



Warrior Karate Academy

Brown Belt Test Study Sheet

Combinations

1. Roundhouse - Back Kick
2. Front Kick - Step In Side Kick - Back Kick
3. Front Jump Kick - Spear Hand - Back Kick
4. Side Kick - Spinning Backfist - Spinning Crescent Kick
5. Elbow Strike - Side Kick - Spinning Back Kick
6. Front Kick - Roundhouse Kick - Hook Kick (Same leg for all kicks)

Self Defense Techniques

1. Administrators' choice of six scenarios (Describe direction and type of attack) Student responds to the attack and disables and/or controls the attacker.

Sparring Ability

1. Student shows command of various Sho-Kushin fighting techniques
2. Student shows control while executing the proper Sho-Kushin fighting techniques
3. Student demonstrates ability/willingness to control or finish an attacker

Breaking Techniques

1. Two boards - Two hand techniques
2. Two boards - Two kicking techniques

Katas

1. Gankaku
2. Kanku Dai
3. Any previous Tekki
4. Any previous Heian
5. Any previous kata