

2025 - 2026



**USING HOCKEY TO HELP ELITE PLAYERS  
REACH THEIR POTENTIAL**





**WELCOME**

**At Langley Hockey Academy, we are dedicated to developing the next generation of elite hockey players. Our academy combines top-tier coaching, advanced training facilities, and a holistic approach to athlete development. We focus not only on the technical and tactical aspects of the game but also on fostering leadership, teamwork, and personal growth. Our experienced coaching staff is committed to nurturing each player's potential, ensuring they excel on and off the ice. Join us and become part of a passionate community that strives for excellence and prepares you for success in hockey and life.**





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### **HOW TO APPLY**



## LANGLEY HOCKEY ACADEMY

Langley Hockey Academy (LHA) seeks to provide a place for elite level hockey players to develop their game while also preparing to become successful and contributing members of society. We use hockey to help young men and women reach their potential.

### WHY LANGLEY?

Langley, BC is known as a hotbed of hockey in the Lower Mainland of Vancouver, BC. Langley features public and private minor hockey models, Jr B PJHL, Jr A BCHL, USports and WHL Hockey. Unfortunately, until now elite level hockey players have had to leave home to play at the top levels of U14-U18.

### THE NEED FOR A CHANGE

It's time for hockey to take a step back and reprioritize things for the benefits of the players and their families.

- 1) Hockey needs to become more affordable for families.
- 2) The competition level needs to be consolidated. All the top players competing against each other.
- 3) Academics need to become a priority again for our players.

## OUR MODEL... YOUR CHOICE

Our model features the best value elite level U14-U18 hockey in the province of BC. Making hockey more affordable without sacrificing quality or quantity. We do this by using a cost sharing model for our league. Our model also fosters best on best competition. For example, Vancouver only has 2-3 teams in each division. Our model also seeks to give elite level hockey players the opportunity to have a normal life outside of hockey. Our model uses daytime ice during the week so that families can enjoy time together in the evenings and students have the ability to excel in their schoolings. Our game schedule uses a showcase model where teams compete every second weekend throughout the season. This model allows families to enjoy every other weekend off hockey.

We believe that this model provides players with the best opportunity to succeed in hockey and in life.

## THE VISION FOR OUR ATHLETES

Langley Hockey Academy student-athletes will learn that success comes from hard work and integrity. We believe that hockey can provide young athletes the life skills and characteristics needed in order to go on to become successful and contributing members of society. We believe that if we focus on creating the best humans that we will turn out some good hockey players in the process.

## OUR MANTRA

We believe in teaching GRIT.

G

### GRATITUDE

Be thankful for the opportunity to play this game.

R

### RESPECT

For yourself and others, at all times.

I

### INTEGRITY

You do what you say you are going to do

T

### TOUGHNESS

Get the job done





## OUR STAFF

General Manager - Jason Pue

Director of Player Development - Curtis Fraser

Director of Coach Mentorship - Tyler Kuntz

U18 Head Coach - Bobby Henderson

U18 Assistant Coach - Nick Lowe

U18 Trainer - Kent Vo

U17 Head Coach - Kurt Astle

U17 Assistant Coach - Sean Corscadden

U17 Trainer - Rebekah Patkau

U15 Head Coach - Curtis Fraser

U15 Assistant Coach - Matt Keith

U15 Trainer - Toby Mariuz

U14 Head Coach - Mitch Fyffe

U14 Assistant Coach - Mike Mandzuk

U14 Trainer - Sahib Sangha

Skating Coach - Kim Marfleet & Elite Skating Team

Goaltender Coach - Taven Grant

Strength & Conditioning Coach -  
Cam Clauzel - Clauzel Sports Performance



The competition level of the JPHL combined with the amount of on ice and off ice practice and the quality of staff and instructors is tremendous for the total development of student athletes.





# A DIFFERENT APPROACH TO ACADEMICS

## YOUR SCHOOL SHOULD WORK FOR YOU

We believe that school is important and that you shouldn't have to sacrifice your academics in order to play for an elite level hockey academy. We provide our players with three options for their schooling so that they can choose the model that works best for them. This allows players and families to get the most out of their schooling and not have to sacrifice anything that is important to them.

### LANGLEY HYBRID ACADEMY

#### \*\*\*PREFERRED OPTION:

Langley Prep Hybrid Academy - LHA players will have the opportunity to take their courses in our classrooms

Classes are taught by fully accredited and certified BC Teachers and are supported by teaching assistants. Players will be put in small groups of up to 6-7 players of a similar age and learning style. Players will have the opportunity to work ahead and graduate early using this option. This option provides our players with the most flexibility and the most options for electives and customized education plans.

### PRIVATE SCHOOL OPTION:

Langley Christian School is Langley Hockey Academy's suggested private school academic option for academy players.

Graduates of LCS meet all provincial regulations to receive a British Columbia High School Diploma. All of our student-athletes will benefit from the highest level of education to compliment their hockey training. Student - Athletes will graduate meeting all criteria needed for post secondary education. Players are responsible to get to the rink each day.

### CUSTOM SCHOOL OPTION

We know that for some people staying in your own school is important. Whether it is for french immersion or advanced educational opportunities we respect your decision to decide. If you are able to work with your school administrators to free up your schedule in order to allow you to attend practices. Depending on your school's block schedule this option can result in players needing to complete an extra course either online or in the summer. Transportation to and from LHA's rink facility will be the responsibility of the family.

# LANGLEY PREP HYBRID ACADEMY



## WHY CHOOSE LANGLEY PREP'S HYBRID ACADEMIC MODEL?

LANGLEY PREP uses a hybrid model combining the benefits of online school and the benefits of traditional brick and mortar schools.

- Students will receive a flexible schedule that compliments their hockey schedule
- Students have the ability to work ahead and graduate early
- Certified in-class teachers with daily lessons and approved provincial curriculum
- Students able to work on their own or in community and in collaboration with peers.
- Personalized curriculum tailored to the needs of each individual student.
- 2 certified teachers and 1 teaching assistant in class.
- Weekly in person tutoring sessions available for all students.
- Flexible Fridays - when the students are not in showcases the class will take advantage of different activities like: field trips, healthy living activities, community service, team building, special guest presentations etc.
- Flexible schedule allows for players to AP and practice with BCHL Junior teams.
- Students will be separated into two groups in different classrooms: Grade 8-9 & Grades 10-12. At times these classes will be separated further for more grade specific instruction.
- Parents can follow along with their kids progress through the online portal.



# LANGLEY PREP HYBRID ACADEMY (cont)



**LANGLEY PREP**  
HYBRID ACADEMY

## **DAILY SCHEDULE** **(17U & 18U Teams)**

<b>9:00 - 10:00</b>	<b>17U Dryland</b>
<b>9:15 - 10:15</b>	<b>18U Practice</b>
<b>10:30 - 11:30</b>	<b>17U Practice</b>
<b>10:45 - 11:45</b>	<b>18U Dryland</b>
<b>12:00 - 12:30</b>	<b>LUNCH</b>
<b>12:30 - 15:30</b>	<b>School</b>
<b>15:45</b>	<b>Pick Up / Bus</b>

## **DAILY SCHEDULE** **(14U & 15U Teams)**

<b>9:00 - 12:00</b>	<b>School</b>
<b>12:00 - 12:30</b>	<b>LUNCH</b>
<b>12:45 - 13:45</b>	<b>15U Dryland</b>
<b>13:00 - 14:00</b>	<b>14U Practice</b>
<b>14:15 - 15:15</b>	<b>15U Practice</b>
<b>14:30 - 15:30</b>	<b>14U Dryland</b>
<b>15:45</b>	<b>Pick Up / Bus</b>

# LANGLEY PREP HYBRID ACADEMY (cont)



LANGLEY PREP  
HYBRID ACADEMY

## CORE CLASSES

### ENGLISH

- Creative Writing
- Literary Studies
- Composition
- New Media
- Spoken Language

### MATH

- Foundations of Mathematics
- Pre-Calculus
- Calculus
- Geometry
- Statistics

### SCIENCE

- Chemistry
- Geology
- Physics
- Environmental
- Life Science

### SOCIAL STUDIES

- History
- Comparative Cultures
- Indigenous Studies
- Geography
- Philosophy
- Law
- Political Studies

## ELECTIVES

### PHYSICAL HEALTH EDUCATION

- PE
- Active Living
- Outdoor Education
- Fitness and Conditioning

### DRAMA

- Film & Television
- Theater Production
- Directing and Script Development

### VISUAL ARTS

- Art Studio
- Photography
- Graphic Arts

### BUSINESS EDUCATION

- Entrepreneurship
- Accounting
- Marketing
- Tourism
- Economics
- E-Commerce

### INFORMATION & TECH

- Computer Studies
- Media Design
- Web Development

AND MORE....



# LANGLEY PREP HYBRID ACADEMY (cont)



## BILLET PROGRAM

The JPHL offers a borderless model allowing players to choose where they want to play. In order to accomodate this LHA is pleased to offer a Billet program to any student athletes that require one. We use both families of our players and approved families that don't have players in our billet program. For more info please reach out to [jpue@langleyha.com](mailto:jpue@langleyha.com).

## LUNCH CATERING

Families will be able to order from a selection of healthy menu items for their players to have lunch prepared for them each day at school.

Food will be prepared on site at restraunt in George Preston

## SCHOOL STAFF

Head of Teacher - Jodi West

Teacher - Calla Jones

Teacher - Cheyenne Dueck

Teacher - Svea Jurgeneit

Teacher - Jose Marte

Counsellor - Jodi West

Educational Assistant - Laura Neufeld

## ADMISSIONS

Once accepted onto the team you will receive the forms that need to be filled out and provided to school district. Records from students current school will be required to move over.

## SUPPLIES

Students will be required to have their own laptop computer and some basic school supplies like pen's, paper etc.

Everything else will be provided for the students.

# PRIVATE SCHOOL ACADEMIC OPTION:

## LANGLEY CHRISTIAN SCHOOL

Langley Christian School is Langley Hockey Academy's suggested academic option for our players looking for a private school education.

While Langley Hockey Academy does not have a formal partnership with LCS, players that meet the LCS admission and enrollment criteria can apply for the LCS LEAP (Leaders In Elite Athletic Performance) Program.

Students admitted to the LEAP Program are permitted to leave school early to pursue their chosen specialty (program details subject to change).

To set up a tour or to talk directly with LCS, call 604-533-2118 or send an email to [development@langleychristian.com](mailto:development@langleychristian.com).

For more information on the school visit: [www.langleychristian.com](http://www.langleychristian.com)

## POTENTIAL PRIVATE SCHOOL SCHEDULE

### DAILY SCHEDULE (Mon-Thurs Sample)

8:20 - 9:00	FLEX / Study Block
9:05 - 10:45	LINEAR A/B/C
10:45 - 10:55	BREAK
10:55 - 12:35	TRIMESTER D/F/H
12:35 - 13:00	LUNCH
13:15 - 14:15	U15 Practice / U18 Dryland
14:30 - 15:30	U18 Practice / U15 Dryland
15:50	Pick Up / Bus

### DAILY SCHEDULE (Friday Sample)

	LATE START
9:00 - 10:00	LINEAR A/B/C
10:35 - 11:25	BREAK
10:55 - 12:35	TRIMESTER D/F/H
12:35 - 13:00	LUNCH
13:15 - 14:15	U15 Practice / U18 Dryland
14:30 - 15:30	U18 Practice / U15 Dryland
15:50	Pick Up / Bus

# OUR FACILITY

## LANGLEY TWIN RINKS

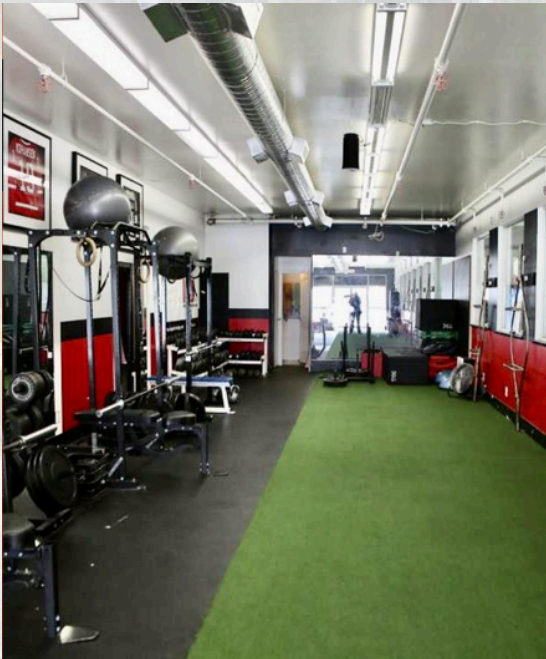
### ON ICE PRACTICES

Langley Hockey Academy is based out of Langley Twin Rinks. Twin Rinks offers our academy the use of two NHL sized rinks, two classrooms, a gym, lunch area, equipment storage rooms, pro shop and a physiotherapy clinic.



### OFF ICE PRACTICES

Langley Hockey Academy use the gym located inside Langley Twin Rinks. The teams also use the facilities at Mcleod Athletics Park. LHA teams that practice outside of school train at Hybrid Athletics in Langley, BC.



### EQUIPMENT STORAGE

Players will be given a locker to store their equipment at the arena. The equipment storage room is heated, ventilated and has security cameras.





## POWER SKATING

Our Power Skating program is run by Kim Marfleet and the Elite Skating team. Elite Skating works to improve individual players' stride, help with stride correction, improving stride efficiency, increasing power production, while building practices and drills for ultimate skating development of our players. Our Power Skating coach Kim Marfleet works with all our players and has a major impact on their development

## ABOUT THE HOCKEY

Langley Hockey Academy students train for 10 months of a year, from September to June. They receive approximately approximately 175 on-ice training hours, approx 185 off ice training hours. Our students have special guest presentations/lessons throughout the year, Elite Athlete Services, Nutrition, Social Media Awareness, Mental Health Care and Awareness, Team Video sessions, and many more.

## PLAYER DEVELOPMENT

Langley Hockey Academy is committed to developing our athletes and helping them reach their highest potential on and off the ice. Our team and player programming schedule is designed to incorporate various components needed to develop the skills and abilities to be an elite hockey player

## STRENGTH & CONDITIONING

Our Strength and Conditioning coaches develops hockey specific programs for our teams and players. Each team/individual program is developed around their weekly/monthly training schedule, which includes: on ice practices, power skating sessions, skills development sessions, and games. We test our players multiple times throughout the year to track progress and to allow for adjustments in programming.

## EDGE COGNITIVE ATHLETIC TRAINING

All Langley Hockey Academy Players will go through our state of the art Mental & Cognitive Athletic Training program. We use this to develop our players decision making and reaction times while under pressure. Being fast on the ice requires more than just being able to skate fast.





THE PROSPECT EXCHANGE

TPE Team uses artificial intelligence and computer vision algorithms to build extensive data sets that provide objective and accurate insights for youth coaches. Our production team breaks down game film around every metric collected, saving coaches extensive amounts of time which allows them to allocate more time to analyzing team play, game trends, and individual player-performance.



POWER EDGE PRO

The JPHL and Power Edge Pro understand the power of changing the game through innovation. PEP is the leader in Small Area Reactive Hockey Training and delivers a patented unmatched elite training experience with an unparalleled record of developing players. Simply put, PEP's innovative program they have put together for their PEP Partnered Academies is changing the way today's hockey players train.

Power Edge Pro is excited to provide all JPHL Academy athletes with weekly industry leading PEP Training. Athletes will receive professionally certified PEP Training including video teaching components from top PEP instructors to teach good habits and translate PEP skills to game scenarios.

# 2025-26 FINANCIALS

## HOCKEY FEE'S

**14U & 15U**

**\$16,750**

**17U & 18U**

**\$17,750**

\*JPHL League Fee's Are Subject To Change

**Langley Hybrid Academy**

**\$2,000 approx school fee**

\*School Fee's will be confirmed in May-June 2025

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## What does the Hockey Fee include?

- **All Travel Costs For Players**
  - **Flights, Hotels, Food**
- **Full Apparel and Equipment**
  - **Helmets, Gloves, Pant Shells, Hockey Equipment Bag, Pro Style Game Jersey's, Game Socks, Practice Jersey, Practice Socks, Hoody, T-Shirt, and Shorts.**
- **All ice times, gym times, coaching fees, league fees, insurance etc.**

**IT IS ALL INCLUSIVE!**

**PLAYER SPONSORSHIP PROGRAM  
AVAILABLE**





## PLAYER SPONSORSHIP PACKAGE

### 2025 - 2026 PLAYER SPONSORSHIP

#### GOLD SPONSOR - OVER \$3000

- Company Logo displayed on website.
- Company Acknowledgement on Social Media Platforms
- Company logo on team Pop-Up Banner
- Company Logo displayed on Team Bus.
- Receipt Supplied

#### SILVER SPONSOR UNDER \$3000

- Company Logo displayed on website.
- Company Acknowledgement on Social Media Platforms
- Company Logo Displayed on Team Pop-Up Banner
- Receipt Supplied

Sponsorship funds can be submitted via Cheque, Credit Card or etransfer.



# SPONSORSHIP BANNER



PROUD MEMBER OF THE  
JUNIOR PROSPECTS HOCKEY LEAGUE



## SPONSORED BY:



Taron Berard Stepan  
Private Wealth



MELODY MORRIS  
REALTOR®



[WWW.LANGLEYHOCKEYACADEMY.COM](http://WWW.LANGLEYHOCKEYACADEMY.COM)

# LANGLEY



*Leafs*

## **BILLET FAMILIES NEEDED 2025-26**

**BE THEIR HOME TEAM**

- BILLET FAMILIES PROVIDE DAILY MEALS, TRANSPORTATION, AND A PRIVATE ROOM.
- PLAYERS STAY FROM SEPT - MAY
- BILLET FAMILIES RECEIVE \$800-900/MONTH TO HELP OFFSET COSTS

INTERESTED? EMAIL - [JPUE@LANGLEYHA.COM](mailto:JPUE@LANGLEYHA.COM)





## ***WHAT IS INCLUDED?***

- ✓ ***UNPARALLELED STUDENT ATHLETE LIFESTYLE.***
- ✓ ***PEP POWERED ACADEMY TRAINING.***
- ✓ ***PROFESSIONAL GOALIE INSTRUCTION.***
- ✓ ***ELITE ATHLETE SERVICES.***
- ✓ ***TRUE MOVEMENT ADVANTAGE.***
- ✓ ***OPTIMIZED DIGITAL FOOTPRINT.***
- ✓ ***FULLY BROADCASTED EVENTS.***
- ✓ ***HIGHLY COMPETITIVE HUB ENVIRONMENT.***
- ✓ ***ELITE SHOWCASE EXPOSURE.***
- ✓ ***PEP INVITATIONAL & HIGH-PERFORMANCE TOURNAMENTS.***
- ✓ ***MEMORIAL CUP STYLE CHAMPIONSHIP.***
- ✓ ***DRAFT SERIES.***
- ✓ ***BEST-OF-PLAYOFFS.***
- ✓ ***CENTRALIZED GAME LOCATIONS.***
- ✓ ***TRANSPORTATION.***
- ✓ ***ACCOMMODATION.***
- ✓ ***CATERING.***
- ✓ ***LEAGUE & HUB SPECIFIC STAFF.***
- ✓ ***HUB SCHEDULE - HUB PROGRAM.***



# LEAGUE SUPPORTED DEVELOPMENT MODEL



**MENTAL  
TRAINING**



**COMPETITION**



**NUTRITION**



**SAFETY**



**EXPOSURE**



**CULTURE**



**SENSE / SKILL / SKATING**



**MOBILITY /  
PERFORMANCE**



**STRENGTH /  
CONDITIONING**



**EDUCATION  
SUPPORT / PLANNING**



**HEALTHY  
LIFESTYLE**



**JUNIOR  
EXPERIENCE**







## ***STUDENT ATHLETE LIFESTYLE***

### ***ACADEMY ADVANTAGE.***

The HSL Academy Division takes the best attributes from existing hockey development models and makes them better.

Our program carefully merges player education with daytime on and off-ice development. This focused approach not only allows student-athletes to maximize their days, it enables players to stay within their community and benefit from family support as they prepare for elite level environments and commitments.

### ***SYSTEMATIC APPROACH.***

We've been intentional in our structure. The HSL's HUB system has been designed to ensure high standards, quality connections and exceptional outcomes. Each of our HUBs is partnered with a reputable educational institution that prioritizes great education and athletic development.

We have awarded four HUB locations in BC and four HUB locations in AB. Each HUB is strategically placed to optimize area assets, deliver value, and facilitate timely advancement for our athletes and staff. We believe this balanced model will attract and concentrate the top end talent, making the experiences truly exceptional.

### ***COMPETITION.***

Our borderless recruitment strategy, league-wide cap on the total number of HUBs in western Canada, and exposure to scouts and GMs sets us apart.

Athletes will be pushed during league games, which are played over a convenient weekend showcase format. In our best-of-play-off series and exclusive tournaments in December and after the regular season wraps, we will further refine our athletes hockey IQ, skills, and confidence.

### ***EXPOSURE.***



## ***EXCEPTIONAL DEVELOPMENT***

### ***TRAINING STANDARDS.***

Based on our personal experience as professional and junior players as well as our experience operating Major Junior and Junior A programs, we believe that our U18 and U15 athletes should receive the following minimum standards:

- 150 hrs of on-ice development (but no more than 5 times on-ice per week) including:
  - a minimum of 50 hrs of specific skill development training such as skating, puck handling skills, technical skill application within hockey plays and goaltender specific training.
- 100 hrs of off-ice development including:
  - mental training, strength and conditioning, yoga, True Movement, and spin.

### ***DIGITAL FOOTPRINT.***

One of the best ways to demonstrate the growth and development of our athletes is to share their journey. Athlete tracking is not only encouraged by WHL franchises, it allows us to effectively illustrate individual trends so GMs, scouts, and junior teams can assess progress and project future potential.

Inspired by similar systems used in USA high school football, we will track athlete statistics including: height, weight, combine scores, and academic grades. This creates unique tools that support our student athletes as they accelerate to the next level.

# LEAGUE FORMAT

September						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December						
Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January						
Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

March						
Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

June						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

**PLAYOFF SCHEDULE**  
 11-12, 2 vs. 3  
 17-19, DIVISIONAL  
 24-26, CHAMPIONSHIP

## LEGEND

- EXHIBITION - SEPT 16-18
- SHOWCASES
- PLAYOFFS
- SPECIAL EVENTS





## ***LEAGUE SHOWCASE EXPERIENCE***

### ***CENTRALIZED LOCATIONS.***

We understand the fiscal reality of Junior programs and have centralized our showcases to ensure maximum accessibility for scouts and team-reps. We are looking forward to playing in vibrant major centres including Edmonton, Calgary, and Vancouver.

### ***IMPACTFUL COVERAGE.***

The HSL is proud to partner with 4Vengeance Media to provide a professional broadcast to bring viewers of select games across the HSL Academy Division. 4Vengeance Media currently produces market leading content for the Spruce Grove Jr. A Saints, the Hockey Super League content series, the 2021 True Hockey Franchise Cup, 2021 War for the Roses and several other corporate and sport broadcasts. HSL broadcasts will feature multiple cameras angles, replays, graphics, live commentary, and interviews to increase player and league exposure. Player interviews and profiles will also be professionally produced and distributed on digital channels to provide a unique stream for athlete recognition.

### ***SEAMLESS DELIVERY.***

Athlete safety, comfort and wellbeing are paramount. We set the transportation standard across all HUBs with Silent Rides Charter Company providing AB HUB transportation/logistics and separate arrangements for BC HUBs. At every step we work to foster a supportive environment for performance excellence. We are committed to providing a two-athlete room experience for teams traveling into our showcase weekends along with properly scheduled nutrition and hydration. As we ensure our athletes are set up for success, we are also instilling life-long healthy habits.

### ***QUALITY CONTROL.***

As we seek competitive advantage, we are invested in growing all components of the game. The HSL's fully integrated Officials Development Program leads the industry in training, as well as shadow and supervision hours. Our pursuit of excellence carefully targets every interaction. We currently have 184 registered officials and are often used as the standard for referee development.



## ***SPECIAL EVENTS***

### ***PEP INVITATIONAL & PEP HIGH PERFORMANCE.***

These exclusive opportunities are only afforded to PEP Partnered Academies and planned around American Academies to broaden competition. Featuring Team BC, Team AB, USA WEST, USA SOUTH, USA EAST and EUROPE, the PEP High Performance event is the top tournament in North America.

### ***BEST-OF-PLAYOFFS.***

Feel the energy and intensity as Best-Of makes an introduction in the borderless model.

- 1: Best of 3 Semi. (2nd VS 3rd)
2. Best of 3 Regional Champ. (1st VS Semi winner)
3. Winner gets birth to Memorial Cup style Championships.

### ***MEMORIAL CUP STYLE CHAMPIONSHIP:***

This pressure filled round-robin series determines the League Champs!

- 1: Round Robin Play.
- 2: (2nd VS 3rd) Semi.
- 3: (1st VS Winner) of Semi.
- 4: Champion Crowned.

### ***DRAFT SERIES.***

This signature series blends HUB athletes and staff from all eight locations for a unique scouting experience. Athletes will be drafted and have a chance to build new connections with those who they have competed with all year. Bringing mentors, rivals, and friends together, this is a great scouting event to see how athletes can adapt and thrive in different environments.



## ***HUB LOCATIONS***



We put development first with unrestricted programming. No borders. No boundaries. The Academy Division encourages athletes to unlock potential in an environment that feels right.

The HSL is an independent organization and elite hockey stream that operates outside of Hockey Canada and Hockey Alberta's scope.



Cody Cuthill, BTech, Director of Business Operations  
Martin Mrazik, PhD, R.Psych., Neuropsychologist, Co-Director

## ***WHO WE ARE / WHAT WE DO***

Our aim is to guide and support amateur and professional athletes so they can achieve their maximum potential while they are competing at the highest level and as they transition away from their playing careers. We embrace a holistic approach to health and wellness by providing athletes with specialized services delivered by a team of highly qualified professionals with substantive experience in professional sports. ELITE. Athlete Services focuses on cognitive and mental health specializing in concussion management and recovery, baseline testing, athlete identity change and sports performance. In addition to these specializations, ELITE. has a large network of trusted service providers so that athletes know they are getting the best care possible when they require it.

## ***CONCUSSION MANAGEMENT AND/OR POLICY PLANNING***

The management of sports related concussions (SRC) requires a comprehensive and evidenced-based approach. We offer consultation and support to develop an organization's concussion management plan and or policy uniquely designed to meet the needs of the athletes. The end product will include the core components of concussion education, medical management, return-to-play guidelines in order to meet the highest standards of concussion management and policy.

### ***CONCUSSION POLICY FOR HSL/SAINTS/ACADEMY***

- Policy for entire HSL.
- Tiered process based on athlete age.

## ***CONCUSSION BASELINE TESTING***

The core component of SRC management is using evidenced based practices combined with gold standard assessment tools. Our baseline testing program includes assessment across broad areas important to concussion management including symptom report, cognition, psychosocial functioning, and balance. Assessment includes Sideline Concussion Assessment Tool (SCAT), standardized mental health screening tools, and advanced neuro-testing powered by Eye-Sync.

### ***EACH PLAYER***

- Baseline testing.
- Medical team training.
- Data management (HeadCheck).
- Post-concussion consultation.
- Adverse event recovery consultation.



## ***POST CONCUSSION REHABILITATION PLANNING & INFORMATION.***

Returning athletes to play following SRC should follow scientific practices, not just the completion of a test and a note from your doctor. We offer leading edge post-concussion rehabilitation practices that have been empirically validated through randomized clinical trials.

### ***INNOVATION TALK SERIES - CONCUSSION EDUCATION TRAINING AND CO-ORDINATION - 45 MIN PRESENTATION + QUESTION PERIOD.***

- What is a concussion.
- Prevention and rehabilitation.

## ***MENTAL HEALTH ASSESSMENT.***

Athlete mental health and well-being are unequivocally tied to athlete performance. Growing evidence from the scientific literature correlates variables associated with athlete stress to increased injury risk. We believe that a comprehensive mental health program can play a very positive role in not only reducing injury but enhancing well-being and elevated performance.

### ***INNOVATION TALK SERIES - MENTAL HEALTH - 45 MIN PRESENTATION + QUESTION PERIOD.***

- Overall mental health.
- Injury prevention.
- Sports psychology.

### ***MENTAL HEALTH ASSESSMENTS AND CRISIS MANAGEMENT.***

- Individual assessments conducted via questionnaire, survey, expert review.
- 1 on 1 sessions with the "at risk" athletes.

## ***SPORTS PERFORMANCE.***

Having an athlete perform at their absolute best is the main reason an organization invests in them. Performance optimization stems from various aspects such as recovery, injury prevention, sleep, nutrition, and psychology. We can assist in performance anywhere from offering a single presentation or single athlete meeting, up to full long-term organizational planning that analyzes current processes and offers a road map to change using the most up to date scientific practices.

### ***INNOVATION SERIES TALKS - SPORTS PERFORMANCE.***

- Sports performance plan.
- Sleep hygiene and nutrition.





## ***TOUCH POINTS.***

- 1 - Expert policy planning and medical structure.
- 2 - Baseline testing for the entire Academy.
- 3 - In person group sessions at showcase events. Each section point would be a 45 minute in person presentation, accompanied by a presentation recording for distribution along with applicable resources to facilitate learning/usage of the topic. (valid for distribution for 1 year as research and scientific evidence is constantly evolving).

## ***SECTION 1: CONCUSSION PRESENTATIONS.***

- i. Sport Concussion 101: What is a concussion, signs, symptoms.
- ii. Sport Concussion 102: Prevention and Rehabilitation.

## ***SECTION 2: MENTAL HEALTH & PSYCHOLOGY PRESENTATION.***

- i. Athlete Mental Health 101: Overall Mental Health.
- ii. Athlete Mental Health 102: Injury Prevention.
- iii. Athlete Mental Health 103: Sports Psychology.

## ***SECTION 3: SPORTS PERFORMANCE PRESENTATION.***

- i. Sports Performance 101: A Sports Performance Plan.
- ii. Sports Performance 102: Sleep Hygiene and Proper Nutrition.

4 - Team based mental health review and assessment, 1 on 1s, emergency follow up if needed.

## ***PROGRAM EXPECTATIONS:***

- 1 - Participation from athlete (attendance to seminars and testing sessions, as well as completion of necessary documentation for mental health review.
- 2 - Completion of all baseline testing.
- 3 - Adherence to concussion protocol.

