



# WORDS MATTER: BUILDING BRIDGES IN A POLARIZED WORLD

*A virtual, weekend workshop*

**SATURDAY, AUGUST 24, 2024**

10AM - 1PM PDT / 1PM - 4PM EST

&

**SUNDAY, AUGUST 25, 2024**

10AM - 1PM PDT / 1PM - 4PM EST

## ABOUT THE WORKSHOP:

Join us for a transformative workshop designed to explore the profound impact of words and language, and discover tools for more compassionate and effective communication.

- **Enhance Awareness**
- **Examine Impact**
- **Empower your Communication**

Learn more about **Words Matter** by watching this video:  
<https://youtu.be/i3S7UNjqM0E>

## REGISTER TODAY!

<https://forms.gle/KDi8cJ2brcmMrMmT6>

**Deadline: Aug 16th**

*Please be sure to note any  
access needs on the  
registration form.*

# \$350 - \$700

**Sliding Scale**  
(more info  
below)



venmo



zelle

## FACILITATORS:



**Aya  
Caspi**

CNVC  
Certified  
Trainer



**Amy  
Sprecher**

Co-Founder,  
Building  
CommUnity



**Aaliytha  
Stevens**

Co-Founder,  
Building  
CommUnity

For more information on NVC, visit: [ReclaimingLifeNVC.com](https://ReclaimingLifeNVC.com)

For more information on Building CommUnity, visit: [www.Building-CommUnity.co](https://www.Building-CommUnity.co)

## SLIDING SCALE:

Our Sliding Scale supports our capacity to sustain our work and continue to serve. It also helps us to include those without the financial resources to participate. Please consider contributing at the higher end of the scale and beyond if you have the resources and willingness to do so.

While we make our request for support known, we invite you to choose an amount within your financial capacity, including below the minimum requested.

If you need help with discernment, please contact Aya at [aya.openheart@gmail.com](mailto:aya.openheart@gmail.com) OR Amy at [amy@building-community.co](mailto:amy@building-community.co)



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