



Monthly Men's Health Wellness Talk



Dr. Tomas Gigena, MD
Primary Care &
Cellular Detox Expert

Dr. Grant Headley, DPT
Physical Therapy & Men's
Pelvic Health

Tuesday, June 10 - 6:00-7:00pm
Evergreen Factor, Lake Oswego

Join us! It's Man Cave time!

We will talk about how to enhance health for optimal pelvic function. We will dive into testosterone, prostate, and the pelvic floor.

It is not taboo to talk about the things that affect you.

To RSVP
call 844.433.2286,
text 503.809.5301
or email
info@evergreenfactor.com

Complimentary
3D Body Scan
for every
attendee!



JOIN US! Monthly Wellness Talk Hearing Loss & Cognitive Health

Dr. Tomas Gigena, MD

Tuesday June 24
6:00-7:00pm



Explore the inner ear, hearing, and their effects on cognitive health. Discover our Lumomed Laser therapy. Q&A session. Evergreen Factor is one of four USA centers with this advanced technology. *Every attendee gets a free hearing test and consultation.*

To RSVP call 844.433.2286, text 503.809.5301
16555 Boones Ferry Road, Suite 200, Lake Oswego

