

# ORISA'S CHILD DIGEST

Your monthly digest of spiritual knowledge

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**HAPPY NEW MONTH!**

What an August, I don't know about you, but August kick my butt, lol but in a good way. I was reminded to slow down and not forget to do my spiritual work; To plant my feet on the ground and water the seeds I planted. Since Leo season is a Fire sign, being grounded and having water to keep us hydrate was something many of us needed; I sure know I did. Leo season also brought us the Lion's Gate on a New moon, and boy was that exciting. I hope you guys took advantage of the information I gave and did not miss out on that one. August 23rd brought us into Virgo season, so we have a lot of Earth energy coming our way.

September is also a one global month, which means new beginnings. Virgo keyword is ANALYZE. So for this month, let's take a look at our health and habits. The keyword for the month is "I Improve," and the mantra is "I am in tune with my body." Now, let's get into it!

## **WELCOME TO ORISACHILD'S DIGEST**

Thank you for subscribing

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### ***INSIDE THE OC'S SUMMER EDITION***

New and Full Moon 2

Summer Solstice Ritual- 6

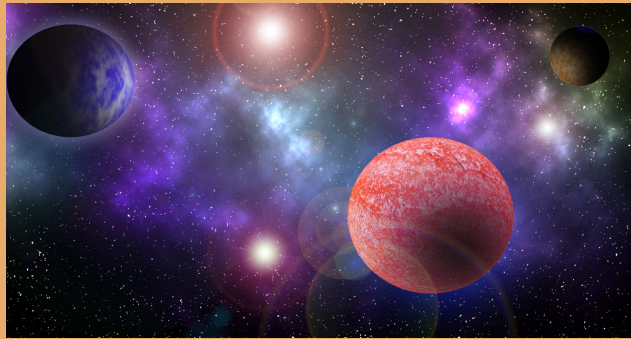
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# RETROGRADES AND THE COMING OF FALL 2021

Your monthly digest of spiritual knowledge

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## Retrograde

Yes, we are still dealing with retrogrades: Saturn, Jupiter, Pluto, Neptune, and since August, Uranus. We will have this retrograde until Jan 2022.

We are now in Virgo SNZ, and we have a new planet in retrograde. So what does this mean? Uranus is the planet of change, originality, symbolizing the elements of surprise in your life. So boy, be ready for surprises. Uranus brings about sudden events and opportunities. It awakens, shocks, and revolutionizes. Uranus also deals with the flash of human genius that creates new things, whether in Art or Science, so baby be ready for a global renaissance.

## SUMMER RETROGRADES

A time to manifest

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# NEW AND FULL MOON SEPTEMBER 2021

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## New Moon in Virgo

You should know that the new moon is all about new beginnings if you have been getting the monthly digest. If this is your first time receiving our digest, yup, the new moon is the best time to do ritual for new beginnings, and this new moon is great to start new healthy habits. Remember that Virgo SNZ gives us the opportunity to your health and habits. Take your health journey one step at a time. Use this time to focus on refining your health practices and organization. This new moon should be a time to lay your intentions for self-care, organization, and service. Find healthy new habits and improvements you'd like to implement. Focus on the details of your life. Like what you eat, your schedule, how your papers are organized, and your exercise routine. Start planning and decide on straightforward goals. On the new moon, create a vision of how you would like to see your daily routine manifest.

## NEW AND FULL MOON OF AUGUST 2021

New moon in Leo

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# BLUE MOON SEPTEMBER 2021

Your monthly digest of spiritual knowledge

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## NEW AND FULL MOON OF SEPTEMBER 2021

**Full Moon in Aquarius**

This year, the full moon in Pisces, Harvest Moon(also known as the Vine Moon), is also a blue moon. A blue moon occurs when there are four full moons in a season. The Harvest Full Moon of September can be somewhat tricky! Here is why most Full Moons correlate with the month it falls in. But, the full moon that is closest to the Autumn Equinox is considered the Harvest Moon. Usually, the Harvest Moon lands in September; however, occasionally, it lands in October (about every three years).

The full moon in Pisces marks when the effects of our health habits and organizations begin to appear. Look at your progress during this moon cycle as well as the past year. Virgo rules the earthly plane, while Pisces, the opposite sign, rules the spiritual plane. During the full moon, make sure to blend the energies of these two signs harmoniously. Try meditation, prayer, and gratitude as practical and spiritual self-care techniques.

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# SEPTEMBER'S NEW MOON RITUAL MESSAGE

Your monthly digest of spiritual knowledge

By Mother Eartha



BELOVED'S, THIS MONTH, OUR RITUALS WILL FOCUS ON THE NEW LL MOONS. WE WILL BE DOING BATHS TO REPLENISH OUR SPIRITUAL VIBRATIONS. THE NEW MOON WILL BE ON SEPTEMBER 7TH; HOWEVER, THE ENERGY OF THE MOON CYCLES LASTS FOR 3 FULL DAYS. THAT BEING SAID, SEPTEMBER 6TH, 7TH, AND 8TH ARE THE DAYS TO FOCUS YOUR SPIRITUAL ENERGY TO CLEAR AND REJUVENATE. YOU MAY DO THESE BATHS ALL 3 DAYS OR ON ANY ONE OF THE 3 DAYS. DO WHATEVER YOUR SPIRIT ADVISES YOU TO DO.

SEPTEMBER 7TH, NEW MOON IN VIRGO, IS AN INNER SPIRITUAL AND HEALTHY DAY. THIS ALIGNMENT BRINGS ABOUT ORDER AND CLARITY. IF YOUR TIME ALLOWS, A DETOX TEA OR 3 DAY FAST WOULD BE GREAT TO DETOXYFY THE BODY AND MIND. NOW, IS A TIME TO DETOXYFY THE LYMPH SYSTEM, YOUR COLON, DIGESTIVE TRACT, PANCREAS, SMALL INTESTINE, CECUM (This a pouch that connects the small and large intestines), COLON. SO, AS YOU CAN SEE, THIS NEW MOON'S ENERGY IS ABOUT PHYSICAL HEALING AS WELL. BE CAREFUL WITH YOUR EYES AND EARS ALSO. NOW TO YOUR BATHS, I RECOMMEND A WHITE BATH, HERE ARE THE INGREDIENTS YOU WILL NEED:

WHITE FLOWERS, FRESH

TEASPOON OF HONEY

COCONUT MILK (a full cup)

SPLASH OF GOATS MILK(OPTIONAL)

SPLASH OF OLIVE OIL

LEMONGRASS (fresh, cut up into small pieces, add ¼ cup of spring water or filtered water, place in blender, and liquify)

CHEESECLOTH (sold in supermarkets)small pieces, add ¼ cup of spring water or filtered water, place in blender and liquify)

CHEESECLOTH (sold in supermarkets)

## MESSAGE

September is here listen to your body

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# SEPTEMBER'S NEW MOON RITUAL MESSAGE

Your monthly digest of spiritual knowledge

By Iya Eartha

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TAKING A CONTAINER, BOWL, OR SMALL PAIL, SHRED THE FLOWERS WITHOUT THE STEMS AND PLACE THEM INTO THE CONTAINER YOU ARE USING. NOW ADD THE HONEY, COCONUT MILK, GOAT'S MILK (IF WISH), A SPLASH OF OLIVE OIL, AND LEMONGRASS MIXTURE.

YOU'RE NOW READY TO MIX ALL THE INGREDIENTS, AS YOU BEGIN YOUR INCANTATION OF THIS BATH, SPEAK THE WORDS OUT LOUD AS YOU TAKE YOUR HANDS FULL OF THE INGREDIENTS AND RUBBING TOGETHER TO RELEASE THE PLANTS ESSENCE, COMBINING THESE ENERGIES. ONCE YOU'VE FINISHED YOUR INCANTATION, PLACE THE CHEEEECLOTH OVER YOUR CONTAINER, POURING THE MIXTURE INTO ANOTHER CONTAINER TO STRAIN OFF THE DEBRIS. RINSE OUT THE PAIL OR USE ANOTHER CONTAINER YOU WILL USE IN THE BATH AND POUR THE MIXTURE INTO IT. YOU CAN NOW POUR LUKEWARM WATER/ TEPID WATER INTO THE MIXTURE, AND YOU ARE READY FOR YOUR BATH.

THIS BATH IS NOT TO BE BOILED, NEVER WITH FRESH HERBS. THE WATER SHOULD BE AS COOL AS YOU CAN TAKE IT.

YOU MAY ADD SALT (SEA SALT) TO THE MIXTURE IF YOU CAN TOLERATE A COLD BATH. WHATEVER YOUR SPIRIT DIRECTS.

THIS IS A BATH THAT IS TAKEN IN THE SHOWER. FIRST YOU WASH YOUR BODY ( If you have black soap, use it), ONCE YOU'VE CLEANSSED FULLY AND RINSED, YOU'LL POUR THE BATH OVER YOUR BODY. REMEMBER THE WARNING OF YOUR EYES AND EARS, DO NOT POUR OVER YOUR HEAD! STAND IN THE SHOWER, USING YOUR HANDS TO WIPE THE WATER AWAY, AS YOU AIR DRY, THINK ONLY OF THE POSITIVE THINGS YOU WISH TO MANIFEST, SEE IT DONE, CLAIM IT AND RECEIVE IT! WHEN READY, EXIT THE BATH AND DRESS IN LIGHT COLORS, WHITE IF POSSIBLE. I SUGGEST YOU READ THROUGH THIS COMPLETELY BEFORE THE DAY OF THE RITUAL, SET IT IN YOUR MIND SO THAT EVERYTHING FLOWS WITHOUT INTERRUPTION.

## MESSAGE

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# SEPTEMBER'S FULL MOON RITUAL MESSAGE

Your monthly digest of spiritual knowledge

By Iya Eartha

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AS STATED PREVIOUSLY, THE MOON CYCLES POWER DAYS LAST FOR 3 DAYS, SO THE POWERS DAYS FOR THE FULL MOON WILL BE THE 19TH, 20TH, AND 21ST OF SEPTEMBER, THE 20TH BEING THE DAY OF THE FULL MOON. YOU CAN TAKE THE BATH ALL 3 DAYS OR WHATEVER YOUR SPIRIT GUIDES YOU TO DO. THIS BATH IS MUCH EASIER, FOR THE NEW MOON BEGINS A NEW CYCLE THAT REQUIRES MORE WORK. THE FULL MOON IS IN PISCES, WHICH BRINGS FEELINGS OF INSECURITIES, TIME TO BE AWARE OF SELF-IMPOSED FEELINGS/ SENSITIVITIES. SO, DURING THIS TIME, NO MATTER WHAT, YOU MUST STAY POSITIVE, ESPECIALLY IN YOUR THOUGHTS.

TAKE CARE OF YOUR FEET AND TOES, GET ENOUGH SLEEP (not just resting, but proper sleep), FOR THIS IS ABOUT THE OUTER BEING AS WELL. DURING THESE 3 DAYS, SCHEDULE A SERIOUS SPA PEDICURE OR A HOUR LONG FOOT MASSAGE THAT WILL MOVE ALL TOXINS AND RELEASE THE BUILT-UP ENERGY OF STRESS THE FEET HAVE ENDURED,

THE INGREDIENTS NEEDED FOR THIS BATH:

A HANDFUL BUNCH OF ROSEMARY SPRIGS (ABOUT 8 SPRIGS) AND ROSE PETALS (A LOT). YOU CAN PURCHASE A DOZEN ROSES AND REMOVE THE PETALS OR VISIT A FLORIST SHOP AND PURCHASE THE ROSE PETALS ( YOU MAY USE WHATEVER COLOR OR COLORS YOU DESIRE), BOTTLE OF ROSE WATER. USING THE INSTRUCTIONS ABOVE, REPEAT THE PROCESS OF MIXING THE PLANT AND FLOWERS TO RELEASE THEIR ESSENCE. YOU FIRST MUST REMOVE THE ROSEMARY LEAVES FROM THE STEMS AND THEN CRUSH THEM WITH THE ROSE PETALS, FUSING THE ESSENCE OF THE TWO. ONCE THIS MIXTURE IS COMPLETE, NOW RUN YOUR BATH WATER, LETTING THE WATER BE WARM (FOR YOU WILL SOAK IN THE TUB WHILE SOAKING, MEDITATE ON YOUR DESIRES, OR MAKE A MENTAL VIDEO). ONCE THE TUB IS FULL; POUR THE MIXTURE INTO THE TUB AND SWIRL AROUND, NOW ADD SEVERAL DROPS OF ROSE WATER ( ADDING ROSE OIL ESSENCE MAY CHANGE THE PH BALANCE TOO MUCH FOR WOMEN WHO ARE SENSITIVE IN THE VAGINAL AREA). PREPARE THE ROOM WITH YOUR AMBIENCE, A CANDLE, GLASS OF WINE/ CHAMPAGNE, SOFT MUSIC, WHATEVER YOUR HEART DESIRES. THE WHOLE PURPOSE IS TO ENERGIZE YOUR ENERGY AND RELEASE ALL NEGATIVE THOUGHTS.

## MESSAGE

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# SEPTEMBER'S FULL MOON RITUAL MESSAGE

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By Iya Eartha

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THE TUB IS FULL; POUR THE MIXTURE INTO THE TUB AND SWIRL AROUND, NOW ADD SEVERAL DROPS OF ROSE WATER ( ADDING ROSE OIL ESSENCE MAY CHANGE THE PH BALANCE TOO MUCH FOR WOMEN WHO ARE SENSITIVE IN THE VAGINAL AREA). PREPARE THE ROOM WITH YOUR AMBIENCE, A CANDLE, GLASS OF WINE/ CHAMPAGNE, SOFT MUSIC, WHATEVER YOUR HEART DESIRES. THE WHOLE PURPOSE IS TO ENERGIZE YOUR ENERGY AND RELEASE ALL NEGATIVE THOUGHTS. I WISH EVERYONE AN AMAZING SEPTEMBER, REMEMBERING THE ENERGIES OF THE WORLD WILL BE AS THEY ARE; AS AN INDIVIDUAL, YOU CAN ONLY CONTROL YOUR FREQUENCY AND ENERGY LEVELS. THAT BEING SAID, STAY GROUNDED AND IN A POSITIVE LIGHT.

ASE o!  
Iya Dee

## MESSAGE

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# SEPTEMBER'S SUNSCOPES

Your monthly digest of spiritual knowledge  
By Shamma Mejias

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## ZODIAC TAROT READING SEPTEMBER 2021

What will September 2021  
bring for your Sun sign.

Wow, we are already in September. I can't believe it. 2021 has had its ups and downs, just like I said it would since we are five global year. We still have three months to the year so let's stay on top of things with our Sunscopes to plan our lives accordingly. Now, let's dive in because Shamma ( an Orisas Child Reader, so make sure you book a session with her) put in some good work with this reading.

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# SEPTEMBER'S SUNSCOPES

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## ARIES: THE HANGED MAN

What will September 2021  
bring for your Sun sign.

Aries, this month you are in a split decision.

Things aren't going to plan as promptly that you'd like. You feel stagnant because you are just hanging around, but that's all you can do right now. Be patient; your time is coming. The universe has things at work that you cannot see. I know you've been putting in the effort to see a specific outcome or reward. We do not have control over the time frame in which things come to fruition. We are not linear. Do not hold yourself to others' accomplishments. Use this time to develop a new outlook on your life and what you want out of it. Think outside the box, and you'll come up with a unique solution better suited for you.

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## **TAURUS: 9 OF WANDS REVERSED**

What will September 2021  
bring for your Sun sign.

Taurus, this month you may be feeling like you aren't being appreciated for all that you do. You can be putting in a lot of effort and think that you aren't getting any gratification. You may have to deal with an unreasonable employer, demanding children, friends, or family. This is taking the fun out of something that you once loved. You may be rushing through your tasks just trying to get through it. There is a need to start setting and enforcing g healthy boundaries. You can't help everyone, don't let others take advantage of you.

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## GEMINI: KING OF PENTACLES

What will September 2021  
bring for your Sun sign.

Gemini, you will need the willpower to keep pushing this month rather than just throwing in the towel. You don't have to compromise your needs, don't give up, take a stand. You may need to think a few steps ahead of somebody and anticipate what they're going to do. I know this may feel uncomfortable, but it is necessary to protect yourself and what is yours. Don't let this person disempower you and make you feel less than you are strong and capable. Beware of shady individuals and stand your ground.

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## **CANCER: THE SUN**

What will September 2021 bring for your Sun sign.

Cancer this month is going to be filled with success and accomplishments. If you've been in a slump and haven't felt like yourself, this will be a much better time for you. You will have more energy and overall feel better. Everything that you choose to put your energy into will flourish at this time. Here we have a great time to work on your business ventures and relationships that you hold dear to your heart. It is also a fantastic time to be with the ones you love and cherish and take time to pursue your personal goals and desires.

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## LEO: QUEEN OF SWORDS & THE MOON REVERSED

What will September 2021  
bring for your Sun sign.

Leo, this month you will be channeling your higher self and being determined to achieve the goals that you have set out for yourself. You are going to have to stand firm and continue to see the bigger picture here. Don't be afraid to face any hidden emotions that you've been holding in. Express yourself and let others know how you feel to get your needs fulfilled in their entirety. Beware of falling into old patterns to cope due to not dealing with and closing out old traumatic cycles. You may feel stuck in an old emotional pattern. You have to face your feelings and past head-on.

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Virgo, this month you will gain balance and security. You will finally start to get a grip on something that you once thought to be hard. You will feel more in control of your environment. The problems you face can be overcome with careful planning, which you are so strategic with anyway. There will be a return to order, and there will be improvements in your circumstances. You can trust your intuition; you know what is best for you and your journey. Stay in the present moment and use the resources provided for you to plan your next steps and take the lead.

## **VIRGO: THE EMPEROR**

What will September 2021 bring for your Sun sign.

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## **LIBRA: KNIGHT OF PENTACLES**

What will September 2021  
bring for your Sun sign.

Libra, this month will bring a new opportunity for your finances. Be sure to invest your time wisely and be persistent in your efforts. I see a lot of financial growth and a good investment of time and money. By setting realistic goals and setting a plan into play, you will achieve success. Please pay attention to details as they are essential for your future endeavors. This will be more like making sure you cross your T's and dot your I's. These are the dull, day-to-day, tedious tasks that need to be done to ensure progress. This will ultimately lead to the financial outcome that you desire.

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## **SCORPIO: 5 OF PENTACLES**

What will September 2021  
bring for your Sun sign.

Scorpio, this month may be rocky for some of you; there can be an unruly change in your finances. There can be a financial loss, emotional loss, physical loss of someone. September will be a time of hardship. You are likely to find comfort and support from someone going through a similar situation to you. You may have to consider new options and routes to get to the result you desire. Some of you may also have a fear of isolation and poverty. You fear having everything stripped away from you and not having stability. A breakup from a relationship may also have you feeling depleted and drained. Don't let these temporary influences allow you to spiral into sadness; this too shall pass.

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## **SAGITTARIUS: KNIGHT OF CUPS**

What will September 2021  
bring for your Sun sign.

Sagittarius, this month you may be receiving a proposal of some sort. That doesn't have to be in the literal sense. It could be a love proposal or a financial proposal. Those of you who will be receiving a potential love prospect will be charming and dreamy as well as sensitive; they are true romantics. You will be star-struck by their charm. September can be an emotional time emotions get intense. It is time to reap what you deserve.

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## **CAPRICORN: 4 OF CUPS REVERSED**

What will September 2021  
bring for your Sun sign.

Capricorn, this month you feel dissatisfied with where you are currently. You may be looking for a change that has not yet been completed, or you don't know what change you want to execute into your life. You may need to rethink how you're going about this, start with a new plan and see if you can start breaking ground on what exactly you want to change. Express to others what you need; you won't get help if you don't ask for it. You may feel like you're stuck in limbo. Now is the time to take control and make something challenging rather than wait for something to change. It is only temporary; luckily, change is inevitable.

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## AQUARIUS: THE HIEROPHANT

What will September 2021  
bring for your Sun sign.

Aquarius, this month you will need to tap into your inner knowing and intuition. It is a time to dive deep into the abyss of yourself and develop yourself emotionally and spiritually; some of you may even commit to relationships. Now is your opportunity to combine your mind and spirit and ascend to a higher plane of consciousness. Be kind to yourself and develop your talents. You may have to confirm to an institution that you do not necessarily want to. It may not be where you want to be, but it is an opportunity to learn yourself better and define your values. Tune into yourself, and if you have been questioning anything, know that you have the answer and know when it is time to do what is right.

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## **PISCES: 6 OF PENTACLES REVERSED**

What will September 2021  
bring for your Sun sign.

Pisces, this month, you will be receiving money, but the problem is keeping it. It may be due to reckless spending, theft, or just carelessness. Guard your energy and your belongings. You may fall victim to energy vampires or a literal thief. Don't be frivolous with your finances. This is a time to reason before making any purchases. There may be an envious individual trying to peer into your financial situation. Be cautious of those around you. You may receive an opportunity to make money for others, but it comes with conditions that don't coincide with your beliefs. It is OK to say no to something that you disagree with. There will be other opportunities that you will be more comfortable doing.

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# VIP SUBSCRIBER SALE

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The word "VIP" is rendered in large, 3D, gold-colored letters with a metallic sheen. Three gold stars of varying sizes are positioned above the letters: one above the 'V', one above the first 'I', and one above the 'P'.

Being such a beautiful soul family, I would like to  
give you an exclusive discount of 40% OFF  
everything in our Botanica. We thank you for your  
**SAVE 40% OFF** love and support.

9/5-9/12

**USE CODE: VIP**

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