

NUTRITIOUS CUISINE PRODUCT LIST MARCH 2020

ITEM	DESCRIPTION		CARTON SIZE
SOUS VIDE MEATS: REGULAR LEVEL 7 (EC7)		CHILLED	
NCM01	Chicken Breast Pieces (1.35kg)		4 x 1.35kg
NCM02	Chicken Thigh Cutlets (1.35kg)		4 x 1.35kg
NCM03	Chicken StirFry Strips (1.35kg)		4 x 1.35kg
NCM04	Chicken Breast Roast (1.35kg)		4 x 1.35kg
NCM05	Slow Cooked Beef Brisket (1.35kg)		4 x 1.35kg
NCM06	Slow Roast Beef (1.35kg)		4 x 1.35kg
NCM07	Beef StirFry Strips (1.35kg)		4 x 1.35kg
NCM08	Corned Silverside (1.35kg)		4 x 1.35kg
NCM09	Slow Roast Pork Leg Primal (1.35kg)		4 x 1.35kg
NCM10	Pork Leg Medallions (1.35kg)		4 x 1.35kg
NCM11	Pork StirFry Strips (1.35kg)		4 x 1.35kg
NCM12	Pulled Pork (1.35kg)		4 x 1.35kg
NCM13	Slow Cooked Lamb Leg (1.35kg)		4 x 1.35kg
NCM14	Lamb Leg Medallions (1.25kg)		4 x 1.35kg
NCM15	Lamb StirFry Strips (1.35kg)		4 x 1.35kg
NCM16	Diced Pork (1.35kg)		4 x 1.35kg
NCM17	Diced Lamb (1.35kg)		4 x 1.35kg
NCM18	Pickled Pork (1.8kg)		4 x 1.8kg
NCM19	Oyster Blade Medallions (1.4kg 10pk)		4 x 1.4kg
CRUMBED AND SEAFOOD: REGULAR LEVEL 7 (RG7)		FROZEN	
NCFL01	Veal Schnitzel (1.7kg)		2 x 1.7kg
NCFL02	Pork Schnitzel (1.7kg)		2 x 1.7kg
NCFL03	Crumbed Kingfish (1.4-1.6kg)		2 x 1.4-1.6kg
NCFL04	Battered Kingfish (1.4-1.6kg)		2 x 1.4-1.6kg
NCFL05	Crumbed Chicken Tenders (1.6kg)		2 x 1.6kg
NCFL06	Chicken Schnitzel (1.6kg)		2 x 1.6kg
NCFL07	Chicken Kiev (1.6kg)		2 x 1.6kg
NCFL08	Crumbed Hoki (1.4kg /pkt)		2 x 1.4kg
NCFL09	Salmon Patties 60gm (20/pkt)		2 x 20 each
NCFL10	Tuna Patties (20/pkt)		2 x 20 each
NCFL11	Grilled Hoki (20 x 100g)		2 x 20 each
PASTA AND BAKERY: REGULAR LEVEL 7 (RG7)		FROZEN	
NCP01	Beef Lasagne (2kg)		2 x 2kg
NCP02	Vegetable Lasagne (1.6kg)	V	2 x 1.6kg
NCP03	Smoked Salmon Lasagne (2kg)		2 x 2kg
NCP05	Chicken Filo Veloute (10/pkt)		2 x 10 each
NCP06	Cottage Pie (20 x 200g)		1 x 20 each
NCP07	Chunky Steak Pie (20 x 200g)		1 x 20 each
NCP08	Chicken and Vegetable Pie (2 x 200g)		1 x 20 each
NCP09	Cottage Pie (2kg)		2 x 2kg
NCP10	Fritatta (2.4kg)		2 x 2.4kg
NCP11	Potato au Gratin (2kg)		2 x 2kg
SMALL GOODS AND MISC: EASY TO CHEW LEVEL 7 (EC7)		FROZEN	
NCSG01	Beef Patties 60gm (20/pkt)		2 x 20 each
NCSG03	Chicken Patties 60gm (20/pkt)		2 x 20 each

NCSG04	Lamb Patties 60gm (20/pkt)	2 x 20 each
NCSG10	Meatloaf (1.2kg)	2 x 1.2kg
NCSG11	Pork Patties 60gm (20/pkt)	2 x 20 each
NCSG15	Chicken Sausages 70gm (20 ea)	2 x 20 each
NCSG16	Pork Sausage 70gm (20 ea)	2 x 20 each
NCSG17	Beef Sausage 70gm (20 ea)	2 x 20 each

SOUPS	FROZEN	QLD BAND	CARTON SIZE
NCSP01	Creamy Mushroom Soup (1Lt)		4 x 1lt
NCSP02	Cauliflower Dubarry (1Lt)		4 x 1lt
NCSP03	Cream Broccoli Soup (1Lt)		4 x 1lt
NCSP04	Cream Chicken Soup (1Lt)	1	4 x 1lt
NCSP05	Seafood Chowder (1Lt)	2	4 x 1lt
NCSP06	Cream Asparagus Soup (1Lt)		4 x 1lt
NCSP07	Pumpkin Potage (1Lt)	1	4 x 1lt
NCSP08	Minestrone Soup (1Lt)	1	4 x 1lt
NCSP09	Tomato Soup (1Lt)	2	4 x 1lt
NCSP10	Beef Consomme (1Lt)		4 x 1lt
NCSP11	Chicken Consomme (1Lt)		4 x 1lt
NCSP12	Chicken & Sweet Corn Soup (1Lt)	1	4 x 1lt
NCSP13	Chicken Noodle Soup (1Lt)	2	4 x 1lt
NCSP14	Chicken, Lentil & Kale Soup (1Lt)	1	4 x 1lt
NCSP15	Beef Vegetable Hot Pot (1Lt)	2	4 x 1lt
NCSP16	Pea & Ham Soup (1Lt)	1	4 x 1lt
NCSP17	Leek & Potato Soup (1Lt)		4 x 1lt
NCSP18	Green Pea Soup (1Lt)	1	4 x 1lt
NCSP19	Lentil & Vegetable Soup (1Lt)	2	4 x 1lt
NCSP20	Carrot and Coriander Soup (1Lt)		4 x 1lt

SAUCES	FROZEN	CARTON SIZE
NCSC01	Mushroom Sauce (1Lt)	4 x 1lt
NCSC02	Pepper Sauce (1Lt)	4 x 1lt
NCSC03	Gravy/ Demi Sauce (1Lt)	4 x 1lt
NCSC04	Napoli Sauce (1Lt)	4 x 1lt
NCSC05	Seafood Veloute (1Lt)	4 x 1lt
NCSC06	Chicken Veloute (1Lt)	4 x 1lt
NCSC07	Yellow Thai Curry Sauce (1Lt)	4 x 1lt
NCSC08	Sweet n Sour Sauce (1Lt)	4 x 1lt
NCSC09	Ginger Soy Sauce (1Lt)	4 x 1lt
NCSC10	Black Bean Sauce (1Lt)	4 x 1lt
NCSC11	Indian Butter Curry Sauce (1Lt)	4 x 1lt
NCSC12	Satay Sauce (1Lt)	4 x 1lt
NCSC13	Mornay Sauce (1Lt)	4 x 1lt
NCSC14	Garlic Cream Sauce (1Lt)	4 x 1lt
NCSC15	Chasseur (1Lt)	4 x 1lt
NCSC16	Red Wine Sauce (1Lt)	4 x 1lt

SOFT & BITE SIZE LEVEL 6 (SB6)	CHILLED	CARTON SIZE
NCWD01SB	Lamb Roganjosh (2 x 900g/pkt)	2 x pkt
NCWD02SB	Beef Madras (2 x 900g/pkt)	2 x pkt
NCWD03SB	Pork Malasian (2 x 900g/pkt)	2 x pkt

NCWD04SB	Chicken Curry (2 x 900g/pkt)	2 x pkt
NCWD05SB	Lamb Ragout (2 x 900g/pkt)	2 x pkt
NCWD06SB	Beef Ragout (2 x 900g/pkt)	2 x pkt
NCWD07SB	Pork Ragout (2 x 900g/pkt)	2 x pkt
NCWD08SB	Chicken Ragout (2 x 900g/pkt)	2 x pkt
NCWD09SB	Braised Beef n Guinness (2 x 900g/pkt)	2 x pkt
NCWD10SB	Bolognaise (2 x 900g/pkt)	2 x pkt
NCWD11SB	Savoury Mince w Veg (2 x 900g/pkt)	2 x pkt
NCWD12SB	Beef Stroganoff (2 x 900g/pkt)	2 x pkt
NCWD13SB	Beef Bourgognonne (2 x 900g/pkt)	2 x pkt
NCWD14SB	Beef Goulash (2 x 900g/pkt)	2 x pkt
NCWD15SB	Pork Hongroise (2 x 900g/pkt)	2 x pkt
NCWD16SB	Pork Goulash (2 x 900g/pkt)	2 x pkt
NCWD17SB	Lamb Irish Stew (2 x 900kg/pkt)	2 x pkt
NCWD18SB	Chicken White Wine (2 x 900g/pkt)	2 x pkt
NCWD19SB	Chicken Caccitorra (2 x 900g/pkt)	2 x pkt
NCWD20SB	Coq Au Vin (2 x 900g/pkt)	2 x pkt
NCWD21SB	Veal Ragout (2 x 900g/pkt)	2 x pkt
NCWD22SB	Butter Chicken (2 x 900g/pkt)	2 x pkt
NCWD23SB	Tandoori Chicken (2 x 900g/pkt)	2 x pkt
NCWD24SB	Chicken Chasseur (2 x 900g/pkt)	2 x pkt

MINCED & MOIST LEVEL 5 (MM5)	FROZEN	CARTON SIZE
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NCTMB01	Lamb Roganjosh (2 x 900g/pkt)	2 x pkt
NCTMB02	Beef Madras (2 x 900g/pkt)	2 x pkt
NCTMB03	Chicken Curry (2 x 900g/pkt)	2 x pkt
NCTMB04	Bolognaise (2 x 900g/pkt)	2 x pkt
NCTMB05	Beef Stroganoff (2 x 900g/pkt)	2 x pkt
NCTMB06	Beef Bourgognonne (2 x 900g/pkt)	2 x pkt
NCTMB07	Pork Goulash (2 x 900g/pkt)	2 x pkt
NCTMB08	Coq Au Vin (2 x 900g/pkt)	2 x pkt
NCTMB09	Butter Chicken (2 x 900g/pkt)	2 x pkt
NCTMB10	Beef Ragout (2 x 900g/pkt)	2 x pkt
NCTMB11	Chicken Chasseur (2 x 900g/pkt)	2 x pkt
NCTMB12	Lamb Ragout (2 x 900g/pkt)	2 x pkt
NCTMB13	Roast Beef (2 x 900g/pkt)	2 x pkt
NCTMB14	Roast Chicken (2 x 900g/pkt)	2 x pkt
NCTMB15	Roast Pork (2 x 900g/pkt)	2 x pkt
NCTMB16	Roast Lamb (2 x 900g/pkt)	2 x pkt

PUREED LEVEL 4 (PU4)	FROZEN	CARTON SIZE
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NCTMC01	Baby Carrot (20 pk)	4 x pk
NCTMC02	Pumpkin (20 pk)	4 x pk
NCTMC03	Broccoli (20 pk)	4 x pk
NCTMC04	Cauliflower (20 pk)	4 x pk
NCTMC05	Mushroom Caps (20 pk)	4 x pk
NCTMC06	Spinach Leaves (20 pk)	4 x pk
NCTMC07	Potato Mash (20 pk)	4 x pk
NCTMC08	Sweet Potato (20 pk)	4 x pk
NCTMC21	Green Beans (20 pk)	4 x pk
NCTMC09	Chicken Breast (10 pk)	4 x pk

NCTMC10	Salmon Fillet (10 pk)		4 x pk
NCTMC11	Lamb Chop (10 pk)		4 x pk
NCTMC12	Pork Chop (10 pk)		4 x pk
NCTMC13	Beef Steak (10 pk)		4 x pk
NCTMC14	Beef Sausage (10 pk)		4 x pk
NCTMC15	Chicken Sausage (10 pk)		4 x pk
NCTMC16	Pork Sausage (10 pk)		4 x pk
NCTMC17	Bacon (10 pk)		4 x pk
NCTMC22	Reef Fish Fillet (10pk)		4 x pk
NCTMC18	Mixed Breakfast Pack (Beef, Chicken, Pork Sausage and Bacon)		4 x pk
NCTMC19	Mixed Meat Pack (Chicken, Beef, Lamb and Pork)		4 x pk
NCTMC20	Mixed Veg Pack 1 (Potato, Carrot, Broccoli, Cauliflower & Pumpkin)		5 x pk
NCTMC23	Mixed Veg Pack 2 (Sweet Potato, Mushroom, Spinach, Beans & Potato)		5 x pk
NCTMC24	Mixed Fish Pack (2 x Salmon plus 2 x Reef Fish Fillet)		4 x pk
NCTMC25	Vegan Vegetable Dahl Puree (170g pot)	V	20 x 170g
NCTMC26	Vegan Ratatouille Puree (170g pot)	V	20 x 170g
NCTMC27	Vegan Mushroom & Potato Moussaka (170g pot)	V	20 x 170g
NCTMC28	Gravy/ Demi Sauce Puree (1lt)		4 x 1lt
NCTMC29	Napoli Sauce Puree (1lt)		4 x 1lt
NCTMC30	Seafood Veloute Puree (1lt)		4 x 1lt
NCTMC31	Chicken Veloute Puree (1lt)		4 x 1lt
NCTMC32	Thai Yellow Curry Sauce Puree (1lt)		4 x 1lt
NCTMC33	Thai Green Curry Sauce Puree (1lt)		4 x 1lt
NCTMC34	Indian Butter Curry Sauce Puree (1lt)		4 x 1lt
NCTMC35	Mornay Sauce Puree (1lt)		4 x 1lt
NCTMC36	Garlic Cream Sauce Puree (1lt)		4 x 1lt
NCTMC37	Red Wine Sauce Puree (1lt)		4 x 1lt
BULK PU4			
NCTMC38	Puree Potato (2kg) Bulk		6 x 2kg
NCTMC39	Puree Pumpkin (2kg) Bulk		6 x 2kg
NCTMC40	Puree Cauliflower (1kg) Bulk		12 x 1kg
NCTMC41	Puree Green Beans (1kg) Bulk		12 x 1kg
NCTMC42	Puree Broccoli (1kg) Bulk		12 x 1kg
NCTMC43	Puree Carrot (2kg) Bulk		6 x 2kg
NCTMC44	Puree Sweet Potato (2kg) Bulk		6 x 2kg
NCTMC45	Puree Peas (1kg) Bulk		12 x 1kg
NCTMC46	Bolognese PU4 (4 x 120g/pkt)		5 x 4 x 120g
NCTMC47	Beef Stroganoff PU4 (4 x 120g/pkt)		5 x 4 x 120g
NCTMC48	Roast Beef PU4 (4 x 120g/pkt)		5 x 4 x 120g
NCTMC49	Pork Goulash PU4 (4 x 120g/pkt)		5 x 4 x 120g
NCTMC50	Roast Pork PU4 (4 x 120g/pkt)		5 x 4 x 120g
NCTMC51	Chicken Chasseur PU4 (4 x 120g/pkt)		5 x 4 x 120g
NCTMC52	Roast Chicken PU4 (4 x 120g/pkt)		5 x 4 x 120g
NCTMC53	Chicken Ragout PU4 (4 x 120g/pkt)		5 x 4 x 120g
NCTMC54	Lamb Ragout PU4 (4 x 120g/pkt)		5 x 4 x 120g
NCTMC55	Roast Lamb PU4 (4 x 120g/pkt)		5 x 4 x 120g
NCTMC56	Seafood Mornay PU4 (4 x 120g/pkt)		5 x 4 x 120g
NCTMC57	Porridge Puree (1kg)		4 x 1kg
NCTMC58	Scrambled Egg Puree (1kg)		4 x 1kg

VEGETARIAN: REGULAR LEVEL 7 (RG7)		FROZEN	CARTON SIZE
NCV01	Roast Vegetable Terrine (1.5kg)	V	2 x 1.5kg
NCV02	Ratatouli (1.5kg)	V	2 x 1.5kg
NCV03	Bean Cassoulet (1.5kg)	V	2 x 1.5kg
NCV04	Dahl (1.5kg)	V	2 x 1.5kg
NCV05	Vegetable Filo (10/pkt)	V	2 x 10 each
NCV06	Moussaka (1.5kg)	V	2 x 1.5kg
WET DISHES: EASY TO CHEW LEVEL 7 (EC7)		CHILLED	CARTON SIZE
NCWD01	Lamb Roganjosh (1.8 kg/pkt)		2 x pkt
NCWD02	Beef Madras (1.8 kg/pkt)		2 x pkt
NCWD03	Pork Malasian (1.8 kg/pkt)		2 x pkt
NCWD04	Chicken Curry (1.8 kg/pkt)		2 x pkt
NCWD05	Lamb Ragout (1.8 kg/pkt)		2 x pkt
NCWD06	Beef Ragout (1.8 kg/pkt)		2 x pkt
NCWD07	Pork Ragout (1.8 kg/pkt)		2 x pkt
NCWD08	Chicken Ragout (1.8 kg/pkt)		2 x pkt
NCWD09	Braised Beef n Guinness (1.8 kg/pkt)		2 x pkt
NCWD10	Bolognaise (1.8 kg/pkt)		2 x pkt
NCWD11	Savoury Mince w Veg (1.8 kg/pkt)		2 x pkt
NCWD12	Beef Stroganoff (1.8kg/pkt)		2 x pkt
NCWD13	Beef Bourgnonne (1.8kg/pkt)		2 x pkt
NCWD14	Beef Goulash (1.8kg/pkt)		2 x pkt
NCWD15	Pork Hongroise (1.8kg/pkt)		2 x pkt
NCWD16	Pork Goulash (1.8kg/pkt)		2 x pkt
NCWD17	Lamb Irish Stew (1.8kg/pkt)		2 x pkt
NCWD18	Chicken White Wine (1.8kg/pkt)		2 x pkt
NCWD19	Chicken Caccitorra (1.8kg/pkt)		2 x pkt
NCWD20	Coq Au Vin (1.8kg/pkt)		2 x pkt
NCWD21	Veal Ragout (1.8kg/pkt)		2 x pkt
NCWD22	Butter Chicken (1.8kg/pkt)		2 x pkt
NCWD23	Tandoori Chicken (1.8kg/pkt)		2 x pkt
NCWD24	Chicken Chasseur (1.8kg/pkt)		2 x pkt
FROZEN MEALS (SPECIALISED DIETS)		DIETARY	CARTON SIZE
NFSM001	Roast Beef Loin and Roast Vegetables	H	6 each
NFSM002	Roast Chicken Breast , Stuffing and Roast Vegetables	H	6 each
NFSM003	Roast Leg of Lamb with Roast Vegetables	GF/ H	6 each
NFSM004	Roast Lion of Pork, Apple Sauce and Roast Vegetables	GF	6 each
NFSM005	Beef Madras Curry with Pilaf Rice	GF/ H	6 each
NFSM006	Butter Chicken with Steamed Rice	GF/ H	6 each
NFSM007	Lamb Rogan Josh with Pilaf Rice	GF/ H	6 each
NFSM008	Beef Lasagne with Napoli and Spinach	H	6 each
NFSM009	Chicken Carbonara Penne	H	6 each
NFSM010	Smoked Salmon Lasagne with Spinach	H	6 each
NFSM011	Sweet n Sour Chicken with Fried Rice		6 each
NFSM012	Pork Malaysian, Pilaf Rice, Veg Panache	GF	6 each
NFSM013	Mongolian Lamb Stirfry, Fried Rice and Veg Panache	GF/ H	6 each
NFSM014	Corned Silverside and Parsley Sauce	GF/ H	6 each
NFSM015	Meat Loaf, Mash Potato, Seasonal Veg and Gravy	GF/ H	6 each
NFSM016	Cottage Pie, Vegetables and Gravy	GF/ H	6 each

NFSM017	Smoked Cod, Parsley Sauce and seasonal vegetables	GF/ H	6 each
NFSM018	Grilled Kingfish, Dill Sauce, Potatoes and Vegetables	GF/ H	6 each
NFSM019	Salmon Patties, Seasonal Vegetables	H	6 each
NFSM020	Vegetable Lasagne with Napoli and Spinach	H/ V	6 each
NFSM021	Pumpkin and Sweetcorn Risotto	GF/ H/ VG	6 each
NFSM022	Vegetable Stirfry with Rice Noodles	GF/ H/ VG	6 each
NFSM023	Thai Yellow Curry Tofu with Rice	GF/ H/ VG	6 each
NFSM024	Creamy Mushroom Risotto	GF/ H /VG	6 each
NFSM025	Vegetable Ravioli with Charred Zucchini	H/ V	6 each
NFSM026	Green Thai Vegetable Curry with Chick Peas	GF/ H/ VG	6 each
NFSM027	Beetroot and Dill Patties Napoli Sauce	GF/ H/ VG	6 each
NFSM028	Falafel, Rice and Avocado Sauce	GF/ H/ VG	6 each
NFSM029	Vegan Penne Bolognese	GF/ H/ VG	6 each
NFSM030	Savoury Minced Beef with Mashed Potatoes	GF/ H	6 each
NFSM031	Chicken Risotto	GF/ H	6 each
NFSM032	Beef sausage with Mash and Gravy	GF/ H	6 each
NFSM033	Beef Penne Bolognese	GF/ H	6 each

H = Halal; VG = Vegan; V = Vegetarian

FROZEN MEALS (IDDSI)		DIETARY	CARTON SIZE
SOFT AND BITE SIZED SB6			
NFSB601	Beef Madras with Rice and seasonal Vegetables	SB6	6 each
NFSB602	Beef ragout with Mashed Potatoes and Vegetables	SB6	6 each
NFSB603	Braised Beef in Guinness with Mash and Vegetables	SB6	6 each
NFSB604	Butter Chicken with Rice and seasonal Vegetables	SB6	6 each
NFSB605	Coq au vin with Mashed Potatoes and Vegetables	SB6	6 each
NFSB606	Pork Goulash with Cous Cous and Vegetables	SB6	6 each
NFSB607	Lamb Ragout with Mashed Potatoes and Vegetables	SB6	6 each
MINCED AND MOIST MM5			
NFMM501	Beef Madras, Minced Rice and Seasonal Vegetables	MM5	6 each
NFMM502	Chicken Curry, Minced Rice and Seasonal Vegetables	MM5	6 each
NFMM503	Beef Bourguignonne with Mash and Vegetables	MM5	6 each
NFMM504	Coq au Vin with Mashed Potatoes and Vegetables	MM5	6 each
NFMM505	Pork Goulash with Mash and Seasonal Vegetables	MM5	6 each
PUREE PU4			
NFPU401	Beef Steak, Potato, Green Beans and Carrot with Gravy	PU4	6 each
NFPU402	Chicken, Potato Broccoli and Pumpkin with Demi Sauce	PU4	6 each
NFPU403	Pork Chop, Mash, Cauliflower, Carrot and Demi Sauce	PU4	6 each
NFPU404	Reef fish with spinach, Carrots and Seafood Veloute	PU4	6 each
NFPU405	Beef Sausage, Mash, Green Beans, Carrots and Gravy	PU4	6 each
NFPU406	Thai Yellow Curry chicken with Sweet Potato and Veg	PU4	6 each
NFPU407	Lamb Chop, Mash, Green Beans, Carrot and Gravy	PU4	6 each
DYSPHAGIA DIET THICKENING POWDERS (IDDSI)		DIETARY	CARTON SIZE
TM01	TM-Pro Thickening powder 550g	GF/ VG	4 x 550g
TM02	TM-Pro Plus Thickening powder High Protein 550g	GF/ VG	4 x 550g
TM03	TM-Pro Fruit Thickening powder for Fruit and Salad 550g	GF/ VG	4 x 550g
TM04	TM-Pro Drink Thickening powder for hot and cold fluids 550g	GF/ VG	4 x 550g