

Alexandra Arezou Kreines

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Board President / Founder, Halt the Hate



Born and raised in San Antonio, my professional modeling career began at twelve. At nineteen, New York became my new home. While studying journalism at the New York Film Academy, I continued to pursue my fashion career. Upon graduating, I returned to Texas, where I found myself following in my mother's footsteps in real estate. This year marks my tenth year in the business. As a retired model and a former Miss San Antonio USA, I grew up in an industry where I dealt with criticism and judgment almost daily. I developed resilience and immunity to negativity. However, nothing could have prepared me for this experience. My life has been like a fairy tale of blessings and answered prayers. Falling in love with my soulmate, having a magical wedding, and expecting our first child brought immense happiness!

Amidst all blessings, bullying, and harassment threatened to cast a dark shadow on our lives. Today, the effects of adult bullying continue to affect my family. But the question remained—do we continue to suffer in silence or take action? While they say silence is golden, it wasn't for me in this situation. As a former Queen, my responsibilities remain after the crown. Motivated by my bullies, I began to take action by turning a negative experience into a positive one. In 2024, my silence was broken. I'm now the proud founder of "Halt the Hate," an organization that aims to raise awareness around adult bullying and to help victims take a stand, cope, and overcome the damage. Together, we can extinguish the flames of adult bullying.

Together, we can HALT THE HATE!



*"Courage is fire,
and bullying
is smoke."*

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