



CROSSROADS DRESSAGE & COMBINED TRAINING SOCIETY

THE CROSSING

September 2025, Volume XXII, Issue 9

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CDCTS News/Photos

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From Your President

Our Fall Schooling Show is scheduled for September 27. This is our last show of the year. We will be at Jen Bolen's Benchmark Farm in Lenoir City. The online entry forms have gone out and are posted on social media. Our schooling shows are wonderful opportunities to try a new dressage test or get a young horse out in a show atmosphere or for a new rider or a rider trying something new. Closing date is September 22, so get your online entries in!

If you want to be eligible for year-end schooling awards, you need to have shown in at least 2 different shows with 2 different judges. The horse/rider combination must submit at least 3 scores from 2 different judges at 2 different shows. At least 1 score must be derived from the highest test of that level.

October 18-19 is our third in a series of clinics with Cathy Zappe. It will again be held at Shannon O'Hatnick's Red Oak Hill Farm in Lenoir City. We appreciate Shannon hosting this event. Both the April and the July clinics were very popular and I'm sure this one will fill up fast. Members can audit for free; nonmembers are only \$10 to audit. The online entry form will be posted by mid-September.

Because of the Cathy Zappe clinic October 18-19, we will NOT be hosting Fall Fun Day this year.

January 31, 6:30 p.m. is the date for our Annual meeting and awards banquet. If you want to be considered for year-end awards, your scores need to be sent in no later than December 3, 2025.

Please volunteer at our Fall Show. If you want to qualify for year-end awards, our rules state you have to have a least 4 hours of volunteer time. We will need help setting up on Thursday, September 25. We need a ring steward, someone to help with parking and folks to help tear down after the show on Saturday. CDCTS is YOUR club and we appreciate all who help out to make us successful.

Until next month, stay cool and Happy Riding!

Carolyn Ordal

CDCTS President

CDCTS is a USDF Group Member Organization and all members are automatically USDF Group Members. For USDF Participating Membership, members must apply directly to USDF.



CDCTS MEETING MINUTES, AUGUST 12, 2025

Call to Order: Present Carolyn Ordal called the meeting to order at 7 p.m. Present were Carolyn Ordal, Julie Noe, Rita Dunn, Lynn Holtman, Kacy Schnake, Diane Carlson, Sloane Adams and Danielle McKensey and 2 guests, A quorum was present.

Approval of the Minutes: Lynn Holtman moved to approve the July 10, 2025 minutes. Rita Dunn seconded the motion and all approved.

Treasurer's Report: Kacy Schnake gave the treasure's report. Riding High had not yet cashed the \$1200 donation from us.

Approval of Treasurer's Report: Lynn Holtman moved to approve the report. Diane Carlson seconded and all approved

Old Business

Clinic July 12-13: Cathy Zappe Clinic went well. Lots of positive comments and people wanting to attend in October.

Fall Schooling Show, September 27: Jen Bolen offered her place on Buttermilk Road. Details are being worked out. Jen has a few jumps for a combined test if we get enough entries for that. Volunteers are needed. Waiting to get her email address so a contract can be sent out to her. Once confirmed, Laura Wolfe will be contacted to judge. Let's drum up lots of interest for this show, once we get it the location confirmed. NEED VOLUNTEERS!

Other Business from Last Month? Should we invest in another CD? 4.25% 6 or 12 months, \$2500 minimum at Knoxville TVA Employees Credit Union. Carolyn Ordal will get details.

New Business

River Glen may need volunteers for Dressage by the River this weekend. Check with Susan Hill. Carolyn Ordal will be serving as Ring Steward Sunday morning. Probably a small show.

Other Clinicians: Kacy Schanke will contact Emily Rose for next year to tie in with a clinic when she comes back to UT.

Would anyone be interested in trying to learn how to put together a musical ride? Sloan Adams will contact Esther Roberts to see what she would charge.

Start thinking about ideas for year-end awards. Annual Award banquet will be at Buddy's BBQ Bearden Banquet Hall on January 31, 2026 at 6:30 p.m.

Kacy Schanke moved to adjourn the meeting. Lynn Holtman seconded, all approved and the meeting was adjourned at 7:30 p.m.

2025 CDCTS Events

Schooling Show/Clinic Dates: Fall Schooling Show, September 27, Jen Bolen's Benchmark Farm; Cathy Zappe Clinic October 18-19, Shannon O'Hatnick's Red Oak Hill Farm..

Other 2025 Local Events

Jim Koford: September 4-7, October 2-5 (subject to change), October 30-November 2, December 4-7.

River Glen: Fall HT, November 8-9, Hunter Jumper, September 20-21; October 4-5 and 18-19.

The CDCTS Fall Schooling Show is September 27

Benchmark Farm, 14875 Buttermilk Road, Lenoir City, TN.

The Closing Date for Entry is September 22.

The Entry Form is online: <https://forms.gle/X47LhLyrobAHUYUN6>

Sunrise Equine Therapy

1409 Yarnell Station Blvd
Knoxville, Tennessee

Facebook
Sunrise Equine Therapy LLC



The Connection Course Clinic

August 23-24

Three CDCTS members (Carolyn Ordal, Candi Mindey and AnneTitus) attended the Connection Course Clinic on August 23-24. This was defined as “the horse lover’s guide to listening, relaxing and connecting to their horse.” Taught by Keli Scott, Certified Equine Massage Therapist & Equine Myofascial Release practitioner and owner of Sunrise Equine Therapy. The clinic had both classroom and hands on learning opportunities. She states that “equine massage, in particular, brought into focus the thing she has always loved best about horses, connection.” It’s not just the horse, but it is also about how we, as owners, can be present in the moment to have that deeper connection with our horses.

Held at Sonny Brook Farm in West Knoxville, this group of 4 (4th student was Becke Boque, DVM) had classroom sessions in the event center and then went downstairs to the stable to practice what we had learned on their horses and ponies. We learned about the different muscle groups of the horse and which techniques worked best on each area.

“Equine massage is using hands-on techniques to a horse’s muscles, fascia and other soft tissues. This improves circulation, reduces tension, and enhances range of motion and supports overall physical and emotional well-being.” I know that works for me when I get a massage and end up a “limp noodle” afterwards! When we practiced the different techniques of effleurage, petrissage, tapotment, and friction, it was very evident which horses liked it and which did not. We could see the subtle shifts in breath, slow blinks and lip twitches of those ponies that were really enjoying it. Just as it was evident that one pony, while not mean or nasty, was not happy with being touched. Anne brought her horse Matteo and while she was the one who worked on him, he did serve as a model when we all touched him. He was a very good boy!

Everyone who attended this clinic enjoyed it and learned a lot. We recommend this clinic when it is offered in the future. Am I an expert equine massage therapist after this clinic? No, but I am a horse owner who now has more tools in my toolbox to increase my connectivity with my horse. If I have better connectivity through massage, that can carry over to my riding.

CDCTS CLASSIFIED CORNER

Trailers for Sale. Tobruk Trailers. Merhow and Cherokee aluminum trailers. Custom living quarters for large horses. Hitches and repairs. Call 865-674-7041 or email tobrukfarm@charter.net.

Pasture Board. Topperhill Farm, Lenoir City Area. 10 minutes from Baker's Creek. Large arena with sand and crushed rubber footing. Four board fencing. Contact Susan Hill, call or text 865-789-5048.



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Saddles For Sale

Western Saddle, Extra Wide Tree; Weight: Approx. 31 lbs; Gullet: 7.5" mid-concho to mid-concho Finished Seat Size: 17"; Skirt Length: 26"; Tree Size: 17.5"

New, will not fit her horse. Asking \$2,200 or best offer.

Contact: Athen Lemmons, New Market, TN
call:865-475-9681

Tucker Saddle
T60 High Plains North Star Horizon Series
Black Serial# 271-711-5218-23



Rembrandt Dressage Saddle

18" adjustable
\$500 or best offer

Contact:Sloan Adams,
email: sloanliza@gmail.com
or call: 865-258-8373



Boots For Sale

Custom Dehner
Black field boots, pristine condition, only worn twice. Size 5 1/2, 14" tall.
\$200
(New price \$1100 plus tax.)
Contact Rita Dunn
865-548-6325.



Riding Wear For Sale



Schooling Breeches 9 assorted pair, size medium - \$25 each

Troxel Schooling Helmet Brand new, in box, never worn, medium - \$85

Tipperary Eventing Vest, size medium, never worn - \$125

Contact: Diane Carlson
865-922-3614 or
dianeandcharlie56@gmail.com

Reach the audience you want through an ad in our newsletter

AD Size

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Member Rate

\$10 per month
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\$20 per month
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\$1 for each 25 words

Please send ads, via email to cdctsnews@gmail.com. Make checks out to CDCTS (put "advertising" in the check memo line) and mail them to Kacy Schnake, 324 El Jon Lane, Kingston, TN 37763.

SEPTEMBER/OCTOBER 2025 CALENDARS

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4 Jim Koford	5 Jim Koford	6 Jim Koford
7 Jim Koford	8	9 CDCTS Board Meeting	10	11	12	13
14	15	16	17	18	19	20 Hunter Jumper River Glen
21 Hunter Jumper River Glen	22	23	24	25	26	27 CDCTS Fall Schooling School
28	29	30				

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Jim Koford	3 Jim Koford	4 Jim Koford River Glen, Fall Hunter Jumper
5 Jim Koford River Glen, Fall Hunter Jumper	6	7	8	9	10	11
12	13	14 CDCTS Board Meeting	15	16	17	18 Cathy Zappe Clinic River Glen, Fall Hunter Jumper
19 Cathy Zappe Clinic River Glen, Fall Hunter Jumper	20	21	22	23	24	25
26	27	28	29	30 Jim Koford	31 Jim Koford	

ARTICLES FOR THE CROSSING

Please submit articles for your monthly CDCTS newsletter, *THE CROSS/ING*. Deadline for articles is the 20th of each month. Send your article by email to: cdctsnews@gmail.com.

EVENTS

2025 CDCTS Events

Schooling Show Dates: Fall Schooling Show, September 27; Cathy Zappe Clinics, October 18-19.

2025 Local Events

Jim Koford: September 4-7, October 2-5 (subject to change), October 30-November 2, December 4-7.

River Glen: Hunter Jumper, September 20-21; Fall Hunter Jumper, October 4-5 & 18-19; Hunter Jumper, November 8-9

Next Meeting

September 9, 2025
2nd Tuesday of the Month

Calhoun's Restaurant

(Pellissippi/Kingston Pike Intersection)
10020 Kingston Pike, Knoxville, TN
6 p.m. for dinner, 7 p.m. for meeting



Region 3 USDF GMO #0319

CDCTS is a USDF Group Member Organization that caters to dressage and combined training (eventing) riders and enthusiasts in the Knoxville area and throughout East Tennessee.

By joining CDCTS, you will be on the fast track to learning about shows, clinics and other great educational opportunities in our area. You will get to meet other like-minded, horse loving people, and you will become part of a group that is continually working to promote dressage and eventing in your area.

In addition, by joining CDCTS, you automatically become a Group Member of USDF, which provides you with many additional benefits in the dressage arena.

Visit us on the web for more information and downloadable content at www.CDCTS.org

Find us on Facebook at www.facebook.com/CDCTS



YOUR CONNECTION
TO THE LOCAL
DRESSAGE
COMMUNITY

Become a member today and stay connected with your local dressage community!

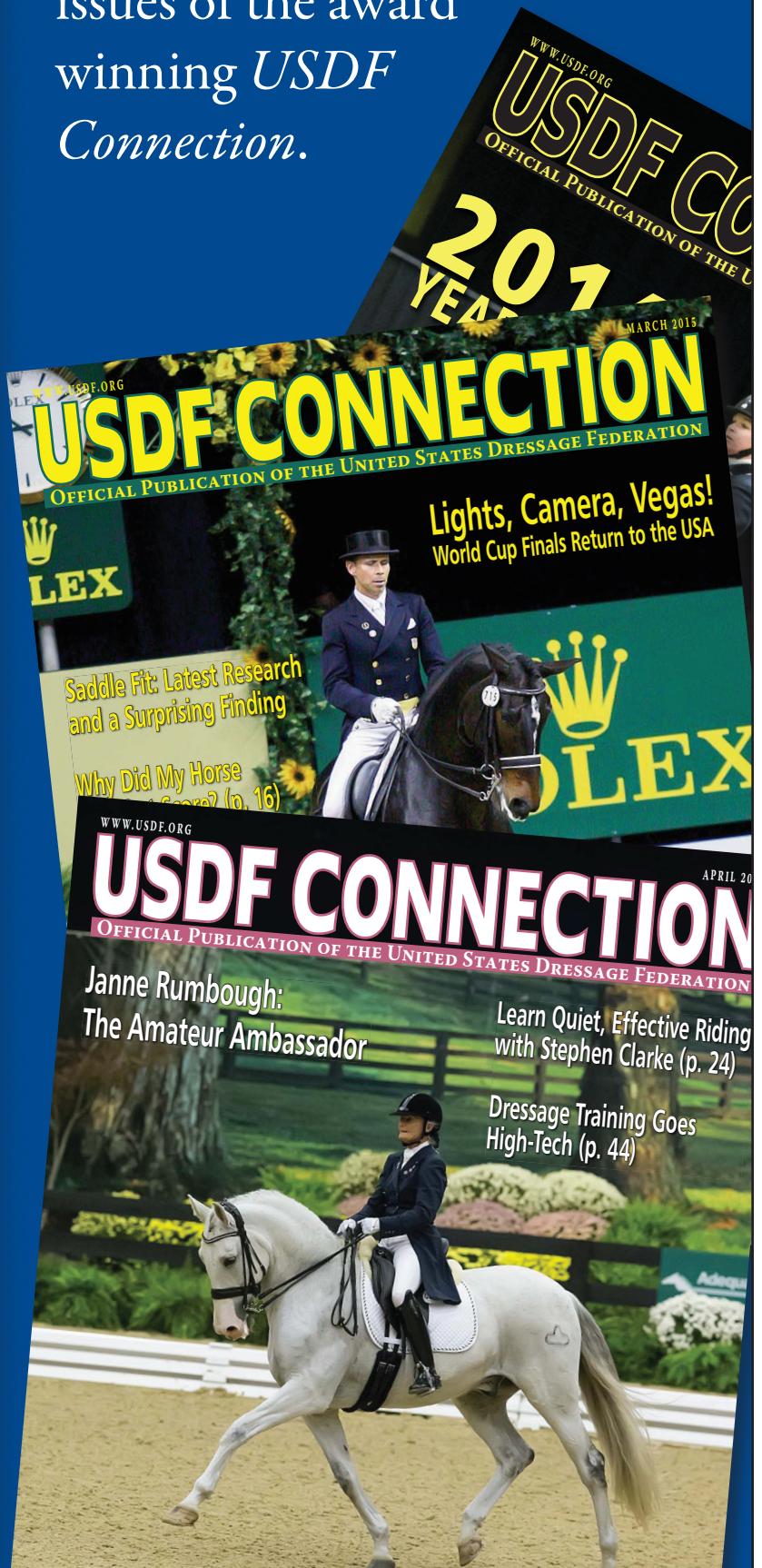


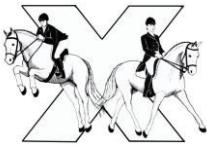
GMO

GROUP
MEMBER
ORGANIZATION

YOUR CONNECTION TO THE LOCAL
DRESSAGE COMMUNITY

By joining, you also receive complimentary issues of the award winning *USDF Connection*.





Crossroads Dressage and Combined Training Society 2025 Membership Application



CDCTS membership year is 1 December 2024-30 November 2025. After 1 December, the effective date of membership begins the day the form and correct dues reach the CDCTS Secretary at the address below. CDCTS is a USDF GMO and its members are automatically USDF Group Members. For Participating Membership, members must apply directly to USDF. \$24.00 of your primary GMO membership fee goes directly to USDF for your Group Membership. Electronic copies of CDCTS applications will be held until funds are received.

First Name: _____ Middle Initial: _____ Last Name: _____ USDF#: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Primary Phone: () _____ Secondary Phone: () _____

Primary Email address: _____

Birth date: _____ (required by USDF for all riders under 21 years of age, and requested for those over 21 years old to assist in limiting doubled entries at USDF)

I would like to Join: _____ /Renew: _____ Crossroads Dressage and Combined training Society for the membership year 1 December 2024—30 November 2025 in the following category:

- a. Charter Member (Founding member of the club whose membership has not lapsed) _____ X \$23.00 _____
- b. Adult Member (Over 21 years old as of January 1, 2024) _____ X \$52.00 _____
- c. Junior/Young Rider Member (21 years old or younger as of January 1, 2024) _____ X \$28.00 _____
- d. Family Membership (\$52 Primary Member + \$13.00 per each additional member) _____ X \$52.00 _____

_____ X \$13.00 _____
- e. Early Bird Discount (Payment before November 1, 2024) **deduct \$5.00** _____

_____ -\$5.00 _____

ARE YOU PAYING WITH PAYPAL? (cdctsorg@gmail.com) **IF YES, ADD \$2.00** _____
Total: _____

List the Additional Family Members below:

Name: _____ Phone #: () _____

I would like to volunteer to support the club in the following areas:

Horse shows: _____ Scribe, _____ Scorer, _____ Runner, _____ Ring Steward, _____ Concessions, _____ Set up and Tear Down, _____ Hospitality

Other: _____ Phone Contacts, _____ Committees, _____ Board Member, _____ Write for Newsletter, _____ Publish newsletter, _____ Website, _____ Sell Advertising _____, Other _____

Please make your check payable to CDCTS and return to:

Kacy Schnake, CDCTS Treasurer
324 El Jon Lane
Kingston, TN 37763

Office action:
Date Received: _____
Check #: _____
Amount: _____



**Crossroads Dressage and Combined Training Society
2025 Professional or Business Application**



GROUP
MEMBER
ORGANIZATION

CDCTS membership year is 1 December 2024-30 Nov 2025. After 1 December, the effective date of membership begins the day the form and correct dues reach the CDCTS Secretary at the address below. CDCTS is a USDF GMO. For Participating Membership, members must apply directly to USDF. Professional/Business membership dues are determined annually by the board. For 2024, there is no fee to become a Professional/Business Member of CDCTS.

Primary Contact: First Name: _____ Middle Initial: _____ Last Name: _____

Business Name (if applicable): _____

Mailing or Street Address: _____

City: _____ State: _____ Zip Code: _____

Primary Phone: () _____ **Secondary Phone:** () _____

Primary Email address: _____

I would like to Join: _____ /Renew: _____ Crossroads Dressage and Combined Training Society for the membership year 1 December 2024 - 30 November 2025 as a **Professional or Business Member (please select one)**

a. I/we wish to provide a lecture or training series with the following details:

b. I/we wish to sponsor a class in a CDCTS Schooling Show for the following amount _____ or with the following goods and/or services _____. *Please select Spring or Fall Show or both.*

c. I/we wish to sponsor a _____ (trophy, ribbons, neck sashes, etc) in a schooling show. *Please select Spring or Fall Show or both.*

d. I/we wish to sponsor a year end award. Please specify which award and amount.

e. I/we wish to support the club in another manner. Please specify below:

Please fill your form out and mail it to:

Kacy Schnake, CDCTS Treasurer
324 El Jon Lane
Kingston, TN 37763

Office action: Date Received: _____