

What to Bring & Not Bring to Preschool



Toddlers & Preschoolers Bring:

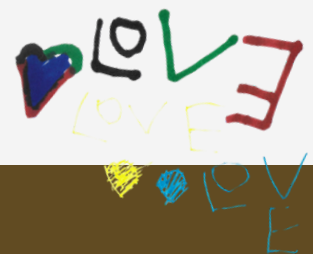
- Shoes and clothes that allow your child to participate in physical and messy activities actively
- Rainboots
- Disposable Pull-ups, wipes (if potty training)
- Two changes of clothes, season-appropriate
- Family Pictures
- One small lovey, security soft item (stuffed animal), if needed
- Sweater or jacket, labeled

SPECIAL NOTES

Please check with the teaching staff as well. We have school rain trousers for each child to wear during messy play or wet seasons! All children need to be dressed in “user-friendly” elastic-waist clothing as much as possible to promote self-help skills. We provide rest time cots and bedding.

MEALTIMES

We provide nutritious snacks and lunch daily. Outside food is not allowed. We are a No Nut Facility. Please visit our [website](#) to see the school menu for scheduled mealtimes. Your child will have a water mug with his or her picture on it.



Thank You

FOR BEING OUR PARTNERS



What Not to Bring:

- Toys
- Food
- Candy, sweets, juice
- Chewing gum
- "Jellies," backless sandals, flip flops
- Masked hoodies
- Violent or inappropriate clothing
- Anything unlabeled
- Medication (see Director)
- Illnesses, including the common cold

CELEBRATIONS

We believe birthdays, celebrations, and seasonal events are a great time to include nutritious foods and active play. If you want to bring a snack to celebrate your child or family, it must be healthy. Here are some ideas for Celebration Treats: Fresh fruit cups, fruit salad, cookie cutter shape cheeses with crackers, yogurt and fruit parfaits, homemade bread or muffins.

FAMILY PICTURES

We want them to make each child a Family Book, including using them as visual strategies to support separation, teaching feelings, support transitions, sharing and talking about our families at school, and sharing how each family is special in our school. Please [email](#) your family pictures to Nicole. Thank you!