

DR CARTER AND THE HAPPY SAFETY LAB

A story about kinder science

By Anne-Marie Barton

This book introduces children to the idea that science is evolving. It encourages curiosity, empathy for animals, and awareness of new scientific methods.

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Meet Dr Carter...

Dr Carter is a top scientist who explores ways scientists can ensure that the products you buy and the medicines you take are safe for us. Dr Carter is an animal lover who cares about safety and ensures that no person or animal is hurt in science.

Dr Carter is always busy at work in her science lab (laboratory). In her lab, known as the Happy Safety Lab, Dr Carter and her talented team of scientists all work together. Dr Carter knew that there was no need to test products and medicines on any animal.

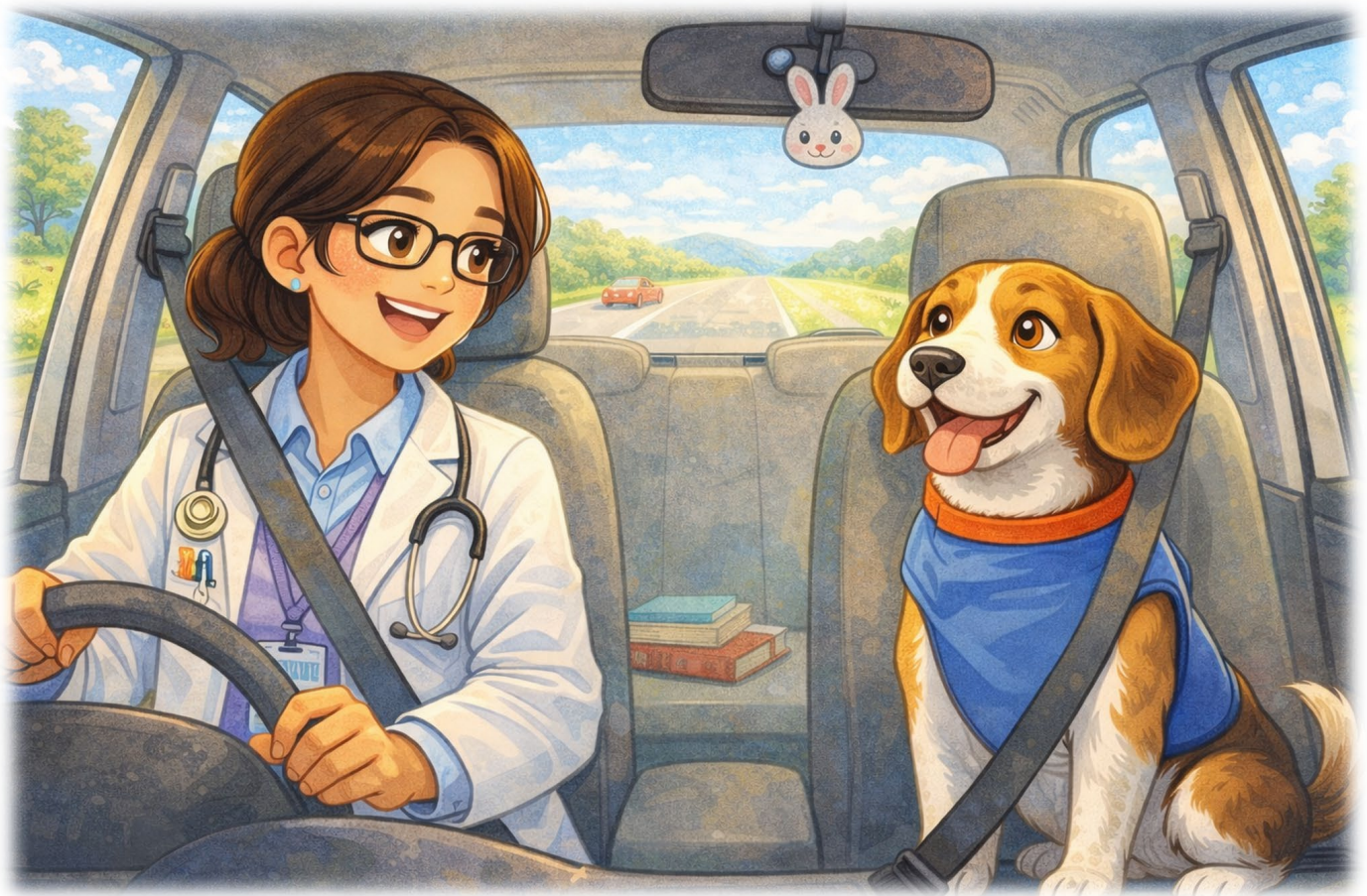


Dr Carter had a best friend named Benji, the Beagle. Benji loved visiting the Happy Safety Lab when Dr Carter had finished her work.

As Benji was a dog, when he was on his own, he was not allowed inside Dr Carter's lab, but he had everything he needed in Dr Carter's office, including a very loud squeaky toy!



Dr Carter and Benji were curious about the testing methods that other laboratories were using. Dr Carter and Benji grabbed the best books on using non-animal testing methods before starting their journey.

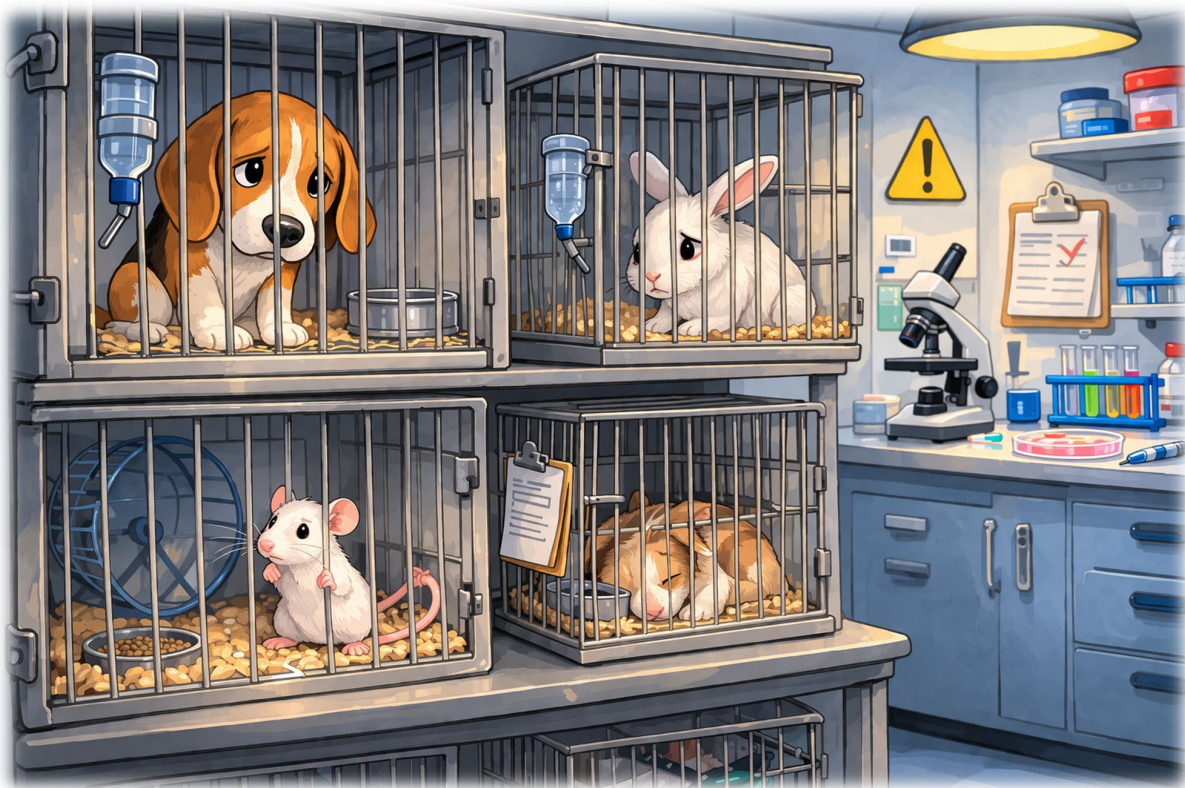


Dr Carter and Benji visited some local laboratories; they saw lots of happy animals on their way. There were dogs playing ball in the park, ducks swimming in the pond, and bunnies hopping and playing together. Dr Carter and Benji were so happy to see such happy animals, and Benji enjoyed playing ball with them.



When they arrived at the animal testing lab, the friendly scientists showed Dr Carter around, but something was different about this lab...

There were many sad animals. There were mice, rats, bunnies, monkeys and even puppies. The animals were kept in cages, and they were sick from all the tests and very sad.



"Why are you so poorly and sad?" asked Dr Carter. She had never seen an old-fashioned lab that still tested on animals.

Our eyes are sore; our skin is itchy and red because scientists test the safety of things on us.

It is so lonely being in a cage with nothing to do or to see. We are sad because our bodies are sore and itchy... said all the animals together.

Dr Carter knew how to change this and make the animals better again.



Dr Carter asked the friendly scientists why the animals were kept in cages, and still being used for testing. As Dr Carter knew, testing on animals had long been done because there were no non-animal methods. The scientists grew sad and explained that they test everything we buy, such as shampoo, makeup, and medicines, to ensure they are safe for everyone to use. The sad scientists had not heard about non-animal methods of testing.



"We must test on the animals, as there is no other way. We wish we knew of a safe way to test things, without using the animals", explained the sad scientist.

Dr Carter became excited, as she knew how to test everything without using animals. All the animals would be free, and all the things we buy would be safer than ever for us to use. Dr Carter knew that non-animal methods were much safer and kinder.



Dr Carter worked with the scientists to help them conduct safe testing without using any animals. The scientists were happy and they enjoyed learning how to make their lab a happy place.



All the animals were made better, so they no longer felt sore. Then, every animal was given a warm, safe bed in a home next to the laboratory until they could go to their forever homes with their new families.



Benji enjoyed playing with the animals in a field next to the home, as they waited to go to their forever homes. Soon, all the animals met their new human families, and they went to live with them.

All the animals were happy, cared for and loved in their new homes.



Dr Carter continued visiting many laboratories around the world, and she met a teacher. Her name was Miss Annie, and together they worked as a team to teach children all about non-animal methods of testing. Together, they helped many children become happy and kind scientists.



Benji had trained to be an emotional support dog before he helped Dr Carter in her lab. So Benji joined Miss Annie's class, and he loved helping the children when they felt sad or were struggling with their learning.



Benji was so happy that all the animals were no longer in laboratories, especially since beagles were often used for animal testing. Now all the animals were safe with their human families, and they had very happy lives.

People everywhere were buying cruelty-free products, which were much safer now that animal testing had ended.



Many children grew up and wanted to be like Dr Carter, and before long, there were many 'happy laboratories' and lots of happy animals in the world. The world was full of modern, happy and kind scientists and teachers, like Miss Annie, who taught children to use non-animal ways of testing.





This meant that future scientists knew that, to ensure safe testing, no animals should ever be used again. All the laboratories made great scientific progress, and they were happy places for all the scientists.

This book is for everyone who believes Science can be **kind, clever, and**
compassionate.

Meet the real Benji the Beagle...



Benji is the author's beagle, and he has supported the end of animal testing.

Benji loves food and sniffing out new smells with his super-sniffing strength!

Glossary

Science Words (Meanings)

- **Animal testing:** When animals are used in experiments.
- **Animal welfare:** Making sure animals are safe and treated kindly.
 - **Cells:** Tiny living parts that make up our bodies.
- **Computer model:** A computer that helps scientists study the body.
 - **Cruelty-free:** A product that was **not tested on animals**.
 - **Experiment:** A test scientists do to learn something new.
 - **Kind science:** Science that **does not use animals**.

Laboratory (lab): A place where scientists do experiments.

- **Medicine:** Something that helps people get better when they are ill.
- **Non-animal methods:** Ways of doing science **without using animals.**
- **Organ-on-a-chip:** A tiny device that acts like a small human organ.
 - **Patient:** A person whom a doctor is helping.
 - **Research:** Studying something to learn more about it.
 - **Scientist:** A person who studies science.
- **Safety testing:** Checking something is safe for people to use.
 - **Treatment:** Something that helps someone feel better.

Meet the Characters...

Dr Carter

Dr Carter is a scientist. She helps other scientists learn **new ways to do science without using animals.**

She uses:

- cells in dishes
- organs on a chip
- computer science



Dr Carter believes science can be **kind and clever.**

Benji

Benji is Dr Carter's **beagle dog**.

He is also an **emotional support animal** who helps children feel calm and happy.

Benji loves:

- playing in fields
- making friends with animals
- helping children in school



Benji wants to help change the world into a **kinder place**.

Miss Annie

Miss Annie is a **primary school teacher**.

She teaches children about:

- science
- kindness
- caring for animals



She loves reading stories and **helping children** learn new things.

Questions to Think About

1. What does Dr Carter do?
2. Why do scientists want to find **new ways to do research**?
3. How do **non-animal methods** help animals?
4. What is a **cruelty-free product**?
5. How does Benji help children?
6. What can people do to help animals?

Talk and Discuss

Ask children:

- How would you feel if animals were used in experiments?
- Why do you think scientists are trying to change things?
 - What could the future of science look like?

Fun Activity

Spot the Cruelty-Free Symbol

(Hint: Look for a bunny)

Next time you go to a shop, see if you can find a **cruelty-free symbol** on products like:

- shampoo
- soap
- makeup

Draw the symbol you find!

Draw Your Own Scientist

Draw a picture of **your own scientist** on the next page.

Think about:

- What would their lab look like?
- What kind of science would they do?
- How would they help people or animals?

Your scientist!

Draw Benji the Beagle!

Miss Annie continues to teach non-animal testing methods

and animal care.

She now fosters

animals that need a

home until they find

their forever home.



How you can help animals...

Helping wild animals:

- Putting water out for birds and hedgehogs
 - Making bird feeders
 - Building bug hotels
- Planting wildflowers for bees
- Creating small wildlife ponds

Helping pets:

- **Brushing and feeding pets**
 - **Playing with them**
- **Donating blankets and toys to animal shelters**
- **Helping to walk your dog (if you have one) or a friend's dog**

Protecting animals in nature:

- **Picking up litter with an adult**
- **Cutting plastic rings before recycling**
 - **Recycling materials**
 - **Using reusable bags**

Helping animals through science:

- Learning about animals
- Becoming scientists who create or use alternatives to animal

testing

- Supporting laboratories that don't use animals
 - Buying cruelty-free products
- Telling others about non-animal methods for testing

Dr Carter continued developing non-animal methods of testing.

She adopted several

animals that were freed

from laboratories.



Always be kind to all living creatures, no matter how small

or how big!



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