability for sharing her story, Barbara is a passionate, humorous, and undeniably informed speaker who will captivate and inspire your audience!

Luke W. CEO & Founder, Cadre



Barbara led one of our healing and creative workshop sessions, inspiring and engaging women by speaking into their power and destiny. If you want an insightful teacher and speaker, I highly recommend Barbara!

Christelle B. Author | Therapeutic Art Life Coach

Contact



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Something to Bless



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