



2021 Officers

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carolyn.ordal@youthvillages.org

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Julie Hall
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Parliamentarian

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Editor

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From Your President

Congratulations to everyone who attended the CDCTS Spring Schooling show at Winfield Oaks on May 29! We had 42 rides and 11 were Western and Gaited dressage—the largest number of entries we've ever had in those classes! An especially big THANK YOU to all the volunteers! We set up in the rain on Friday and fortunately, other than a brief shower, no rain on Saturday. We cannot run our shows without our hardworking volunteers. Not only do you help the club when you volunteer, you can qualify for year-end awards, earn vouchers and scholarships for our shows, clinics and events. Even volunteering 2 hours during a show helps!

The Jennifer Roth Clinic June 26-27 is full, but auditors are welcome. Contact Anne Titus at cvett74@yahoo.com to audit or volunteer!

Our next schooling show is July 10 (volunteers needed!) at Red Oak Hill Farm in Lenoir City and is a little bit different. There are no combined tests, just classical, western and gaited dressage classes. Be the first to get one of our new High Point Dressage ribbons. And because riding is supposed to be fun, we also have some fun classes — Egg and Spoon, Ride a Buck and two obstacle classes —1 easier, 1 more difficult. The obstacle classes will be similar to Working Equitation obstacle classes and information on them (so you can practice at home) is in the prize list (entry form) published in this newsletter, on Facebook and our website. There will be a Taco Truck food truck on site with lots of yummy food! Closing date is July 1, so get those entries in! Did I mention we need volunteers???!?

CDCTS is fortunate to have area farms host our schooling shows and other activities. Remember, we are guests at these venues and want to be invited back. Please clean up your area before you leave the show grounds. Scoop your poop, pick and dispose of your trash properly and be a good guest!

Stay hydrated as we move into summer and if possible, ride early morning or early evening to avoid the heat. We're only halfway through the year, so there is plenty of time to "Have fun in 2021"!

Carolyn Ordal,

CDCTS President

CDCTS is a USDF Group Member Organization and all members are automatically USDF Group Members. For USDF Participating Membership, members must apply directly to USDF.



GROUP
MEMBER
ORGANIZATION

CDCTS MEETING MINUTES, JUNE 8, 2021

I. Call to order

The meeting was called to order by CDCTS President Carolyn Ordal at 7:00 p.m. on June 8, 2021 at Fleet Foot Farm, Lenoir City, TN.

II. Roll Call

The following board members were present: Carolyn Ordal, Jean Sullivan, Julie Noe, Melissa Morehead, Alece Ellis, Susan Hill, Rita Dunn and Julie Hall. The following board members were not present: Jeannie Baggett. The following guests were present: Susan Michaud and Dru Adams via Zoom.

III. Approval of Minutes from Last Meeting

Minutes from May 11, 2021 were provided to all members in the April newsletter. A motion to accept the minutes as presented was made by Rita Dunn and seconded by Alece Ellis.

IV. Committee Reports

Treasurer's Report:

The Treasurer's Report was read by Melissa Morehead. A Motion to accept the Treasurer's Report as presented was made by Jean Sullivan and seconded by Alece Ellis.

Show Committee:

- Melissa Morehead reports the CDCTS Schooling Show held May 29, 2021 at Winfield Oaks was profitable for the club after all expenses were paid. A special thank you to all the volunteers who showed up on Friday in the pouring rain to set up the dressage arena and jumps. There was discussion on the "lesson's learned" to be incorporated on future entry forms. Recommendations to include directions to the facility, statement of "Rain or Shine" and hosting farm contact information on future entry forms. Suggestions of having a "professional" photographer at future shows were made and discussed.
- CDCTS Dressage Only Schooling Show with Fun Classes Added will be held on July 10, 2021 at Red Oak Hill Farm, Lenoir City. Julie Hall and Susan Hill will put together the prize list and obstacle course map for distribution on Facebook and the club website. The Board approved the sale of concession and Carolyn Ordal will coordinate this effort. Carolyn Ordal will coordinate with Marge Williams to purchase additional show ribbons including High Point Award ribbons for this event. It was agreed that Marge Williams would be the Show Secretary and receive the customary scholarship for serving in that capacity.
- Jennifer Roth Clinic scheduled for June 26-27, 2021 is full with a waiting list. The Board agreed that CDCTS Vouchers can be used for this event. Carolyn Ordal will check the insurance coverage status and advise the Board.
- The committee continues to search for a venue in which to hold the fall schooling show (September 25). Carolyn Ordal requested a venue be determined by the July meeting. Melissa Morehead will serve as Show Manager and will continue to inquire about potential venues. Alece Ellis has agreed to inquire as to the fee for River Glen and will continue efforts to secure a judge.
- Possible future dressage and fun class show dates of August 21, 2021 and November 20, 2021 were discussed. These dates overlap the River Glen Dressage by the River in August and Scenic Flight Dressage Show in November. Walnut Grove Stables and Merry Hour Farm have both offered their farms for potential venues.
- Discussion was had about the Junior/Young Rider volunteer requirements for Year End Awards. The draft announcement is a work in progress at this time. Notice of this requirement should be posted on the club Facebook page and newsletter as soon as possible.

CDCTS MEETING MINUTES, JUNE 8, 2021- CONTINUED

Membership Committee:

Julie Hall reports there are 58 members on the USDF GMO club roster. New/renew members include Jennifer Bolen, Carley Howe, a Junior rider, and Athen Lemmons. We appreciate them joining the club and look forward to seeing them at future events. A discussion was had regarding two club members requesting the newsletter be mailed as they were not active on Facebook, email or texting. It was agreed an exception would be made for these two club members only and the newsletter would be mailed by Julie Hall, Secretary. All other members will continue to receive the monthly newsletter via email.

Welcome Committee:

There are currently no official members of this committee. Julie Hall has agreed to continue reaching out to new members via email when membership applications are received. New members will also be profiled in the Newsletter as space allows.

Education Committee:

This committee is currently on hold.

Social Media Committee:

The committee members of Julie Noe, Jean Sullivan, Susan Hill and Julie Hall continue to monitor the club Facebook pages. At the May meeting the Board approved the requirement of being a current Board member in order to hold an administrative role of any type on the club Facebook pages. Contact will be made with current administrators who are not Board members to discuss.

By-Laws Committee:

No report at this time.

V. Old Business

- At the May meeting a request from Two Step Revolution was received for CDCTS donation consideration. Two Step Revolution (TSR) is a non-profit, charitable organization that offers combined Mental Health and Equine-Assisted Services to individuals in and around Knoxville, TN. TSR was founded in 2017 by a Licensed Mental Health Counselor and a professional horse and equestrian trainer as a self-funded outreach, with the mission of providing holistic, personalized, low-cost therapy to individuals with otherwise limited access to mental health service. Carolyn Ordal attempted to reach out to this organization for further information but has not received a response. This is tabled at this time.
- The June meeting was scheduled to be held at Sullivan's Restaurant in Maryville. However, several days prior it was announced that Sullivan's in Maryville was permanently closing their doors. A continued effort will be made to find a location for future meetings. The club appreciates Melissa Morehead for allowing the club to meet at her farm.

VI. New Business

- A lengthy discussion was had about the CDCTS Year-End Awards requirement of 4 volunteer hours. The club Volunteer Procedures were reviewed and no changes were recommended other than the Junior/Young rider requirement changes. Carolyn Ordal would prepare a spreadsheet with volunteer hours for the schooling show. Jean Sullivan made a Motion that all Board members would continue to receive eleven volunteer hours for being a board member. Susan Michaud seconded.
- USDF Youth Shining Star Award is an award that recognizes outstanding sportsmanship by a youth. This award acknowledges those USDF youth members who have exemplified "going above and beyond" the sportsmanship that is expected of all youth. CDCTS is proud to announce that Dru Adams was a recipient of this award. Dru received a lapel pin, a certificate and will be recognized in the USDF Connection publication and at the Adequan/USDF Annual Convention. Additional coverage within the newsletter about this outstanding award.

CDCTS MEETING MINUTES, JUNE 8, 2021- CONTINUED

- Show check list information was handed out to the members in attendance for future discussion.
- Julie Hall brought up the newsletter and sought input from members for articles to include. Jean Sullivan agreed to provide an article about her horse Damascus and Rita Dunn agreed to provide a second article for Coach's Corner.

VII. Upcoming Events

- Jennifer Roth "S" Judge Clinic scheduled for June 26-27, 2021. The clinic is full and there is a waiting list. Auditor's are welcome. Contact Anne Titus for more information at cvett74@yahoo.com.
- Scenic Flight Dressage Show, July 24-25, 2021 at Tri-State Exhibition Center, McDonald TN (Cleveland, TN). Additional information can be found on the CDCTS website.
- Jim Koford clinic dates: June 17-20, 2021; July 22-25, 2021; August 12-15, 2021; September 9-12, 2021; October 21-24, 2021; November 18-21, 2021 and December 16-19, 2021. Contact information can be found on the CDCTS website.

VIII. Adjournment

A motion to adjourn was made by Susan Hill and seconded by Jean Sullivan. Adjournment at 8:41 pm on June 8, 2021. Next regular meeting will be on July 13, 2021 at a location to be determined.

Minutes submitted by Julie Hall CDCTS Secretary

CDCTS CLUB INFORMATION

CDCTS YEAR END AWARD REQUIREMENTS(Addendum)

Crossroads Dressage and Combined Training Society (CDCTS) has longstanding volunteer requirements for members in order to be eligible for Year End Awards.

In light of the recent increase in Junior/Young riders to the club, the Board has modified the requirements for those particular members. The club understands that Junior/Young riders are often dependent on an adult to transport them to/from club sponsored events, and it is not always feasible to commit to volunteering their time. With that in mind, the following requirement options were recommended and agreed upon by the Board for the Junior/Young riders only (4 total hours are required to be eligible for year end awards):

- Volunteer a total of 4 hours per year at a club sponsored event
- Write and submit to the monthly newsletter an informative equine related article for the equivalent of 2 volunteer hours
- Interview a profession in the equine industry, such as a farrier, veterinarian, trainer, judge, etc and submit the written interview to the monthly newsletter for the equivalent of 2 volunteer hours
- Articles should be submitted to Julie Hall, Secretary at cdctssecretary@gmail.com before the 20th of the month for publication in the newsletter.



***Crossroads Dressage and Combined Training Society
Presents
Dressage Only Schooling Show with Fun Classes Added***

**July 10, 2021
(Closing date July 1, 2021)**

RAIN OR SHINE

**Held at Red Oak Hill Farm, 3400 Breazeale Road, Lenoir City, TN
37771 (Shannon O'Hatnick: 865-255-2266)**

**Judge Laura Wolfe
L Graduate with Distinction, Clinton, TN**

DRESSAGE CLASSES (2019-2022 USEF / USDF Dressage Tests):

USDF Intro Tests: A, B and C
USEF Training Level Tests: 1 – 3
USEF First Level Tests: 1 – 3
USEF Second Level Test: 1 - 3
USEF Third Level and Above – Please Request

Prix Caprilli Intro Level (for a copy of the test to be used during the show, see
<http://www.rodbastonequine.com/wp-content/uploads/2014/09/PRIX-CAPRILLI-INTRO-TEST.pdf>)

Western Dressage and Western Gaited: Intro, Basic, First, Second (WDAA 2017 Tests)

Gaited Dressage:

NWHA Tests: Intro, Training Level, First Level, Second Level
IJA Tests: 2-Gait, Intro, Training Level, First Level, Second Level

Fun Classes:

- Ride a Buck (W/T/C)
- Egg in Spoon
- Obstacle Class A – Easy
- Obstacle Class B – More challenging

High Score Awards will be given to the Adult and Junior rider in Dressage classes only.

On-Grounds Schooling of Horse (non-competing horse)

Competitors who wish to take advantage of this opportunity need to provide a copy of negative coggins, pay the Office & Facility Fee on or before the closing date. CDCTS and Red Oak Hill Farm Hold Harmless Release must be signed as well. When the horse is on the grounds, a bridle tag must be worn at all times.

CDCTS DRESSAGE ONLY SCHOOLING SHOW ENTRY FORM

This form must be filled out and the **HOLD HARMLESS RELEASE** must be signed in order for entry to be valid. Junior entries will NOT be accepted without adult signature. Please PRINT legibly!

ONE ENTRY PER HORSE / RIDER COMBINATION

OFFICE USE ONLY: BRIDLE NUMBER: _____

CDCTS MEMBER? YES ___ NO ___ OWNER IF DIFFERENT FROM RIDER: _____

RIDER UNDER 18? YES ___ NO ___

HORSE: _____ STALLION? YES / NO

RIDER: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

ARE YOU WILLING TO VOLUNTEER FOR A FEW HOURS DURING SHOW? Yes ___ No ___
(If you are a club member, hours will count toward requirement for Year End Awards)

Dressage Classes (2019 Tests) (\$25 Members / \$35 Non-members):

	Fees:
Intro: A ___ B ___ C ___ Training: 1 ___ 2 ___ 3 ___	\$ _____
First: 1 ___ 2 ___ 3 ___ Second: 1 ___ 2 ___ 3 ___	\$ _____
Third: Upon Request (Please specify test): _____	\$ _____

Prix Caprilli Intro _____ \$ _____

Western Dressage: Intro: A ___ B ___ C ___ Basic: 1 ___ 2 ___ 3 ___	\$ _____
WDAA First: A ___ B ___ C ___ Second: 1 ___ 2 ___ 3 ___	\$ _____

Gaited Dressage:

Western (WDAA) Intro: A ___ B ___ C ___ Basic: 1 ___ 2 ___ 3 ___	\$ _____
First: 1 ___ 2 ___ 3 ___ Second: 1 ___ 2 ___ 3 ___	\$ _____
NWHA Intro: A ___ B ___ C ___ Training: 1 ___ 2 ___ 3 ___	\$ _____
First: 1 ___ 2 ___ 3 ___ Second: 1 ___ 2 ___ 3 ___	\$ _____
IJA Tests 2-Gait: A ___ B ___ C ___ Training: 1 ___ 2 ___ 3 ___	\$ _____
First: 1 ___ 2 ___ 3 ___ Second: 1 ___ 2 ___ 3 ___	\$ _____

Fun Classes (As indicated below):

Ride a Buck (W/T/C) (\$10.00 per rider)	\$ _____
Egg in Spoon (\$10.00 per rider)	\$ _____
Obstacle Class A (Easy) (\$20.00 per rider)	\$ _____
Obstacle Class B (More Challenging) (\$20.00 per rider)	\$ _____

On-grounds Schooling of Horse Fee: \$10.00 for each non-competing horse only
(MUST complete entry form and sign release) \$ _____

Office & Facility Fee: \$ 25.00
(Copy of a **NEGATIVE COGGINS MUST ACCOMPANY ENTRY**. This fee also includes the required non-refundable Bridle Tag fee)

Late Fee (if applicable) (\$15.00) \$ _____

TOTAL AMOUNT DUE (checks payable to CDCTS or pay using PayPal on website) **TOTAL** \$ _____

2021 CDCTS DRESSAGE ONLY SCHOOLING SHOW HOLD HARMLESS RELEASE

The undersigned Exhibitor and any signing parent or guardian hereby (1) agrees to release CDCTS and Red Oak Hill Farm, its officers, directors, employees, members or agents, and the Owners or managers of the grounds where this event is held from any loss, damage, liability or injury arising out of or resulting from this show or Exhibitor's participation or entry therein; (2) agrees to indemnify, hold harmless and defend: the organizer, facility owner and the management of this show from and against any and all claims for loss, damage or injury, however caused, resulting directly or indirectly from Exhibitors entry or participation in this show or from acts or omissions of Exhibitors or Exhibitors agents; (3) acknowledges that activities with and around horses and horse shows involve inherent risks which are understood by the person signing and are expressly assumed. In the event of injury to Exhibitor or to Exhibitor's animal or animals, permission is hereby granted to management for emergency medical treatment.

WARNING: Under Tennessee law an equine professional is not liable for an injury to, or the death of a participant in equine activities resulting from the inherent risks of equine activities pursuant to Tennessee code annotated Title 44, Chapter 20, Section 1.

Rider Signature and date: _____

Parent or Guardian and date: _____ (if under 18)

Competitor Information:

Entries:

All entries MUST include a copy of a current negative Coggins. The CDCTS/Red Oak Hill Farm release form must be filled out, signed and dated by rider and/or parent or guardian if rider is younger than 18 years old. Stallions are permitted to show at Red Oak Hill Farm.

Payment in full must accompany the entry form. If payment has not been received by closing date of Thursday, July 1, 2021, the entry will be void. Payment by PayPal is also accepted. If you choose to use PayPal, make sure you scan or print a copy of your payment receipt and send it with your completed and signed show entry form so that the Show Secretary can confirm your payment.

Refunds:

No cash refunds *after closing date*. Show credit will be given with a veterinarian or a doctor certificate/letter if presented to the Show Secretary by **July 7, 2021**. RETURNED CHECKS for NSF will incur a \$40.00 fee and a void entry.

Due Date:

Entries are due to the Show Secretary **postmarked no later than July 1, 2021**

Mail completed entries to:

Marge Williams
5925 Chester Lane
Maryville, TN 37801

- Marge can be reached by email at myladyshire@gmail.com or by phone at 423-337-8249 for questions regarding your entry form only. All other questions should be directed to Julie Hall at cdctssecretary@gmail.com and will be forwarded to the appropriate person.

Awards:

Ribbons will be awarded in all classes for placements 1st through 6th place. Depending on class size, Open and Adult Amateur divisions may be pinned together. Junior division will be pinned separately. High Score Adult and High Score Junior will be awarded for dressage classes only.

Arena:

All Dressage Tests will be ridden in the covered arena. Footing is sand and GGT. Warm up area will be in the grass and will be marked.

Dressage tests Intro, A, B, C, Western Dressage and Gaited Dressage tests will be ridden in a 20 m x 40 m arena. All other dressage tests will be ridden in a 20 m x 60 m arena.

Obstacle classes: Obstacle classes will be ridden in the covered arena. These obstacles will be similar to those found in Working Equitation. Obstacles will include clover leaf barrels, slalom poles, ground poles for side passing, x-rails, bell corridor for backing, and gate. The judging will be consistent with that of a dressage test, with respect to proper bend, square halt, horse immobility, symmetrical geometry, willingness and tempo of horse, harmony between horse and rider, as well as completion of the course without error. A course map is being provided and will be available at the show.

Attire:

Appropriate informal schooling attire is required. **No tank tops or t-shirts allowed.** ASTM-SEI approved helmets and appropriate footwear is required and must be worn at all times when mounted.

Parking:

Cars may be parked separately from trailers, depending on numbers. Trailers will be parked in an assigned area. Please follow signs for parking and **park only in designated areas.**

Ride Times:

Official ride times will be posted on the CDCTS website and Facebook page(s) by Thursday July 8, 2021 9 pm.

Day Stalls: Contact Red Oak Hill Farm (Shannon O'Hatnick) for availability – very limited

Concessions: Taco Food Truck will be on-site

Dogs: No dogs allowed. No exceptions

Directions:

3400 Breazeale Road, Lenoir City, TN 37771

***Shannon recommends anyone with a trailer come by way of Sugar Limb exit 76 off I 75. That's the easiest way for trailers to turn on her road. The other way can be tricky for bad drivers.

OBSTACLE COURSE GUIDELINES

Specific Obstacle Instructions:

- The clover leaf barrels (Obstacle #1): All barrels are completely circled except Barrel B – that will be half circle

Obstacle Course A – Easy

- Obstacles may be done at the walk or trot as noted below (Obstacles 1-3 only)
- You may trot between obstacles

Obstacle Course B – More Challenging

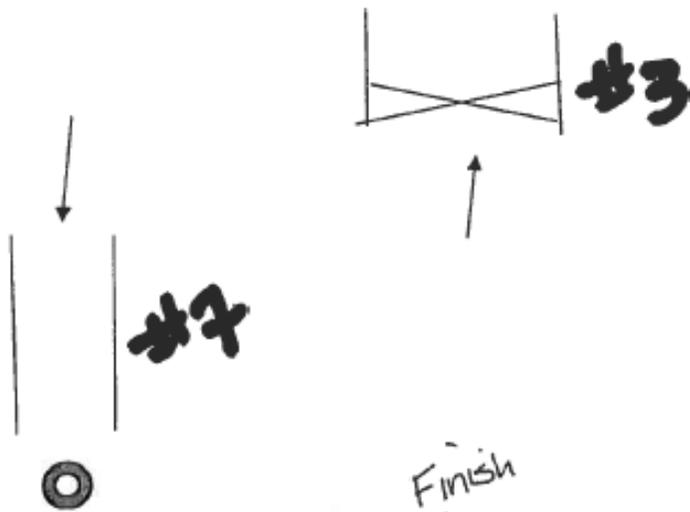
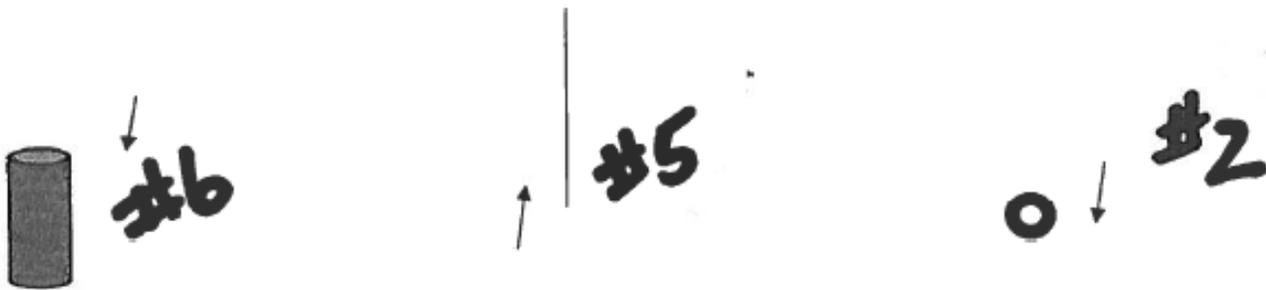
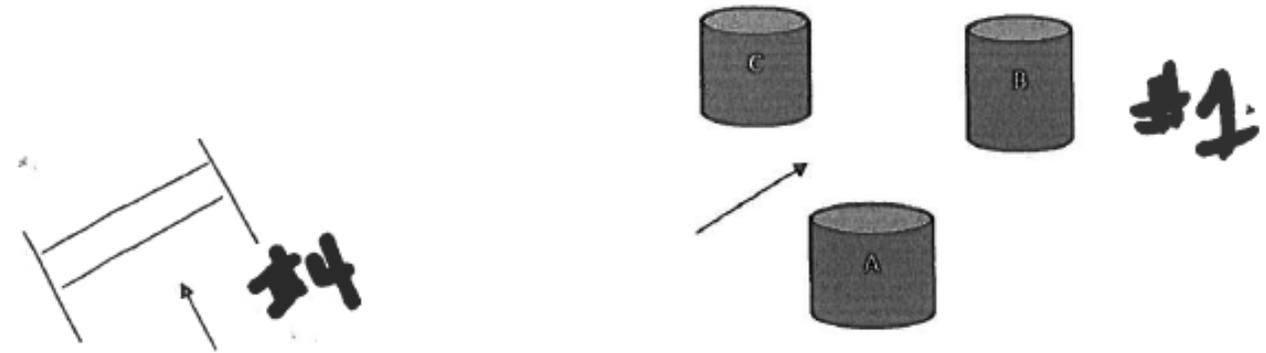
- Obstacles 1, 2 & 3 must be performed at the trot
- Obstacle 5 will be two ground poles to side pass in each direction
- Obstacle 7 Bell Corridor will be in the shape of an “L”
- You must trot or canter between obstacles

General Instruction:

- These are not timed classes
- Obstacles will be similar to those found in Working Equitation
- You will be judged like a dressage test, with emphasis on steady tempo, shape and size of circles (symmetry of geometry), square halts where necessary, horse immobility, proper bend, harmony between horse and rider and completion of obstacle without error
- Enter all obstacles with the designated number on your **RIGHT**
- Point deductions for hitting, knocking over or refusals
- Show Management reserves the right to modify the course

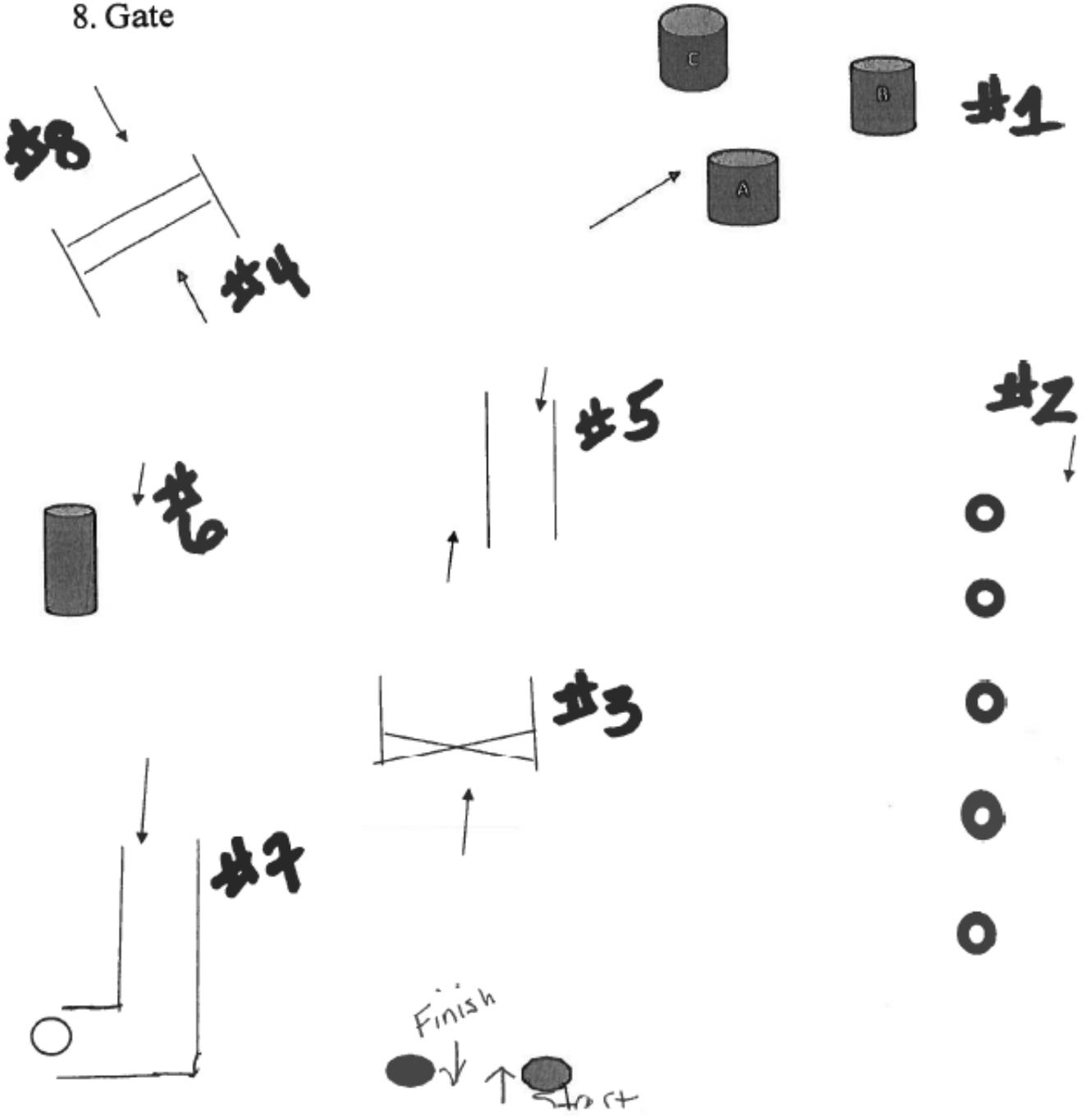
EASY OBSTACLE COURSE

1. Barrels
2. Slalom
3. X rails
4. Gate
5. Side Pass Rail
6. Pitcher
7. Bell Corridor



CHALLENGING OBSTACLE COURSE

1. Barrels
2. Slalom
3. X rails
4. Gate
5. Double Side Pass Rail
6. Pitcher
7. L Shape Bell Corridor
8. Gate



CDCTS Congratulates Dru Adams USDF Shining Star Award Recipient



Offered by the USDF Youth Programs Committee, this award recognizes outstanding sportsmanship by youth. Anyone other than the nominee's parent may nominate a youth for this award. The nomination is submitted to the USDF Youth Programs Committee for consideration. The Committee believes traits of good sportsmanship are defined as Courage, Good Judgment, Integrity, Kindness, Perseverance, Respect, Responsibility and Self-Discipline.

"Dru had been preparing and working VERY hard towards not only riding her first Training Level test, but also being part of helping her team with the GMO showdown! A week before the show, she was told (due to medical reasons) she would be unable to ride. Dru never complained even though I know her disappointment was great, and she didn't want to let her team down for the GMO award.

Dru showed up early each morning to groom, lunge and feed not only her teammates' horse, but bring drinks and snacks for her teammates. She also ran scores for the show management. She was there the entire weekend, including evenings to attend to my horse because I was unable to stay onsite. Needless to say, I can't express how much Dru's help meant to all of us! She is an exceptional young lady with class and great horsemanship skills all the way around!"

Nomination submitted by CDCTS club member Anne Titus.

Dru received a lapel pin and certificate for this award. She will also be recognized in the USDF Connection publication, and at the Adequan/USDF Annual Convention. Dru is eligible to apply for the Ravel Education Grant. These grants are used to cover expenses associated with attending an educational dressage event of the recipient's choice. Up to four \$500 Ravel Education Grants will be awarded each year.

Congratulations Dru!

CDCTS CLUB UPDATE

CDCTS Welcomes New Members:

Jennifer Bolen, Adult Amateur (renewed) - English Dressage
Lynn Holtman, Adult Amateur - English Dressage
Carley Howe, Junior Rider - English Dressage
Athen Lemmons, Non-Compete Member

MEMBERS AT RECENT EVENTS

CDCTS Spring Schooling Show

Winfield Oaks Farm, Friendsville, TN
May 29, 2021



Dene Massengill on
Avengers Yellow Jacket



Trish Burns on
Harley



Shannon O'Hatnick
on Cadbury

MEMBERS AT RECENT EVENTS

CDCTS Spring Schooling Show

Winfield Oaks Farm, Friendsville, TN

May 29, 2021



Kathryn Denkwalter on Hope



Ashley Blackburn on Angel Fire and
MacKenzie Chambers on Leviosa



Shannon O'Hatnick on Keene

IT'S NEVER TOO LATE

Like the words from the 1960's song Age of Aquarius, "When the Moon is in the Seventh House, and Jupiter aligns with Mars; Then peace will guide the planets, and love will steer the stars." This is the story of Rudy, Julie and Jennifer, whose different lives converged in 2020, the year of COVID, and supposedly the beginning of the Age of Aquarius. The stars and planets aligned, and bonds between human and horse were formed. Peace and harmony prevailed.

Julie grew up with a single mom and did not have the luxury of owning a horse as she was growing up. The only real pony Julie knew as a child was her grandparent's mean pony, and even the mean pony was states away. Julie did all the things horse loving young girls did. Julie perfected her ability to draw horses, especially loving to draw big, red horses, just like Secretariat. Julie read book after book on horses and riding, made scrap books of horse articles in the news, collected horse statues and dreamt of riding through the fields on her beloved steed.

Life carried on with her career, marriage and family but she eventually was able to intermittently squeeze a horse into her life although there was never the opportunity or time for Julie to take riding lessons during these years. After a series of tragic life events, Julie began the search for a horse to fill a void in her life. It had been about 10 years since Julie last put her foot in a stirrup. After scouring the various internet sites with horses for sale, Julie came across this beautiful horse who was the same color as her all-time horse Secretariat – Big Red! This horse shone like a copper penny and it was love at first sight. Julie immediately purchased this 4-year-old, coming 5-year-old, Morgan horse named Scatoaks Major Jake aka "Rudy."



Rudy was born in May 2003 at a small breeding farm in Alabama. He had been taught appropriate ground manners at a young age. He knew how to carry a rider, stand quietly when umbrellas were raised, and raincoats were donned. He learned all the skills needed to be a trustworthy, steady trail horse with a superb work ethic, or so Julie thought. It turned out to be green on green. Julie and Rudy survived learning together over the next 10 years primarily competing with NATRC in competitive trail riding and, fortunately for Julie and for Rudy, Julie never succumbed to her urge to sell Rudy for \$5.00 in his younger years, on some of their worst days. Neither of them knew that the best of their partnership was yet to come.

Jupiter and Mars aligned once again in the fall of 2018, allowing Julie and Rudy to move onto Topperhill Farm in Lenoir City, Tennessee, where they met trainer, Susan Hill. Julie and Rudy had never lived at the same place before and this was a new experience for Julie.

In the summer of 2019, Susan convinced Julie to take some dressage lessons. In competitive trail riding most of your trail time is trotting and, if you did canter, it was to get back into camp before the end of your allowed ride time or if a thunderstorm was coming and you needed to get back to the barn! No one cares what lead you are in during a competitive trail ride. Now Susan was not only asking for Julie and Rudy to canter, but to canter on a 20-meter circle. Under the watchful eye and guidance of Susan, Julie, at age 63 and Rudy, who had just turned 16 years old, entered their first schooling show in late September 2019 at Intro Test A with a score of 77.81 and Intro Test B with a score of 78.44. It was apparent Julie and Rudy needed to move up and they both needed to learn to canter that wretched 20 meter circle. The challenge was on!

Despite the drastic shift in careers, Rudy was working hard to please his person. Rudy is a remarkable, intelligent, willing, obedient and forgiving Morgan horse, and he quickly rose to every challenge Julie requested of him. Julie and Rudy spent the last part of 2019 learning to canter. They spent 2020 learning to perfect the 20m circle in addition to trot/canter and canter/trot transitions. Rudy and Julie entered two rated dressage shows in 2020 and ended the show season with a Training Level median score of 69.31 and finished her debut First Level test with a score of 68.103. Green on green was bringing home the blues! And the Moon was in the Seventh House!

IT'S NEVER TOO LATE - CONTINUED

In a separate journey from Rudy and Julie, Jennifer's voyage was unfolding. From Jennifer's first pony, an Appaloosa named Sugar, she's been infected with an undying love for horses. At 6 years old, Jennifer would shimmy up Sugar's leg then disappear for the day on the family farm. Sugar offered a peaceful retreat against any calamity the world presented. Anyone riding horses behind Jennifer on the family trail rides could watch Jennifer's blonde hair swoosh from side to side in line with Sugar's quick, pony tempo, knowing Jennifer was in her happy place.

Jennifer's love for horses grew, but her disciplines changed. She's ridden in 4-H, hunter shows, combined training, 3-day eventing, endurance competitions, fox hunting, and trail riding, but her passion for dressage was born the first time she tried it. "There's a magical combination that comes from the balance of a horse and rider dancing in dressage," Jennifer says.

When Jennifer went off to college at James Madison University, there was not a dressage team. Actually, there was not even a horse team of any kind so Jennifer and a few of her friends started JMU's equestrian team. Hunters did not have her heart, but hunters allowed her to have a horse in her life. Jennifer's next move was to the confines of New York City to attend law school. The combination of law school and city living almost put a stop to her riding career. I say almost because Claremont Riding Academy, a small barn on the upper west side of NYC, offered riding lessons. It wasn't long before the barn told Jennifer she needed to go upstate to ride. She didn't have time to travel upstate and, as a solution, the barn graciously allowed Jennifer to periodically take a horse out of the barn, ride down the streets of NYC amidst cars swerving and taxis honking, to ride through the tranquil bridle paths within Central Park. The two pillars at the upper west side entrance to Central Park became a beacon of peace. These pillars were a gateway to these periodic trail rides that offered Jennifer a chance to re-center, a welcome retreat against the chaos of the rapidly moving pace of city life.

Jennifer eventually moved back to Knoxville, Tennessee to practice law and raise a family. Time for horses was a luxury Jennifer did not have and the pandemonium of life continued on without horses, even though there was a mild nagging in her heart gently requesting horses. Jennifer was able to satisfy her yearning by being on the board of Shangri-La Therapeutic Academy of Riding, a therapeutic riding center in Lenoir City, Tennessee. Jennifer would walk into the barn, inhaling the aromas of horse life, and be satisfied for a while.

But tragedy can strike at any point, and for Jennifer's family, tragedy came in the form of infant loss. Jennifer lost her daughter, Alex, in 2014, at only 6 days old, followed by the still birth of her second son, Henry, only 11 months later. That occasional nagging miss of having horses became an insatiable yearning for a horse.

Moon was in the Seventh House.

Rudy was the perfect fit. Peace and harmony prevailed.

"Horses carry the wisdom of healing in their hearts and offer it to any human who possesses the humility to listen."

- author unknown

Despite the yearning and need for healing, Jennifer lacked the humility to listen. She continued to plug through her daily life of work and being a mother. Fortunately, Jennifer's husband observed her longing for a horse and conspired with Jennifer's longtime friend to get Jennifer back in the saddle.

In the late fall of 2020, Jennifer found her way to Topperhill Farm. Because of Julie's work schedule, Rudy was in need of additional ride time and as luck would have it, and over 20 years out of the saddle, Jennifer instantly found comfort in the Rudy's soft nose, his gentle whinny, and the familiarity of a horse.



IT'S NEVER TOO LATE - CONTINUED

Jennifer swiftly informed Susan of her desire to continue her trek for her bronze medal. Jennifer had received her first level scores in 1995 (yes, 1995). Twenty six years after leaving the dressage arena, Jennifer was starting back on her quest for her second level scores toward her bronze medal. Jupiter and Mars had aligned and the Moon was in the Seventh House. Rudy was the perfect fit. Peace and harmony prevailed.

In March 2021, Jennifer and Rudy ventured into their initial debut at Second Level at the Scenic Flight Dressage Series in Cleveland, TN, organized and managed by Andrea Davenport-Himel. Rudy helped Jennifer toward earning her Bronze Medal with Second level scores of 63.9% and 64.8%. At that same show, Julie and Rudy entered the GMO Challenge on the team representing Crossroads Dressage and Combined Training Society ("Crossroads") GMO #0319, competing against several other GMOs. Julie, Anne Titus and Meg Larson, along with their wonderful horses, Rudy, Tosi and Vinnie, were awarded the beautiful blue-ribbon sash for first place and Crossroads was awarded \$150.00 to be used toward education for Crossroad members.

Rudy, a horse that did not know he was destined for dressage, has been the nucleus of this new circle of friendship. Rudy works hard to master the skills presented to him and is an absolute gem. He's the type of horse that people offer to buy as you walk out of your dressage test. Rudy has tremendous work ethic, trying his best to always please you, but keeps you on your toes with an occasional buck too. Rudy is also tender and kind with Jennifer's daughter, getting her over her fear of horses. Rudy is her unicorn!



In this Age of Aquarius, it is never too late to learn to ride dressage, as evidenced by Julie. It is never too late to learn to canter and to learn canter in a 20m circle, as evidenced by Rudy. Julie and Rudy have covered quite a bit of ground in just 2 years. Julie and Rudy are preparing for their debut at second level during the 2021 show season. Not only have they progressed in levels, but their scores also display they have mastered each level before moving on.

It is never too late to restart your journey toward earning your Bronze Medal, even with a 26 year pause, as evidenced by Jennifer. Rudy and Jennifer have some work to do in order to move up to third level, but Jennifer hopes the jump from second to third level will take far less time than it took her to go from first to

second level. Nonetheless, no matter how long her journey to achieve her bronze medal takes her, Jennifer is ecstatic to be back in the world of horses because being in the company of a horse is the best therapy she has ever known.

Whatever your dreams may be, it is never too late to pursue those dreams. And it is never too late to discover and chase a new dream, a dream you never knew would exist. "When the Moon is in the Seventh House, and Jupiter aligns with Mars; Then peace will guide the planets, and love will steer the stars."

Reach for the stars in this Age of Aquarius!!

Coach's Corner

You Don't Know What You Don't Know Provided by Rita Dunn

Now that you have been working on riding your horse more with your seat rather than just your hands, it's time to move on to an even more complicated concept.

In January 2015 Eliza Sydnor Romm wrote an article in Dressage Today titled ***"How To Embrace 'Incompetence' in Dressage."*** In summary, there are 4 stages of learning:

1. **UNCONCIOUS INCOMPETENCE** is where you don't know that you don't know how to do something. This is tough place because if you don't know, how do you fix it?
2. **CONSCIOUS INCOMPETENCE** is where you know that you don't know how to do something and it bothers you. As a student, this means you're now open to learning!
3. **CONSCIOUS COMPETENCE** is where you know that you know how to do something but it requires effort. Now you're to the point where you can ride and train your horse more on your own.
4. **UNCONSCIOUS COMPETENCE** is where you know how to do something so well that it becomes second nature. This is where Olympians and professionals fit in.

Through all these stages of learning, it is important to have good instruction.

Even those in Stage 4 need eyes on the ground and refreshers! Most of us need a very competent local instructor to take lessons from on a weekly basis to make satisfactory progress and supplement that with clinicians who come in monthly or semi-annually.

Don't be afraid to realistically recognize which stage you are in and then work hard to progress. Often as an instructor, I have a new student who has no clue she/he doesn't know what they don't know. Most of us think we know more than we actually do.

Take heart, we can all work through these stages with patience, time, and good instruction. However, then you start with a new horse and you're back to Stage 1 or close to it!

Enjoy the journey because it goes on forever. That blue ribbon is great but it's just a stepping stone in your lifelong quest.

For more great information in this article, visit: [How to Embrace "Incompetence" in Dressage - Dressage Today](#)

Eliza Sydnor Romm works as a dressage trainer and instructor at Braeburn Farm in Snow Camp, North Carolina. She is a USDF Certified Instructor through Fourth Level and is an active competitor from Training Level through Grand Prix. She specializes in working with young horses. She and her husband, Jonathan, live in Chapel Hill, North Carolina, and have one son, Daniel. (<http://www.elizasydnordressage.com>)

CDCTS CLASSIFIED CORNER

Trailers for Sale. Tobruk Trailers. Merhow and Cherokee aluminum trailers. Custom living quarters for large horses. Hitches and repairs. Call 865-674-7041 or email tobrukfarm@charter.net.

Pasture Board. Topperhill Farm, Lenoir City Area. 10 minutes from Baker's Creek. Large arena with sand and crushed rubber footing. Four board fencing. Contact Susan Hill, call or text 865-789-5048.

Trailer For Sale. 1993 Featherlite Gooseneck all aluminum 3 horse slant load trailer. Very good condition. Light roof damage from tree branch, repaired with no leaks. Pictures available. Located in Halls Crossroads. \$10,500 or best offer. Email: dianeandcharlie56@gmail.com for further information.



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CDCTS CLASSIFIED CORNER- CONTINUED

Being a horse owner for over 25 years, I understand the requirements for good equine property.

If you are looking to buy or list your house, or know someone who is, I would appreciate you giving them my name and phone number. My business grows from referrals!

As a multi-million dollar producer of residential, commercial, and equine properties, I can find you your next dream location.

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Full Page (7"wide X 10" high)	\$10 per month	\$20 per month
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Quarter Page (3.5"wide X 5" high)	\$2 per month	\$5 per month
Business Card (3.5"wide X 2" high)	FREE	\$2 per month
Classified Ad	FREE	\$1 for each 25 words

Please send ads, via email to coyjbays@gmail.com. Make checks out to CDCTS (put "advertising" in the check memo line) and mail them to Melissa Morehead, 11045 Friendsville Road, Lenoir City, TN 37772

ARTICLES FOR THE CROSSING

Please submit articles for your monthly CDCTS newsletter, *THE CROSSING*. Deadline for articles is the 20th of each month. Send your article by email to: coyjbays@gmail.com.

2021 EVENTS

CDCTS Schooling Show - Dressage Only. July 10, 2021, Red Oak Hill Farm, Lenoir City, TN

Jim Koford Clinic Dates: June 17-20, 2021; July 22-25, 2021; August 12-15, 2021; September 9-12, 2021; October 21-24, 2021; November 18-21, 2021 and December 16-19, 2021

CDCTS Clinic with USEF "S" Judge Jennifer Roth. June 26-27, 2021, Mountain Meadows Farm, Maryville, TN (The clinic is full and there is a waiting list. Auditor's are welcome. Contact Anne Titus for more information at cvett74@yahoo.com.)

Scenic Flight III Dressage Show. July 23-24-25, 2021, Tri-State Exhibition Center, McDonald, TN (Cleveland, TN)

River Glen Summer Horse Trails. August 6-8, 2021, River Glen Equestrian Park, New Market, TN

River Glen Dressage By The River II. August 21-22, River Glen Equestrian Park, New Market, TN

CDCTS Fall Schooling School, September 25, 2021, Further Information Coming Soon.

CDCTS Fall Fun Day. October 30, 2021, River Glen Equestrian Park, New Market, TN

Next Meeting

July 13, 2021

Location To Be Determined



CDCTS is a USDF Group Member Organization that caters to dressage and combined training (eventing) riders and enthusiasts in the Knoxville area and throughout East Tennessee.

By joining CDCTS, you will be on the fast track to learning about shows, clinics and other great educational opportunities in our area. You will get to meet other like-minded, horse loving people, and you will become part of a group that is continually working to promote dressage and eventing in your area.

In addition, by joining CDCTS, you automatically become a Group Member of USDF, which provides you with many additional benefits in the dressage arena.

Visit us on the web for more information and downloadable content at www.CDCTS.org
Find us on Facebook at www.facebook.com/CDCTS

Become a member today and stay connected with your local dressage community!

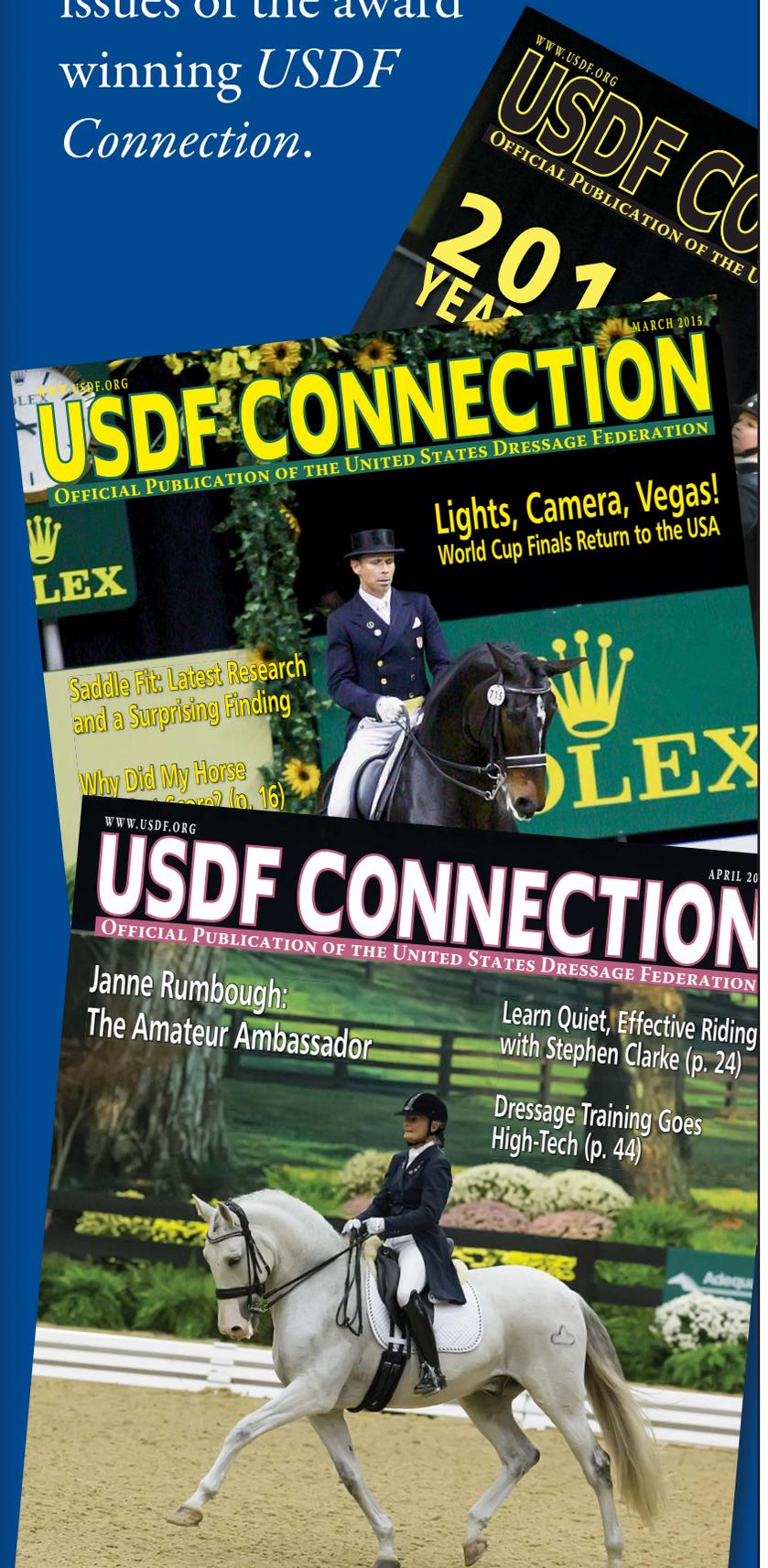
By joining, you also receive complimentary issues of the award winning *USDF Connection*.

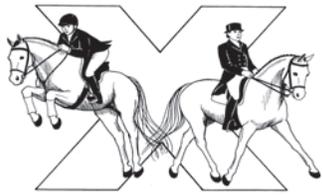


GMO

GROUP
MEMBER
ORGANIZATION

YOUR CONNECTION TO THE LOCAL
DRESSAGE COMMUNITY





Crossroads Dressage and Combined Training Society 2021 Membership Application



GROUP
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CDCTS membership year is 1 Dec 2020-30 Nov 2021. After 1 Dec, the effective date of membership begins the day the form and correct dues reach the CDCTS Secretary at the address below. CDCTS is a USDF GMO and its members are automatically USDF Group Members. For Participating Membership, members must apply directly to USDF. \$24.00 of your primary GMO membership fee goes directly to USDF for your Group Membership. Electronic copies of CDCTS applications will be held until funds are received.

First Name: _____ Middle Initial: ____ Last Name: _____ USDF#: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Primary Phone: () _____ Secondary Phone: () _____

Primary Email address: _____

Birth date: _____ (required by USDF for all riders under 21 years of age, and requested for those over 21 years old to assist in limiting doubled entries at USDF)

I would like to Join: ____ /Renew: ____ Crossroads Dressage and Combined training Society for the membership year 1 December 2020—30 November 2021 in the following category:

a. Charter Member (Founding member of the club whose membership has not lapsed) _____ X \$23.00 _____

b. Adult Member (Over 21 years old as of January 1, 2021) _____ X \$52.00 _____

c. Junior/Young Rider Member (21 years old or younger as of January 1, 2020) _____ X \$28.00 _____

d. Family Membership (\$52 Primary Member + \$13.00 per each additional member) _____ X \$52.00 _____
 _____ X \$13.00 _____

ARE YOU PAYING WITH PAYPAL? IF YES, ADD \$2.00

Total: _____

List the Additional Family Members below:

Name: _____ Phone #: _____

I would like to volunteer to support the club in the following areas:

Horse shows: ___ Scribe, ___ Scorer, ___ Runner, ___ Ring Steward, ___ Concessions, _____ Set up and Tear Down, ___ Hospitality

Other: ___ Phone Contacts, ___ Committees, ___ Board Member, ___ Write for Newsletter, ___ Publish newsletter, ___ Website, ___ Sell Advertising, OTHER: _____

Please make your check payable to CDCTS and return to:

Julie Hall, CDCTS Secretary
P.O. Box 10801
Knoxville, TN 37939

Office action: Date Received: _____
Check #: _____
Amount: _____



Crossroads Dressage and Combined Training Society 2021 Professional/Business Membership Application



GROUP
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CDCTS membership year is 1 Dec 2020-30 Nov 2021. After 1 Dec, the effective date of membership begins the day the form and correct dues reach the CDCTS Secretary at the address below. CDCTS is a USDF GMO. For Participating Membership, members must apply directly to USDF.

Professional/Business membership dues are determined annually by the board. For 2021, there is no fee to become a Professional/Business Member of CDCTS.

Primary Contact: First Name: _____ Middle Initial: ____ Last Name: _____

Business Name (if applicable): _____

Mailing or Street Address: _____

City: _____ State: _____ Zip Code: _____

Primary Phone: () _____ **Secondary Phone:** () _____

Primary Email address: _____

I would like to Join: ____ /Renew: ____ Crossroads Dressage and Combined Training Society for the membership year 1 December 2020—30 November 2021 as a **Professional or Business Member (please select one)**

a. I/we wish to provide a lecture or training series with the following details:

b. I/we wish to sponsor a class in a CDCTS Schooling Show for the following amount _____ or with the following goods and/or services _____. Please select Spring or Fall Show or both.

c. I/we wish to sponsor a _____ (trophy, ribbons, neck sashes, etc) in a schooling show. Please select Spring or Fall Show or both.

d. I/we wish to sponsor a year end award. Please specify which award and amount.

e. I/we wish to support the club in another manner. Please specify below:

Please fill your form out and mail it to:

Julie Hall, CDCTS Secretary
P.O. Box 10801
Knoxville, TN 37939

Office action: Date Received: _____