



Royal Melbourne Graduate Nurses' Association

Royal Melbourne Graduate Nurses' Association Inc.

PO Box 2182

The Royal Melbourne Hospital, Victoria 3050

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June 2024 Newsletter

Dates to Remember 2024 - 2025

Sunday 21st May 2024

International Nurses' Day

Saturday 1st June 2024

AGM and Luncheon

12.30 The Leveson Hotel North Melbourne

Tuesday 3rd September 2024

Posy Day. Venue and times to be confirmed

Saturday 5th October 2024

Spring Luncheon TBC

Saturday 7th December 2024

General Meeting/Christmas afternoon tea

Kathleen Syme Library

12.30 Faraday St Carlton

Guest Speaker TBC

Next Newsletter:

We'd love to hear from you....stories, memories, reunions, photos, everything is very welcome and appreciated!

Submissions MUST be received by: **Friday 18th October 2024**

All items for the December edition to be emailed to rmhgna@outlook.com or mailed to:

RMGNA

PO Box 2182

Royal Melbourne Hospital VIC 3050

Please visit our website: <https://rmhgna.com.au/> and join our Facebook group: Royal Melbourne Graduate Nurses Association

NEWSLETTER SPONSORED BY THE RMH FOUNDATION

Presidents' Message

Our Committee is a vibrant and diverse group- we are Educators, Professors, Researchers, Directors and clinical nurses. Our Association has been predominately hospital based trainees from the Royal Melbourne Hospital but we are confronted now with the issues of sustainability and our future.

Our Membership is reliant on interest, relevance and some sentimentality, and we need to appeal to the masses, our current RMH nurses, to be able to continue as an Association for the future.

Other training hospitals are facing the same realisation- our Secretary Julie Halton and I are hosting a forum with the Committee of the Alfred and St. Vincent's past trainee Associations, and other training hospital groups, to brainstorm how to keep our Associations' histories protected and have relevance and appeal to the current nurses. Julie and I will be meeting with the RMH Foundation's Director shortly to see how the Foundation can assist with raising our profile at the hospital, they have already funded a nurses' morning tea, with door prizes, recently, which we are most grateful for.

We are reaching exciting times for our Association, with the possibilities opening up as we explore options to increase our Membership base.

Please encourage your training group to support and join our Association and consider coming on board our Committee to help shape our future. And please support our activities, our luncheons and meetings, as we are only as strong as our membership base, and our direction is based on our ideas. Please consider joining our Committee to help shape our future!!

I thank our Committee and Members for their enthusiasm and interest in the Association and look forward to the many projects we have for 2024.

- Lara Taylor

Current RM GNA Committee 2023 - 2024

President Lara Taylor

Vice President Liz Virtue

Secretary Julie Halton

Treasurer Christine Murray

General Members

- Janet Briggs
- Helene Johns
- Maureen Convey
- Robyn Reeder
- Kylie Thitchener

Royal Melbourne Graduate Nurses' Association

Nomination for Committee 2024-2025

The Election for the 2024-2025 Committee of the Royal Melbourne Graduate Nurses' Association will be held during our AGM, Saturday 1st June at The Leveson Hotel, North Melbourne. The AGM will occur during our Luncheon, from 12.30.

Office Bearers and General Committee will then be elected by this Committee. Please find the Nomination Form on the back of this Newsletter.

New Members

We Welcome...

Eija Aeonn	Hannah Dale	Chloe Hick
Tess Lemmon	Annay Rowbottom	Elise Armanini
Tina Doan	Hanan Jemal	Olivia Marshall
Alexander Short	Emma Battersby	Sophie Flint
Sophie Kase	Analía Messina	Kate Sidley
Maia Braden	Zoe Fox	Erin Keegan
Vy Nguyen	Madeline Spain	Steffi Ching
Trisha Granada	David Lawrence	Uyen Phan
Nora Stack	Peter DeSilva	

Editors Note

Thank you for everyone who participated in this bumper issue of our Newsletter! We love to hear of reunions and what people are up to!! Travelling is high on the agenda again, but so are Groups celebrating significant milestones!

We are particularly thrilled to announce after meeting with the Director Sue and Associate Director Sandie, of the Royal Melbourne Hospital Foundation, they have offered to support and sponsor our Newsletter!

On behalf of the Committee and Association's Members, we are so very grateful to the Foundation!

Please keep your articles and reunions details coming in, and then photos to follow!

Our December Edition will have information about:

- The recipients of the 2024 Art of Nursing Award
- The 2023 Nursing Research Endowment gift recipient
- December General Meeting and our guest speaker
- Cathy Daniels, who is a past RMGNA Nursing Research Gift recipient, where she explores the impact of the award and what she's doing now
- "Where are they now...100 Years 100 Nurses" book launch
- More archival treasures, and
- 'Frontline Stories' – a new section in the newsletter where we seek out stories from our colleagues and friends; we hope the first story will be from a new RMH graduate about their transition journey.

An enormous thank you to our Secretary Julie Halton and Nicole from Quality Print to Post for their patience and ideas for this edition!!

Please contact me on 0415 628 131 or email at lara.taylor@mh.org.au

Thank you!

- Lara Taylor



My Moscovian doves, on the steps of the Moscow Circus

Royal Melbourne Graduate Nurses' Association Annual General Meeting

Date & Time	3rd June 2023, 1400-1500
Venue	The Leveson Hotel
Present	Petrina Halloran, Paula Stephenson, Denise Heinjus, Kerry Ophel, Kate Floyd, Mandy McOrmand, Angie Black; Julie Halton, Lara Taylor, Fiona Barker, Janet Clancy, Christine Murray, Ann Cornish, Jocelyn Sellers, Helen Pickering, Koon Kwong, Helen Johns, Katy Marshall

Agenda Item		Discussion & Action
1.0	Meeting Opening	
1.1	Welcome	
1.2	Acknowledgement of country	
1.3	Apologies	Marg Nuttall, Sue Sherson
1.4	Confirmation of previous AGM meeting minutes	Date of minuted meeting: 4th June 2022 Moved by: Koon Kwong Seconded by: Janet Clancy (Briggs)
2.0	Correspondence	
2.1	Correspondence in	Minimal mail with very few RTS – this is great news for our database which appears to be almost up to date! Email correspondence from members - obituaries, changes to contact details, correspondence relating to awards and finances and new member details
2.2	Correspondence out	Newsletter
3.0	Reports	
3.1	President's report	Lara thanked the committee members for their dedication to staying connected and helping the association stay active. Lara also thanked Julie Halton (Secretary) for her ongoing work to increase our membership and stay virtually in touch with everyone via the website (see President's report at end of minutes)
3.2	Treasurer's report	Finalised financial report for 2022-23 prepared by BWA Accountants showing all accounts in order with continuing steady growth <ul style="list-style-type: none"> Main expenses were for awards & scholarships, the newsletter, donations and printing Main deposits were membership payments & fund raising Unanimous acceptance of the financial report by all present at the meeting
4.0	Business Arising	
4.1	Nursing Research Gift (prev. named Endowment)	<ul style="list-style-type: none"> There were 2 winners for the 2022 – Skye Blackwood and Dina Trivellas <ul style="list-style-type: none"> Skye is very passionate about the importance of trauma-informed mental health service provision and researched the implementation of Community Treatment Orders in the community mental health setting; she is currently volunteering for a Dutch NGO that provides mental health and psychosocial support worldwide Dina is also very interested in trauma-informed care and researched trauma-informed care for mental health consumers who may be at risk of re-traumatisation during their ED presentation; she loves working with new learners as a Clinical Support Nurse in ED and wishes to pursue a career that allows her to support the learning of new nurses, especially in an ED setting Lara and Julie attended an award ceremony for Skye, Dina and other award winners at the University of Melbourne on the 11th May and were lucky enough to have a long chat with Skye about her nursing career so far and her amazing future plans
4.2	Jane Bell Scholarship	<ul style="list-style-type: none"> The 2023 winner is Hayley Stockdale who trained at the RMH in the 290 group (2nd last group to train at the hospital) but has a lengthy career at the Tweedle Child and Family Health service. She will use the award to complete a Master of Health (Perinatal & Infant Mental Health) which includes a research project that assesses whether mental health capacity influences a parent's confidence in their role Hayley was unable to officially present her research at the AGM but was able to briefly attend to receive her certificate, award money and gift – Hayley was extremely grateful for the award as course fees were prohibitive and she may not have been able to complete her Masters without our support
4.3	The Art of Nursing Award	<ul style="list-style-type: none"> This will be advertised soon
4.4	Membership	<ul style="list-style-type: none"> Very stable database (at last!) Current financial and life members with up-to-date contact details: 306 New members in the last 2 years: 32 <ul style="list-style-type: none"> This includes 21 current graduate nurses!! All new members used the online registration form so this has proven itself a valuable addition to the website We are always looking for new members so please reach out to your training group and friends and encourage them to join

4.5	Graduate nurses	<ul style="list-style-type: none"> Graduating 2022 Graduate Nurses received a small gift from us of a pen, lapel pin and a postcard encouraging them to continue their membership with us (now that their free year membership had lapsed) New graduate nurses for 2023 also received a small gift from us of a pen, chocolate and a postcard informing them that they were all eligible for 1 year of free membership, they just had to register....and 21 did!! We are so excited to welcome them to the RMGNA and hope that some will continue their membership in 2024 Lara Taylor and Julie Halton met with the 2023 Graduate Nurse Network (representatives of the current RMH graduate nurses) and chatted about our Association and how we can engage with them more: <ul style="list-style-type: none"> a few of them would like to attend drinks & chips at Naughtons following a study day -this will need to be organised with the RMH Nursing Education GNP ADoN they all seemed interested in us providing morning teas or lunches for them on study days but the RMH Nursing Education GNP ADoN had concerns about keeping everyone COVID safe so they are still limiting large group gatherings one of the graduates said that he'd done a quick vox pop on his ward and no one, not even the nurse educators, seemed to know about the Royal Melbourne Graduate Nurses' Association and suggested we increase our profile with posters and information distributed to all wards and areas in the RMH – this will need further discussion as there may be extra costs involved and we will need to be very clear with our messaging it was suggested that our efforts not only focus on new graduates and that we organise a drop in and chat session (with food.... this seemed to be the most popular form of attendance incentive among the graduates!!) for all RMH nurses to advertise our association to a wider audience we discussed providing online debrief sessions for RMGNA graduate members which some thought would be a good idea Maureen Convey (committee member) and Julie ran two of these graduate debrief online sessions (advertised as a safe space to reflect on their graduate year so far, their expectations, experiences and achievements) but only had one attendee – she really enjoyed the opportunity and encouraged us to book more sessions and to keep trying as she thought they would be a valuable resource for some of her fellow graduate nurses. More sessions will be run in late July and mid August
4.6	Newsletter	<ul style="list-style-type: none"> Lara thanked everyone for their contributions to the most recent newsletter There was feedback from attendees that the inclusion of what's going on at RMH and stories about past and present RMH nurses were a great addition to the latest newsletters so we will try to include similar updates and stories in future editions Deadline for submissions for the next newsletter is mid-October
5.0	Committee Membership	
5.1	Committee resignations & changes	<ul style="list-style-type: none"> Resignations from the committee <ul style="list-style-type: none"> Rosie Wright Kelly Wright Lynda Tivendale Jayne Amy Arlene Bennet Nominations to the committee: <ul style="list-style-type: none"> Robyn Reeder Kylie Thitchener ?Monique Taylor (verbally indicated interest but still awaiting nomination form)
5.2	Election of 2022-23 committee & office bearers	<p>Helen Pickering chaired this part of the meeting:</p> <ul style="list-style-type: none"> The number of committee nominations for the coming year do not exceed the number of committee vacancies so all new and returning committee members are confirmed 2023-24 Committee members: <ul style="list-style-type: none"> Lara Taylor Julie Halton Elizabeth Virtue Christine Murray Janet Briggs Helene Johns Maureen Convey Robyn Reeder Kylie Thitchener Office bearers will be confirmed at the next committee meeting (31st July 2023)
6.0	New Business	
6.1	Meetings with other Associations	<ul style="list-style-type: none"> Although the committee is still interested in continuing to reach out to other nursing associations, we have had no interest from the membership in forming a sub-committee to start organising this. In view of this, it is proposed that the committee drive this initiative It is proposed that members of the committee organise a virtual meeting with a couple of representatives from as many associations as we can find and see if everyone is in the same boat (dwindling interest, membership and activities), do some brainstorming on how to improve our profiles and learn from other successful associations To be discussed at the next Committee meeting
6.2	Upcoming reunion	Group July 1973 are holding a reunion on the 17th June 2023
7.0	Upcoming Events	
7.1	Spring Luncheon	7th October 2023, The Leveson, 1230-1600
7.2	General Meeting (& xmas nibbles)	2nd December 2023, Kathleen Symes Library and Community Centre, 1300-1600
8.0	Next AGM: tbc	

2023 December General Meeting

Our General meeting on December 2nd was enlivened by a presentation from our Secretary Julie Halton, related to her thesis undertaken at The University of Melbourne as a component of her work towards her Masters of Clinical Education. It was good to see familiar faces in attendance and to welcome several new ones. Our dedicated President, not one to let distance inhibit participation, attended remotely from Moscow.

- Helene Johns



Julie hopes to turn her minor thesis into a PhD project and has kindly provided a summary of her research proposal for this project.

‘Exploring the transition experience and timelines of novice clinically based nurse educators in an Australian context’

The role of the clinically based nurse educator has long been recognised as critical to the support and professional development of all nurses, from students and new learners to experienced nursing staff, which is said to influence the delivery of safe, high quality patient care (Conway & Elwin, 2007; Manning & Neville, 2009). However, there is evidence that the transition of clinical nurses into this critical novice nurse educator (NNE) role is often a negative experience that was found to align with Duchscher’s transition shock model in a recent scoping review titled ‘The transition of clinical nurses to nurse educator roles – a scoping review’ (manuscript submitted for publication).

One of the main findings of this scoping review was a paucity of research about the transition experiences of novice nurse educators in the clinical context in Australia. The other main finding was that, despite a strong alignment with Duchscher’s Transition Model including evidence of transition shock, it appears that NNEs experience this transition over a longer period than Duchscher’s graduate nurse participants. It is important to establish the transition timelines of clinical NNEs to ensure orientation and support strategies are appropriately scaffolded for critical moments and provided for appropriate lengths of time.

A qualitative descriptive approach, with a conceptual framework based on Duchscher’s transition model and a particular focus on transition shock, will be used to explore the lived experience of novice nurse educators working in a clinical health setting. Purposive sampling of clinical nurse educators at Melbourne hospitals will be used to recruit those clinical nurses who have transitioned into clinical nurse educator roles within the last 5 years. It is proposed that data will be analysed using a general inductive approach however some quantitative data is required to establish transition timelines and participant demographics so the research may be done using a mixed method approach to achieve this aim.

The purpose of the proposed thesis is to establish an Australian viewpoint of the transition from clinical nurse to clinically based nurse educator and identify pivotal moments in their transition where preparation and support strategies will have the most impact.

Scholarships and Awards 2024

2023 Nursing Research Gift

We have been notified by the University of Melbourne that the winner of the RMGNA Nursing Research Gift for 2023 is Lauren Cross. This award, worth \$7,500, is presented to the nurse who receives the highest marks in the Master of Advanced Nursing Practice (STREAM 2 Research) subject.

The award will be presented at the Melbourne School of Health Sciences' annual flagship event, the Marian Barrett Lecture, on the 9th of May. Julie Halton and I will be attending the award night and are looking forward to meeting the recipient, finding out more about them and their studies, and encouraging them to present their study findings at one of our Association meetings.

Details and photos to follow in the December Newsletter

2022 Nursing Research Gift - Where are they now?

Marie Gerdtz, Head of Nursing at the University of Melbourne, sent a card to thank the Association for its support of nursing and nursing research through the provision of the Nursing Research Gift; she also passed on letters from the 2023 Gift recipients, Skye Blackwood and Dina Trivellas, updating us on what they've been up to since receiving the award.

Since being a recipient of the Royal Melbourne Graduate Nurses' Association Nursing Research Endowment for 2023, I have completed my Masters of Advanced Nursing Practice at the University of Melbourne with First Class Honours.

Following the completion of my Masters degree, I left my job working in community mental health in Sydney to pursue a career in providing mental health and psychosocial support (MHPSS) in the international humanitarian field. Since September, I have been volunteering with a Dutch non-government organisation, providing MHPSS support to refugees and asylum seekers arriving in Greece.

Bearing witness to the severity and magnitude of mental health concerns being experienced in this setting makes me aspire to not only continue working in this field, but to develop comprehensive and trauma-informed programs that effectively address the mental health needs of displaced populations. I am currently applying for further work and study opportunities that will allow me to pursue my career goals in this field.

I cannot thank The Royal Melbourne Graduate Nurses' Association enough for their generous endowment that has enabled me to pursue this deviation in my nursing career and wish you all a very happy festive season and new year!

- Skye Blackwood

I am currently on maternity leave and enjoying some quality time with my family. I plan to complete my final subject for the Master of Advanced Nursing Practice in semester 1 next year and return to my role as an emergency department clinical support nurse.

I'm passionate about creating a caring and supportive working and learning environment and assisting learners with meeting their diverse learning goals. I hope that everyone from the Royal Melbourne Graduate Nurses' Association has a wonderful festive season and a happy new year.

- Dina Trivellas

Art of Nursing Award

The Committee is thrilled to have received five nominations for the 2024 Art of Nursing Award.

The Art of Nursing Award is awarded to a nurse in their Graduate Year who is recognised by Nurse Educators, ANUMs and other clinical nurses to display commitment to the professional development of their clinical skills, great kindness and compassion and have their focus on achieving the best patient outcomes.

The nominees were of an exceptionally high standard this year which made the review panel's job very difficult. After much deliberation and discussion, two outstanding nurses were chosen to receive this year's RMGNA Art of Nursing Award.

We will be awarding both winners a cheque for \$500 at the International Nurses' Day Award Ceremony. Details and photos to follow in the December Newsletter.

Jane Bell Scholarship

The next Jane Bell Scholarship will be advertised in early 2025, worth up to \$10,000.

RMGNA Morning Tea Door Prize Winners

Congratulations to Melissa Bantick and Leanne Trail, who were the lucky door prize winners at our recent RMH morning tea! Thank you to Sandie Baskin, from the RMH Foundation, who funded our morning tea and very delicious door prizes!



RMGNA Morning Tea

The RMGNA hosted a morning tea for nursing staff on the 27th of March with the aim of increasing our profile within the hospital, finding some new members and asking attendees what the Association could do to attract and keep new members. We were very happy to see our Chief Nursing Officer, Kethly Fallon, and Sandie Baskin (Associate Director - Community and Bequests at Royal Melbourne Hospital Foundation) among the attendees (bottom middle photo). We are very grateful to Sandie and The RMH Foundation as they sponsored the event and provided the door prizes. We look forward to hosting another morning tea soon.



Catch up over hot chips with the graduate nurses



The RMGNA hosted a hot chips and drinks event on one of the hottest days in Melbourne at Naughton's Hotel on the 22nd of February. Julie Halton, Janet Briggs, and I were thrilled at the number of graduate nurses that came along as we settled in for a very eye opening chat. Some were feeling isolated, overwhelmed and challenged by the frenetic demands on their time, knowledge and skills; others were thriving on the pace and excitement of finally being an independent nurse. They also appreciated the support that they received from their colleagues and other graduates but were still feeling the pressure. We encouraged them to reach out for help as early as possible and as often as needed.

It got me to reminiscing...this reaching out for help was a lot easier for us, living in the Charles Connibere Residence; it was like living a 24 hour 7 day a week debriefing centre!! You lived with other nurses who could appreciate the stress of shift work, patient loads, particular staff and the whole new world of being a Registered Nurse (starched aprons and all!). We look forward to hosting more hot chips and drinks debriefing afternoons with the graduates.



Julie Halton's Retirement

Directors, Nurse Educators, past and present Emergency Department staff, clinical nurses and auxiliary staff came along to a lunchtime function to wish our legend, Julie Halton, all the best for her retirement. More than four decades of experience, stories, role modelling, mentoring, caring and teaching are held within this amazing person, and we are so lucky that she has been able to impart this knowledge to so many people and will continue to do so as she completes her PhD. Julie, thank you for all you have done for us, our patients, and your colleagues....and for what you will continue to bring to nursing, encouraging us to aim higher in the care we deliver and our teaching and support of each other.



Julie Halton (finally) resigns from the RMH

It is with a heavy heart that I let you know that I am resigning from the RMH and my last day at work will be on the 19th April 2024.

As a kid when I was asked what I wanted to be, I was pretty much stuck on the idea of being a veterinarian but, after spending 2 summers on work experience at the Lort Smith Animal Hospital, I knew I would never be able to see an animal in pain or being 'put down' so that was the end of that career dream! Luckily my mum was a thwarted nurse (her mum would only allow her to be a secretary or teacher; nurses were too independent and seemed to drink a lot!) so she basically wrote my nursing training application letters, coached me for my interviews and drove me to every single hospital interview. I was offered a number of positions but somehow knew the Royal Melbourne Hospital was where I wanted to be.



I was so lucky to do my training, living, crying and studying with the most amazing bunch of people of RMH's Group 383. We matured very quickly (hmmm, that might be a lie cos I still remember pranks like moving someone's entire bedroom contents into the Charles Connibere lifts!), worked really hard, studied sporadically and learned to love being nurses and make a difference in people's lives.

Although I was introduced to every part of the hospital as part of my training, even sterile processing, I was drawn to ED and was over the moon when, a year after completing my training, I got a job in ED. Due to a mix up with the rosters, I missed my formal orientation so was allocated to work with a random person at handover for a week....every day I was allocated to Liz Hurley and every day she said she didn't want to be my orientor in a very loud voice! It was birth by fire and I ended my first week grumbling about my move to ED as I took apart and put back together a BVM circuit over and over again!

The following 27 years were some of the happiest, hardest and most rewarding years of my career working in various roles – Floor Coordinator, acting NUM, bed manager, project lead and educator – intermingled with moves to a new then a new but temporary then a new new ED and enjoyed every moment of being with my ED family.



I met so many inspirational people (it would fill 3 pages if I tried to name you all) but Phillipa and Kaelene really stand out for me - their intelligence, humour, dedication, support and nursing excellence made me want to be exactly like them – which is probably why I became a permanent student, constantly pushing myself to do courses and formal study to be the best, most informed nurse I could be for my patients.

Unfortunately, in 2012 I was diagnosed with 2 different cancers and the surgery and treatment left me unable to work in ED so began my next big career love, nursing education. I discovered I am a big mother hen who loves to teach anyone, watching their faces light up when they really "get" something or learnt a new skill or just gained confidence in their abilities as a nurse. And, just like a mother hen, I would beam with pride whenever one of my 'kids' achieved their goal, whatever that was. I stood beside them as they assisted with a successful intubation or arrest or gained control of their patient allocation and handed over without looking at their notes or worked as a floor coordinator for the first time or as they made the decision to leave ED to pursue their true passion or love e.g., NUM, educator, executive, sculptor, paramedic, CEO, etc. I have worked on a number of wards, in a number of specialties, in a number of very different jobs which all gave me new knowledge, skills and confidence but the most important and special outcome from this varied nursing career has been meeting, getting to know and working with so many wonderful people.

I am one of those lucky people that can say, hand on heart, that I have loved going to work every day and have fought very hard for the last 12 years for that privilege but it is time to leave – if I can't be the best nurse or educator I can be, then I won't be happy.

I will miss RMH and everyone at RMH every day.

- Julie



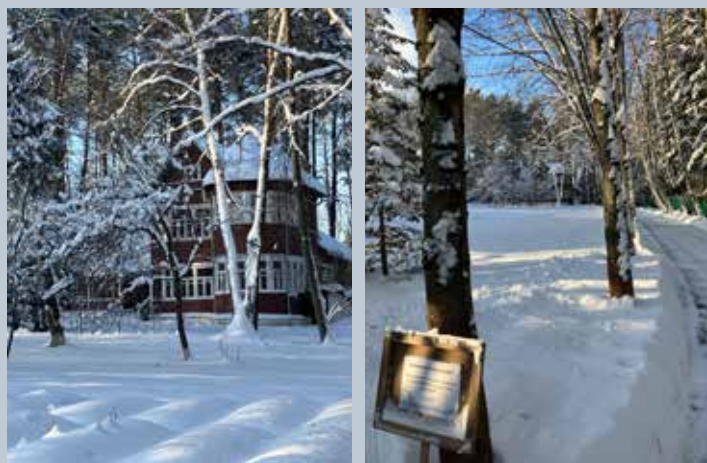
Out and About

Moscow Magic 1 Datcha of Boris Pasternak, Peredelkino, Moscow

I hopped on a plane (literally, I was on crutches!), solo, to Moscow the day after the 30 year Emergency Department Reunion. It was my first time travelling to Russia and a long time coming...I was to have travelled with my father in 2020, but COVID put a stop to that.

My maiden name is Goloubkin (translated into English it means dove), my father was born in Harbin, China from Russian/Ukrainian parents and migrated to Australia in 1961. Despite no known living family in Russia, my father felt his heart and soul belonged in Moscow. Dad befriended Ura Nikulin, the chief clown of the Moscow Circus, when they toured in the early 70's in Melbourne, a friendship that spanned decades. Ura was also a famous actor and musician and became the manager of the circus, which is now run by his son and grandson. My father bought an apartment in Moscow in 2002 and would spend 6 months of the year there, until his health declined, so the flat had not been tended to for 6 years. The bills had been paid by the neighbour, but no maintenance had been done for many years.

So, this was my mission.



Also to delve into the fascination I had with the origin of the famous 'Lara' from Dr Zhivago ... I had read the Boris Pasternak classic, and then read about the tragedy in real life of the writer and his muse, his mistress, Olga Ivinskaya, who became 'Lara' and story revolving around the controversial novel. I wanted to walk the same snow covered lanes, walk up the stairs of his datcha (country

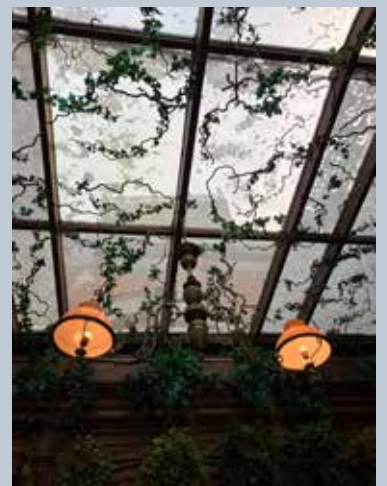
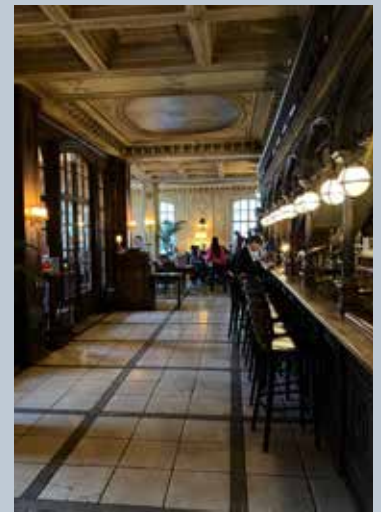
home) visit the same restaurants, look out the same icicle framed windows, take the same train routes, as these doomed lovers....and I did....

Armed with my limited Russian, Google Translate and an abundance of enthusiasm and excitement, I immersed myself in this incredible city and had the most incredible 2 weeks. The beauty, culture, history, people, cuisine and atmosphere.....what a magnificent city...I understand my father's love for Moscow and I cannot wait to go back, now that I have a beautiful, clean apartment with running water!!!

Moscow Magic 2 Cafe Pushkin, Tverskoy Boulevard, Moscow



The exquisite Cafe Pushkin, where Boris and Olga would meet.



Magic 3 Moscow Circus, Tsverskoy District, Ura Nikulin, statue at Novodevichy Cemetery



Zoe Moon- now a schoolgirl!!

How time flies! Congratulations to Sally Moon! Mum to a very gorgeous Zoe who is loving her Prep year at school!



AnneMieke Meine A Life's work.

Gippsland Gallery Display 2nd March - 26th May 2024. RMH Graduate and artist.

Courtesy of the ABC

The Gippsland Art Gallery has hosted its biggest ever opening night in the gallery's 60 year history, with the launch of Annemieke Mein: A Life's Work.

Billboards dotted along the Princes Hwy to Melbourne, three levels of gallery space, a gift shop dedicated to her art, Dutch born Sale based artist Annemieke Meins

the first local artist to be the solo subject of a major drawcard retrospective exhibition in the region.

As part of the 1970s Australian naturalist art movement, she was largely overlooked by formal art circles as a 'foreign woman with a sewing machine making Australian novelty bush craft' until the 1990s.

But over the last 30 years, Annemieke's intricate embroidered and embellished textiles, which tell the story of the Gippsland ecosystem, have become part of the folklore.

Now at 80 years old, with an OAM, a major art event featuring over 200 works that is expected to generate over \$5 million for the local economy, bringing tourists from across the state, she is having the last laugh.

At the opening night, she broke the glass ceiling not only for herself but for woman artists, craft and textile makers. Gippsland artists and Australian artists who never thought they could sustain a local career and achieve such triumphant success in their home town.

A remarkable achievement!

- ABC Gippsland.



LUCINDA (CINDY) BARRY AM – Supporting organ donation and transplantation in India

A highlight this year as the CEO of the Australian Government's Organ and Tissue Donation and Transplantation Authority (OTA), was travelling to New Delhi, India in March to represent Australia at the inaugural Commonwealth Tribute to Life (CTTL) conference: 'Celebrating Diversity' and attending the first face to face meeting of the CTTL regional coordinators.



The Commonwealth Tribute to Life is a project where Commonwealth countries have signed a MOU to share information and collaborate to increase donation and transplantation. I have been involved since it was established in 2020 representing Australia and as the Pacific region coordinator. Due to the pandemic, all our meetings have been virtual, so it was fabulous to meet F2F.

The Mohan Foundation hosted the conference with the program facilitated by the regional lead countries – UK, Canada, India, South Africa and Australia. Most delegates were from India and surrounding countries who are still establishing donation and transplantation systems.

The 5 days on the ground focused on sharing information across countries on best practices in organ and tissue donation and transplantation, with a focus on clinical excellence and education, and community engagement.

Travelling with two of my leadership team we played a key role delivering presentations, chairing sessions, leading workshops and participating on panels – promoting and sharing information on our DonateLife program here in Australia.

We were also a part of the international delegation who met the Indian Government's National Tissue and Transplant Organisation (NOTTO) to hear about their emerging deceased donation system, their successful living kidney donation program and share learning from implementing our system in Australia.



We were also extremely lucky to visit one of the wonders of the world, the Taj Mahal, with the UK, Canada, South African and Zambian delegates. Here's a photo of team OTA flying our DonateLife logo!



Don't forget to talk to your family about organ and tissue donation



BlazeAid

Since I retired, we have done a lot of travelling around Australia. During our travels, we have done some work with BlazeAid, which is a volunteer-based organisation that works with people in rural Australia after natural disasters such as fires, cyclones, droughts and floods.



BlazeAid was established in 2009 by a Kilmore couple (Kevin and Rhonda Butler) after the Black Saturday bushfires. Although their house was saved, they lost lots of fences in the fire and couldn't contain their stock. Volunteers helped them to rebuild fences. They realised many others would be in similar situations after disasters so BlazeAid was born.

During the 2019/20 megafires, BlazeAid set up 45 camps around the country to help rebuild. At present 10 camps are operating.

At the moment I am at a camp in the Grampians at Dadswell's Bridge at Pomonal. The work is mostly building fences which sounds more difficult than it may be. It varies at each camp. I am able to roll up burnt fences, help align new fence posts, run wires along fence lines, 'twich' new wires onto the new fences. Other volunteers help with cooking, maintenance of tools, etc.

Volunteers are always welcome for a day, a week, a month, so consider it! Current camps are listed on Blazeaid.com.au

- Marg Nuttall.



2024 Australian Nurses' Memorial Centre ANZAC service

Melbourne put on a beautiful, sunny Sunday for our 2024 ANZAC Commemorative Service, dedicated to the nurses who gave their lives and health in service to their country in times of war.

The Royal Melbourne Graduate Nurses' Association was well represented at the service by Sue Sherson, Helen Pickering, Arlene Bennett, Jocelyn Sellers, and our President, Lara Taylor. The Association also donated to the ANZAC commemorative wreath, contributed to the ANMC's scholarship fund, and provided a stunning native flower wreath in remembrance of those brave nurses. Attendees were also very lucky to meet Emily Malone, and her parents, who are the family of Betty Jeffrey. Betty worked tirelessly with Vivian Bulwinkle and others to establish the Nurses' Memorial Centre on St Kilda Rd.



Emergency Department 30 Year Reunion 1

2024 marks 30 years since the original Emergency Department closed its doors and we moved into a new and amazing department. I was absolutely thrilled at the excitement generated by announcing a 30-year reunion – 100 people responded to the invitation and 80 attended. It was held at The Leveson Hotel (called the Eldorado in ‘our day’) and was a place where we would regularly meet after nightshift for breakfast and a sneaky beer or more than just one sneaky beer after particularly challenging shifts!



A crowd of former RMH ED Medical Directors, Consultants, Charge Nurses, Associate Charge Nurses, Orderlies and Ambulance Officers took over the Leveson, laughing and reminiscing about our time together all those years ago. TV screens displayed photos that prompted hundreds of “What are they up to now?” questions and exclamations over how tiny the ED was or how basic the equipment was, but also how fabulous the camaraderie was and the wonderful memories we all had!!

It was very easy to step back in time, it felt like only yesterday since we’d last chatted and laughed together. It was an incredible evening with people coming from all over Australia to catch up. It made me realise how fortunate we were to have such extraordinary nursing and medical leaders and such a brilliant department. Thank you everyone that was able to make it and here’s looking forward to the next one!!”

Dr Anne D’Arcy, Dr Sally Cockburn, Dr Sol Zalstein, Dr Amanda Robertson, Dr Michael Coman, Dr Peter Ritchie, Dr Ian Grant, Marg Nuttall, Marg Walker, Koon Kwong, Jan Finney, Janet Kearney, Jenny Craig, Heather Barnes, Liz Virtue, Lindsay Menzies, Cindy Barry, Anne Marie Keogh, Kate Heffernan, Kate Stonnill, Sue Sherson, Julie Halton, Geoff O’Donnell, Brad Martin, Sue Howard, Sue James, Steve Hollowood, Ange Kelly, Con Alexandrou, Sue Shultz, Suzi Wong, Kaeleen Dingle, Liz Hurley, Bron Nowlan, Paula James, Suzi Gillow, Jo Heard, Cherylynne McGurgan, Dr Barry Gunn, Lesley Norse, Neil Currie, Chester Fogarty, Dr Rona and Fiona Sultana, Wendy Dingle, Leanne Nankervis, Donna Leng, Linda Williams, Heather McKenzie, Fong, June Spitts, so many people, not enough space!!!

- Lara Taylor



Group 189 35 Year Reunion

Group 189 held their 35 year nursing reunion at Duke of Wellington hotel roof top 4th Feb this year.

Great to see so many and catch up. From as far away as Tassie, Perth and Cairns they came.



Front L-R Tina (Pocklington) Smith, Liz (Mowat)Robbins, Yvonne Chaperon, Linda (Cole) Hamilton, Jane (Waterson)Taylor, Lisa (Brisbane) Clements, Elizabeth (Grayden) Cummings, Belinda Wozencroft, Penny (Leoncelli) Cincera

Second L-R Rowena (Noy) Van Der Broek, Kim(Fitzgerald) Conheady, Meagan Goadby, Kellie (Groot) Thistlewaite, Bettina (Turnbull) Brinfield, Melissa Bastian, Kerrie (Surtees) Baldacchino,

Back L-R Yvonne (Baulch) Conrad, Rochelle (Nugent) Wynne, Lisa (Jackson) Calvert, Leanne (Mace) Horn, Sam (Boundy) White, Jo (duggan) Kirkham, Tracey (Clarke) McCabe

Going forward the group aims to catch up the first Saturday in February each year at the Duke.

Thanks to our photographer and chaperone Matt (hubby of Rochelle) for keeping us hydrated and on the straight and narrow.

- Yvonne Conrad

Upcoming Reunions

Group 185 40-year reunion

Bronwyn Love-Smith is organising our 40-year reunion on Friday, February 21st, 2025, from 1830 at Naughtons Hotel. She has also organised a "presidential" tour of the RMH by Lara Taylor – please meet at the RMH Grattan Street entrance at 1530.

Please RSVP for both the tour and the dinner to Bronwyn at bronl1704@gmail.com by 10th February 2025.

June 1964 60-year reunion

Place: The Langham Hotel, Southbank

Date: Thursday 20th June, 2024

Time: 12.30pm

Cost: \$85 with seniors card, otherwise \$95.
Payable on the day by card or cash.

RSVP no later than 13th June, 2024

RSVP to:
Sandy (Rowell) Witney
m. 0438 826 867
email john.sandra3@bigpond.com

Margot (Campbell) Yeomans
m. 0409 361 877
email margot.yeomans@bigpond.com

Feb 1975 50-year reunion

Sylvia Whiteside (nee Lux) will be organising a 45 year reunion in 2025...

Please contact Sylvia on 0408550188 or email sylviajwhiteside@gmail.com for details.

Sylvia tells me that her group started with 79 students, 3 years later only 35 graduated....

Outstanding Length of Service Awards

Julie Halton

40 years of service (see page 8 & 9 for more details)



Helen Savage

Helen Savage was a State Enrolled Nurse who was in one of the last intakes for the Operating Room Technicians Course in 1977. While raising 2 children and working full time to pay the bills, she went back to university in 1996 to become a Registered Nurse. Helen graduated in 1998 and continues to work at the RMH up to this day....a phenomenal 46 years. Well done, Helen!



Sylvia Whiteside

Sylvia Whiteside, who currently works in the operating suites at RMH, also celebrated 40 years of service in 2024. Top picture: Here is Sylvia (nee Lux) in 1975 with some of her training group Janet Metcalfe, Beth Maddocks and Gaye Denmead (deceased). Middle: Sylvia with her daughter Lenore and bottom, Sylvia accepting her Length of Commitment award from CNO Kethly Fallon and Chief Executive Christine Kilpatrick.



Spring Luncheon 2024

Date: Saturday, 5th October 2024

Time: 1230 onwards

Venue and cost TBC – updates will be put on the website and Facebook and sent via email when confirmed

Book tickets via TryBooking (link on website: <https://rmhgna.com.au/>) by the 27th September 2024

Gather your training group and friends and book a table



Our Motto, Our Meaning

Do you know the meaning of our Latin motto?

Can you also guess when this photo was taken?

The RMH crest incorporating the motto "Miseris Succurrere Disco" was introduced by the Secretary to the Hospital, Mr W.R. Andrews in April 1903 (121 years ago this month).

It means "I learn to help the suffering" and has been proudly displayed across the RMH since 1972, guiding our care alongside our values.

In the background of this picture is the old logo with the motto underneath the cross. The government created a floral tribute in the garden beds on St Kilda Road for the hospital's 150th anniversary celebrations in... 1998! We have come a long way.



Courtesy of the Royal Melbourne Hospital.

Dressed in the hospital's uniform, seated is Sister Mildred (Millie) Waite, long time tutor sister and RMH nursing icon, and Gill Whitehead standing in our glorious cape.

Addendum by Lara: My training group (heathens that we were) often muttered an alternative meaning for the RMH motto....the Miserable Suckers Disco!!!

Looking Through The Archives

This year the Materials Handling Building at City Campus will be decanted and decommissioned as part of the RMH masterplan. Many of you will know this building as back in the day it was the laundry and then supply. In more recent years it has been the home of the engineering workshops, facilities management and the gym.

As we prepare for the big move we have found a selection of annual reports and I thought I would share some of the photos and memories starting with The Amalgamated Melbourne and Essendon Hospitals Annual Report 1985/1986.

Highlights included:

- the official amalgamation of The RMH and Essendon District Memorial Hospital
- Plans to introduce a decentralised management structure- a first in the Australian hospital field
- Changes in executive management structure, paving the way for corporate style management of the hospital
- Nursing shortages and industrial action
- The RMH leading the way in utilising breakthrough technology of Magnetic Resonance Imaging

Intensive Care Unit

The 10-bed Intensive Care Unit was established in 1972. The year under review has been its most exciting and dramatic. It again recorded the greatest number of admissions of any unit in the State and treated its 10,000th patient – another landmark in the development of the Hospital as a tertiary referral centre.

Rebuilding and expansion of the Unit is expected to be completed by September. In its new location, the Unit will have an additional four stepdown beds, upgraded support facilities, including a large respiratory laboratory and additional space for research projects, administrative offices, computer studies and clinical teaching.

Half of the patients admitted to Intensive Care from the Emergency Department are trauma cases – road accidents, drug overdoses, major burns and emergencies such as cardiac arrests – requiring high medical priority and intensive management.

A sophisticated education programme is in train which involves undergraduate, postgraduate and continuing education of medical, nursing, paramedical staff and trainees.

In the field of clinical and applied research, 1985/86 has been the busiest year in the Unit's history. Of particular note is the work of two electronic engineers from the University of Melbourne who are developing a computer-controlled drug infusion



pump which has the potential to be developed commercially. A number of overseas and Australian companies have already expressed interest in this venture.

Cardiac Services

Expansion of the Critical Care services has also provided an additional four coronary care beds to be used as a stepdown ward for patients who need a monitored environment but not the full facilities of intensive coronary care.

Advances in Diagnostic Techniques

Highly technical procedures such as echocardiography, Holter monitoring, electrophysiology studies, angiography, and angioplasty have continued to increase.

The Royal Melbourne was the first Victorian hospital to undertake electrophysiology studies. Now an established technique, these studies are used to assess heart rhythm problems and to evaluate and refine the patient's treatment – be it through drug therapy, pacemaker implants or arrhythmia surgery.

The Cardiology Department's work in this field is also providing valuable information on new methods of

The Intensive Care Unit recorded the greatest number of admissions of any unit in the State.

treatment for patients with pacemakers and those faced with a lifetime use of drugs for control of rhythm disturbances.

- Leukaemia patient undergoing first bone marrow transplant using donor cells.

Other things of note in the report were the listings of many notable nurses who I worked with in my 382 student nurse days and early registered nursing days including:

Area Managers: - S.M. Grimshaw - A.T. Iveson

Charge Nurses: - 5 West M.L. Lim - 5 East J.A. Finney - 6 North F.C. Orr - 7 West M.A. Griffiths - 7 North L.M. Anson - 8 East E. Yap

I also chuckled that administrative nurses were listed and I remember many of them fondly doing rounds when I was in charge on evening shift in ED, present and supportive.

- F.L. Curnow - G.M. Howard - P. A. Schifo

And lastly Night Duty Assistant Director of Nursing - Y.S. Worrall and M.E. Ehlers.

I will continue to share some of these reports in coming newsletters.

- Liz Virtue 382



A major change in the administration of the Hospital's human resources was undertaken, with responsibility for nursing recruitment being transferred to the Personnel Department. This restructuring offers personnel expertise to all staff and brings the Hospital's personnel policies under the one department and into alignment with the Hospital's central aims.

Industrial unrest and nursing shortages continue to plague hospitals throughout Australia. In the wake of a dispute which closed the Hospital's Emergency Department for 14 hours last September, a Ministerial Working Party was established to formulate short and medium term strategies to improve working conditions and thereby encourage the recruitment and retention of nursing staff.

As well as Hospital management and staff, the Working Party had representatives from the Health Department Victoria and the Royal Australian Nursing Federation.

The Working Party completed its study in October and a compilation of findings and recommendations was published and presented in November. The Minister for Health, Mr David White, congratulated the parties involved and said that their report would serve as a model for other public hospitals to follow.

Staff seminars on lifestyle issues associated with shift work complement the self-rostering trials being conducted.

The issues addressed included car parking, child care facilities, internal communications, continuing education, conversion of agency staff to permanent staff, levels of ward pharmacy staff, availability and maintenance of equipment, rostering of nurses, transfer of nursing education, and methods of appraisal of staff.

While recommendations made concerning these issues are in various stages of appraisal and implementation, there have been several

initiatives resulting from the report which illustrate the Hospital's dedication to achieving workable solutions.

Two consultants have been employed to assess specific situations relating to the work environment and to implement appropriate changes.

Trials of a shift work improvement programme, which allows nurses individual control through a self-rostering system, are being conducted in a number of wards in conjunction with seminars for staff which address the lifestyle issues associated with shift work.

The results of this programme – increased responsibility and accountability at the ward team level – are already in evidence.

The formal and informal communications links within the Hospital are also being studied.

The heightened atmosphere of employee participation in the decision-making process is apparent in other areas of the Hospital. For example, the Occupational Health and Safety legislation enacted last October has provided for increasing participation in the Hospital's occupational health and safety practices by staff and union representatives.

The Year Under Review



Health care providers operate in an increasingly complex and challenging environment. In addition, the past twelve months have been characterised by industry-wide unrest and government efforts to increase the cost efficiency of health services.

In this context, the Hospital reviewed its role and objectives and in so doing has laid firm foundations in continuing to be a major provider of advanced, quality health services to the Victorian community.

March 18, 1986 was a milestone in the history of both The Royal Melbourne Hospital and the Essendon and District Memorial Hospital when they were formally amalgamated by the Governor-in-Council.

Under the amalgamation both hospitals retain their identity and under the new By-laws the words "Amalgamated Hospitals" refers to The Royal Melbourne Hospital and Essendon and District Memorial Hospital.

The previous Boards of both Hospitals were dissolved and a new Board responsible for the Amalgamated Hospitals was appointed, with Dr T H Hurléy as President and Dr G H Dreher as Executive Director.

The Hospital acknowledges the contributions of retiring Board members.

From The Royal Melbourne Hospital these are:

Mr J A Gilbertson
Mr D R Leslie
Mrs J M McCaughey
Mrs B Page

Mr J S Smith
Mr P C Trumble

Retiring Board members from the Essendon and District Memorial Hospital are:

Mr C A Barbaro
The Hon C T Edmunds, MP
Mr G R Gilbertson
Mr J A Gilbertson
Ms M Hayes
Mrs B Martyn
Mr J Matthews
Miss E A Rundle

The members of the new Board of the Amalgamated Hospitals are profiled later in the report.

Amalgamation brought with it the establishment of a two-campus organisation offering an integrated network of services to meet the specialist needs of the wider Melbourne and State communities, as well as serving patients in the Essendon district.

The joining of both campuses under the one management umbrella has effected a significant cost saving for the

Victorian community. It provides for an overall extension of patient care services to meet particularly the pressing needs of orthopaedic surgery and rehabilitation.

The Royal Melbourne has traditionally received 33% of its in patients and 50% of its out patient referrals from the north-west region of Melbourne embracing the Essendon district.

The commissioning of an additional 82 beds at the Essendon campus will provide much needed additional facilities in this region to meet the needs of many of the patients previously referred to The Royal Melbourne Hospital. In turn, this will enable more effective use of the Royal Melbourne's tertiary referral services. Victoria's newest public hospital will benefit significantly by being joined with the State's first hospital, with its tradition of clinical excellence.



*The Amalgamated Melbourne and Essendon Hospitals
incorporating
The Royal Melbourne Hospital and Essendon and District Memorial Hospital.*



Responsibility for nursing recruitment has been transferred to the Personnel Department, bringing the Hospital's human resources under the one department.

Interdisciplinary team care within clinical areas is being fostered.



The first functional management unit will begin operation in September, 1986 in Orthopaedics. There are important reasons for this choice. Being a single clinical unit, it is less complex in the medical sense. It spans the Hospital's two campuses, and so will emphasise the advantages of amalgamation.

Expenditure and bed numbers for orthopaedic patients represent a large proportion of total hospital patient costs. Perhaps, most significantly, Orthopaedics accounts for more than a third of the total number of patients awaiting surgery at the Hospital.

During the year a re-organisation of the Hospital's executive management structure was undertaken. These changes promote the development of a corporate

entity for the Hospital and set in place an appropriate organisational structure and support system for the progressive introduction of functional management units.

Mr David Lock was appointed Director of Facilities and Services, with responsibility for buildings and engineering, supply, transport, environmental services and food services. Mrs Maxinne

Cadzow was appointed as Manager, Corporate Services to provide a wide range of administrative support services for the corporate entity.

1964 RMH Nursing Group



Remembering Elvie June Purdue

June commenced her nursing training in December 1946. After 3 years training, she stayed on at RMH as a staff nurse, the time at Caulfield Repat Hospital before returning to RMH where she was a theatre sister in theatre. She married Ron in 1952 and had 2 sons, John and Rob, five grandchildren and to date seven great grandchildren. Ron passed away in 2014. June had a happy and fulfilled life spending the last 16 years in Sackville Grange in Kew.

- John Purdue



We Remember ELVIE JUNE PURDUE

4th December 1928 – 9th March 2024

Memorial Service held at
Royal South Yarra Lawn Tennis Club,
310 Williams Road North, Toorak

Friday, 15th March 2024

Remembering - Evelyn Joyce Taylor

RMH nursing was a big part of young Joyce's life and as I went on to medical school, Mum shared snippets such as "wiping Weary Dunlop's brow when he was operating"....

Evelyn Joyce Taylor (nee Gill) 23/9/29 to 15/5/23

Joyce - known as "Gilly" since nursing school- loved her nursing days at the Royal Melbourne and made many lifelong friends.

Although she did not go on to work as a nurse- marriage and 4 children intervened - she was proud of her nursing training and the skills it gave her.

Joyce "Gilly" attended Monash University as a mature age student and afterwards briefly worked as a tutor in Sociology at Latrobe University. From there she went to Melbourne Girls Grammar and worked for many years as a careers guidance counsellor. In this position the nursing training came in handy .



After retirement Gilly lived a very active life, keeping fit through water aerobics and pursuing many intellectual interests in philosophy, literature especially poetry and Shakespeare psychology, U3A, and various arts and crafts

Gilly died at 93 years after a short illness. She was much loved by children, grandchildren and their spouses and great grand children and her many friends

- Sally Taylor



Royal Melbourne Graduate Nurses Association

RMHGNA
PO Box 2182
Royal Melbourne
Hospital
VIC. 3050.



0415 628 131



RMHGNA@outlook.com

Member payment/renewal

New member

Firstly, welcome, we are very excited that you have decided to join the Association. Please print or download this form, complete all the sections below, pay the membership fee then scan & email (or post) the completed form to us.

Renewing member or updating details

Thank you for staying an active member! Please print or download this form, complete the name, email sections below and any other details that may have changed, pay the membership fee then scan & email (or post) the completed form back to us.

Newsletter ☐ via email
☐ via post

First name		Surname	
Previous name/s		Date of birth	/ /
Email address		Phone number	
Unit/house no.		Street name	
Suburb		State	
Country		Post/zip code	
RMH nursing group		Associate Non-RMH graduate	Span of years at RMH e.g., 1972-81

OR

Payment details

- ☐ Current RMH Graduate (1st year free)
- ☐ Annual membership \$30
- ☐ 3-year membership \$50
- ☐ Life membership \$150
- ☐ Over 70 years old (fees waived)

Date fees paid: / /

☐ Direct Debit

Account Name: RMH Graduate Nurses Assoc.
BSB: 063-349 Account: 10295127

☐ Cheque

Please make cheques payable to: RMHGNA
& mail to address at top of page



Royal Melbourne Graduate Nurses Association

RMHGNA
PO Box 2182
Royal Melbourne
Hospital
VIC. 3050.



0415 628 131



RMHGNA@outlook.com

Nomination form RMGNA Committee 2024-25

If you wish to become part of the RMGNA Committee:

1. Complete the nominee section
2. Your nomination needs to be supported by two (2) current or life members, preferably past or serving committee members, who need to complete the nominator section. If you need assistance with contacting nominators, please email rmhgna@outlook.com
3. If you are unable to gain these signatures before the AGM, please write the nominators' names in the boxes provided and submit the form – the Committee will then seek confirmation of their support for your nomination.
4. Email the completed form to rmhgna@outlook.com by **Friday 31st May by 5pm**

NOMINEE SECTION

I, _____, wish to be considered for a
position on the RMGNA Committee 2024-25

Signature

NOMINATOR SECTION

Nominator
name:

Signature:

Secunder name:

Signature

The election of the 2024-25 Committee of the Royal Melbourne Graduate Nurses' Association (the 'Association') will take place at the Annual General Meeting of the Association to be held on **1st June 2024**.

The Association Office Bearers and General Committee members for 2024-25 will then be confirmed by the newly formed Committee at the first Committee Meeting following the AGM.