

The Path

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Time To Fly

OMG. 2024 is here and Ms. Lori Life Coaching Services is open for business. Yes!

I started my coaching business as a consultant a couple of years ago and it's been the most fulfilling work, connecting me with so many people that are striving to do as I am - live my best life. I am moving forward and hope to help even more do the same as we embrace our unique paths to greatness. I will be sharing my journey and encouraging you to share yours.

As I take a leap of faith this year, trusting that God Got Me and I Got This, I can see ahead a best life suited just for me. I made it through 2023, one of the toughest years of my life, It was filled with drama and trauma, altered my path, and left a hole in my whole that I somehow have to live with now. Life will do that. Losing my brother was unexpected, unbelievable, overwhelming and continues to be just plain painful. He is holding me up, though, and letting me know it's my Time To Fly.

My nonprofit, ALLOVEME, will be celebrating 10 years in 2024. With strength and resilience, we are supporting young women of color and Leading Ourselves to Value and Excellence. What a journey it has been. I hope you will join us for the virtual celebration later this year as we give gratitude for the opportunity to serve God, serve others, and serve ourselves. As Ms. Lori Life Coaching Services takes off in 2024, I want you to know...



The Path is Here... Embrace it.

BestLifer Tribe - We are Fillin' 'n' Feelin' Our Positive Mindset



Yes, your path is right in front of you. Embrace it. This life is short and not to be lived in any other way than as our best imaginable. It's tough out here and often seems more stressful than stressless, more painful than painless. We would like to and often strive to make things exactly the way we want them to be, but we can't. As life happens, a positive mindset shifts our focus and grounds us in a state of being that provides what we need to keep us on track for living our best life....every day.

I am proof that affirmative self-talk works.

Join me as part of the BestLifer Tribe where we can strive together in our positive mindset. As we continue in this new year...

"I'll lift you up, you'll lift me up, and together we will ascend." (JGW)

Every Sunday

Set an intention for the week... and fly with it.

Coach's Corner

You are a Life Coach, aren't you?

You help people, guide people, support people, and advise people. You are a Life Coach.

It's time to **Create Your Opportunities** and turn what you already do, into your own business.

That's what I did, and I love it!

My FREE Becoming A Life Coach Course sums up what you need to know about life coaching and starting your own life coaching business.

Download the outline today. Video coming.

It's Time To Fly in 2024!



InTheWeightWell

Hydration for the mind, body, and soul is my intention. Join me on my journey to my Best Life weight. Together, we can find our healthy paths to confidence and contentment.

Get in where you'll fit in, InTheWeightWell.

Our affirmation: "We eat foods that are healthy for our mind, body, and soul."