MEDICALLY FIT – Dr. Carolina Castelli-Figley

819 McKay Ct. Ste. 201, Boardman, OH 44512 Ph: 330-261-0020 Fax: 216-208-8963 www.medicallyfit.org

**B M I C L A S S I F I C A T I O N**

|  |  |  |
| --- | --- | --- |
| **CLASSIFICATION** | **BMI CATEGORY** | **RISK OF DEVELOPING HEALTH PROBLEMS** |
| **Underweight** | **< 18.5** | **Increased** |
| **Normal Weight** | **18.5 - 24.9** | **Least** |
| **Overweight** | **25.0 – 29.9** | **Increased** |
| **Obese**  **Class I**  **Class II**  **Class III** | **30.0 – 34.9**  **35.0 – 39.9**  **> 40** | **High**  **Very High**  **Extremely High** |