

## 2019 Officers

### President

Jean Sullivan  
[shamrockfarm3100@gmail.com](mailto:shamrockfarm3100@gmail.com)

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[timberwayfarm@yahoo.com](mailto:timberwayfarm@yahoo.com)

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### Webmaster

Kennetha Eikleberg  
[keikleberg@gmail.com](mailto:keikleberg@gmail.com)

## From Your President

Dear CDCTS members,

Good morning CDCTS members! The sun is shining and the mud is starting to dry up. Time to get back into training for the upcoming shows!

Our spring show is scheduled for May 4th at Penrose Farm. I am in charge of volunteers for that show. If there is a particular job that you like to do at the show, just get in touch with me at [shamrockfarm3100@gmail.com](mailto:shamrockfarm3100@gmail.com). A number of people have already volunteered but there are still plenty of positions open. If you intend to show that day, we could use help setting up on that Friday or cleaning up after the show. Remember, volunteers get vouchers of \$10 for every eight hours volunteered.

At our last meeting our members voted to support Riding High in Morristown for our yearly charity. We are collecting small necessary items for them throughout the year with larger donations toward larger projects as the year progresses. A list of their needs will be included in the newsletter. I hope everyone will get excited about helping out this deserving organization. Jeannie Baggett will collect the items at our monthly meeting and take them to Riding High.

We have another important vote coming up at our next meeting that I would like to have as many member's input as possible. We have had two successful clinics with working equitation with Maria Blackstone and have been given the opportunity as a club to join their organization. After research done by Carol Mitchell, we know that this will not affect our standing with USDF or USEF. This only costs the club \$100 but allows our members to participate in their shows. Let us know your thoughts on this opportunity.

Hope to see everyone out enjoying their horses and this wonderful weather!

Jean Sullivan, CDCTS President

*CDCTS is a USDF Group Member Organization and all members are automatically USDF Group Members. For USDF Participating Membership, members must apply directly to USDF.*



GROUP  
MEMBER  
ORGANIZATION

# CDCTS MEETING MINUTES, MARCH 12, 2019

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## I. Call To Order

President Jean Sullivan called to order the regular meeting of the CDCTS Board at 7:00 p.m. on March 12, 2019, at RC's Courtyard, Alcoa, TN.

## II. Roll Call

President Jean Sullivan conducted the roll call. The following Board members were present: Jean Sullivan, Jill Strain, Alece Ellis, Jeannie Baggett, Carolyn Ordal. The following Board members were absent: Ashley Phillips, Carol Mitchell, Kennetha Eikleberg, Susan Hill. There was a quorum. The following CDCTS members were in attendance: Rita Dunn, Rosemary Jones, Caylee Baggett, Shaelynn Baggett, Yvonne Moorehouse, Julie Noe, Louise Von Clef, Janice Budd, Susan Michaud, Ashlee Crabtree.

## III. Approval Of Minutes From Last Meeting

Minutes from Annual General Meeting of February 12, 2019 was sent electronically to all members for their review. A motion to accept the minutes as read was submitted by Jill Strain and seconded by Carolyn Ordal. The Motion carried.

## IV. Committee Reports

Treasurer's Report. Treasurer Jill Strain reported a beginning balance (since the previous February report) was \$20,923.16; deposits were \$257.35/withdrawals were \$370.99; resulting in an ending balance of \$20,809.52. An official budget is pending. Jill is preparing a form to track requests for funds to be used for clinics/functions, etc. Motion to approve the report by Jeannie Baggett, seconded by Janice Budd. Motion carried.

### Show Committee.

- a. Dressage Committee: Rita Dunn reported the Working Equitation Clinic March 10, 2019 at Topperhill Farm was a huge success! Taught by Maria Blackstone, the clinic was full. Due to the interest shown, a second Clinic (already full) will be held at Topperhill Farm, Sunday, March 17, 2019 (noon start). Auditors are welcome and encouraged. Bill Graves/River Glen are considering adding a Working Equitation show to their schedule/Louise von Clef stated she would be willing to entertain hosting a show/clinic at Mountain Meadow Equestrian Facility as well!
- b. Spring Schooling Show 2019. Scheduled Saturday May 4, 2019, at Penrose Farm. Show bill/entry forms are available in the newsletter and on the website. Contact Jean Sullivan to volunteer. Carolyn Ordal will be handling concessions.
- c. Fall Schooling Show 2019. Scheduled Sept. 28, 2019, at Winfield Oaks, 433 Meadow Road, Greenback, TN. Judge: Laura Wolfe, L Graduate with Distinction. Prize list pending.

Eventing Committee. Ashley Phillips will be conducting a clinic on showing for new eventing riders April 5, 2019, at Winfield Oaks (5 p.m.). Shaelynn Baggett is working to promote this to new youth riders.

Membership Committee. Jill Strain discussed the potential for ordering CDCTS shirts to sell. Discussion was conducted regarding the type and color that would be best received. Shaelynn Baggett suggested investigating RedBubble.com – an online company providing opportunity for an online “store” to be established where individual orders may be placed, the company makes/ships the product as needed, and after expenses, the organization receives any profit. Use of this company or a like one will be investigated by the Membership Committee.

Young Riders Committee. Shaelyn Baggett reported the committee continues to investigate potential clinic possibilities targeted specifically to youth riders. She has set up a group Facebook page for youth: Crossroads Dressage & Combined Training – Youth. \$350 in Youth Scholarship is available (\$250 of this came from the

## CDCTS MEETING MINUTES, MARCH 12, 2019 - CONTINUED

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tack sale and \$100 was leftover). Jeannie Baggett is collecting Tribute Feeds UPC codes for reimbursement to be allocated toward the Youth program. Collection of the UPC codes will be posted on the FB and website pages. Jeannie Baggett and Susan Hill have been working on contacts with 4-H to provide introduction to our group. The 4-H Regional Show is May 30 - June 1 (Memorial Weekend) at Roane State. It was suggested CDCTS consider having a booth there. The Baggett Family will check into this (area 4-H director is David Perrin and the Knox County Extension Agent is Sharon Davis). Shaelyn Baggett also suggested we consider advertising with the Smokey Mountain Horse Show Series.

Health and Welfare Committee. Jill Strain reminded everyone the UTCVM Horse Owner's Seminar is March 30, 2019, 8 a.m. - 5 p.m. Registration (\$45) deadline is March 22, 2019.

### V. Old Business

Annual Charity. A hand vote of the attendees was completed to determine which nominated charity CDCTS would support in 2019. The vote was as follows: Riding High (Morristown therapeutic facility) – 8; STAR – 4; Horse Haven – 0. The Baggett family will contact Riding High to determine their most urgent need (money; feed; etc).

### VI. New Business

Natalya Gryson has expressed interest in putting on a dressage clinic in the area. Jean Sullivan met Ms. Gryson at the recent River Glen Schooling Show and provided the attendees Ms. Gryson's bio. No discussion/decision was conducted at this time.

### UPCOMING EVENTS:

Benefits of Cavalletti Work, March 30-31, 2019, at Winfield Oaks, Greenback, TN. Taught by Cody Harrison. Contact Anne Titus, [cvet74@yahoo.com](mailto:cvet74@yahoo.com).

Working Equitation Show, April 13-14, 2019, at Roane State Expo Center, Harriman, TN. Further information – contact show manager, Maria Blackstone, at [mblackstone@renaissancefarmtn.com](mailto:mblackstone@renaissancefarmtn.com).

Western Dressage 101 Clinic, April 20, 2019, at Winfield Oaks, Greenback, TN. Taught by Sarah McCain. Contact Sarah for additional details [SMcCoin@gmail.com](mailto:SMcCoin@gmail.com).

Spring Schooling Show, May 4, 2019, at Penrose Farm, 8444 Nubbin Ridge Road, Knoxville TN. Judge Darlene Dixon-Bottorff, L Graduate. Show Secretary, Marge Williams.

Emily Broiler-Curtis Clinics, March 22-24, April 26-28, May 11-12 (at River Glen). Held at Benchmark Farm (unless otherwise noted), Knoxville TN. Call or text Kaylen Moon at 865-696-1194 or email [kaylenmoon!@gmail.com](mailto:kaylenmoon!@gmail.com) for more info.

Ashley Phillips Clinics, Held at Winfield Oaks, Greenback, TN. March 9, April 6-7, May 11-12, June 1-2, July 6-7. Contact Ashley at [timberwayfarm@yahoo.com](mailto:timberwayfarm@yahoo.com) for more info.

Jim Koford Clinics, April 11-14, May 16-19, June 20-23, July 18-21 August 15-18, Sept. 19-22, Oct. 17-20, Nov. 14-17. Contact Tina Henderson for additional information and locations: [tanglwood02@gmail.com](mailto:tanglwood02@gmail.com).

June Fox Hunting Camps, June 10-14, 2019, for Junior Riders. June 17-21 for Adult Riders. Held at Winfield Oaks, Greenback, TN. On the final day of each camp there will be a lecture by Ryan Johnsey of Tennessee Valley Hunt followed by a mock hunt. Cost for the week is \$450 each. Auditors \$15 per event. Checks payable to Jayne Bower-Curtis for more information – call or text 919-478-8005 or email [ladyjaynebower@hotmail.com](mailto:ladyjaynebower@hotmail.com).

# CDCTS MEETING MINUTES, MARCH 12, 2019 - CONTINUED

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Open Gymkana at Winfield Oaks, To be held July 20, 2019, at Winfield Oaks. For more information – contact Jayne Bower-Curtis. Call or text 919-478-8005 or email [ladyjaynebower@hotmail.com](mailto:ladyjaynebower@hotmail.com).

Fall Schooling Show, Sept. 28, 2019, at Winfield Oaks, 433 Meadow Road, Greenback, TN. Judge Laura Wolfe, L Graduate with Distinction. Prize List pending.

Fall Fun Day, October 12, 2019. Location TBD. Coordinator: Carolyn Ordal.

## VII. Adjournment

Adjournment proposed by Rita Dunn and seconded by Janice Budd. Approved. Meeting adjourned at 8:00 p.m. on March 12, 2019. Next meeting will be held on April 9, 2019, at RC's Courtyard, Alcoa, TN

Respectfully Submitted:  
Alece Ellis

Minutes submitted by Alece Ellis, Alternate (filling in for Carol Mitchell, CDCTS Secretary who was out of town).

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## Working Equitation Clinic, Topperhill Farm, March 9, 2019



## CDCTS CLASSIFIED CORNER

**Piedmont Woodrow, 2017 beautiful bay gelding.** 3/4 Connemara - 1/4 TB. ACPS and USEF registered. Should mature ~15 hands. Outstanding eventing prospect; brave, friendly, loves to gallop and be scratched. Jumps ditches, crosses water at liberty. Super friendly and personable; has been easy to handle and train up to this point. I am excited about his potential. I'm a breeder; he needs a loving person who wants to train and compete and win! Contact me, Vanessa, at 423-744-9071 or email [connemaras9@gmail.com](mailto:connemaras9@gmail.com).

**Trailers for Sale:** Tobruk Trailers – Merhow and Cherokee aluminum trailers. Custom living quarters for large horses. Hitches and repairs. Call 865-674-7041 or email [tobrukfarm@charter.net](mailto:tobrukfarm@charter.net).

**Boarding available.** Board openings for all riding disciplines now at Winfield Oaks, 433 Meadow Road, Greenback TN 37742. Facility under new management. New footing in rings, large stalls and paddocks. To arrange a barn tour or for more info, contact Jayne Bower at 919-478-8005 (cell)

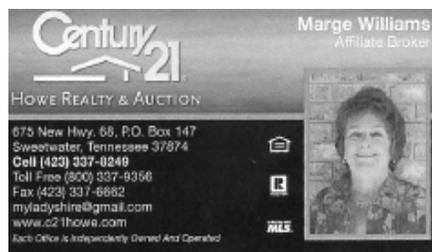
**Pasture Board.** Topperhill Farm, Lenoir City Area. 10 minutes from Baker's Creek. Small group in pasture or individual paddock available. Large arena with sand and crushed rubber footing. Four board fencing; feed and hay provided and blanketing in winter. \$350 a month. Contact Susan Hill, 865-789-5048.

**Professional Clipping Services available.** Full body clipping, trace clipping, partial clipping by an experienced handler. Will travel to your location or you can bring your horse to me, whichever suits your schedule. Contact Jayne Bower at 919-478-8005 or via email at [ladyjaynebower@hotmail.com](mailto:ladyjaynebower@hotmail.com)

Being a horse owner for over 25 years, I understand the requirements for good equine property.

If you are looking to buy or list your house, or know someone who is, I would appreciate you giving them my name and phone number. My business grows from referrals!

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**Louise von Clef**

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**[www.ridemountainmeadow.com](http://www.ridemountainmeadow.com) and Facebook**



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## CDCTS CLASSIFIED CORNER - continued



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mblackstone@renaissancefarmtn.com  
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Cell (call or text) (401)-965-1851

196 Wolfe Branch Rd.  
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# Pulse

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**Vanessa Morgan**

PULSE Certified Practitioner

423-744-9071  
connemaras9@gmail.com

mobile: 423-506-6975  
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### Four Star Equine Veterinary Services, LLC

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Providing Superior Veterinary Care for Horses  
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E-mail: melissa@fleetfootfarm.com

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The Barn Fairy

## Reach the audience you want through an ad in our newsletter

### AD Size

Full Page (7"wide X 10" high)

Half Page (7"wide X 5"high)

Quarter Page (3.5"wide X 5" high)

Business Card (3.5"wide X 2" high)

Classified Ad

### Member Rate

\$10 per month

\$5 per month

\$2 per month

FREE

FREE

### Non-Member Rate

\$20 per month

\$10 per month

\$5 per month

\$2 per month

\$1 for each 25 words

Please send ads, via email to [coyjbays@gmail.com](mailto:coyjbays@gmail.com). Make checks out to CDCTS (put "advertising" in the check memo line) and mail them to Jill Strain, 9747 Clearwater Dr., Knoxville, TN 37923.

### ARTICLES FOR THE CROSSING

Please submit articles for your monthly CDCTS newsletter, *THE CROSSING*. Deadline for articles is the 20th of each month. Send your article by email to: [coyjbays@gmail.com](mailto:coyjbays@gmail.com).

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## Mindful Horsemanship

by Natalya Gryson

While picking up rocks in a client's arena, dressage-horse-in-training "Dueszy" did something I have never had another horse offer to do in all my years of picking up rocks in arenas. Dueszy began to pick up rocks too! He rolled the first one around in his mouth for a few seconds, looked at me as if to say, "I'm not sure what you want me to do with this now that I've got it in my mouth!" So he spit it out, picked up another, and repeated this a few times.

What an eager pupil! Horses are eager pupils. They are eager to copy the behavior of their leader and they are eager to please their leader. They all have different ways of showing their eagerness, however, and their willingness can be easily forgotten when we are trying to teach our horse something new and s/he is not catching on quickly.

I am a dressage trainer. Like any equine endeavor, on a day to day basis, dressage is a practice. Progress happens weekly when we're lucky, but more often monthly. Being mindful about our daily practice with horses cultivates this monthly progression. Just as important, it helps us keep the work in perspective. Mindfulness safeguards against unrealistic expectations that lead to feelings of failure. Mindfulness allows us to appreciate the honest daily efforts of both ourselves and our horses. Mindfulness reminds us to have compassion for our horses and ourselves during difficult work.

Some examples of ways to be mindful are:

- Take a break from work to walk your horse on a loose rein or line once around the arena. Use this time to contemplate how you can better communicate the lesson to your horse.
- Take a deep breath and be sure you are responding to your horse how you would want to be treated if the roles were reversed.
- Mentally list 3 things that have gone well in your training session, giving both you and your horse credit for these achievements.
- Try to break down whatever difficulty you are having with your horse to the most basic misunderstanding. When you start work again, approach the lesson step by step, starting with the most basic component of the exercise.
- At the end of your work session, describe in one or two sentences the most effective thing you did to get a positive response from your horse. Write it down on an index card and read it right before you work with your horse tomorrow so you can bring today's success into your next session.

We are lucky to have these powerful creatures by our sides. At the end of the day, it is only fair for our horses to know we are truly grateful for their presence in our lives. Happy horning!

For more musing about mindfulness, please visit [www.facebook.com/stillhilldressage](http://www.facebook.com/stillhilldressage)

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About Natalya Gryson:

I became a member of CDCTS at the August 2018 dressage show at River Glen. It was my first time in the area and was really taken by the scenery, as well as the camaraderie among the small group of people at the show. I offer dressage training and instruction from start to Grand Prix, having earned my USDF Gold medal in 2018, and I focus on improving the connection between horse and rider for enhanced communication and partnership. Feel free to visit [www.facebook.com/StillHillDressage](http://www.facebook.com/StillHillDressage) for more info about my training and teaching style and experience. You may also call me at 828-553-8404.

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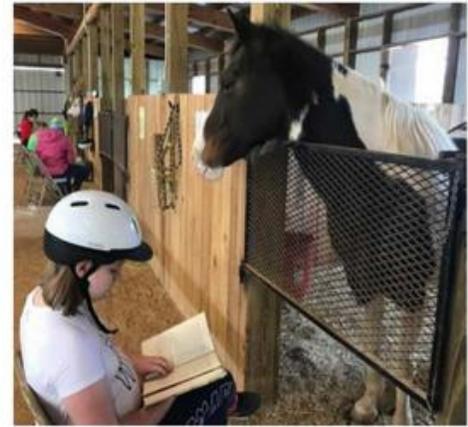
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## CDCTS 2019 CHARITY - RIDIN' HIGH, INC.

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**CDCTS voted to support Ridin' High in Hamblen County, TN as its 2019 charity.**

Ridin' High, Inc. is a non-profit 501(c)(3) organization offering recreational and therapeutic horseback riding to children and adults with disabilities. They are in their 25th year of operation. Ridin' High is affiliated with PATH International (Professional Association of Therapeutic Horsemanship International). They are located in Hamblen County, TN and their riders come from many surrounding counties and communities.



We always need various items! Some of the things we need right now are:

MTG

Clipper Blade Wash

Clipper Kool Lube

Rainbow (rubber) reins with snap ends

Extra small riding helmet

Spot on fly control (several)

Disposable fly traps

Fly predators

First aid supplies (bandages, etc. or an entire pre-made horse emergency kit)

Our horse emergency kit is really inadequate and contains old medications. Maybe your members could contribute an item or two and make up a new kit for us. That would be awesome!

We are in great need for the spot on fly control tubes. They would be rapidly put to use.

Thanks for your support!  
Ridin' High

## “VALENTINES FOR THE HORSES” FUNDRAISER UPDATE

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The “Valentines for the Horses” Fundraiser for Horse Haven of Tennessee, held at Meadow Oaks on February 16, 2018 was a very successful evening for those who were able to attend. This fun event was held in the lower barn, complete with three horses looking on with interest (and, I suspect, hoping for a treat). A wonderful meal catered by Rosie’s was enjoyed by all. And the Scottish folk-singing trio was a huge hit. The evening gave us an opportunity to meet with the new director of Horse Haven of Tennessee, Tina McConnell. There were also a plethora of silent auction items that garnered a lot of interest and heavy bidding.

Tina wanted to pass on her appreciation for the support she received from all who attended and for Jayne Bower-Curtis who conceived the idea, organized the event, and provided the venue.

“Jayne's event raised \$1,166 for Horse Haven. We are indeed grateful for such a generous outpouring of support for Horse Haven! In addition to the funds raised, it was so nice to meet other folks who support our mission to rescue, rehabilitate and re-home abused and neglected equines in Tennessee. It was a lovely evening and I enjoyed it very much. Thanks again!!

Thank you so much for helping us. I really enjoyed meeting you and hope we can do great things together to help the horses. Have a wonderful day! Tina”



### Horse Haven In Search Of...

Horse Haven’s older truck broke down on the highway a few weeks ago. Fortunately, the horses had been dropped off before this event occurred. As a consequence, Horse Haven is actively looking for a replacement vehicle, new or used, with the following features:

We would love to have a 250 or 2500 4-wheel drive truck, with a tow package. It would also be wonderful if we had a double cab. We typically have a large crew when we go out on a rescue.

Any suggestions or recommendations of dealerships that might be able to assist this non-profit organization in their purchase or if you know of a great vehicle that might meet their needs, please contact Tina at [executivedirector@horsehaventn.org](mailto:executivedirector@horsehaventn.org).

**Volunteers Needed for Spring Schooling Show**  
**CDCTS Spring Schooling Show**  
**May 4, 2019 at Penrose**

Volunteers are needed for the following positions:

***Prior to the day of show (May 3):***

- Jump course designer
- Set up of jump course
- Set up of dressage ring

***Day of show (May 4):***

- Scribe
- Scorer
- Runners
- Ring steward for dressage ring
- Ring steward for jump ring
- Jump judge
- Jump ring team to adjust jumps between classes
- Parking attendants
- Concessions (Carolyn Ordal agreed to lead this activity)
- Tear down of jumps and dressage ring

Please contact Jean Sullivan to sign up at  
[shamrockfarm3100@gmail.com](mailto:shamrockfarm3100@gmail.com)

Volunteer hours can add up quickly towards your year-end awards and towards your Volunteer Vouchers!

**Crossroads Dressage and Combined Training Society  
Presents**

**The Spring Schooling Show**

**4 May 2019**

**Held at Penrose Farm, 8444 Nubbin Ridge Rd., Knoxville TN 37923**

Judge Darlene Dixon-Bottorff

L Graduate, College Grove, TN

**DRESSAGE CLASSES (2019-2022 USEF / USDF Dressage Tests)**

**\$ 25.00 Members; \$ 35.00 Non-members**

USDF Intro Tests: A, B and C

USEF Training Level Tests: 1 – 3

USEF First Level Tests: 1 – 3

USEF Second Level Test: 1

USEF Second Level, Test 2 and above. Scored on a percentage.

**Prix Caprilli Intro Level** (for a copy of the test to be used during the show, see

<http://www.rodbastonequine.com/wp-content/uploads/2014/09/PRIX-CAPRILLI-INTRO-TEST.pdf>

**Rider Tests: Training Level, First Level, Second Level**

**Western Dressage: Intro, Basic, First, Second, Third (2017 Tests)**

**Western Gaited Dressage: Intro, Basic, First**

**COMBINED TRAINING TEST: (USEF 2018 Tests/USDF 2019 Tests)**

**\$ 40.00 Members; \$ 50.00 Non-members**

	Jump Height	Dressage Test
Green as Grass (GAG) .....	18" max jump	USDF Intro Test A
Elementary Novice .....	2' max jump	USDF Intro Test B
Beginner Novice .....	2' 6" max jump	USEF Beginner Novice Test A
Novice .....	2' 11" max jump	USEF Novice Test A
Training .....	3' 3" max jump	USEF Training Test A
Preliminary.....	3'7" max jump	USEF Preliminary Test B
Intermediate.....	3'11" max jump	USEF Intermediate Test A

Extra jump rounds at your level for an additional fee

**On-Grounds Schooling of Horse (non-competing horse)**

Competitors who wish to take advantage of this opportunity need to provide a copy of negative Coggins, pay the on-grounds fee, bridle tag fee, and the office fee on or before the closing date. CDCTS and Penrose Farm Hold Harmless Release must be signed as well. When the horse is on the grounds, the bridle tag must be worn at all times.

## CDCTS SCHOOLING SHOW ENTRY FORM

This form must be filled out and the **HOLD HARMLESS RELEASE** must be signed in order for entry to be valid. Junior entries will NOT be accepted without adult signature. Please PRINT legibly!

**ONE ENTRY PER HORSE / RIDER COMBINATION**

CDCTS MEMBER? YES \_\_\_ NO \_\_\_ OWNER IF DIFFERENT FROM RIDER: \_\_\_\_\_

RIDER UNDER 18? YES \_\_\_ NO \_\_\_

HORSE: \_\_\_\_\_ STALLION? YES / NO

RIDER: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

ARE YOU WILLING TO VOLUNTEER FOR A FEW HOURS DURING SHOW? Yes \_\_\_ No \_\_\_

**Dressage Classes (2019 Tests): (\$25 Members / \$35 Non-members)**

**Fees:**

Intro: A ___ B ___ C ___ Training: 1 ___ 2 ___ 3 ___	\$ _____
First: 1 ___ 2 ___ 3 ___ Second: 1 ___ 2 ___ 3 ___	\$ _____
Prix Caprilli Intro ___	\$ _____
Rider Tests: Training ___ First ___ Second ___	\$ _____
Western Dressage: Intro ___ Basic ___ First ___	\$ _____
Western Gated Dressage: Intro ___ Basic ___ First ___	\$ _____
Other: _____	\$ _____

**Combined Training Tests: (\$40 Members / \$50 Non-members)**

**Fees:**

GAG ___ Elem. Nov. ___ Beg. Nov. ___ Novice ___ Training ___ Prelim ___ Int ___	\$ _____
Extra Jump rounds at your level per horse/rider combination: \$10.00 per round	\$ _____

**On-grounds Schooling of Horse Fee: \$10.00 for each non-competing horse only**

Office & Facility Fee (Less \$5.00 if entry complete with copy of Negative Coggins)	\$ 20.00
Late Fee (if applicable) (\$15.00)	\$ _____
Number deposit (refunded with return of number)	\$ 2.00
<b>TOTAL AMOUNT DUE (checks payable to CDCTS) IF YOU USE PAYPAL ADD \$2.00</b>	<b>TOTAL \$ _____</b>

**2019 CDCTS SPRING SCHOOLING SHOW HOLD HARMLESS RELEASE**

The undersigned Exhibitor and any signing parent or guardian hereby (1) agrees to release CDCTS and Penrose Farm LLC, its officers, directors, employees, members or agents, and the Owners or managers of the grounds where this event is held from any loss, damage, liability or injury arising out of or resulting from this show or Exhibitor's participation or entry therein; (2) agrees to indemnify, hold harmless and defend: the organizer, facility owner and the management of this show from and against any and all claims for loss, damage or injury, however caused, resulting directly or indirectly from Exhibitors entry or participation in this show or from acts or omissions of Exhibitors or Exhibitors agents; (3) acknowledges that activities with and around horses and horse shows involve inherent risks which are understood by the person signing and are expressly assumed. In the event of injury to Exhibitor or to Exhibitor's animal or animals, permission is hereby granted to management for emergency medical treatment.

**WARNING: Under Tennessee law an equine professional is not liable for an injury to, or the death of a participant in equine activities resulting from the inherent risks of equine activities pursuant to Tennessee code annotated Title 44, Chapter 20, Section 1.**

Rider Signature and date: \_\_\_\_\_

Parent or Guardian and date: \_\_\_\_\_ (if under 18)

# Competitor Information

## CDCTS Spring Schooling Show 2019

### Entries:

All entries MUST include a copy of a current negative Coggins. The CDCTS/Penrose Farm release form must be filled out, signed and dated by rider and/or parent or guardian if rider is younger than 18 years old. Stallions are permitted to show at Penrose Farm.

**Payment in full must accompany the entry form.** If payment has not been received by closing date of Saturday April 27, 2019, the entry will be void. **Payment by PayPal is also accepted. If you choose to use PayPal, make sure you add \$2.00 to your total fee and scan or print a copy of your payment receipt and send it with your completed and signed show entry form so that the Show Secretary can confirm your payment.**

### Refunds:

No cash refunds after closing date. Show credit will be given with a veterinarian's or a doctor's certificate/letter. RETURNED CHECKS for NSF will incur a \$40.00 fee and a void entry.

### Due Date:

Entries are due to the Show Secretary postmarked no later than April 27, 2019

Mail completed entries to: Marge Williams  
626 Stratford Avenue  
Sweetwater, TN 37874

Marge Williams can be reached by email [myladyshire@gmail.com](mailto:myladyshire@gmail.com) or by phone at 423-337-8249.

### Awards:

Ribbons will be awarded in all classes of placements 1st through 6th place

### Arena:

All Dressage Tests will be ridden in the Covered outdoor arena. Footing is sand and GGT. Warm up area will be in an outdoor sand ring and will be marked.

Dressage tests Intro, A, B, C and CT dressage tests "Green As Grass," "Elementary Novice," and Preliminary Test A will be ridden in a 20 m x 40 m arena. All other dressage tests, including the following CT tests—Preliminary Test B and Intermediate A and B—will be ridden in a 20 m x 60 m arena.

Jumping will be in a fenced-in outdoor arena. Footing is sand.

### Attire:

Appropriate informal schooling attire is required. ASTM-SEI approved helmets and appropriate footwear is required and must be worn at all times when mounted.

### Parking:

Cars may be parked separately from trailers, depending on numbers. Trailers will be parked in a signed area. Volunteers will be on hand to assist with parking. Please follow the guidance of the volunteers, park only in designated areas.

### Ride Times:

Official ride times will be posted on the CDCTS website and FaceBook page on Thursday May 2, 2019 after 6 p.m.

### Day Stalls:

May be available. Owners of those horses using day stalls must show proof of a flu shot within the last three (3) months, current vaccinations and negative coggins. For availability and cost please contact Erika Adams via text at 865-384-5680 or email [adams.erika@gmail.com](mailto:adams.erika@gmail.com)

**Concessions:** Will be on the premises

**Dogs:** No dogs allowed. No exceptions

# CDCTS SCHOOLING SHOWS: General Rules and Etiquette

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## General Rules

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- All shows are run under the general rules of USEF, unless otherwise specified.
- Approved protective headgear and footwear with appropriate heels must be worn whenever mounted.
- All schooling shows offer current: USDF Introductory Levels, USEF Training through Fourth Level, FEI levels, Rider tests, USEA Eventing tests, Pas de Deux and Musical Freestyles (all levels).
- It is expected that riders take pride in their turnout. Coats are encouraged, but not required. Plain white riding shirts or polo-style shirts with dark breeches are also appropriate. T-shirts or tank tops are not permitted. Note: during hot weather, riders are encouraged to show without coats in the interest of their health.
- Please go to the following websites to ensure that your attire and equipment is aligned with your discipline:
  - <https://www.usdf.org/docs/competitions/td/DressageProtocol.pdf>
  - <https://www.usef.org/forms-pubs/96D17ISsaCo/annex---bits-saddlery-equipment>
  - <https://www.usef.org/forms-pubs/ZboXf7MiPE4/dressage---attire--equipment>
  - <https://www.usef.org/search?q=dressage%20equipment> download the document pertaining to Western Dressage equipment
- Braiding the mane is encouraged, but not required.
- The following equipment is forbidden at a dressage show: martingales of any kind; bearing, side or running reins; seat covers; and any form of blinkers.
  - The following equipment is permitted in warm-up areas: running martingales, bandages, boots and side reins.
  - All equipment, including whips, bits and spurs must comply with USEF rules.
  - Ear nets are permitted; fly masks are not allowed.
- No bareback riding is allowed.
- A rider should not be judged by anyone who has instructed him/her within the last 30 days (exception: attending clinics). If you arrive at the show and find that your instructor has been substituted for the judge, notify the show manager and ask to ride hors concours, or don't ride and receive a full credit for your entry fees.
- If you are riding a musical freestyle, please bring your own music and boom box.
- Check your score before you leave the show grounds. Any scoring errors must be reported and corrected before you leave the show grounds. After that time, no corrections can be made.
- Please note that classes do not always go in order of lowest to highest. Classes at shows may be scheduled in any order throughout the day.
- Classes may be split or combined, depending on the number and distribution of entries.
- If you intend to bring a horse that is not competing onto the show grounds, this decision must be cleared with the show manager prior to the show date, and will be at his/her discretion. If permitted by the manager, you must bring a current negative Coggins test to the show grounds and present it to the manager upon your arrival, before you unload your horse and also pay the non-competition fee. Please see the entry form for details.

# CDCTS SCHOOLING SHOWS - continued

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## Show Etiquette

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- Be considerate of other riders in the warm-up area. Pass left-shoulder to left-shoulder and yield to those who are moving at faster gaits.
- Arrive outside the ring approximately one minute before your ride time, having already warmed up your horse. You will have 45 seconds to enter the ring once the judge has rung the bell.
- If your ride is not next, please do not congregate with your horse around the arena entrance.
- Lunging is prohibited in the warm-up area; check with the show manager or warm-up ring steward about where lunging is permitted on the show grounds.
- Be courteous to the judge and show volunteers.
- Should you need to excuse yourself from the ring during your test for any reason, be sure to ask for the judge's permission prior to exiting the ring.
- Leave your trailer site clean; pick up all trash and manure and dispose of it or take it with you.
- Obey all rules of the facility where the show is held. (For example: where to park, no smoking, no dogs, etc)



Amelia Kinkade's  
*Language of Miracles*  
**Animal Communication Course**

**April 13th - April 14th, 2019**

at

**STAR - Shangri La Therapeutic Academy of Riding  
 11800 Highway 11E, Lenoir City, TN 37772**

This course is an introduction to Amelia Kinkade's techniques of animal communication. Amelia will teach students how to "hear" animals. Her methods have helped people all over the world! Amelia's client list includes Queen Elizabeth II, Olympic riders & teams, renowned veterinarians, conservationists, doctors, movie and TV personalities, and many more. Explore your innate gifts with effective methods of sending and receiving information to and from animals. Determine if problems are physical or emotional, and trouble shoot your relationship with your companion.

**Understand how you can help heal animals...and how they can heal us.**



**LEARN about Amelia, her techniques, famous clients,  
 charity work at: [www.ameliakinkade.com](http://www.ameliakinkade.com)**

Saturday, April 13th 10am-5pm  
 Sunday, April 14th 10am - 4pm  
 \$465 (includes lunch)

Saturday ONLY \$290  
 (incl. lunch)

**EARLY BIRD**

**BEFORE MARCH 1, 2019**

Two Day \$400.00 (incl. lunch)  
 Saturday only \$260 (incl. lunch)



**For more information:  
 Pam & Barry Stanner  
 865-617-6744  
[stannerb@charter.net](mailto:stannerb@charter.net)**

## Ashley Phillips Clinics

Winfield Oaks Farm  
433 Meadow Road  
Greenback TN



**Dates:**

March 9, April 6-7, May 11-12, June 1-2, July 6-7.  
Dates after July will be added later.

**Cost:** \$50 per lesson plus facility fee, if applicable.

**About Ashley Phillips:**

Ashley is a B graduate with the USPC. She has competed up to the Intermediate/1\* level in eventing and up to second level dressage. Ashley has been competing at the upper levels of eventing since 2009 on 5 different horses. In 2009, Ashley spent 5 months as a working student under Irish 4\* eventer Hilda Donahue. Ashley specializes in producing young horses carefully up the levels with the help of her mentors. She has done extensive training under numerous professionals including: Bermuda Pan American Games and Grand Prix Dressage rider-Cathy Fox, two-time US Olympian-Julie Richards, Australian World Equestrian Games Competitor and 4\* Eventer-Peter Atkins, Irish 4\* Eventer-Hilda Donahue, and Advanced Level Competitor-Erika Adams.

**For More Information**, contact via text or call 865-621-9513, email her at [timberwayfarm@yahoo.com](mailto:timberwayfarm@yahoo.com) or visit her website at [timberwayfarm.weebly.com](http://timberwayfarm.weebly.com)

## EMILY BROLLIER CURTIS - 2019 Dates



Emily is known for her outstanding ability to work with young and difficult horses. She also enjoys coaching classical dressage clients, and working with eventing and jumper teams to develop their flat work and enhance their control over fences. In addition, Emily has a real talent for restarting OTTB's and placing them into new careers as sport horses.

Below are just some of Emily's accomplishments:

- USDF Bronze, Silver, and Gold Medalist
- Trained over 10 horses to the FEI levels, and several to Grand Prix
- Multiple top 10 finishes in the Dressage Competition with the Retired Racehorse Project

January 18-20

February 22-24

March 22-24

April 26-28

May 11-12 (Available for Schooling at River Glen Dressage)

**\$95 for 45 minute private lesson**

Call or text Kaylen Moon at (865)-696-1194 OR email [kaylenmoon1@gmail.com](mailto:kaylenmoon1@gmail.com) to secure your spot

**HEALING TOUCH FOR ANIMALS®**

*Join our community of animal enthusiasts!*



## **Enriching the lives of animals and their people.**

Work hands-on with dogs and horses learning energy medicine techniques giving them the health and well-being they deserve.

- Enhance the animal/human bond
- Relieve stress and anxiety
- Reduce pain
- Learn techniques to change inappropriate behavior
- Provide quality of life during chronic illness or disease
- Develop confidence for training and competition



**Knoxville, TN - Level 1**  
**March 22-24, 2019**

**Pamela Stanner**  
**865-617-6745**

**Knoxville@HealingTouchforAnimals.com**

*A life-changing experience awaits you...*

**Register NOW at**  
**HealingTouchforAnimals.com**

# CAVALLETTI

with Clinician Cody Harrison



MARCH 30TH & 31ST, 2019 FROM 9AM TO 4PM

Clinic Rider Participation Fee \$325 • Auditing Fee \$15

## BENEFITS OF CAVALLETTI

- Increases strength & flexibility
- Stretches & loosens muscles relieving stiffness
  - Improves balance & the gaits
  - Helps horse & rider gage distance
  - Plus, it's fun

Lunch Included • Indoor Arena • 10 Rider Max  
ALL DISCIPLINES WELCOME

For more information contact Anne Titus [cvett74@yahoo.com](mailto:cvett74@yahoo.com) | (904) 238-1293  
Clinic will be held at Winfield Oaks Farm, 403 Meadow Road, Greenback, TN 37742

## Western Dressage 101

Location & Host:

Winfield Oaks Farm

Clinician: Sarah McCoin

[SMcCoin@gmail.com](mailto:SMcCoin@gmail.com)

636.795.4600 ( c ) 865.285.9940 ( o )



**Saturday, April 20, 2019; 10 a.m. - 2 p.m.**

**Cost: \$100, checks to be made out to Sarah McCoin**

### WHAT IS WESTERN DRESSAGE?

*Taken directly from the WDAA Train The Trainer Graduate Clinic documents, May, 2015, Prior, Oklahoma*

"Western Dressage integrates the historically validated principles of dressage with the best of western stock horse tradition. It is a systematic and progressive system of training for the western horse and rider, in traditional stock tack with the purpose of enjoying a safe, pleasurable, versatile and useful working horse.

- **The hallmarks of the Western Dressage Horse are:**
  - Usefulness
  - Rideability
  - Willingness
  - **SAFETY**
  - Pure Gaits
  - Lightness
  - Calmness
  - Steadiness
  
- **The hallmarks of the Western Dressage Rider are:**
  - Attentive, tactful rider
  - Clear, effective, subtle and light aids
  - Confident seat
  - Light, responsive hands
  
- **The Western Dressage Partnership should exhibit:**
  - Impulsion, originating from deeply engaged hindquarters transmitted without resistance through a supple topline to a light, soft contact with the rider's hand(s).
  - Willingness to work off the hindquarters, allowing the horse to move freely forward, laterally, and to the rear which enables the western horse to be a useful working partner.
  
- **A Western Dressage Partnership should culminate in a happy, harmonious, horse and rider relationship.**

*We honor the horse,  
We value the partnership between horse and rider,  
We celebrate the legacy of the American West.<sup>2</sup>*

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<sup>2</sup> All information contained, including Skill Set, was authorized reproduction by co-founder of the WDAA, Cliff Swanson. Copyright © Western Dressage Association of America. Reproduction or retransmission of these materials, in whole or in part, in any manner, without the prior written consent of the owner, is a violation of copyright law. All rights reserved.

Location & Host: Windfield Oaks Farm

Clinician: Sarah McCain [SMcCoin@gmail.com](mailto:SMcCoin@gmail.com)

636.795.4600 ( c ) 865.285.9940 ( o )

*Sarah McCain moved to her 9<sup>th</sup> generation family farm located in Roane County (Harriman / Kingston) in 2008 to assist with family matters leaving a beautiful St Louis County, Missouri farm and family behind. Her career in the Employee Benefit Consulting business landed exceptional experience in communication with all levels of individuals from top management of Fortune 500 companies through entry level personnel. With a Master's Degree in HR Management, the understanding of the importance of delivering information dashed with a touch of humor blended with personal experience lend a unique and positive character presentation formula.*



*Though Sarah's consulting business is her financial basis as well as her professional career spanning 35+ years, Sarah has been passionate about equestrian sports her entire life. As a young adult, Sarah began her equestrian journey, led her to a 20+ year life with her soulmate and accomplished horseman, Dennis Cook, and the rest is "history" as it has been said. Below is a snapshot of Sarah's equestrian life experience and education:*

- *Eliminator's Copper Bullet, 5 x World Champion Missouri Foxtrotter Hunter / Jumper – Broke, Trained and Exhibited by Sarah McCain.*
- *Past Vice President Missouri Fox Trot Horse Breed Association voted into office by the worldwide membership.*
- *Featured with Eliminator's Copper Bullet in many MFTHBA advertisement campaigns in magazines including Western Horseman, Equus, Horse & Rider, and Horse Illustrated.*
- **WESTERN DRESSAGE ASSOCIATION OF AMERICA - TRAIN THE TRAINER GRADUATE, Oklahoma, May, 2015**
- *Trained with the best in the Mid-West: Brody Robertson as well as Dr. John Tuckey (dressage, sj, xc)*
- *USEA Stadium Course Designer: Hill N Hound Horse Trials, Illinois*
- *FOSH (Friends of Sound Horses) longtime supporter and member.*
- *Believer in Sound Horse Training – no gimmicks for quick fixes! Sarah along with her valued Missouri Foxtrotter, Eliminator's Copper Bullet, were featured on the FOSH promotional poster*
- *Avid trail rider which includes month long journeys from Missouri to New Mexico, South Dakota, Wyoming, and Montana.*
- *Avid Foxhunter with colors awarded from Shawnee Hounds, Meramec Valley Hounds, The Mells. Presently, Sarah hunts with the incredible Tennessee Valley Hunt. Hunted with over 20 different packs of hounds.*
- *Trainer: Sarah has started and retrained several thoroughbreds, including several ottbs, as well as other gaited and non-gaited breeds. We trained our homebred/raise TB, Bonne Roberto, for tb racing in Oklahoma, New Mexico, and Arizona.*
- *Earned certification and taught lessons with NARHA (National Association of Handicapped Riding, Inc).*
- *Favorite pastime: Trail Riding and Training our young stock at our family farm over our Swan Pond Farm course built for Novice and below horses.*
- *Currently, Sarah and her partner, Dennis have 11 personal horses including a holsteiner, foxtrotters, ottbs, and tb draft crosses. All horses are started western then converted to the discipline. "A Western Base has been our foundation regardless of breed, including retraining Off Track Thoroughbreds."*

June Fox Hunting Camp dates:

June 10th to the 14th. (Junior riders)

June 17th to the 21st. (Adult riders)

Last day of camp we will have a lecture from the Tennessee Valley Huntsman Ryan Johnsey, followed by a mock hunt.

\$450 per student for the week.

For more information contact:

Jayne Bower-Curtis at [ladyjaynebower@hotmail.com](mailto:ladyjaynebower@hotmail.com)

Fox Hunting  
Camp



Become a member today and stay connected with your local dressage community!

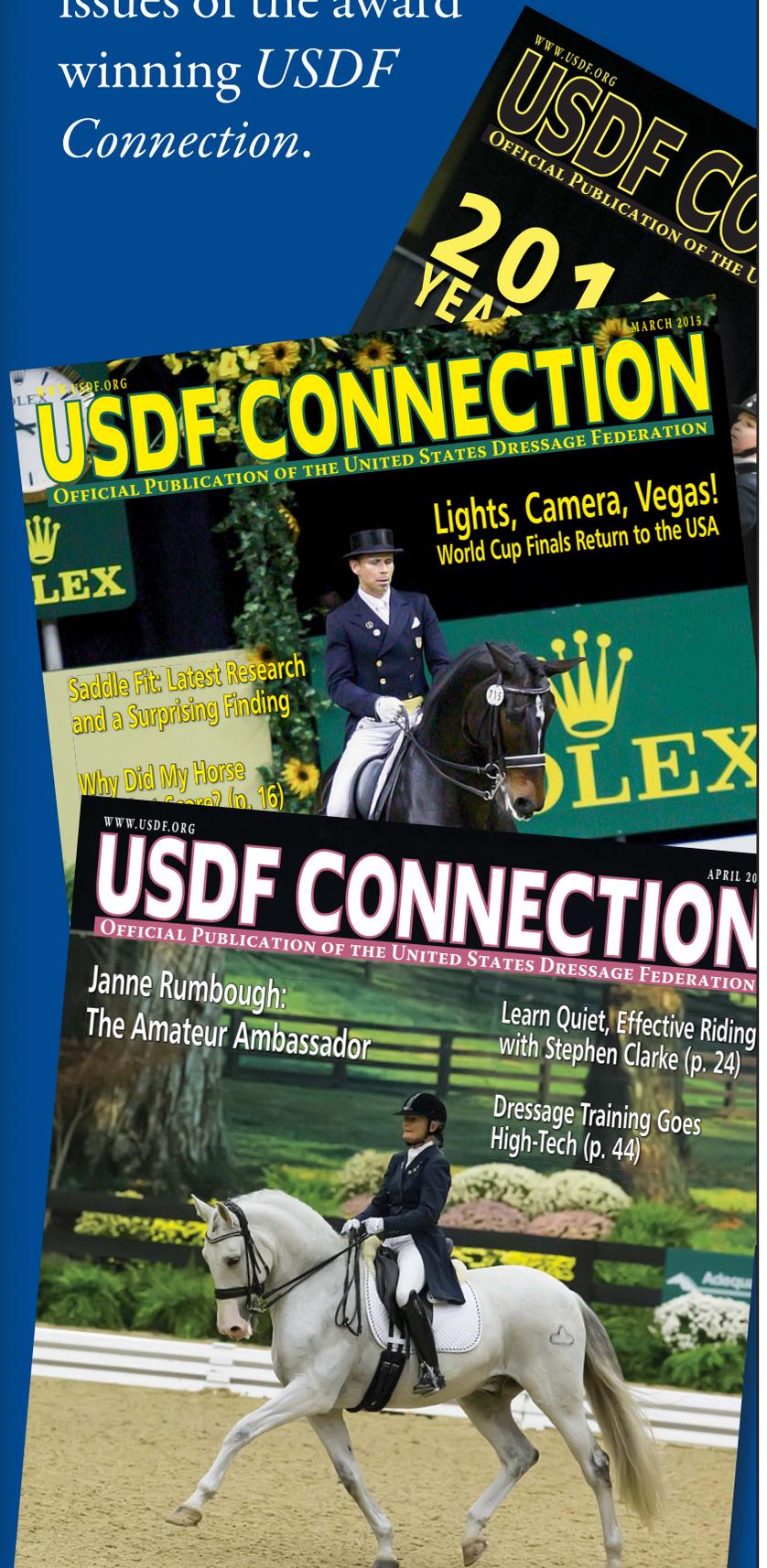
By joining, you also receive complimentary issues of the award winning *USDF Connection*.



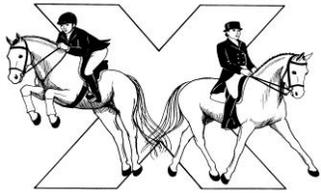
GMO

GROUP  
MEMBER  
ORGANIZATION

YOUR CONNECTION TO THE LOCAL  
DRESSAGE COMMUNITY







# Crossroads Dressage and Combined Training Society

## 2019 Professional/Business Membership Application



CDCTS membership year is 1 Dec 2018-30 Nov 2019. After 1 Dec, the effective date of membership begins the day the form and correct dues reach the CDCTS Secretary at the address below. CDCTS is a USDF GMO. For Participating Membership, members must apply directly to USDF.

Professional/Business membership dues are determined annually by the board. For 2019, there is no fee to become a Professional/Business Member of CDCTS.

**Primary Contact:** First Name: \_\_\_\_\_ Middle Initial: \_\_\_ Last Name: \_\_\_\_\_

**Business Name** (if applicable): \_\_\_\_\_

**Mailing or Street Address:** \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

**Primary Phone:** ( ) \_\_\_\_\_ **Secondary Phone:** ( ) \_\_\_\_\_

**Primary Email address:** \_\_\_\_\_

I would like to Join: \_\_\_\_ /Renew: \_\_\_\_ Crossroads Dressage and Combined training Society for the membership year 1 December 2018—30 November 2019 as a **Professional or Business Member (please select one)**

a. I/we wish to provide a lecture or training series with the following details:

b. I/we wish to sponsor a class in a CDCTS Schooling Show for the following amount \_\_\_\_\_ or with the following goods and/or services \_\_\_\_\_. Please select Spring or Fall Show or both.

c. I/we wish to sponsor a \_\_\_\_\_ (trophy, ribbons, neck sashes, etc) in a schooling show. Please select Spring or Fall Show or both.

d. I/we wish to sponsor a year end award. Please specify which award and amount.

e. I/we wish to support the club in another manner. Please specify below:

Please fill your form out and mail it to:

Carol Mitchell, CDCTS Secretary  
1909 Hidden Meadow Dr  
Knoxville, TN 37922

Office action: Date Received: \_\_\_\_\_

## 2019 EVENTS

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**Benefits of Cavalletti by Clinician Cody Harrison.** Mar 30-31 2019 at Winfield Oaks Greenback TN. Contact Anne Titus [cvet74@yahoo.com](mailto:cvet74@yahoo.com)

**Working Equitation Show.** April 13-14, 2019 at Roane State Expo Center, Harriman TN. Further information, contact show manager, Maria Blackstone, at [mblackstone@renaissancefarmtn.com](mailto:mblackstone@renaissancefarmtn.com)

**Western Dressage 101 Clinic by Sarah McCoin.** April 20, 2019 at Winfield Oaks, Greenback TN. Contact Sarah for additional details [SMcCoin@gmail.com](mailto:SMcCoin@gmail.com). See flyer in this newsletter.

**Spring Schooling Show.** Held at Penrose Farm, 8444 Nubbin Ridge Road, Knoxville TN. Judge Darelene Dixon-Bottorff, L Graduate. Show Secretary Marge Williams. Prize List in this newsletter.

**Emily Brollier-Curtis Clinics.** February 22-24, March 22-24, April 26-28, May 11-12 (at River Glen). \$95 per lesson. Held at Benchmark Farm, Buttermilk Road, Knoxville, TN. Call or text Kaylen Moon at 865-696-1194 or email [kaylenmoon!@gmail.com](mailto:kaylenmoon!@gmail.com) for more info. See flyer in this newsletter

**Ashley Phillips Clinics.** Held at Winfield Oaks, Greenback TN. March 9, April 6-7, May 11-12, June 1-2, July 6-7. Cost is \$50 per ride plus facility fee, if applicable. Contact Ashley at [timberwayfarm@yahoo.com](mailto:timberwayfarm@yahoo.com) for more info. See flyer in this newsletter

**Jim Koford Clinics.** April 11-14, May 16-19, June 20-23, July 18-21, August 15-18, Sept. 19-22, Oct. 17-20, Nov. 14-17, Dec. 12-15. Remember - these dates are subject to change. Contact Tina Henderson for additional information and locations [tanglwood02@gmail.com](mailto:tanglwood02@gmail.com).

**June Fox Hunting Camps.** June 10-14, 2019 for Jr Riders. June 17-21 for Adult Riders held at Winfield Oaks, Greenback TN. On the final day of each camp, there will be a lecture by Ryan Johnsey of Tennessee Valley Hunt followed by a mock hunt. Cost for the week is \$450 each. Auditors \$15 per event. Checks payable to Jayne Bower- Curtis. Contact Jayne Bower-Curtis for more information: call or text 919-478-8005 or email [ladyjaynebower@hotmail.com](mailto:ladyjaynebower@hotmail.com).

**Open Gymkana at Winfield Oaks.** To be held July 20, 2019 at Winfield Oaks. For more info, please contact Jayne Bower-Curtis for more information: call or text 919-478-8005 or email [ladyjaynebower@hotmail.com](mailto:ladyjaynebower@hotmail.com).

**Fall Schooling Show.** Held on Sept. 28, 2019 at Winfield Oaks, 433 Meadow Rd., Greenback TN. Judge: Laura Wolfe, L Graduate with Distinction. Prize list pending.

**Fall Fun Day.** October 12, 2019. Location TBD Coordinator: Carolyn Ordal

**Tryon Dressage Events:** April 18-21, Spring Dressage CDI3\*; June 14-16, Summer Dressage Show; August 10-11, Summer Dressage Show; Sept. 12-15, Fall Dressage CDEI3\*/CPEDI 3\*; Nov. 7-10, Young Horse Show Finals - all disciplines

**Next CDCTS meeting will be held on April 9, 2019  
RJ's Courtyard  
Alcoa, TN**



YOUR CONNECTION  
TO THE LOCAL  
**DRESSAGE  
COMMUNITY**



CDCTS is a USDF Group Member Organization that caters to dressage and combined training (eventing) riders and enthusiasts in the Knoxville area and throughout East Tennessee.

By joining CDCTS, you will be on the fast track to learning about shows, clinics and other great educational opportunities in our area. You will get to meet other like-minded, horse loving people, and you will become part of a group that is continually working to promote dressage and eventing in your area.

In addition, by joining CDCTS, you automatically become a Group Member of USDF, which provides you with many additional benefits in the dressage arena.

Visit us on the web for more information and downloadable content at [www.CDCTS.org](http://www.CDCTS.org)

Contact our webmaster, Kennetha Eikleberg at [keikelberg@gmail.com](mailto:keikelberg@gmail.com)

Find us on Facebook at [www.facebook.com/CDCTS](http://www.facebook.com/CDCTS)