



2019 Officers

President

Jean Sullivan
shamrockfarm3100@gmail.com

Vice President

Ashley Phillips
timberwayfarm@yahoo.com

Secretary

Carol Mitchell
ericncarol.belcher@gmail.com

Treasurer

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jbstrain@comcast.net

Parliamentarian

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Member at Large

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Editor

Coy Jo Bays
coyjbays@gmail.com

Webmaster

Kennetha Eikleberg
keikleberg@gmail.com

From Your President

Dear CDCTS members,

I hope your riding is more consistent than mine at this time of year. Our farm is knee deep in mud and the rain is making just getting in the ring a challenge.

If you didn't make it to the awards banquet this year you missed a really good time. We gave out many great awards to our members and really enjoyed the talk given by Leslie Wylie. She expounded on how many ways a horse can ruin our budget. Which unfortunately many of us are aware!

Coy Bays put together a great collection of our horses and members on the screen, and as usual Buddy's Banquet Hall did a great job with the food and arrangements. Thank you also to Meg Larson who furnished the table centerpieces! Thank you goes to Dave McAdoo for his hard work on calling and talking to prospective board members so that the process could run smoothly this year.

I hope everyone intends to go to our Spring Show on May 4th at Penrose Farm this year. I hope many people intend to show at this great place, and we have plenty of volunteers to make it run smoothly! I am this spring's volunteer coordinator so if you have a particular position for which you want to volunteer, get in touch with me ASAP and I will put you on the list. Remember for every eight hours that you volunteer, you get a \$10 voucher that can be used for member given lessons or clinics. Hope to see everybody there!

Jean Sullivan, CDCTS President

CDCTS is a USDF Group Member Organization and all members are automatically USDF Group Members. For USDF Participating Membership, members must apply directly to USDF.



GROUP
MEMBER
ORGANIZATION

CDCTS MEETING MINUTES, FEBRUARY 12, 2019

I. Call To Order

President Jean Sullivan called to order the regular meeting of the CDCTS Board at 7:02 p.m. on February 12, 2019 at RJ's Courtyard, Alcoa TN

II. Roll Call

President Jean Sullivan conducted the roll call. The following Board members were present: Jean Sullivan, Ashley Phillips, Susan Hill, Carol Mitchell, Carolyn Ordal, Jill Strain, Kennetha Eikelberg and Jeannie Baggett. The following Board members were absent: Alece Ellis. There was a quorum. The following CDCTS members were in attendance: Caylee Baggett, Janice Butt, Julie Noe, Rita Dunn, Melissa Morehead, Ariel Blackstone, and Maria Blackstone. Visitors: None.

III. Approval Of Minutes From Last Meeting

Minutes from December 11, 2018 were sent electronically via newsletter to all members for their review. A motion to accept the minutes as read was submitted by Carolyn Ordal and seconded by Rita Dunn. Carried.

IV. Committee Reports

Treasurer's Report. Jill Strain described cash flow for the month and announced the current balance of \$20,923.16, with \$1764.87 in deposits and \$1372.39 in expenditures. A budget based on last year's spending patterns will be submitted at next month's meeting. The banquet appears to have made approximately \$300.00 with a few receipts for payment still outstanding. Motion to approve the Treasurer's Report by Melissa Morehead, seconded by Jeannie Baggett. Approved.

Show Committee.

- a. Spring Schooling Show 2019. Date: 4 May 2019. Judge: Darleen Dixon-Bitteroff, L Graduate, College Grove, TN. Penrose Farm has been selected as the spring show venue. Contracts have been signed. Details and prize list will be promulgated in the newsletter
- b. Fall Schooling Show 2019. Date: Saturday, 28 Sept. 2019, held at Winfield Oaks, 433 Meadow Road, Greenback, TN. Judge: Laura Wolfe, L Graduate with Distinction, Clinton TN. Contracts are pending.
- c. Show committee needs additional volunteers to canvas our professional membership, local businesses for additional prizes or class neck sashes. For the spring schooling show, Jean Sullivan will be the Volunteer Coordinator. She can be reached at shamrockfarm3100@gmail.com if you are able to volunteer to support the show for any of the following positions: set up and tear down teams, jump set up, scribe, scorer, runner, ring stewards for jump ring and dressage rings, concessions. Carolyn Ordal has volunteered to assist with concessions.

Eventing Committee. Ashley presented her vision for a clinic on showing details for new riders, intended for both junior and adult riders. A list of topics will be geared to attending our schooling shows and includes how to prepare for tests, what to do when you and your horse arrive, when to check in with show secretary, when to get to each ring prior to riding your test, equipment and attire and etiquette while on the show grounds. Discussion ensued regarding the need for sharing this type of info with local 4H groups as many young riders could use the information and are interested in learning. It was decided to contact the UT Extension agent for a list of individuals who are organizing 4H in each county as a start point and reach out to local groups to start coordination. Ashley indicated that she may need additional assistance as this project may grow. She will determine a date and time for the clinic prior to our May 4, 2019 schooling show.

Dressage Committee. Nil report.

CDCTS MEETING MINUTES, FEBRUARY 12 - CONTINUED

Membership Committee. Kennetha Eikelberg requested members interested in assisting with the outreach contact her as she can use more help. Our club's intent in this area is to also act as an information conduit to other horse groups within our community such as HJ and TVH. She has contacted Sonny Brook Farm and the owner has expressed interest in sharing her conference room that is above her barn if needed for committees or get-togethers.

Health and Wellness Committee. Jill Strain reminded members that UT Horse Owners' Conference will be held on March 30 at UT and urged members to attend as there is always a wealth of information shared by the UT veterinary team. The second quarter lecture will be held by Dr. Hines and will be on equine eye injuries and diseases. Exact location TBD.

V. Old Business

Awards Banquet. Rita Dunn and Susan Hill provided an update on the banquet. It was a fun and lively evening and all attending enjoyed the presentation by Leslie Wylie, guest speaker. All attendees complemented the food selection as excellent.

Dressage Clinic. No updates on potential Julio Mendosa clinic in 2019. Susan Hill to report at a following meeting.

VI. New Business

New 2019 Board Positions. Jean Sullivan introduced the new board members: Jill Strain, confirmed as Treasurer, Carolyn Ordal as Parliamentarian, Kennetha Eikelberg as Member at Large, Jeannie Baggett as Alternate. All other board members remain in their positions.

Young Riders Committee. Shaelyn Baggett was not in attendance but Jeannie Baggett provided her update. She is interested in developing a connection between the club and local 4H in order to introduce dressage. Looking for a monthly location to hold the meetings. She continues to investigate the availability of Brendon Weise for a 2-3 day clinic. He requires 8 lessons per day; Jen Bolen may have flight points to donate for his flight from MD. He will provide lessons in jumping and dressage from beginners to advanced riders. She will provide additional details in future.

Presentation by Maria Blackstone on Working Equitation Show. Maria and her daughter Ariel introduced themselves to the group. They are breeders of Lusitanos and Andalusians and provide training, sales at their property in Bulls Gap, TN. They are also the home of Transition Vaulters Equestrian Vaulting Team. They briefed the group on the upcoming Working Equitation Show to be held at Roane State Expo facility in Harriman, TN on April 13-14, 2019. The sport of Working Equitation is a rapidly growing sport in US and is open to any breed as well as to all levels of riders. The show will include 4 phases: Working Dressage, Ease of Handling with Obstacles, Speed with Obstacles and Cattle Handling. More information can be found at www.ConfederationWE.us or by contacting Maria at mblackstone@renaissancefarmtn.com or by (401) 965-1851 (call or text).

Upcoming Local Events.

River Glen Schooling Show. February 23, 2019. Check the website for further details: www.river-glen.com

Benefits of Cavalletti by Clinician Cody Harrison. March 30-31, 2019 at Winfield Oaks Greenback TN. Contact Anne Titus, cvet74@yahoo.com

Working Equitation Show. April 13-14, 2019 at Roane State Expo Center, Harriman TN. Further information, contact show manager, Maria Blackstone, at mblackstone@renaissancefarmtn.com

CDCTS MEETING MINUTES, FEBRUARY 12 - CONTINUED

Western Dressage 101 Clinic by Sarah McCain. April 20, 2019 at Winfield Oaks, Greenback TN. Contact Sarah for additional details SMcCoin@gmail.com. See flyer in this newsletter.

Spring Schooling Show. Held at Penrose Farm, 8444 Nubbin Ridge Road, Knoxville TN. Judge, Darelene Dixon-Bottorff, L Graduate. Show Secretary, Marge Williams. Prize list in this newsletter.

Emily Broilier-Curtis Clinics. February 22-24, March 22-24, April 26-28, May 11-12 (at River Glen). \$95 per lesson. Held at Benchmark Farm, Buttermilk Road, Knoxville, TN. Call or text Kaylen Moon at 865-696-1194 or email kaylenmoon!@gmail.com for more info. See flyer in this newsletter

Ashley Phillips Clinics. Held at Winfield Oaks, Greenback TN. March 9, April 6-7, May 11-12, June 1-2, July 6-7. Cost is \$50 per ride plus facility fee, if applicable. Contact Ashley at timberwayfarm@yahoo.com for more info. See flyer in this newsletter

Jim Koford Clinics. April 11-14, May 16-19, June 20-23, July 18-21, August 15-18, Sept. 19-22, Oct. 17-20, Nov. 14-17, Dec. 12-15. Contact Tina Henderson for additional information and locations, tanglwood02@gmail.com.

June Fox Hunting Camps. June 10-14, 2019 for Jr Riders. June 17-21 for Adult Riders held at Winfield Oaks, Greenback TN. On the final day of each camp, there will be a lecture by Ryan Johnsey of Tennessee Valley Hunt followed by a mock hunt. Cost for the week is \$450 each. Auditors \$15 per event. Checks payable to Jayne Bower- Curtis. Contact Jayne Bower-Curtis for more information: call or text 919-478-8005 or email ladyjaynebower@hotmail.com.

Open Gymkana at Winfield Oaks. To be held July 20, 2019 at Winfield Oaks. For more info, please contact Jayne Bower-Curtis for more information: call or text 919-478-8005 or email ladyjaynebower@hotmail.com.

Fall Schooling Show. Held on Sept. 28, 2019 at Winfield Oaks, 433 Meadow Rd., Greenback TN. Judge: Laura Wolfe, L Graduate with Distinction. Prize list pending.

Fall Fun Day. October 12, 2019. Location TBD Coordinator: Carolyn Ordal

VII. Adjournment.

Adjournment proposed by Melissa Morehead and seconded by Ashley Phillips. Approved. Meeting adjourned at 8:22 p.m. on February 12, 2019. Next meeting will be held at RJ's Courtyard, Alcoa TN on March 12, 2019 at 7 p.m.

Minutes submitted by Carol Mitchell, CDCTS Secretary.

2019 AWARDS

Meg Larson - USDF Bronze Medal

Dara Lindner - USDF Silver Medal

Rita DunnUSDF - Gold Bar for freestyle

Teresa Shafer - CDCTS High Point Award for 2nd Level with Isaac

Meg Larsen - CDCTS High Point Award for 3rd Level with Champions de Vinci

Dara Lindner - CDCTS High Point Award for Prix St. George with Wolke Nuen

Rita Dunn - CDCTS High Point Award for Intermediate I Level Freestyle with Grande Finale

Ashley Phillips - CDCTS High Point Award for Novice with Bold Reality

Carolyn Ordal - CDCTS Volunteer Award

Mike Sullivan - CDCTS Spouse Award

Charlie Grau - CDCTS Longest Service Spouse Award

Susan Hill - CDCTS Merryhour Award



CDCTS CLASSIFIED CORNER

Piedmont Woodrow, 2017 beautiful bay gelding. 3/4 Connemara - 1/4 TB. ACPS and USEF registered. Should mature ~15 hands. Outstanding eventing prospect; brave, friendly, loves to gallop and be scratched. Jumps ditches, crosses water at liberty. Super friendly and personable; has been easy to handle and train up to this point. I am excited about his potential. I'm a breeder; he needs a loving person who wants to train and compete and win! Contact me, Vanessa, at 423-744-9071 or email connemaras9@gmail.com.

Trailers for Sale: Tobruk Trailers – Merhow and Cherokee aluminum trailers. Custom living quarters for large horses. Hitches and repairs. Call 865-674-7041 or email tobrukfarm@charter.net.

Boarding available. Board openings for all riding disciplines now at Winfield Oaks, 433 Meadow Road, Greenback TN 37742. Facility under new management. New footing in rings, large stalls and paddocks. To arrange a barn tour or for more info, contact Jayne Bower at 919-478-8005 (cell)

Pasture Board. One Spot Available. Lenoir City Area. Four board fencing; feeding provided and hay and blanketing in winter. \$350 a month. Contact Susan Hill, 865-789-5048

Professional Clipping Services available. Full body clipping, trace clipping, partial clipping by an experienced handler. Will travel to your location or you can bring your horse to me, whichever suits your schedule. Contact Jayne Bower at 919-478-8005 or via email at ladyjaynebower@hotmail.com

Being a horse owner for over 25 years, I understand the requirements for good equine property.

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USDF

CDCTS CLASSIFIED CORNER - continued



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Business Card (3.5"wide X 2" high)

Classified Ad

Member Rate

\$10 per month

\$5 per month

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FREE

FREE

Non-Member Rate

\$20 per month

\$10 per month

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\$1 for each 25 words

Please send ads, via email to coyjbays@gmail.com. Make checks out to CDCTS (put "advertising" in the check memo line) and mail them to Jill Strain, 9747 Clearwater Dr., Knoxville, TN 37923.

ARTICLES FOR THE CROSSING

Please submit articles for your monthly CDCTS newsletter, *THE CROSSING*. Deadline for articles is the 20th of each month. Send your article by email to: coyjbays@gmail.com.

**Crossroads Dressage and Combined Training Society
Presents**

The Spring Schooling Show

4 May 2019

Held at Penrose Farm, 8444 Nubbin Ridge Rd., Knoxville TN 37923

Judge Darlene Dixon-Bottorff

L Graduate, College Grove, TN

DRESSAGE CLASSES (2019-2022 USEF / USDF Dressage Tests)

\$ 25.00 Members; \$ 35.00 Non-members

USDF Intro Tests: A, B and C

USEF Training Level Tests: 1 – 3

USEF First Level Tests: 1 – 3

USEF Second Level Test: 1

USEF Second Level, Test 2 and above. Scored on a percentage.

Prix Caprilli Intro Level (for a copy of the test to be used during the show, see

<http://www.rodbastonequine.com/wp-content/uploads/2014/09/PRIX-CAPRILLI-INTRO-TEST.pdf>

Rider Tests: Training Level, First Level, Second Level

Western Dressage: Intro, Basic, First, Second, Third (2017 Tests)

Western Gaited Dressage: Intro, Basic, First

COMBINED TRAINING TEST: (USEF 2018 Tests/USDF 2019 Tests)

\$ 40.00 Members; \$ 50.00 Non-members

	Jump Height	Dressage Test
Green as Grass (GAG)	18" max jump	USDF Intro Test A
Elementary Novice	2' max jump	USDF Intro Test B
Beginner Novice	2' 6" max jump	USEF Beginner Novice Test A
Novice	2' 11" max jump	USEF Novice Test A
Training	3' 3" max jump	USEF Training Test A
Preliminary.....	3'7" max jump	USEF Preliminary Test B
Intermediate.....	3'11" max jump	USEF Intermediate Test A

Extra jump rounds at your level for an additional fee

On-Grounds Schooling of Horse (non-competing horse)

Competitors who wish to take advantage of this opportunity need to provide a copy of negative Coggins, pay the on-grounds fee, bridle tag fee, and the office fee on or before the closing date. CDCTS and Penrose Farm Hold Harmless Release must be signed as well. When the horse is on the grounds, the bridle tag must be worn at all times.

CDCTS SCHOOLING SHOW ENTRY FORM

This form must be filled out and the **HOLD HARMLESS RELEASE** must be signed in order for entry to be valid. Junior entries will NOT be accepted without adult signature. Please PRINT legibly!

ONE ENTRY PER HORSE / RIDER COMBINATION

CDCTS MEMBER? YES ___ NO ___ OWNER IF DIFFERENT FROM RIDER: _____

RIDER UNDER 18? YES ___ NO ___

HORSE: _____ STALLION? YES / NO

RIDER: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

ARE YOU WILLING TO VOLUNTEER FOR A FEW HOURS DURING SHOW? Yes ___ No ___

Dressage Classes (2019 Tests): (\$25 Members / \$35 Non-members)

Fees:

Intro: A ___ B ___ C ___ Training: 1 ___ 2 ___ 3 ___	\$ _____
First: 1 ___ 2 ___ 3 ___ Second: 1 ___ 2 ___ 3 ___	\$ _____
Prix Caprilli Intro ___	\$ _____
Rider Tests: Training ___ First ___ Second ___	\$ _____
Western Dressage: Intro ___ Basic ___ First ___	\$ _____
Western Gated Dressage: Intro ___ Basic ___ First ___	\$ _____
Other: _____	\$ _____

Combined Training Tests: (\$40 Members / \$50 Non-members)

Fees:

GAG ___ Elem. Nov. ___ Beg. Nov. ___ Novice ___ Training ___ Prelim ___ Int ___	\$ _____
Extra Jump rounds at your level per horse/rider combination: \$10.00 per round	\$ _____

On-grounds Schooling of Horse Fee: \$10.00 for each non-competing horse only

Office & Facility Fee (Less \$5.00 if entry complete with copy of Negative Coggins)	\$ 20.00
Late Fee (if applicable) (\$15.00)	\$ _____
Number deposit (refunded with return of number)	\$ 2.00
TOTAL AMOUNT DUE (checks payable to CDCTS) IF YOU USE PAYPAL ADD \$2.00	TOTAL \$ _____

2019 CDCTS SPRING SCHOOLING SHOW HOLD HARMLESS RELEASE

The undersigned Exhibitor and any signing parent or guardian hereby (1) agrees to release CDCTS and Penrose Farm LLC, its officers, directors, employees, members or agents, and the Owners or managers of the grounds where this event is held from any loss, damage, liability or injury arising out of or resulting from this show or Exhibitor's participation or entry therein; (2) agrees to indemnify, hold harmless and defend: the organizer, facility owner and the management of this show from and against any and all claims for loss, damage or injury, however caused, resulting directly or indirectly from Exhibitors entry or participation in this show or from acts or omissions of Exhibitors or Exhibitors agents; (3) acknowledges that activities with and around horses and horse shows involve inherent risks which are understood by the person signing and are expressly assumed. In the event of injury to Exhibitor or to Exhibitor's animal or animals, permission is hereby granted to management for emergency medical treatment.

WARNING: Under Tennessee law an equine professional is not liable for an injury to, or the death of a participant in equine activities resulting from the inherent risks of equine activities pursuant to Tennessee code annotated Title 44, Chapter 20, Section 1.

Rider Signature and date: _____

Parent or Guardian and date: _____ (if under 18)

Competitor Information

CDCTS Spring Schooling Show 2019

Entries:

All entries MUST include a copy of a current negative Coggins. The CDCTS/Penrose Farm release form must be filled out, signed and dated by rider and/or parent or guardian if rider is younger than 18 years old. Stallions are permitted to show at Penrose Farm.

Payment in full must accompany the entry form. If payment has not been received by closing date of Saturday April 27, 2019, the entry will be void. **Payment by PayPal is also accepted. If you choose to use PayPal, make sure you add \$2.00 to your total fee and scan or print a copy of your payment receipt and send it with your completed and signed show entry form so that the Show Secretary can confirm your payment.**

Refunds:

No cash refunds after closing date. Show credit will be given with a veterinarian's or a doctor's certificate/letter. RETURNED CHECKS for NSF will incur a \$40.00 fee and a void entry.

Due Date:

Entries are due to the Show Secretary postmarked no later than April 27, 2019

Mail completed entries to: Marge Williams
626 Stratford Avenue
Sweetwater, TN 37874

Marge Williams can be reached by email myladyshire@gmail.com or by phone at 423-337-8249.

Awards:

Ribbons will be awarded in all classes of placements 1st through 6th place

Arena:

All Dressage Tests will be ridden in the Covered outdoor arena. Footing is sand and GGT. Warm up area will be in an outdoor sand ring and will be marked.

Dressage tests Intro, A, B, C and CT dressage tests "Green As Grass," "Elementary Novice," and Preliminary Test A will be ridden in a 20 m x 40 m arena. All other dressage tests, including the following CT tests—Preliminary Test B and Intermediate A and B—will be ridden in a 20 m x 60 m arena.

Jumping will be in a fenced-in outdoor arena. Footing is sand.

Attire:

Appropriate informal schooling attire is required. ASTM-SEI approved helmets and appropriate footwear is required and must be worn at all times when mounted.

Parking:

Cars may be parked separately from trailers, depending on numbers. Trailers will be parked in a signed area. Volunteers will be on hand to assist with parking. Please follow the guidance of the volunteers, park only in designated areas.

Ride Times:

Official ride times will be posted on the CDCTS website and FaceBook page on Thursday May 2, 2019 after 6 p.m.

Day Stalls:

May be available. Owners of those horses using day stalls must show proof of a flu shot within the last three (3) months, current vaccinations and negative coggins. For availability and cost please contact Erika Adams via text at 865-384-5680 or email adams.erika@gmail.com

Concessions: Will be on the premises

Dogs: No dogs allowed. No exceptions

CDCTS SCHOOLING SHOWS: General Rules and Etiquette

General Rules

- All shows are run under the general rules of USEF, unless otherwise specified.
- Approved protective headgear and footwear with appropriate heels must be worn whenever mounted.
- All schooling shows offer current: USDF Introductory Levels, USEF Training through Fourth Level, FEI levels, Rider tests, USEA Eventing tests, Pas de Deux and Musical Freestyles (all levels).
- It is expected that riders take pride in their turnout. Coats are encouraged, but not required. Plain white riding shirts or polo-style shirts with dark breeches are also appropriate. T-shirts or tank tops are not permitted. Note: during hot weather, riders are encouraged to show without coats in the interest of their health.
- Please go to the following websites to ensure that your attire and equipment is aligned with your discipline:
 - <https://www.usdf.org/docs/competitions/td/DressageProtocol.pdf>
 - <https://www.usef.org/forms-pubs/96D17ISsaCo/annex---bits-saddlery-equipment>
 - <https://www.usef.org/forms-pubs/ZboXf7MiPE4/dressage---attire--equipment>
 - <https://www.usef.org/search?q=dressage%20equipment> download the document pertaining to Western Dressage equipment
- Braiding the mane is encouraged, but not required.
- The following equipment is forbidden at a dressage show: martingales of any kind; bearing, side or running reins; seat covers; and any form of blinkers.
 - The following equipment is permitted in warm-up areas: running martingales, bandages, boots and side reins.
 - All equipment, including whips, bits and spurs must comply with USEF rules.
 - Ear nets are permitted; fly masks are not allowed.
- No bareback riding is allowed.
- A rider should not be judged by anyone who has instructed him/her within the last 30 days (exception: attending clinics). If you arrive at the show and find that your instructor has been substituted for the judge, notify the show manager and ask to ride hors concours, or don't ride and receive a full credit for your entry fees.
- If you are riding a musical freestyle, please bring your own music and boom box.
- Check your score before you leave the show grounds. Any scoring errors must be reported and corrected before you leave the show grounds. After that time, no corrections can be made.
- Please note that classes do not always go in order of lowest to highest. Classes at shows may be scheduled in any order throughout the day.
- Classes may be split or combined, depending on the number and distribution of entries.
- If you intend to bring a horse that is not competing onto the show grounds, this decision must be cleared with the show manager prior to the show date, and will be at his/her discretion. If permitted by the manager, you must bring a current negative Coggins test to the show grounds and present it to the manager upon your arrival, before you unload your horse and also pay the non-competition fee. Please see the entry form for details.

CDCTS SCHOOLING SHOWS - continued

Show Etiquette

- Be considerate of other riders in the warm-up area. Pass left-shoulder to left-shoulder and yield to those who are moving at faster gaits.
- Arrive outside the ring approximately one minute before your ride time, having already warmed up your horse. You will have 45 seconds to enter the ring once the judge has rung the bell.
- If your ride is not next, please do not congregate with your horse around the arena entrance.
- Lunging is prohibited in the warm-up area; check with the show manager or warm-up ring steward about where lunging is permitted on the show grounds.
- Be courteous to the judge and show volunteers.
- Should you need to excuse yourself from the ring during your test for any reason, be sure to ask for the judge's permission prior to exiting the ring.
- Leave your trailer site clean; pick up all trash and manure and dispose of it or take it with you.
- Obey all rules of the facility where the show is held. (For example: where to park, no smoking, no dogs, etc)



Amelia Kinkade's
Language of Miracles
Animal Communication Course

April 13th - April 14th, 2019

at

**STAR - Shangri La Therapeutic Academy of Riding
 11800 Highway 11E, Lenoir City, TN 37772**

This course is an introduction to Amelia Kinkade's techniques of animal communication. Amelia will teach students how to "hear" animals. Her methods have helped people all over the world! Amelia's client list includes Queen Elizabeth II, Olympic riders & teams, renowned veterinarians, conservationists, doctors, movie and TV personalities, and many more. Explore your innate gifts with effective methods of sending and receiving information to and from animals. Determine if problems are physical or emotional, and trouble shoot your relationship with your companion.

Understand how you can help heal animals...and how they can heal us.



**LEARN about Amelia, her techniques, famous clients,
 charity work at: www.ameliakinkade.com**

Saturday, April 13th 10am-5pm
 Sunday, April 14th 10am - 4pm
 \$465 (includes lunch)

Saturday ONLY \$290
 (incl. lunch)

EARLY BIRD

BEFORE MARCH 1, 2019

Two Day \$400.00 (incl. lunch)
 Saturday only \$260 (incl. lunch)



For more information:
 Pam & Barry Stanner
 865-617-6744
stannerb@charter.net

Ashley Phillips Clinics

Winfield Oaks Farm
433 Meadow Road
Greenback TN



Dates:

March 9, April 6-7, May 11-12, June 1-2, July 6-7.
Dates after July will be added later.

Cost: \$50 per lesson plus facility fee, if applicable.

About Ashley Phillips:

Ashley is a B graduate with the USPC. She has competed up to the Intermediate/1* level in eventing and up to second level dressage. Ashley has been competing at the upper levels of eventing since 2009 on 5 different horses. In 2009, Ashley spent 5 months as a working student under Irish 4* eventer Hilda Donahue. Ashley specializes in producing young horses carefully up the levels with the help of her mentors. She has done extensive training under numerous professionals including: Bermuda Pan American Games and Grand Prix Dressage rider-Cathy Fox, two-time US Olympian-Julie Richards, Australian World Equestrian Games Competitor and 4* Eventer-Peter Atkins, Irish 4* Eventer-Hilda Donahue, and Advanced Level Competitor-Erika Adams.

For More Information, contact via text or call 865-621-9513, email her at timberwayfarm@yahoo.com or visit her website at timberwayfarm.weebly.com

EMILY BROLLIER CURTIS - 2019 Dates



Emily is known for her outstanding ability to work with young and difficult horses. She also enjoys coaching classical dressage clients, and working with eventing and jumper teams to develop their flat work and enhance their control over fences. In addition, Emily has a real talent for restarting OTTB's and placing them into new careers as sport horses.

Below are just some of Emily's accomplishments:

- USDF Bronze, Silver, and Gold Medalist
- Trained over 10 horses to the FEI levels, and several to Grand Prix
- Multiple top 10 finishes in the Dressage Competition with the Retired Racehorse Project

January 18-20

February 22-24

March 22-24

April 26-28

May 11-12 (Available for Schooling at River Glen Dressage)

\$95 for 45 minute private lesson

Call or text Kaylen Moon at (865)-696-1194 OR email kaylenmoon1@gmail.com to secure your spot

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- Learn techniques to change inappropriate behavior
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- Develop confidence for training and competition



Knoxville, TN - Level 1
March 22-24, 2019

Pamela Stanner
865-617-6745

Knoxville@HealingTouchforAnimals.com

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HealingTouchforAnimals.com

CAVALLETTI

with Clinician Cody Harrison



MARCH 30TH & 31ST, 2019 FROM 9AM TO 4PM

Clinic Rider Participation Fee \$325 • Auditing Fee \$15

BENEFITS OF CAVALLETTI

- Increases strength & flexibility
- Stretches & loosens muscles relieving stiffness
 - Improves balance & the gaits
 - Helps horse & rider gage distance
 - Plus, it's fun

Lunch Included • Indoor Arena • 10 Rider Max
ALL DISCIPLINES WELCOME

For more information contact Anne Titus cvett74@yahoo.com | (904) 238-1293
Clinic will be held at Winfield Oaks Farm, 403 Meadow Road, Greenback, TN 37742

Western Dressage 101

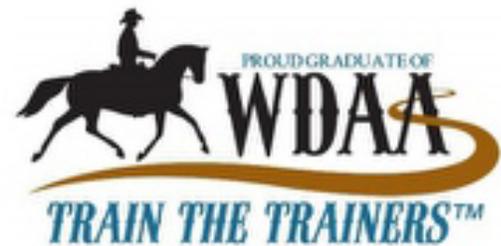
Location & Host:

Winfield Oaks Farm

Clinician: Sarah McCoin

SMcCoin@gmail.com

636.795.4600 (c) 865.285.9940 (o)



Saturday, April 20, 2019; 10 a.m. - 2 p.m.

Cost: \$100, checks to be made out to Sarah McCoin

WHAT IS WESTERN DRESSAGE?

Taken directly from the WDAA Train The Trainer Graduate Clinic documents, May, 2015, Prior, Oklahoma

"Western Dressage integrates the historically validated principles of dressage with the best of western stock horse tradition. It is a systematic and progressive system of training for the western horse and rider, in traditional stock tack with the purpose of enjoying a safe, pleasurable, versatile and useful working horse.

- **The hallmarks of the Western Dressage Horse are:**
 - Usefulness
 - Rideability
 - Willingness
 - **SAFETY**
 - Pure Gaits
 - Lightness
 - Calmness
 - Steadiness

- **The hallmarks of the Western Dressage Rider are:**
 - Attentive, tactful rider
 - Clear, effective, subtle and light aids
 - Confident seat
 - Light, responsive hands

- **The Western Dressage Partnership should exhibit:**
 - Impulsion, originating from deeply engaged hindquarters transmitted without resistance through a supple topline to a light, soft contact with the rider's hand(s).
 - Willingness to work off the hindquarters, allowing the horse to move freely forward, laterally, and to the rear which enables the western horse to be a useful working partner.

- **A Western Dressage Partnership should culminate in a happy, harmonious, horse and rider relationship.**

*We honor the horse,
We value the partnership between horse and rider,
We celebrate the legacy of the American West.²*

² All information contained, including Skill Set, was authorized reproduction by co-founder of the WDAA, Cliff Swanson. Copyright © Western Dressage Association of America. Reproduction or retransmission of these materials, in whole or in part, in any manner, without the prior written consent of the owner, is a violation of copyright law. All rights reserved.

Location & Host: Windfield Oaks Farm

Clinician: Sarah McCain SMcCoin@gmail.com

636.795.4600 (c) 865.285.9940 (o)

Sarah McCain moved to her 9th generation family farm located in Roane County (Harriman / Kingston) in 2008 to assist with family matters leaving a beautiful St Louis County, Missouri farm and family behind. Her career in the Employee Benefit Consulting business landed exceptional experience in communication with all levels of individuals from top management of Fortune 500 companies through entry level personnel. With a Master's Degree in HR Management, the understanding of the importance of delivering information dashed with a touch of humor blended with personal experience lend a unique and positive character presentation formula.



Though Sarah's consulting business is her financial basis as well as her professional career spanning 35+ years, Sarah has been passionate about equestrian sports her entire life. As a young adult, Sarah began her equestrian journey, led her to a 20+ year life with her soulmate and accomplished horseman, Dennis Cook, and the rest is "history" as it has been said. Below is a snapshot of Sarah's equestrian life experience and education:

- *Eliminator's Copper Bullet, 5 x World Champion Missouri Foxtrotter Hunter / Jumper – Broke, Trained and Exhibited by Sarah McCain.*
- *Past Vice President Missouri Fox Trot Horse Breed Association voted into office by the worldwide membership.*
- *Featured with Eliminator's Copper Bullet in many MFTHBA advertisement campaigns in magazines including Western Horseman, Equus, Horse & Rider, and Horse Illustrated.*
- **WESTERN DRESSAGE ASSOCIATION OF AMERICA - TRAIN THE TRAINER GRADUATE, Oklahoma, May, 2015**
- *Trained with the best in the Mid-West: Brody Robertson as well as Dr. John Tuckey (dressage, sj, xc)*
- *USEA Stadium Course Designer: Hill N Hound Horse Trials, Illinois*
- *FOSH (Friends of Sound Horses) longtime supporter and member.*
- *Believer in Sound Horse Training – no gimmicks for quick fixes! Sarah along with her valued Missouri Foxtrotter, Eliminator's Copper Bullet, were featured on the FOSH promotional poster*
- *Avid trail rider which includes month long journeys from Missouri to New Mexico, South Dakota, Wyoming, and Montana.*
- *Avid Foxhunter with colors awarded from Shawnee Hounds, Meramec Valley Hounds, The Mells. Presently, Sarah hunts with the incredible Tennessee Valley Hunt. Hunted with over 20 different packs of hounds.*
- *Trainer: Sarah has started and retrained several thoroughbreds, including several ottbs, as well as other gaited and non-gaited breeds. We trained our homebred/raise TB, Bonne Roberto, for tb racing in Oklahoma, New Mexico, and Arizona.*
- *Earned certification and taught lessons with NARHA (National Association of Handicapped Riding, Inc).*
- *Favorite pastime: Trail Riding and Training our young stock at our family farm over our Swan Pond Farm course built for Novice and below horses.*
- *Currently, Sarah and her partner, Dennis have 11 personal horses including a holsteiner, foxtrotters, ottbs, and tb draft crosses. All horses are started western then converted to the discipline. "A Western Base has been our foundation regardless of breed, including retraining Off Track Thoroughbreds."*

Fox Hunting Camp

June Fox Hunting Camp dates:

June 10th to the 14th. (Junior riders)

June 17th to the 21st. (Adult riders)

Last day of camp we will have a lecture from the Tennessee Valley Huntsman Ryan Johnsey, followed by a mock hunt.

\$450 per student for the week.

For more information contact:

Jayne Bower-Curtis at ladyjaynebower@hotmail.com



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Jennifer Miller-Bailey DVM, MS, CVA ph: (386) 344-1937 email: fsevs1@gmail.com

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The “Every Day” Mechanical Advantage

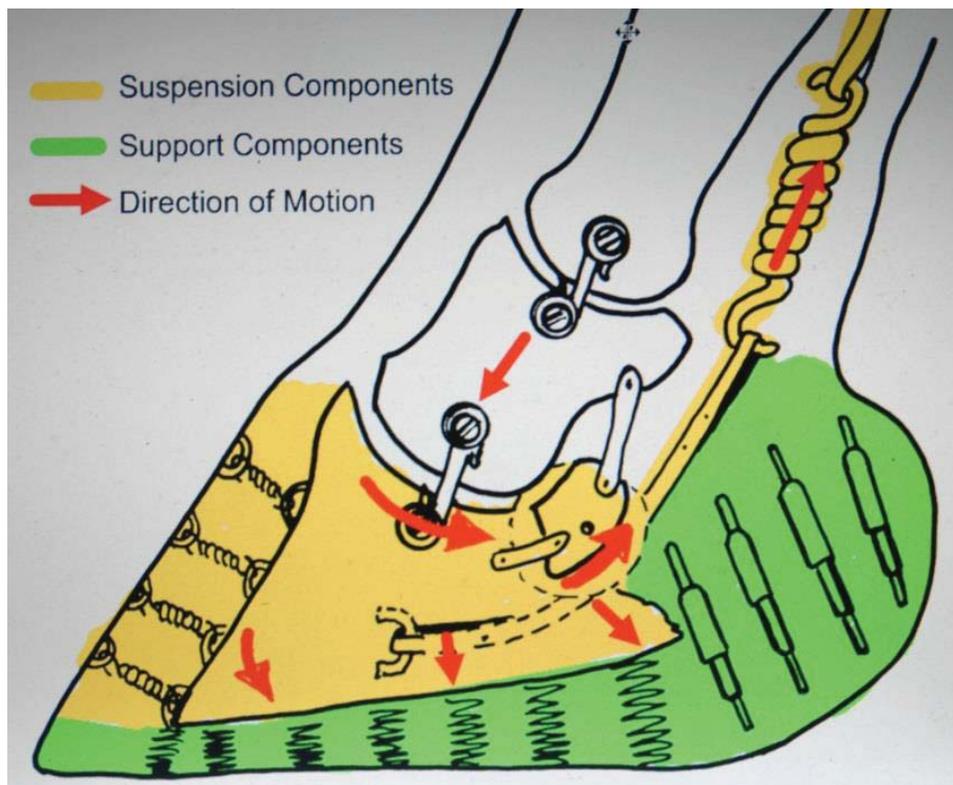
Those whom are familiar with the use of Mechanics for horses with Laminitis can surely appreciate its value in that scenario. What about the average horse a Farrier sees every day who does not suffer from Laminitis? What about the horse with some variation of a “normal” foot that is not currently lame? Is there a reason to apply a mechanical package to this horse? To use the familiar saying, “If it’s not broken, why fix it?” Well, I implore you to consider what that “normal” foot really looks like.

Upon closer examination of the “normal” foot, might one not find subtleties of distortion, uneven loading, changes in wall thickness, inadequate sole or heel mass? Perhaps even conformations that predispose the foot to pathology such as long pasterns, broken hoof-pastern axis, rotational deviations of the leg, varus or valgus deviations of the leg, arthritis or injury-induced loading and breakover deviations. Given any one of these attributes, would not a single Farrier address them in a proactive way as to prevent or delay onset of degeneration or pathology? If the answer is no, why is it no? Try and explain to the owner why one would recognize such things but choose not to address them. Perhaps we don’t know how best to address them.

Let’s consider the not so “normal” foot; those with heels that run forward, crushed heels, negative palmar/plantar angles, thins walls, stretched white line, club feet, thin soles, etc. Those “normal” feet with already present pathology such as navicular/caudal heel pain, deep digital flexor/impar injuries, collateral ligament damage, ring bone, pedal osteitis, recurrent abscessation, quarter cracks, toe cracks, white line disease, etc. I think every Farrier would address these conditions proactively in one way or another.

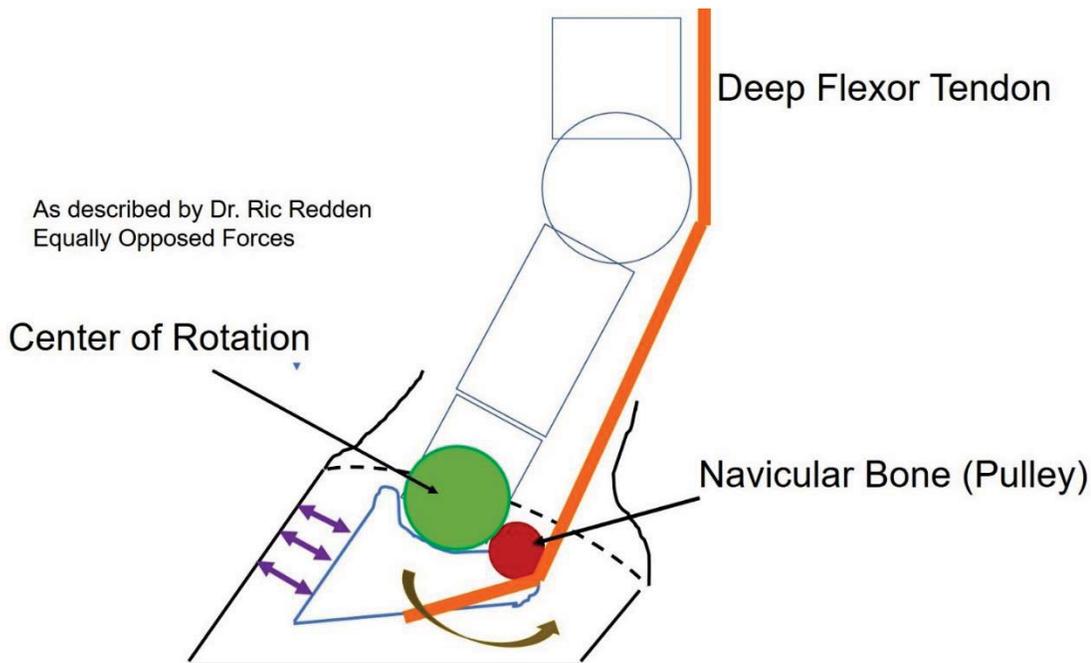
Recognition of the Tendon Theory and alteration of the forces it describes is Mechanics. The application of Mechanics places the foot in a mechanically advantageous position as to reduce the forces that would otherwise lead to its deterioration. The Tendon Theory upon which Mechanics rely was proposed and developed by Dr. Ric Redden, a Veterinarian-Farrier of Versailles, KY. Through years of studying the foot with radiographs, venograms, and podiatry together with trial and error, the Tendon Theory was developed.

The foundation of his theory is centered on addressing two main structural systems of the foot: support components and suspension components. The support components are the hoof capsule, sole, bars, frog, and digital cushion. Suspension components are mainly the deep digital flexor tendon and the lamellae connecting hoof capsule to coffin bone. These two systems are simplistically represented in the image below. The support system is shown in green as coils and shock absorbers. The suspension system is shown in yellow as small springs (laminae between the hoof wall and coffin bone), large spring (deep digital flexor tendon), and pulleys (navicular apparatus). The red arrows show the directional forces at play around the various structures.

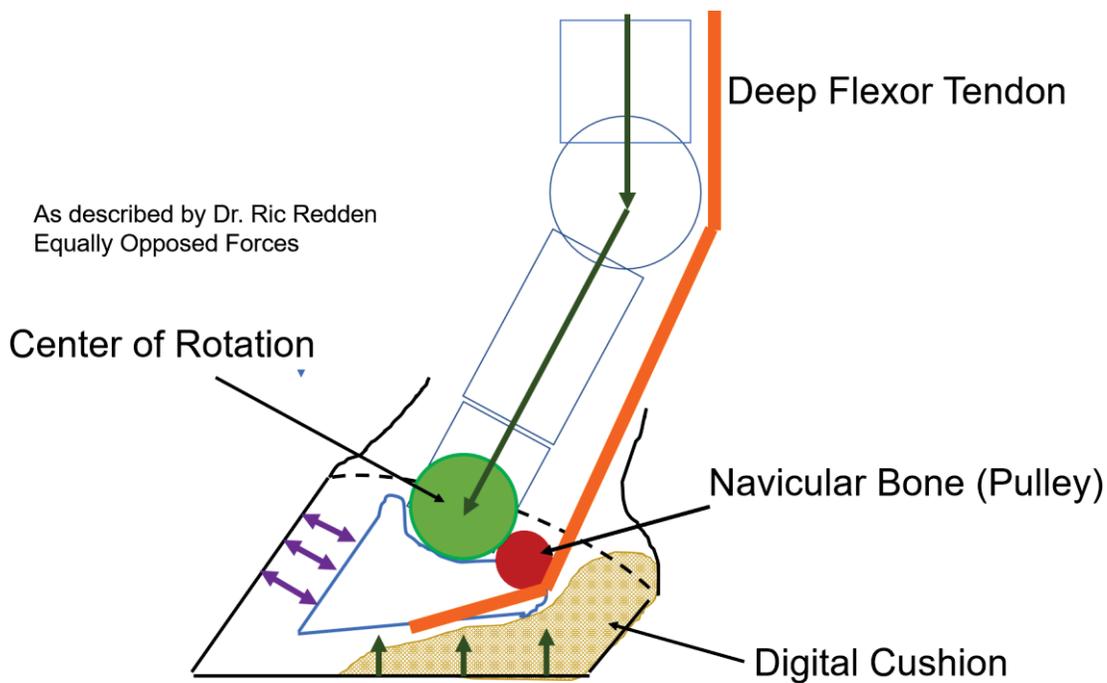


I've always understood the support system. That is where most farriers and veterinarians focus their attention. Shoes, pads, sole packing, etc. are all designed with support in mind. What I now realize is without addressing the suspension, we are missing the mark by a mile. The two systems are closely linked. Addressing only one of them will yield less than maximal results.

If we look at the two systems separately in the simplistic drawings below starting with suspension, the two main players are the deep digital flexor tendon (ddft) and the lamellar attachment between hoof wall and coffin bone. The ddft (orange line) is anchored at the elbow, runs down the leg to insert on the bottom/ventral surface of the coffin bone, and exerts a rotational force on the coffin bone via the pulley action of the navicular bone. In a healthy foot this force is equally antagonized by the strong Velcro-like lamellar tissue (purple arrows) that hold the hoof wall to the coffin bone. Therefore, the coffin bone, and thus the digit, is "suspended" within the hoof capsule by these two very robust structures. This can also be illustrated by picturing a hammock; one end anchored by the lamellar tissue, the other end by the deep flexor tendon. A large portion of the horse's weight is directed down into this "hammock." The remainder of the horse's weight is distributed through the support structures.



If we now examine the support system, the main players are the hoof capsule, sole, frog, digital cushion and the phalanges (long and short pastern bones and the coffin bone). The weight of the horse is directed down through the skeleton into the foot and is represented by the green arrows pointed down through the middle of the phalanges. In a healthy foot, this force is equally opposed by the ground pushing up (as shown by the shorter green arrows pointing up from the bottom of the foot) via the hoof capsule, sole, frog and digital cushion, against the bottom of the coffin bone.



The support and suspension systems work together to keep the relationship between the bone and the hoof capsule stable throughout all sort of mechanical stresses placed upon the foot during the horse's performance. In a "normal" appearing foot, meaning one that is not upright or clubby, nor does it have low underslung or crushed heels, these two systems are in perfect harmony. However, if one system is

overwhelming or insufficient, the foot takes on either an upright or clubbed appearance (too much suspension), or a low angled underslung or crushed heel with minimal digital cushion (not enough suspension). Genetics can predetermine this arrangement, but environment, nutrition, injury and disease also affect it.

So, how do Mechanics benefit the average horse? Through years of study, Dr. Redden discovered the manipulation of the forces described in the Tendon Theory affected most every subtle and non-subtle distortion, abnormality, and disease process listed at the beginning of this article. Therefore, using Mechanics one could improve the quality of a hoof, and the longevity of the horse. What's more, the observed improvement by the Farrier and the perceived improvement by the horse far surpassed what more traditional AFA (American Farrier's Association) type approaches would produce. The caveat being that Mechanics were used properly.

Use of Mechanics should be by a Farrier and/or Veterinarian who understands the Tendon Theory well and its application in various scenarios. The degree of mechanical manipulation depends on the severity of disease, distortion or lameness, as well as the demands upon the horse. Nay Sayers may say the Mechanical approach can't be used for horses performing at speed, or jumping, or traveling over rough terrain. I would argue improper use of Mechanics should not be used for horses performing at speed, jumping, or traveling over rough terrain. Proper use of Mechanics can be used in nearly every situation. Proper use of Mechanics often requires the assistance of radiographs to accurately assess the foot and its needs. Therefore, the Veterinarian and Farrier must cooperate on a common path toward a common goal. Without radiographs, Mechanics can easily become improper and lead to untoward results. It is my opinion this very scenario is what turns some people off the use of Mechanics; they weren't given the radiographic assistance they should have, and the result of their attempt at Mechanics was disappointing.

So, I ask the question again. How can Mechanics benefit the average horse a Farrier sees every day? Unless the average horse a Farrier sees has perfect feet, great conformation, no metabolic issues, lives in the best of environments, is a pasture pet, has the best nutrition, no injuries, and no vices, Mechanics can be of use to every horse.

Become a member today and stay connected with your local dressage community!

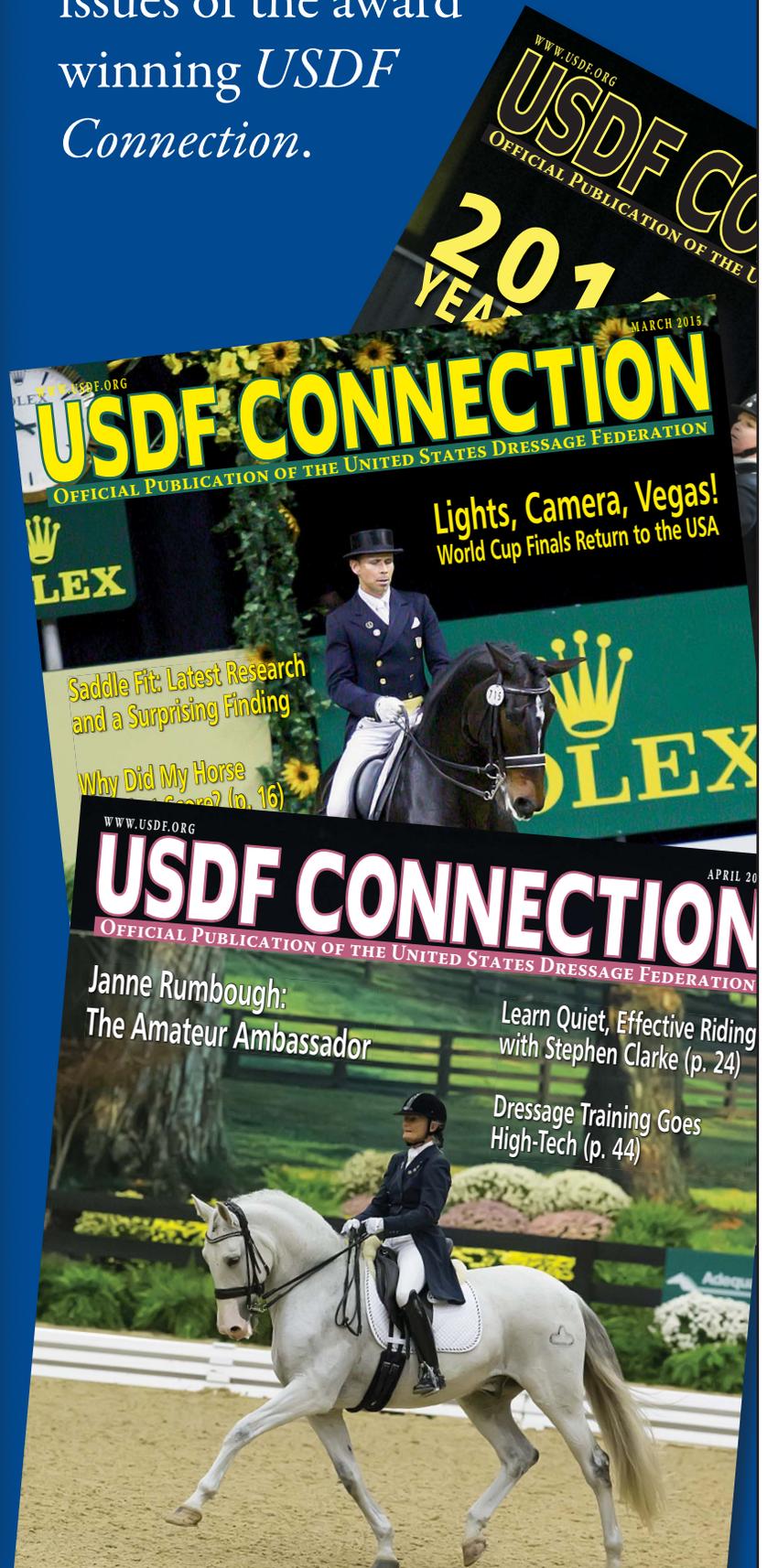
By joining, you also receive complimentary issues of the award winning *USDF Connection*.

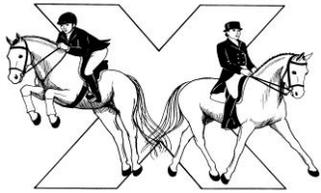


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GROUP
MEMBER
ORGANIZATION

YOUR CONNECTION TO THE LOCAL
DRESSAGE COMMUNITY





Crossroads Dressage and Combined Training Society

2019 Professional/Business Membership Application



CDCTS membership year is 1 Dec 2018-30 Nov 2019. After 1 Dec, the effective date of membership begins the day the form and correct dues reach the CDCTS Secretary at the address below. CDCTS is a USDF GMO. For Participating Membership, members must apply directly to USDF.

Professional/Business membership dues are determined annually by the board. For 2019, there is no fee to become a Professional/Business Member of CDCTS.

Primary Contact: First Name: _____ Middle Initial: ___ Last Name: _____

Business Name (if applicable): _____

Mailing or Street Address: _____

City: _____ State: _____ Zip Code: _____

Primary Phone: () _____ **Secondary Phone:** () _____

Primary Email address: _____

I would like to Join: ____ /Renew: ____ Crossroads Dressage and Combined training Society for the membership year 1 December 2018—30 November 2019 as a **Professional or Business Member (please select one)**

a. I/we wish to provide a lecture or training series with the following details:

b. I/we wish to sponsor a class in a CDCTS Schooling Show for the following amount _____ or with the following goods and/or services _____. Please select Spring or Fall Show or both.

c. I/we wish to sponsor a _____ (trophy, ribbons, neck sashes, etc) in a schooling show. Please select Spring or Fall Show or both.

d. I/we wish to sponsor a year end award. Please specify which award and amount.

e. I/we wish to support the club in another manner. Please specify below:

Please fill your form out and mail it to:

Carol Mitchell, CDCTS Secretary
1909 Hidden Meadow Dr
Knoxville, TN 37922

Office action: Date Received: _____

2019 EVENTS

River Glen Schooling Show. February 23, 2019. Check the website for further details:

www.river-glen.com

Benefits of Cavalletti by Clinician Cody Harrison. Mar 30-31 2019 at Winfield Oaks Greenback TN. Contact Anne Titus cvet74@yahoo.com

Working Equitation Show. April 13-14, 2019 at Roane State Expo Center, Harriman TN. Further information, contact show manager, Maria Blackstone, at mblackstone@renaissancefarmtn.com

Western Dressage 101 Clinic by Sarah McCoin. April 20, 2019 at Winfield Oaks, Greenback TN. Contact Sarah for additional details SMcCoin@gmail.com. See flyer in this newsletter.

Spring Schooling Show. Held at Penrose Farm, 8444 Nubbin Ridge Road, Knoxville TN. Judge Darelene Dixon-Bottorff, L Graduate. Show Secretary Marge Williams. Prize List in this newsletter.

Emily Brollier-Curtis Clinics. February 22-24, March 22-24, April 26-28, May 11-12 (at River Glen). \$95 per lesson. Held at Benchmark Farm, Buttermilk Road, Knoxville, TN. Call or text Kaylen Moon at 865-696-1194 or email kaylenmoon!@gmail.com for more info. See flyer in this newsletter

Ashley Phillips Clinics. Held at Winfield Oaks, Greenback TN. March 9, April 6-7, May 11-12, June 1-2, July 6-7. Cost is \$50 per ride plus facility fee, if applicable. Contact Ashley at timberwayfarm@yahoo.com for more info. See flyer in this newsletter

Jim Koford Clinics. April 11-14, May 16-19, June 20-23, July 18-21, August 15-18, Sept. 19-22, Oct. 17-20, Nov. 14-17, Dec. 12-15. Remember - these dates are subject to change. Contact Tina Henderson for additional information and locations tanglwood02@gmail.com.

June Fox Hunting Camps. June 10-14, 2019 for Jr Riders. June 17-21 for Adult Riders held at Winfield Oaks, Greenback TN. On the final day of each camp, there will be a lecture by Ryan Johnsey of Tennessee Valley Hunt followed by a mock hunt. Cost for the week is \$450 each. Auditors \$15 per event. Checks payable to Jayne Bower- Curtis. Contact Jayne Bower-Curtis for more information: call or text 919-478-8005 or email ladyjaynebower@hotmail.com.

Open Gymkana at Winfield Oaks. To be held July 20, 2019 at Winfield Oaks. For more info, please contact Jayne Bower-Curtis for more information: call or text 919-478-8005 or email ladyjaynebower@hotmail.com.

Fall Schooling Show. Held on Sept. 28, 2019 at Winfield Oaks, 433 Meadow Rd., Greenback TN. Judge: Laura Wolfe, L Graduate with Distinction. Prize list pending.

Fall Fun Day. October 12, 2019. Location TBD Coordinator: Carolyn Ordal

**Next CDCTS meeting will be held on March 12, 2019
RJ's Courtyard
Alcoa, TN**



YOUR CONNECTION
TO THE LOCAL
**DRESSAGE
COMMUNITY**



CDCTS is a USDF Group Member Organization that caters to dressage and combined training (eventing) riders and enthusiasts in the Knoxville area and throughout East Tennessee.

By joining CDCTS, you will be on the fast track to learning about shows, clinics and other great educational opportunities in our area. You will get to meet other like-minded, horse loving people, and you will become part of a group that is continually working to promote dressage and eventing in your area.

In addition, by joining CDCTS, you automatically become a Group Member of USDF, which provides you with many additional benefits in the dressage arena.

Visit us on the web for more information and downloadable content at www.CDCTS.org

Contact our webmaster, Kennetha Eikleberg at keikelberg@gmail.com

Find us on Facebook at www.facebook.com/CDCTS