



CROSSROADS DRESSAGE & COMBINED TRAINING SOCIETY

# THE CROSSING

April 2025, Volume XXII, Issue 4

## 2025 Officers

### President

Carolyn Ordal  
[carolyn.ordal@youthvillages.org](mailto:carolyn.ordal@youthvillages.org)

### Vice President

Julie Noe  
[noeluck@gmail.com](mailto:noeluck@gmail.com)

### Secretary

### Treasurer

Kacy Schnake  
[kacy.schnake@gmail.com](mailto:kacy.schnake@gmail.com)

### Parliamentarian

Rita Dunn  
[piaffe8@gmail.com](mailto:piaffe8@gmail.com)

### Member at Large

Danielle McKensey  
[dmckensey27@gmail.com](mailto:dmckensey27@gmail.com)

### Alternates

Sloan Adams  
[sloanliza@gmail.com](mailto:sloanliza@gmail.com)

Diane Carlson  
[Dianeandcharlie56@gmail.com](mailto:Dianeandcharlie56@gmail.com)

Lynn Holtman  
[nilesferry@gmail.com](mailto:nilesferry@gmail.com)

### Charter Members

Carol Grau  
Karla Foss

### Editor

Coy Jo Bays  
[cdctsnews@gmail.com](mailto:cdctsnews@gmail.com)

### CDCTS News/Photos

[cdctsnews@gmail.com](mailto:cdctsnews@gmail.com)

## From Your President

Spring is here and our days are longer. Hopefully you are getting some riding time in – when it's not raining or having schizophrenic weather with 70 degrees one day and 42 degrees the next like we had earlier in March! I know I like being able to squeeze some riding time in after work.

Changes to our schedule: Crossroads Dressage and Combined Training Society will not be hosting a Spring Schooling Show. Instead, we're having a clinic with Cathy Zappe, April 26-27 at TopperHill Farm in Lenoir City. Originally from South Africa, Cathy is now in Huntsville, AL.

Cathy grew up showing, showjumping and doing equitation and played mounted games and polocrosse for fun. She has also evented to prelim level. She is USDF Bronze, Silver and Gold medalist as well as a Freestyle Gold medalist. Currently she has students that are competing at all levels of dressage and some from other disciplines. Her focus is primarily on rider balance and the correct use of the aids and how this influences the horse. (And we all know that riding is all about balance and rhythm!) She is passionate about her teaching and improving the communication between rider and horse.

This will be a great clinic; a few spots are still available on Saturday and several places open on Sunday for riders. We are doing an online registration form which is listed on the flyer, in this newsletter and on the CDCTS website. CDCTS members can audit the clinic for free.

Good News! CDCTS Summer Schooling Show will be held June 21 at Walnut Grove Stables in Talbot, TN! Mark your calendars. We hope to see you there as a competitor or volunteer or just coming to watch and cheer on the riders.

You were recently sent a survey about the direction you'd like to see CDCTS go. A few folks completed this at the annual banquet. There is also a copy of the survey in this newsletter. It will just take about 5 minutes to fill this out and return it. Please support CDCTS by completing this survey.

Until next month, stay warm and Happy Riding!

*Carolyn Ordal*  
CDCTS President

CDCTS is a USDF Group Member Organization and all members are automatically USDF Group Members. For USDF Participating Membership, members must apply directly to USDF.



GROUP  
MEMBER  
ORGANIZATION

# CDCTS MEETING MINUTES, MARCH 12, 2025

---

**Call To Order:** President Carolyn Ordal called the meeting to order at 7:05 p.m. Board members Rita Dunn, Lynn Holtman, Kacy Schnake, Diane Carlson and Julie Noe were in attendance. A quorum was present. Guests attending were Amanda Cross, Cathy Fox, Katie Fleenor, Susan Hill and Coy Jo Bays.

**Approval of the January 2025 Minutes:** (There was not a February meeting) Lynn Holtman moved the January 2025 minutes be approved. Diane Carlson seconded the motion and all approved

**Treasurer's Report:** Treasurer Kacy Schnake gave the treasurer's report. Rita Dunn moved to approve the Treasurer's Report. Lynn Holtman seconded the motion and it was unanimously.

## Old Business

**2025 Memberships:** How many have been renewed? We are currently at 28 members. We have ads for Renaissance Farm, the Barn Fairy and Cider Wafers in newsletter. Have any of them renewed a professional membership? Contact them with both individual and professional forms. Cathy Fox, Marge Williams, 4 Star Equine Veterinary Services (Jennifer Miller), Mountain Meadow Equestrian Center (Louise von Clef) Barn Fairy have all been previous advertisers in the newsletter. Cathy Fox will submit her professional membership. Kacy Schnake and Carolyn Ordal will contact the others to see if they are interested in renewing their professional memberships as well as contacting previous members about renewing. Amanda Cross said that folks in the Crossville area are not aware of CDCTS and the shows/clinics offered. She will share a list of organizations/stables with Carolyn.

**Annual Banquet:** The banquet went well, although a small number of attendees. Money made from the silent auction paid for the dinner. Appreciate everyone who got donations for the silent auction. Rita Dunn won the contest with getting \$700 in donations. Thanks to Dave McAdoo for giving a brief talk about trailer maintenance. It was well received and many questions asked. Susan Hill distributed the monogrammed award items for the 2024 Board Members. Carolyn Ordal will deliver the monogrammed award items to Linda Bird and Mike Sullivan. (Monogrammed award items were not presented award recipients at the banquet due to unforeseen circumstances.)

**Future of the Club:** Surveys gathering information regarding the future of the club were distributed during the banquet. Eight surveys were completed and turned in at the banquet. One survey recommendation was to have more clinics and fewer shows. Surveys emailed to members have not, as yet, been returned. Clinicians need to be contacted and availability and prices. Sloan Adams emailed information about Ariana Sakaris to Carolyn Ordal about a Dressage/Trick training/Liberty training clinic. Sakaris' available dates in July and August were reviewed as possibilities. Emily Rose is at UT July 8-13 and will be contacted to see about adding a clinic during those dates. Cathy Zappe, clinician from Huntsville, has been contacted by Susan Hill and she is available for a clinic in April. Date/location (Shannon's?) need to be determined, already have several interested in participating. What about another scribing clinic? Amanda Cross offered to provide some instruction and then attendees could practice at one of Cathy Fox's Ride-A-Test dates. What is available through USDF for education? More research needs to be done.

**Review Roles/job Descriptions of Volunteers:** Tabled until April meeting

**Schooling Show/Clinic Dates:** Spring, May 3; Summer, June 21; Fall, September 27, Fall Fun Day, October 18 or 25? Need to determine locations and judges and availability of these dates as preliminary show dates may be used for clinics. A motion was made by Rita Dunn to hold an April Cathy Zappe Clinic in lieu of a spring show. Lynn Holtman seconded the motion and all approved. The other dates for shows, June 21 and September 27, still stand for now.

## New Business

**STAR Craft and Tack Sale:** March 22 – a 12 x 12 space is reserved. This is a Saturday, sale hours are 8:30 a.m.- 1:30 p.m. Carolyn Ordal will set up the space the day before. Carolyn will be there with CDCTS banner, membership forms, newsletters, etc. Donations to sell accepted. Who else will help with this?

**Consult with Small Business Attorney:** This is to ensure we are doing all the right things with our annual reports that we send to the state. Kacy Schnake will check on this.

# CDCTS MEETING MINUTES, MARCH 12, 2025 - CONTINUED

---

Meeting was adjourned at :802 p.m.

## 2025 CDCTS Events

**Schooling show/clinic dates:** Summer, June 21; Fall, Sept 27, Fall Fun day, Oct 18 or 25?

## 2025 Local Events

**Jim Koford 2025 dates:** April 3-6, May 1-4, June 5-8, July 3-6, August July 31- August 3, September 4-7, October 2-5 (subject to change), November October 30- November 2, December 4-7.

**River Glen:** March 22, mini HT—18"-Training; April 5-6 Hunter Jumper; April 12 mini HT (tentative); Spring HT, May 9-11; Hunter Jumper, May 31-Jun 1; Dressage by the River, May 17-18; Summer HT, Aug 2-3; Dressage by the River, Aug 16-17; HJ. Sept 20-21; HJ Oct 4-5 & 18-19; Fall HT, Nov 8-9

---

## CDCTS Survey

Please take a few minutes to click on the following link and complete a short survey. CDCTS encourages and appreciates your input as we strive to provide worthwhile, educational and fun activities for its members.

Please respond by April 7.

***CDCTS Events & Activities Survey***

## Cathy Zappe Clinic

April 26-27, 2025

TopperHill Farm, 7500 Fairview Rd, Lenoir City, TN

**Limited spaces** available: Entries due **April 18, 2025**

### **Fees for Clinic:**

**Per individual session:** Members \$115; Nonmembers \$145

### **Auditing Fee:**

**Per day:** Members Fees; Non-members \$10

Click on the following links for **registration**:

**Riders:** <https://forms.gle/k21LSfKJkuUaiLnc8>

**Auditors:** <https://forms.gle/aXNvMLziDwDMB1H9A>

---

## Crossroads Dressage and Combined Training Society is pleased to offer a Clinic with Cathy Zappe, April 26-27, 2025.

***Cathy Zappe is a superb clinician from Huntsville, AL and will be at Topperhill Farm in Lenoir City, April 26-27. Online clinic registrations will be sent to CDCTS members and be on our website shortly. Spaces are limited, so sign up quickly!***

Cathy grew up riding in South Africa and began teaching at the age of sixteen. Since moving to the U.S. in 1999, she has received her USDF Bronze, Silver, and Gold Medals, as well as her Freestyle Gold Bar. She also has her USDF Instructor Certification through 4th level, and was given 94% for her teaching, and 90% for her riding. Cathy is a junior member of the USDF Education Faculty, and is on the board of the Region 3 JR/YR program.

"I grew up in South Africa and began riding at age seven. My parents got me a 12 HH Basuto pony who had very little schooling, but taught me to stay on as it was always a long walk back to the barn if I fell off! At that time we lived on a large cattle farm and I ran wild with my pony. The following year I went into the riding school and began a more formal riding education. The riding school was run by Beresford Manning. He had competed in show jumping in Europe and was a wonderful horseman and mentor. My parents were always very supportive and provided me with super ponies and horses. I competed in showing, showjumping and equitation. I qualified for Nationals in equitation twice and both times was in the top 10 junior riders in the country. For fun, I did games, tentpegging and played polocrosse.

At sixteen I started to teach beginners on the lunge line at the riding school and slowly progressed to teaching group lessons. After leaving school I decided on a career in Science and worked in Medical Research after obtaining a Masters in Molecular Genetics. As a young adult I evented to Prelim level and then went on to focus more on dressage. I was lucky to find a wonderful dressage instructor, Anya Glintenkamp, who had been trained by one of the breeders from the Spanish Riding School. I worked with her for four years and then took a break from riding to have a family.

As soon as my kids were old enough, I started riding again, this time schooling showjumpers at Paul and Lindi Garlicki's facility. I started teaching dressage lessons part time and soon had enough students to give up my science job and focus full time on dressage.

We moved to the US in 1999 and once I obtained my Green card, I started teaching and training full time. I have ridden in clinics with Volker Brommen, George Williams, Lilo Fore, Betsy Steiner, Henk van Bergen, Christoff Hess, Juan Mutate, and Conrad Schumacher. I attend as many clinics and trainer conferences as I can and read extensively."

***I have students that are competing at all levels of dressage and some from other disciplines. I focus primarily on rider balance and the correct use of the aids and how that then influences the horse. I am passionate about my teaching and improving the communication between rider and horse.***





## CDCTS CLASSIFIED CORNER

**Trailers for Sale. Tobruk Trailers.** Merhow and Cherokee aluminum trailers. Custom living quarters for large horses. Hitches and repairs. Call 865-674-7041 or email [tobrukfarm@charter.net](mailto:tobrukfarm@charter.net).

**Pasture Board.** Topperhill Farm, Lenoir City Area. 10 minutes from Baker's Creek. Large arena with sand and crushed rubber footing. Four board fencing. Contact Susan Hill, call or text 865-789-5048.



### **Terry Peiper Fit Right Saddles Solutions**

Saddle fittings in areas of East and Middle TN

Basic Understanding Your Saddle Fit Classes in Crossville

DP Saddlery, Peter Horobin, Specialized & TW Saddles Representative

[www.FitRightSaddleSolutions.com](http://www.FitRightSaddleSolutions.com)  
[TPeiper@aol.com](mailto:TPeiper@aol.com) (717) 609-2822

"Spreading the word about proper saddle fit and how it affects our horses behavior, performance and ultimately the health of horse and rider."



### **Melissa Morehead**

horse blanket washing and repair

Phone: 865-661-3154  
E-mail: [melissa@fleetfootfarm.com](mailto:melissa@fleetfootfarm.com)  
[www.thebarnfairy.com](http://www.thebarnfairy.com)

## The Barn Fairy



*Renaissance  
Farm*

Offering Andalusians, Lusitanos, and  
Iberian Sporthorses  
Breeding, Stallion Services,  
Training, Boarding  
Sales and Consignment,  
Guest Accommodations

Home of the Transition Vaulters  
Equestrian Vaulting Team

[www.renaissancefarmtn.com](http://www.renaissancefarmtn.com)  
[mblackstone@renaissancefarmtn.com](mailto:mblackstone@renaissancefarmtn.com)  
Home (423)-235-9070  
Cell (call or text) (401)-965-1851

196 Wolfe Branch Rd.  
Bulls Gap, TN 37711

## **A Hard Crunchy Treat Using Only Natural Ingredients!**



Sweetened with apple sauce and a honey blend, no additional sweeteners added. Containing APPLE CIDER VINEGAR with MOTHER for many added HEALTH BENEFITS. ie: kill harmful bacteria in body, lower blood sugar levels manage diabetes, improve heart and joint health.

Cider Wafers; \$15.00 a bag (60 wafers per bag)

Available for dogs also (10 oz bag); Cider Bites (med.-larger dogs), Cider Mini Bites (small dogs), \$12.00

For more information and to order go to <https://ciderwafers.com/>.

## Saddles For Sale

**Western Saddle**, Extra Wide Tree; Weight: Approx. 31 lbs;  
Gullet: 7.5" mid-concho to mid-concho  
Finished Seat Size: 17"; Skirt Length: 26";  
Tree Size: 17.5"

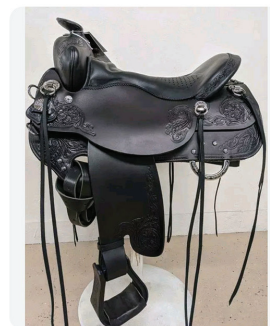
New, will not fit her horse. Asking \$2,200 or best offer.

**Contact: Athen Lemmons, New Market, TN**  
call: 865-475-9681

### Tucker Saddle

**T60 High Plains North Star Horizon Series**

Black Serial# 271-711-5218-23



### Rembrandt Dressage Saddle

18" adjustable  
\$500 or best offer

**Contact: Sloan Adams,**  
email: [sloanliza@gmail.com](mailto:sloanliza@gmail.com)  
or call: 865-258-8373



## Boots For Sale

### Custom Dehner

Black field boots, pristine condition, only worn twice. Size 5 1/2, 14" tall.  
**\$200**

(New price \$1100 plus tax.)

Contact Rita Dunn  
865-548-6325.



## Riding Wear For Sale



**Schooling Breeches** 9 assorted pair, size medium - \$25 each

**Troxel Schooling Helmet** Brand new, in box, never worn, medium - \$85

**Tipperary Eventing Vest**, size medium, never worn - \$125

Contact: Diane Carlson  
865-922-3614 or  
[dianeandcharlie56@gmail.com](mailto:dianeandcharlie56@gmail.com)

## Reach the audience you want through an ad in our newsletter

AD Size	Member Rate	Non-Member Rate
Full Page (7"wide X 10" high)	\$10 per month	\$20 per month
Half Page(7"wide X 5"high)	\$5 per month	\$10 per month
Quarter Page (3.5"wide X 5" high)	\$2 per month	\$5 per month
Business Card (3.5"wide X 2" high)	FREE	\$2 per month
Classified Ad	FREE	\$1 for each 25 words

Please send ads, via email to [cdctsnews@gmail.com](mailto:cdctsnews@gmail.com). Make checks out to CDCTS (put "advertising" in the check memo line) and mail them to Kacy Schnake, 324 El Jon Lane, Kingston, TN 37763.

## April 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 Jim Koford	4 Jim Koford	5 Jim Koford River Glen, Hunter Jumper
6 River Glen, Hunter Jumper	7	8 CDCTS Board Meeting	9	10	11	12 River Glen, mini HT (tentative)
13	14	15	16	17	18	19
20	21	22	23	24	25	26 Cathy Zappe Clinic
27 Cathy Zappe Clinic	28	29	30			

## May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Jim Koford	2 Jim Koford	3 Jim Koford
4 Jim Koford	5	6	7	8	9 River Glen, Spring HT	10
11	12	13 CDCTS Board Meeting	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31 River Glen, Hunter Jumper

### ARTICLES FOR THE CROSSING

Please submit articles for your monthly CDCTS newsletter, *THE CROSSING*. Deadline for articles is the 20th of each month. Send your article by email to: [cdctsnews@gmail.com](mailto:cdctsnews@gmail.com).

# EVENTS

---

## 2025 CDCTS Events

**Cathy Zappe Clinic:** April 26-27, TopperHill Farm, 7500 Fairview Rd, Lenoir City, TN

**Schooling Show Dates:** Summer, June 21; Fall, September 27; Fall Fun Day, October 18 or 25

## 2025 Local Events

**Jim Koford:** April 3-6, May 1-4, June 5-8, July 3-6, August 1-3, September 4-7, October 2-5 (subject to change), October 30-November 2, December 4-7.

**River Glen:** March 22, mini HT—18"-Training; April 5-6 Hunter Jumper; April 12 mini HT (tentative); Spring HT, May 9-11; Hunter Jumper, May 31-Jun 1; Dressage by the River, May 17-18; Summer HT, Aug 2-3; Dressage by the River, Aug 16-17; HJ. Sept 20-21; HJ Oct 4-5 & 18-19; Fall HT, Nov 8-9;

---

## Next Meeting

**April 8, 2025**

2nd Tuesday of the Month

**Calhoun's Restaurant**

*(Pellissippi/Kingston Pike Intersection)*

*10020 Kingston Pike, Knoxville, TN*

*6 p.m. for dinner, 7 p.m. for meeting*

---



Region 3 USDF GMO #0319

CDCTS is a USDF Group Member Organization that caters to dressage and combined training (eventing) riders and enthusiasts in the Knoxville area and throughout East Tennessee.

By joining CDCTS, you will be on the fast track to learning about shows, clinics and other great educational opportunities in our area. You will get to meet other like-minded, horse loving people, and you will become part of a group that is continually working to promote dressage and eventing in your area.

In addition, by joining CDCTS, you automatically become a Group Member of USDF, which provides you with many additional benefits in the dressage arena.

Visit us on the web for more information and downloadable content at [www.CDCTS.org](http://www.CDCTS.org)

Find us on Facebook at [www.facebook.com/CDCTS](http://www.facebook.com/CDCTS)

---



YOUR CONNECTION  
TO THE LOCAL  
**DRESSAGE  
COMMUNITY**



Become a  
member  
today  
and stay  
connected  
with your  
local  
dressage  
community!



GMO

GROUP  
MEMBER  
ORGANIZATION

YOUR CONNECTION TO THE LOCAL  
DRESSAGE COMMUNITY

By joining, you also  
receive complimentary  
issues of the award  
winning *USDF  
Connection*.





## Crossroads Dressage and Combined Training Society 2025 Membership Application



GROUP  
MEMBER  
ORGANIZATION

CDCTS membership year is 1 December 2024-30 November 2025. After 1 December, the effective date of membership begins the day the form and correct dues reach the CDCTS Secretary at the address below. CDCTS is a USDF GMO and its members are automatically USDF Group Members. For Participating Membership, members must apply directly to USDF. \$24.00 of your primary GMO membership fee goes directly to USDF for your Group Membership. Electronic copies of CDCTS applications will be held until funds are received.

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_ Last Name: \_\_\_\_\_ USDF#: \_\_\_\_\_  
Street Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Primary Phone: ( ) \_\_\_\_\_ Secondary Phone: ( ) \_\_\_\_\_  
Primary Email address: \_\_\_\_\_  
Birth date: \_\_\_\_\_ (required by USDF for all riders under 21 years of age,  
and requested for those over 21 years old to assist in limiting doubled entries at USDF)

I would like to Join: \_\_\_\_ /Renew: \_\_\_\_ Crossroads Dressage and Combined training Society for the  
membership year 1 December 2024—30 November 2025 in the following category:

- a. Charter Member (Founding member of the club whose membership has not lapsed) \_\_\_\_ X \$23.00 \_\_\_\_  
b. Adult Member (Over 21 years old as of January 1, 2024) \_\_\_\_ X \$52.00 \_\_\_\_  
c. Junior/Young Rider Member (21 years old or younger as of January 1, 2024) \_\_\_\_ X \$28.00 \_\_\_\_  
d. Family Membership (\$52 Primary Member + \$13.00 per each additional member) \_\_\_\_ X \$52.00 \_\_\_\_  
\_\_\_\_ X \$13.00 \_\_\_\_  
e. Early Bird Discount (Payment before November 1, 2024) **deduct \$5.00** -\$5.00 \_\_\_\_

**ARE YOU PAYING WITH PAYPAL?** (cdctsg@gmail.com)

**IF YES, ADD \$2.00** \_\_\_\_  
**Total:** \_\_\_\_

List the Additional Family Members below:

Name: \_\_\_\_\_ Phone #: ( ) \_\_\_\_\_

I would like to volunteer to support the club in the following areas:

Horse shows: \_\_\_\_ Scribe, \_\_\_\_ Scorer, \_\_\_\_ Runner, \_\_\_\_ Ring Steward, \_\_\_\_ Concessions, \_\_\_\_ Set up and  
Tear Down, \_\_\_\_ Hospitality

Other: \_\_\_\_ Phone Contacts, \_\_\_\_ Committees, \_\_\_\_ Board Member, \_\_\_\_ Write for Newsletter, \_\_\_\_ Publish  
newsletter, \_\_\_\_ Website, \_\_\_\_ Sell Advertising, \_\_\_\_ Other \_\_\_\_\_

*Please make your check payable to CDCTS and return to:*

Kacy Schnake, CDCTS Treasurer  
324 El Jon Lane  
Kingston, TN 37763

*Office action:*

Date Received: \_\_\_\_\_

Check #: \_\_\_\_\_

Amount: \_\_\_\_\_



**Crossroads Dressage and Combined Training Society  
2025 Professional or Business Application**



GROUP  
MEMBER  
ORGANIZATION

CDCTS membership year is 1 December 2024-30 Nov 2025. After 1 December, the effective date of membership begins the day the form and correct dues reach the CDCTS Secretary at the address below. CDCTS is a USDF GMO. For Participating Membership, members must apply directly to USDF. Professional/Business membership dues are determined annually by the board. For 2024, there is no fee to become a Professional/Business Member of CDCTS.

**Primary Contact:** First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_ Last Name: \_\_\_\_\_

**Business Name** (if applicable): \_\_\_\_\_

**Mailing or Street Address:** \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

**Primary Phone:** ( ) \_\_\_\_\_ **Secondary Phone:** ( ) \_\_\_\_\_

**Primary Email address:** \_\_\_\_\_

---

I would like to Join: \_\_\_\_ /Renew: \_\_\_\_ Crossroads Dressage and Combined Training Society for the membership year 1 December 2024 - 30 November 2025 as a **Professional or Business Member (please select one)**

a. I/we wish to provide a lecture or training series with the following details:

b. I/we wish to sponsor a class in a CDCTS Schooling Show for the following amount \_\_\_\_\_ or with the following goods and/or services \_\_\_\_\_. *Please select Spring or Fall Show or both.*

c. I/we wish to sponsor a \_\_\_\_\_ (trophy, ribbons, neck sashes, etc) in a schooling show. *Please select Spring or Fall Show or both.*

d. I/we wish to sponsor a year end award. Please specify which award and amount.

e. I/we wish to support the club in another manner. Please specify below:

Please fill your form out and mail it to:

---

Kacy Schnake, CDCTS Treasurer  
324 El Jon Lane  
Kingston, TN 37763

Office action: Date Received: \_\_\_\_\_