



KATANU CONNECT NEWSLETTER

Welcome to the first KatAnu Connect Newsletter!

Every month we'll have a theme that will help you become stronger Agilists and Leaders in both your work and home lives!

This month's theme is self-awareness!

We're going to explore the concept of self-awareness and its importance for Agile Leaders. We'll also discuss the impact of self-awareness on personal development and social interactions.

You can learn more about self-awareness in our FREE, online mini-course in our new KatAnu Connect Community. [Stepping Stones to Self-Awareness](#) includes six FREE modules with videos and questions you can do at your own speed.

You're also invited to join our [FREE self-awareness webinar on April 30th](#).

And finally, if you have questions about self-awareness or any other Agile topic, you can join our monthly Katanu Connect office hours on April 19, 2024. [Register for free here.](#)

Since this is our first newsletter to you, your feedback is incredibly valuable to us. Please don't hesitate to reach out with your thoughts, suggestions, or questions.

Sincerely,



Introducing KatAnu Connect

You'll notice a theme here – Connections! Below are just a few ways you can connect with us and become a part of the best community in Agile.

1. **Join us in our KatAnu Connect Community!**

We've created a space that will contain various Team KatAnu mini courses and give you a place to connect with us and with each other! And the best part is that it's free! [Learn More.](#)

2. **Check out Our First Free Mini-Course, Stepping Stones to Self Awareness**

Self-awareness is the ability to consciously and objectively understand oneself, including one's emotions, behaviors, strengths, weaknesses, values, and impact on others. [Check It Out.](#)

3. **April Webinar: Self Awareness**

Join us on April 30, 2024 to take a deep dive into self-awareness and what in the world it has to do with Agile. [Register Now.](#)

4. **KatAnu Connect Office Hours**

Whether you have a question we can help with, you want to connect with other Agilists, or just hang out, join us. [Register here.](#)

5. **Share KatAnu with Others**

Want to include others from your network? Feel free to forward this email to

Upcoming KatAnu Classes

[Certified Agile Leader® 1 \(CAL 1™\)](#) - May 1, 2024

[Advanced Certified ScrumMaster® \(A-CSM®\)](#) - May 1, 2024

[Certified Scrum Professional - Product Owner® \(CSP-PO®\)](#) - May 6, 2024

[Agile Coaching Skills - Certified Facilitator \(ACS-CF\)](#) - May 15, 2024

Who Is Team KatAnu?

Team KatAnu, the dynamic collaboration between Kate Megaw (ARCLight Agile CEO) and Anu Smalley (Capala Consulting CEO), specializes in Scrum, Leadership, and Facilitation training, coaching and consulting. They offer both certified and customized training solutions, emphasizing agility in their global engagements. Through engaging presentations and classes, Team KatAnu champions Executive and Leadership Training, Coaching, and Development, transcending departments. They cultivate a mindset of Agile leadership, fostering innovation, adaptability, and empowering teams. Renowned for their lively speaking style, they advocate enjoyable learning experiences, steering teams toward swift decision-making and a customer-centric approach to evolving needs.



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