

Humboldt County Kindergarten-8th Grade 2026 Cross Country Schedule



<u>Dates</u>	<u>School/Coach</u> <u>Distances</u>	<u>Location</u>	<u>Starting</u> <u>Time</u>	<u>Website</u> <u>Email/Phone</u>
Sun., Aug. 30	CC Coaching Clinic Information on coaching youth cross country	Arcata Community Center	11:00 AM	Track/CC Clinic hrray707@gmail.com
Tues., Sept. 22	Trinidad/Alysia Davidson K-2 nd run .5 mile, 3 rd -5 th run .8 miles, 6 th -8 th run .9 miles	State Park, Trinidad School	4:00 PM	Cross Country Info Trinidad Registration
Thurs., Sept. 24	Winship/Andrew Dawid K-2 nd run .7 mile, 3 rd -5 th run 1.25 miles, 6 th -8 th run 1.6 miles	Winship Middle School	4:30 PM	Cross Country Info Winship Registration
*Sat, Sept. 26 Arrive Early!	Mack High Clam Beach Invite All runners will run one mile \$5.00 per runner, top 10 each gender/division receive medals, ribbons for all. Meet Info: Clam Beach Invitational - Meet Info - Cross Country Meet	Clam Beach South Entrance	K-5 Race-? AM 6-8 Race-? AM	
*This race is not an official HRRAY race. It will not be included in the HRRAY awards. Starting times depend on high tides.				
Tues., Sept. 29	McKinleyville/Anna Som K-2 nd run 1 mile, 3 rd -8 th run 2 miles	Beau Pre Golf Course	4:00 PM	Cross Country Info McKinleyville Registration
Thurs., Oct. 1	CR/Reed Elmore K-2 nd run .7 mile, 3 rd -5 th run 1.3 miles, 6 th -8 th run 1.8 miles	College of the Redwoods	4:00 PM	Cross Country Info CR Registration
Tues., Oct. 6	Willow Creek/Shari Hostler K-2 nd run .75 mile, 3 rd -5 th run 1.3 miles, 6 th -8 th run 1.75 mile We will not use the timing company for this event. All runners must have name tags.	Willow Creek Golf Course	4:00 PM	Cross Country Info Willow Creek Results
Thurs., Oct. 8	Fortuna/Breanna Cahoon K-2 nd run .75, 3 rd -5 th run 1.6 miles, 6 th -8 th run 1.8 miles	Rohner Park	4:00 PM	Cross Country Info Rohner Park Registration
Thurs., Oct 15	Championships K-2 nd run 1 mile, 3 rd -5 th run 2 miles, 6 th -8 th run 2 miles	Arcata Community Center	4:00 PM	Cross Country Info Championship Registration

All runners must be registered through athletic.net for each race except Willow Creek. Information will be available on the [www.HRRAY.org](https://www.hrray.org) website. That will be updated by early September. Information will also be emailed to all coaches.

We are glad to offer you and your families an opportunity to enjoy running in Humboldt County this year. Distances may vary. The above distances are guidelines. The run in yellow is not part of the HRRAY program, so doesn't count toward HRRAY awards. In order to participate in the League Championships, you must finish at least TWO League meets. If your school offers a cross country program, you MUST compete with your school team. All other athletes may participate as unattached athletes. Contact Jack for registration details.

For any questions, email HRRAY at hrray707@gmail.com.

Website: www.hrray.org

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