



DYSTIN JOHNSON: ACTOR, DIRECTOR, AND COACH

35 YEARS OF EXPERIENCE

STAGE & SCREEN: A JOURNEY OF PASSION AND EXPERTISE

Dystin Johnson's 35-year career is a testament to her dedication and versatility. Beginning with Durham Theatre Company in 1988, Dystin's journey has taken her across stage and screen, shaping her into a multifaceted artist with a wealth of practical, life and career experiences; seasoned in every aspect of the profession and generous with her knowledge, Dystin continues to be not only a working professional but a valued confidante and mentor to other artists.

- Royal Conservatoire of Scotland
- Desmond Jones School of Mime
- NYC Performance Studies

Her formal training includes studies at The Royal Conservatoire of Scotland and the incomparable Desmond Jones School of Mime and Physical Theatre in London. Dystin expanded her horizons by studying various performance styles in New York City, mastering Strasberg's Method, Improvisation, and Screen Acting. Dystin's passion for acting processes has made her a life-long learner, an adept professional and polymath in her field.

A DIVERSE & AWARD-WINNING CAREER

As an actor, director and playwright Dystin's impressive resume includes working with:

The David Glass Ensemble, The Royal Court Theatre, Scottish Opera, The National Theatre, Birmingham Rep Nottingham Playhouse

Known for her unflinching transformative talents, for over three decades she has appeared in award-winning films, countless popular TV shows such as EastEnders, Prime Suspect, Coronation Street, Storymakers, Hard Cell - including reoccurring leading roles on hit dramas such as 4 O'Clock Club and the BAFTA award-winning 'Shameless', where she played the unforgettable character of 'Norma' for 7 seasons (see IMDb for more details). She will be seen in 2026 as 'Linda' in the film 'GHOSTS - The Possession of Button Hall'

A PASSIONATE TEACHER & MENTOR, DIRECTOR

Dystin's love for teaching shines through her work with individuals, schools, universities, corporate, theatre and film companies. As a member of the 'The Actors' Lounge' teaching staff, she helps students discover their best selves as working professional actors and aspiring novices.

In 2026 Dystin started her own company '**East Kent Ensemble, Ltd**'. Rooted in the Reithian principles of *Education, Entertainment* and *Information* through the power of performance and culture. East Kent Ensemble is dedicated to development and actively providing opportunities to professional actors, small theatre companies and community participants acting as a producer/co-producer and umbrella organisation connecting resources and audiences across East Kent.

With her heart firmly in the ethics of social enterprise, Dystin Johnson's career reflects a rare, profound commitment to the art of acting, its methodologies, heritage and place in contemporary culture.

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