

BUILD YOUR OWN POKE

STARTING PRICE: £7.75

1. Base Foundations

Sushi rice

Brown rice quinoa (GI + 8g protein)

Japanese mooli salad (low carb)

2. Eat your greens: pick up to 4

Diced cucumber • Pickled cucumber •

Pickled carrot • Japanese slaw •

Seasonal greens • Charred corn •

Wakame salad • Kimchi

Additional vegs an extra +£0.50

Avocado an extra +£1.50

3. Pick your protein

Salmon • Spicy tuna • Tofu (lightly fried) •

Kaaraage chicken • Korean chicken •

Teriyaki salmon

Tuna - an extra +£1.00

Hiramasa - an extra +£2.00

Tiger prawns - an extra +£2.00

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4. Pimp your ride (vegan)

Yuzu ponzu • Ahi poke dressing •
Spicy mayonnaise • Miso mayonnaise •
Yuzu mayonnaise • Yuzu vinaigrette •
Miso dressing

5. Sprinkle (vegan): pick up to 3

Sesame seeds • Chilli furikake • Spring onions •
Roasted onions • Anori sprinkle • Fresh coriander •

Tobiko an extra +£1.50

Trout ikura an extra +£2.50

Hand crafted sushi
made fresh every
single day...