wholesometarian ™

MEET THE WHOLESOMETARIAN™ CREW

Four friendly guides for everyday wellness



Hydration Hippo™
"Hello H_2O"

Active Ant™
"Let's Go"

Nutty the Nutritional Nut™
"Know What's Best"

Sleepy Sloth™
"I Wanna Rest"

Hydrate, Exercise, Eat, Sleep and Repeat