Mas Oyama's Mottos

Mas Oyama was the founder of Kyokushin karate (half of our style of Sho-Kushin). Master Oyama had several mottos that he taught his students. You will see these mottos on tests at some point. This month, you can earn a stripe by memorizing some of his mottos. You will need to memorize the motto just as it is written and be able to repeat it to the Senseis.

White and Yellow Belts- You will need to memorize motto #1

<u>Orange Belts and Above</u> - You will need to memorize motto #1 and # 2

- 1. The Martial Way begins and ends with courtesy. Therefore, be properly and genuinely courteous at all times.
- 2. Following the Martial Way is like scaling a cliff continue upwards without rest. It demands absolute and unfaltering devotion to the task at hand.

