

Prime Wellness



mdpen
PROFESSIONAL SKINCARE

CARING FOR THE
SKIN AT HOME AFTER
MDPEN MICRONEEDLING

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Your practitioner has chosen to use an MDPen MicroNeedling Device and our proprietary MicroNeedling Serums to offer you the best treatment possible.

WHAT REALLY HAPPENS TO YOUR SKIN DURING A MICRONEEDLING PROCEDURE



Microneedling is also known as Collagen Induction Therapy. It is regarded as a safe, effective, and minimally invasive cosmetic procedure.

During your Microneedling treatment, micro-punctures are created in your skin with the MDPen. These tiny injuries trigger your body's natural healing abilities by causing various proteins, potassium, fibroblasts, and other growth factors to converge on the site of the "injury." This process results in rapid collagen production.

Studies have shown that having four microneedling sessions, spaced one month apart, increase collagen and elastin deposits by up to 400%.

As collagen production increases, it causes your skin to plump and thicken. The results are a reduction in the appearance of scars, fine lines, and other skin improvements.

HOW TO CARE FOR YOUR SKIN AFTER MICRONEEDLING



Following is a day-by-day view of how your skin may look after treatment and our recommended home skincare regimen.

TREATMENT DAY: WHAT TO EXPECT?



Your skin may appear red depending on the length of treatment and depth of the needles used.

Do's and Don'ts

- **Do:** 2-3 hours following the treatment, gently massage the treatment area with lukewarm water to remove remaining serum and debris. Use the **MDPen Hydrating Cleanser** to cleanse the area.
- **Do:** Apply **MDPen Hyaluronic Acid Serum** or **MDPen Copper + HA Mist** to the area every 2-3 hours to keep your skin hydrated.
- **Do:** Before bed, cleanse the skin and apply **MDPen Human-Derived Growth Factor Gel** so your skin can remain hydrated and nourished throughout the night.
- **Don't:** Expose your skin directly to sunlight.
- **Don't:** Apply sunscreen.
- **Don't:** Apply makeup.



NEXT DAY

THE NEXT DAY: WHAT TO EXPECT?



Skin may appear to have anywhere from a flushed “glow” to that of a moderate sunburn. Some swelling may be noticeable, and your skin may feel drier or tighter than normal.

Do's and Don'ts

- **Do:** Continue to use non-comedogenic serums to moisturize and hydrate your face. The **MDPen Pure Hyaluronic Acid Serum** can be used to provide maximum hydration and moisturization for all skin types, including oily skin.
- **Do:** Use **MDPen Copper + HA Mist** to promote skin healing due to its mineral-rich properties and antimicrobial benefits.
- **Do:** Use the **MDPen Human Growth Factor Gel** at night for skin repairing and strengthening effects from Epidermal Growth Factors.
- **Do:** Begin to incorporate the MDPen treatment serum recommended by your practitioner:
 - **MDPen Tighten + Lift Serum** for oily, acne-prone skin that shows signs of fine lines and wrinkles, aging, or laxity.
 - **MDPen Cellular Renewal Serum** for stretch marks, scars, uneven skin tone, or dull complexion.
- **Do:** Apply a practitioner-approved sunscreen, such as the **MDPen SPF 30 Moisturizer**.
- **Don't:** Use any makeup applicators that have not been sterilized.



[PREVIOUS DAY](#)

[NEXT DAY](#)

DAY 3 AND BEYOND: WHAT TO EXPECT?



Your skin may have turned back to its normal color or appear slightly pink. Swelling will subside. Your skin will continue to improve in the weeks following the treatment.

Do's and Don'ts

- **Do:** Return to your regular skincare routine if it is comfortable for you. To design a personalized skincare routine based on your skin type and concerns, click our link below.
- **Do:** Use the **MDPen C+E Brightening Serum** in conjunction with products containing Vitamin A, such as the **MDPen SPF 30 Moisturizer**. Normal amounts of sun exposure are fine with sunscreen.
- **Don't:** Use an alcohol-based toner for at least 10 days following the treatment.

Get the most of out of your microneedling treatment by letting us help you discover the best products for your skin. [\[Click Here to take our Skin Quiz\]](#)



PREVIOUS DAY

DAILY AT-HOME SKINCARE



As a part of an age-defying skin care regimen, users should follow these steps morning and/or night:

Morning Night

- Cleanse with **MDPen Hydrating Cleanser**.
- Apply **MDPen C+E Brightening Serum** if you have fine lines, wrinkles, dullness, or uneven skin tone.
- Apply **MDPen Copper + HA Mist** and/or **MDPen Pure HA Serum**. If skin is oily, the Pure HA Serum can serve as a daytime moisturizer under SPF.
- Apply **MDPen Cellular Renewal Serum** if you have cellulite, stretch marks, scars, uneven skin, or dull complexion.
- Apply **MDPen Tighten + Lift Serum** if your skin is oily or acne-prone and shows fine lines, wrinkles, aging, or laxity.
- Complete with **MDPen ReVita Peptide Crème** to help with fine lines, wrinkles, laxity, or dryness.
- Finish with **MDPen SPF 30 Moisturizer** to seal the skin and protect from damaging environmental stressors.
- Apply **MDPen Human-Derived Growth Factor Gel**, which can be mixed with retinol or applied as a mask.

[CREATE MY PERSONALIZED AT HOME REGIMEN](#)

[DAILY AT-HOME HAIR CARE](#)

DAILY AT-HOME HAIR CARE



As a part of a hair regeneration and scalp nourishing regimen, you should follow these steps:

- Apply **MDPen Healthy Scalp + Rejuvenating Shampoo** to cleanse and nourish the scalp properly while stimulating new growth and improving your hair's health.
- Apply **MDPen Hair Protecting + Fortifying Mist** to protect and strengthen your hair strands as they grow.

NEED HELP FINDING THE RIGHT SKINCARE?

Take our quiz to find your new favorite products!

[TAKE THE QUIZ >](#)

The advertisement features a teal background with several MDPen skincare products arranged around the text. The products shown include 'Copper + HA Mist', 'Pure Hyaluronic Acid Serum', 'C + E Brightening Serum', 'SPF 30 Broad Spectrum Sunscreen', and 'Hydrating Cleanser'.

DAILY AT-HOME SKINCARE