

# Walking holiday on the Costa da Prata

(silvercoast)

## Portugal

Day 1: Arrival at Lisbon airport. Transfer to \*\*\* hotel Concha in São Martinho do Porto. Afternoon at leisure.



Day 2: **Praia da Gralha** trail 8 km

From hotel Concha we walk, through the building of the turismo, by the old town of São Martinho do Porto toward the ocean.

Following the old fishermen trails and descends from 80 meters to the beach of "Gralha" where you can enjoy a lunch with views of the Atlantic Ocean.

On the other side of the beach you go up again by fishermen trails and come to the viewpoint of São Martinho do Porto.

From here there is a beautiful view over the Bay.

On the way back to São Martinho do we pass by to the lighthouse and along a steep staircase we come out in the port of São Martinho.

There runs a tunnel through the rocks and you are almost standing with your feet in the rough Ocean.



### Day 3: **Óbidos** route 10km + city trip



Today we will go with a transfer from São Martinho do Porto to the fortress town of Óbidos.

You will get a walking tour led by a English speaking tour guide.

She will tell you all about the history of the queenstown Óbidos.

Then there is one and a half hours of free spending.

In the afternoon we walk from Óbidos over 2000 years old tracks.

You walk past a lake through a Roman site on the Trilho Romano, the route the romans walk toward Lisbon.



### Day 4: Nazaré route 14,5 km

Again we leave by foot hotel Concha, but now in direction Salgado/ Nazaré. Through various narrow paths descend slowly until Salgado. There we become a brought lunch.

After Salgado we will walk through a dune area to one of the oldest Visigothic churches of Europe.

The Church is a monument but in very poor condition.

The Hill above Nazaré offers you a beautiful view on the beach of

Nazaré. You descend to Nazaré and over the harbor we will arrive on the boulevard where the fishermen women sells their Sun-dried fish.

With a cable tram we get to Sitio where we have a beautiful panorama view and there you can visit the old church. At the end of Sitio there is also a lighthouse. In the lighthouse is a small museum which you can visit. There, they will explain to you why they measured here the highest Surf waves in the world. With the transfer you will be returned to São Martinho do Porto.



#### Day 5: Resting day

On this day you can enjoy the beach and the boulevard of São Martinho. You can also take a walk along the Bay over a path of wooden platform. In Salir do Porto is located at the entrance of the Bay a ruin of a castle.

Also is the ability to rent a bicycle (electric) and to make under guidance of a Dutch guide a cycling trip.



#### Day 6: Pelgrim route 10km

You start the day with a visit to the grutas da Moeda. The caves near Fátima.



Then we go on with the transfer to Pia do Ourso.  
It is a Roman village with a nature experience park. The lunch you can enjoy on the terrace at Palheiro do Requeto in Pia do ourso.



From there on your venture goes over ancient pilgrimage route to the place of pilgrimage of Fátima.  
Where according to the traditions Maria three times appeared to shepherds child.  
The square in front of the Basilica is huge and also if you are not religious It is an impressive viewing.  
With the transfer, you will be brought back to São Martinho do Porto.



Day 7: Lagune trail 14,8km

We will be dropped of by the transfer at the sailing school on the lagoon of Óbidos.

From here we walk around the lagoon to the other side.

The lagoon is a nature reserve that is fed by two small rivers and the ocean. The area is home to many birds including the flamingo, which we of course hope to spot.

Halfway the route we have a lunch at Musaranhos. After lunch it is only a few kilometers to the place where we will be picked up in order to be transferred by boat to the sailing school.

We get back to the hotel by transfer.



## Day 8: Transfer back to Lisbon airport

### Includes:

Accommodation with breakfast o.b.v. 2Pk  
Transfer from and to Lisbon airport  
2 x single and 2 x return transfer  
All days English spoken guidance  
City walking tour led by English spoken guide  
boat crossing lagoon of Óbidos

### Exclusive:

Flight from and to Lisbon airport  
Entrance train card/cable car system  
Lunch package (available at hotel Concha)  
Entrance caves/lighthouseA