

Mangia: Mangia: October's Menu

"Calm, cooperation, and 'bon appétit' to all."

We provide a morning and afternoon snack and lunch. Outside food is not allowed. We use tasty alternatives for any child who is vegetarian or has specific food allergies. SVP is a nut-free facility. The menu is subject to change.

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\times	Monday	Tuesday	Wednesday	Thursday	Friday
			Multi-Grain Cheerios with milk Spaghetti with meatballs, corn, salad, milk Wheat crackers, pears	2 Multi-Grain Cheerios with milk Chicken nuggets, broccoli, salad, milk Apple Cake, bananas	Waffles, blueberries Grilled cheese sandwich, corn, salad, milk Graham crackers, apple slices
	Yogurt, berries Cheese quesadilla, mixed veggies, salad, milk Pretzels, apple slices	Bagels with cream cheese English Muffin pizzas, corn, salad, milk Whole grain rice cakes with SunButter	8 Pancakes, strawberries Bean and cheese burrito, green beans, salad, milk Early closure at 12:30 pm	Multi-Grain Cheerios with milk Spaghetti with meatballs, corn, salad, milk Wheat crackers, pears	Oatmeal, applesauce Chicken nuggets, broccoli, salad, milk Graham crackers, apple slices
	Multi-Grain Cheerios with milk Chicken Noodle Soup, mixed veggies, milk Pretzels, apple slices	Homemade muffins, berries Spinach ravioli, green beans, salad, milk Cinnamon Cookies, milk	Homemade waffles, blueberries Tacos with ground turkey, mixed veggies, milk Cinnamon Cookies, milk	Multi-Grain Cheerios with milk Cheese tortellini, broccoli, salad, milk Wheat crackers, pears	Oatmeal, berries Fish sticks, mixed veggies, salad, milk Wheat crackers, orange sections
	20 Multi-Grain Cheerios with milk Grilled Cheese Sandwich, corn, salad, milk Pretzels, apple slices	Multi-Grain Cheerios with milk Roly Poly Wraps with avocado, broccoli, milk Pretzels, apple slices	Homemade Banana Bread, milk Wheat English Muffin Pizzas, peas, salad, milk Wheat crackers, string cheese	23 Homemade Waffles, berries Cheese quesadilla, green beans, salad, milk Wheat crackers, SunButter	24 Multi-Grain Cheerios with milk Spaghetti with meatballs, corn, salad, milk Carrots and celery sticks with hummus dip
	27 Multi-Grain Cheerios with milk	Yogurt, blueberries	29 Homemade pancakes, strawberries	30 Multi-Grain Cheerios with milk	31 Homemade muffins, berries

Tacos with ground turkey,

mixed veggies, milk

Pretzels, apple slices

Pizza on focaccia bread,

mixed veggies, milk

Whole grain rice cakes

with SunButter

Pumpkin ravioli, peas,

salad, milk

Cinnamon Cookies, milk

Pesto penne pasta, corn,

salad, milk

Mixed veggies with

hummus

Orange chicken, brown

rice, mixed veggies, milk

Wheat crackers, string

cheese