

Orthodontic Braces Technology Comparison

Traditional Braces vs. 16Teeth Modified Ceramic Braces

Powered by Swiss Orthodontic Technology – Now Exclusively at 16Teeth Clinics in Egypt & UAE

Feature	Traditional Metal Braces	✅ 16Teeth Modified Ceramic Braces (Swiss Technology)
Technology Used	Manual wire-based adjustments	✅ Swiss ceramic appliances + AI-based planning
Teeth Extraction Required	Often required for space	❌ Rare – Extraction-free in most cases
Stripping Between Teeth	Not commonly performed	✅ Only performed in mandatory cases (to avoid extraction)
Treatment Duration	12–24 months	✅ 6–8 months (in most cases)
Visibility	Highly visible metal brackets	✅ Tooth-coloured, nearly invisible ceramics
Comfort Level	Can cause significant mouth sores	✅ Smooth ceramic, more comfortable
Oral Hygiene	Harder to clean due to metal parts	✅ Easier to maintain hygiene with advanced design
Aesthetics	Noticeable and unappealing	✅ Premium, natural-looking smile during treatment
Follow-Up Visits	Every 2–3 weeks	✅ Every 4–6 weeks (depending on case)
Pain After Adjustment	Often painful for several days	✅ Gentle adjustments, minimal discomfort
Risk of Staining	High with metal bands and poor hygiene	✅ Ceramic is more resistant to staining
Suitability for Adults	Less ideal due to appearance	✅ Highly preferred by adults and professionals
Speech & Confidence	May affect speech and confidence	✅ Discreet look improves speech confidence
Cost	Moderate	✅ High-value Swiss system at competitive price
Availability	Most dental clinics	✅ Exclusive to 16Teeth Clinics in Egypt & UAE

✅ Why Choose 16Teeth Modified Ceramic Braces?

- 🇨🇭 Swiss Orthodontic Technology: Precision, durability, and comfort combined.
- ⌚ Rapid Results: Beautiful straight teeth in 6–8 months.
- ❌ No Extraction (in most cases): Gentle approach, preserving natural structure.
- 🧑‍💼 Ideal for Adults, Working Professionals, and Image-Conscious Clients.
- 🌐 Exclusive Offering: Only available through **16Teeth.com** across Egypt, UAE, and the Middle East.
- 🌟 Aesthetic Excellence: White ceramic brackets designed for discretion and elegance.